

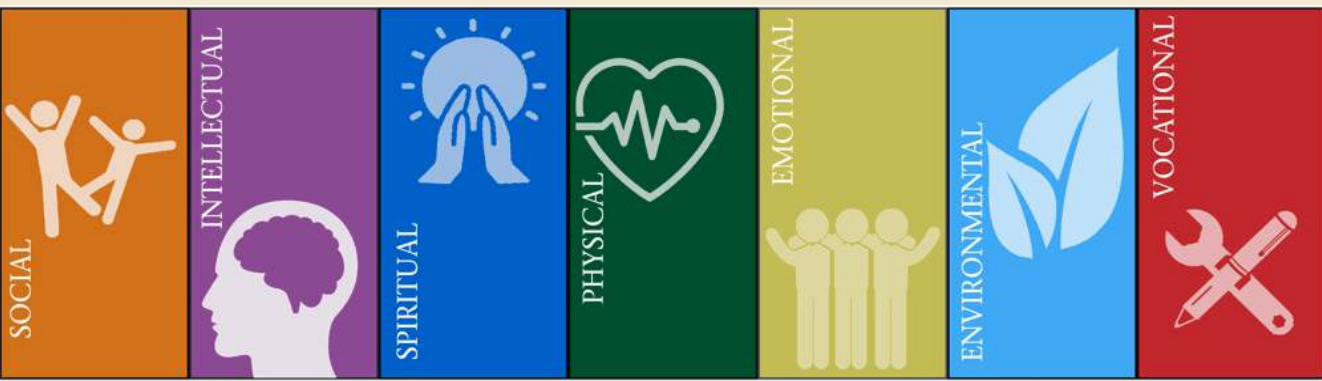
Focus on Wellness

Centers for Disease Control (CDC) recommends everyone 6 months and older receive a yearly flu vaccine as the first and most important step for protection. While there are many different flu strands, the flu vaccine protects against the viruses that research suggests will circulate the most this season. Even healthy people can get the flu, and it can be serious. Let's each do our part.

Each Providence Place campus will be hosting vaccination clinics to make it easy for our residents and co-workers to participate. Please feel free to reach out to your Executive Director or Director of Wellness for specific details regarding your clinic & upcoming booster opportunities.

Cynthia Avant, RN
Director of Clinical Services

Flu Clinic (Drums)
Thursday, October 28th
10am - 12pm



*Dimensions
of Wellness*

Resident Birthdays

November

- Helen Jumpeter
- Caroline Drozda
- Rachel Taylor
- Albert Zambotti
- Hazel Meske
- Arlene Eckert
- Angeline Mucera
- Rosemary McCann
- Anna Mae Koons
- Eleanor Slebodnick
- RoseMary Darcangelo
- Barbara Ostrom
- Roger Cotterill
- Anthony Christino

October

- John Moscon
- Frank Konschnik
- Michael Moran
- Shirley Brenner

December

- Michael Micene
- Cynthia Brown
- David Adams
- Dolores Humenick
- Cora Hummel
- Barbara Barnhart
- John Long
- Russell Koons
- Carolyn Fellin



Providence Place SENIOR LIVING News

Q4: October 2021

A Note from the Executive Director

Welcome Fall! Don't we all love the fall weather and beautiful foliage this time of year? We are doing great things here at Providence Place of Drums. We have many fantastic outings and internal events planned for October.

Since March of this year, our residents have been free from Covid. We are all doing a great job keeping residents safe. Unfortunately, we have had a few coworkers test positive recently, luckily they were mild cases and did not transmit within the community. Our Drums campus has a very high vaccination rate -- with 98% residents and 90% coworkers. We are still trying to get to that 100%!

Over the past few weeks, we have welcomed new team members to our family. We are working diligently to be sure hiring is a priority. I'm very proud of my dedicated and caring team at Drums. I appreciate the family and resident support over the past few months. Many of them have volunteered their time in activities.

As always, my team is here for any of your concerns or needs. Reach out anytime to chat. Continue to stay safe, happy, and healthy.


Kim Perchak
Executive Director

Highlighted Events

- 4 - **Edu Outing: Jim Thorpe**
Lehigh Gorge Fall Foliage @ 9:30am
- 6 - **Oktoberfest Super Social**
John Stevens Polka @ 2:30pm
- 18 - **EdU Photography: Hershey Gardens Fall Splendor** @ 2:30pm
- 27 - **Apple Cider Press Demo**
@ 2:30pm
- 28 - **Flu Clinic** @ 10am - 12pm
- 31 - **Children's Outdoor Halloween Parade** @ 3pm

Welcome New Residents

- Katalin Czukrasz
- Suellen Klekowski
- Joseph Lipka
- Palmena Lipka
- Marie Parks
- Sharon Samuels
- Carol Tarapchak
- Barbara Zahay
- Joseph Zahay

 For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.

 To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.

 www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 9:00 TV Catholic Mass (3rd) 10:00 Companion K-9 Visits With Therapy Alliance (1st) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service (Ch) 2:30 Children's Halloween Parade (FP) 4:00 iN2L: You Tube: Art History School: The Life of Van Gogh (2nd)	THE <i>Club</i>		Calendar Key: ** Registration Required \$\$ Cost Involved (OOB) - iN2L- It's Never Too Late (1st) 1st floor (2nd) 2nd Floor (3rd) 3rd Floor (DR) Dining Room (Ch) Chapel in Connections (T) Connections Floor	October 2021	1 9:00 Morning Meeting & Daily Chronicle (2) 9:30 National Coffee Day: Coffee and Creamers (Café) 10:00 Bible Study with Linda from Bayada Hospice (Ch) 10:30 Hand Weights Exercise (2nd) 1:00 Coffee Trivia (1st) 2:00 Coffee Ice Cream social (3rd)	2 9:00 Morning Meeting /Daily Chronicle (2nd) 9:30 Pedal Exercise (2nd) 10:00 Rosary (Ch) 10:30 Glass Gem coasters (2nd) 1:30 Blood Pressure Checks (3rd) 2:30 Ed-U Demo: Owl & Hawk Show by Carbon Co. Environmental Education Center (1st) 3:30 Cocktails & Charades: featuring Ginger Beer Cider Cocktail (1st) TBA Football & Fixings: Auburn / Penn St
3 9:00 TV Catholic Mass (3rd) 10:00 Companion K-9 Visits With Therapy Alliance (1st) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Hymn Sing (Ch) 2:00 iN2L: Virtual Vacation: Munich Ger- many with soft pretzels & NA Beer (T) 2:45 Bingo (3rd)	4 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Ed-U Trip: Jim Thorpe, PA: Lehigh Gorge State Park Train Ride **\$\$ (OOB) 10:00 iN2L: St Francis Day: Blessing of Pets 2:30 Community Outreach: Snack Bag for CVC Football Team & Cheer Team (3rd) 3:00 iN2L: You Tube: Life of St Francis (2nd) 4:00 Name That Tune (1st)	5 9:00 Morning Meeting & Daily Chronicle (2nd) 9:30 Breakfast Caravan: Tom's Kitchen**\$\$ (OOB) 10:00 Stretch Exercise (2nd) 10:30 Holistic Wellness Aromatherapy (2nd) 1:30 Interactive Music Class -Cynthia (2nd) 2:45 Bingo (3rd) 3:00 iN2L: Art History Class: Van Gogh (2nd) 6:30 Ed-U Presentation: Oktoberfest Beer & Tasting by Pat Verrastro (DR)	6 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Shopping Trip: Dollar Tree (sign up) **\$\$ (OOB) 10:00 Rosary (Ch) 1:30 Pumpkin Toilet Paper Roll Craft (3rd) 2:30 Oktoberfest Super Social: Musical Entertainment by John Stevens Polka Band (DR) 3:30 iN2L: Penn State Football History 6:30 Dominoes (1st)	7 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Balance in Action Exercise (2nd) 10:00 Mass with Father Mike (DR) 10:00 iN2L: 60's-70's Sing Along with Sue 10:30 Cooking Club: 11:00 Vesuvio's Pizzeria (sign up) **\$\$ (OOB) 1:30 Nail Care (3rd) 2:30 -3:30 Fun & Easy Masterpieces (T) 4:00 Finish that Phase (1st)	8 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Hand Weights Exercise (2nd) 10:00 Bible Study w/ Bayada Hospice (Ch) 10:30 Art Exploration: Watercolors (3rd) 1:30 iN2L: Folk Songs Sing Along (2nd) 2:00 Drumming Class 3rd 2:30 Pierogi Day Tasting & Trivia (Cafe) 3:00 Dessert & Discuss:Cinn. Rolls (DR) 4:00 Finish That Phrase (1st) 6:30 Boggle (1st)	9 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Pedal Exercise (2nd) 10:00 Rosary (Ch) 10:30 Class. Music & Adult Coloring (2nd) 2:00 Movie: Arsenic & Old Lace (2nd) 2:30 Musical Entertainment: Joe & Dot Sweet Music(T) 3:30 iN2L: Rick Steves's Europe (3rd) TBA: Football & Fixings: Iowa/ Penn St
10 9:00 TV Catholic Mass (3rd) 10:00 Companion K-9 Visits With Therapy Alliance (1st) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service (Ch) 2:45 Bingo (3rd) 4:00 iN2L: You Tube: Master Woodcarvers (2nd) 6:30 Knit & Crochet Club (3rd)	11 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 Indoor Bocci Ball (3rd) 1:30 Circles of Life (SR) 2:45 Watercolor Flowers with Sue & Mary Donna (T) 3:30 Columbus Day Dessert Cart with coffee / tea (1st) 6:30 Pinochle Players Club (3rd)	12 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Shopping Trip: Walmart**\$\$ (OOB) 10:00 Stretch Exercise (2nd) 10:30 Holistic wellness Aromatherapy (2nd) 2:30 Singer George Rittenhouse (T) 2:30 Ed-U Presentation: Social Media 101- How To Stay Safe Online By Michelle Nutter of PA Office of AG (3rd) 6:30 Scrabble (1st)	13 9:00 Morning Meeting & Daily Chronicle(2nd) 10:00 Rosary (Ch) 10:30 Sit & Be Fit Exercise (2nd) 1:30 Bible Study Deacon Bob Roman (Ch) 2:00 Create and Design: Mad Hatter Day 2:45 Bingo (3rd) 3:00 Mad Hatter High Tea & sweets(Café) 4:00 October Birthday Celebration Dinner (DR) 6:30 Dominoes (1st)	14 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Balance in Action Exercise (2nd) 10:30 Cooking Club: Gingersnap Pumpkin Pie © 1:30 Craft Club: Fall Paper Bead Jewelry: Complete Jewelry Pieces (2nd) 2:30 M&M Bingo (3rd) 3:30 iN2L: All About Cats(T) 6:30 Pinochle Players Club (3rd)	15 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Hand Weights Exercise (2nd) 10:00 Bible Study by Linda of Bayada Hospice (Ch) 10:30 Art Exploration: Watercolors (3rd) 2:30 iN2L: History of Cats (2nd) 3:30 Dealing with Loss Support Group (SR) 6:30 Boggle (1st)	16 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Pedal Exercise (2nd) 10:00 Rosary (Ch) 1:30 Watercolor Flowers with Sue (2nd) 2:00 Movie Matinee: Young Frankenstein (2nd) 2:30 Fall Foliage Country Ride** (OOB) 3:30 Uno (2nd)
17 9:00 TV Catholic Mass (3rd) 10:00 Companion K-9 Visits With Therapy Alliance (1st) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Hymn Sing (Ch) 2:45 Bingo (3rd) 4:00 iN2L: You Tube: Art History School: Paul Cezanne—(2nd) 6:30 Knit & Crochet Club (3rd)	18 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 Paper Bead Jewelry (2nd) 1:30 Circles of Life (SR) 2:30 Ed-U Photography Presentation: <i>Hershey Gardens' Fall Splendor</i> By Terry Neumyer (3rd) 3:30 iN2L: Paper Jewelry (2nd) 6:30 Pinochle Players Club (3rd)	19 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Grocery Run: Aldi's**\$\$ (OOB) 10:00 Stretch Exercise (2nd) 10:30 Holistic wellness Aromatherapy (2nd) 1:30 Interactive Music Class with Cynthia (2nd) 2:30 Chef's Pairings with Chef Ashley: Halloween Candy & Wine (DR) 3:30 Glass Gem Coasters (2nd) 6:30 Scrabble (1st)	20 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Chair Dance with Sue (T) 10:00 Rosary (Ch) 10:30 Sit & Be Fit Exercise (2nd) 1:30 Acrylic Fall Landscapes U Can Do with Sue (2nd) 2:45 Bingo (3rd) 4:00 iN2L: Classical Music and Adult coloring with Tea (1st) 6:30 Dominoes (1st)	21 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Daily Prayer & Meditation (Ch) 10:00 Balance in Action by Genesis (2nd) 10:30 Cooking Club: Slow Cooker Butternut Squash Soup (C) 1:30 Songs of the 50's (2nd) 2:30 Musical Event: Lester Hirsch (T) 2:30 Dining Committee Meeting(3rd) 3:30 Matinee Movie: <i>Back to the Future</i> (2nd) 6:30 Pinochle Players Club (3rd)	22 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Hand Weights Exercise (2nd) 10:00 Bible Study by Bayada Hospice (Ch) 10:30 Art Exploration: Watercolors (3rd) 1:30 Dollar Store Run**\$\$ (OOB) 2:00 International Food Tasting & Trivia (T) 3:30 Dealing with Loss Support Group (SR) 6:30 Boggle (1st)	23 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Pedal Exercise (2nd) 10:00 Rosary (Ch) 12:00 Men's Club: "Football & Fixins": Penn State vs. Illinois (3rd) 2:00 Movie Matinee: Ghostbusters (2nd) 3:30 Hymn Sing (Ch)
24 9:00 TV Catholic Mass (3rd) 10:00 Companion K-9 Visits With Therapy Alliance (1st) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service (Ch) 2:30 Musician John Consentini (T) 2:45 Bingo (3rd) 4:00 iN2L: Rick Steves: Barvaria 6:30 Knit & Crochet Club (3rd)	25 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 1:30 Circles of Life (SR) 2:30 Pebble Art with Sue (2nd) 3:30 Classical Music, Adult Coloring and Tea (T) 6:30 Pinochle Players Club (3rd)	26 9:00 Morning Meeting & Daily Chronicle(2nd) 10:00 Stretch Exercise (2nd) 10:30 Holistic wellness Aromatherapy (2nd) 10:30 Pumpkin Day: Make Pumpkin Tarts 1:30 Pumpkin Painting with Sue (2nd) 2:00 Cooking by Chef Ashley: Ravioli (DR) 3:00 Fireside Chat (1st) 3:00 Pumpkin Tarts (T) 6:30 Scrabble (1st)	27 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Classical Music & Adult Coloring (2nd) 10:00 Rosary (Ch) 10:30 Hymn Sing (2nd) 1:30 Bible Study by Dcn.Bob Roman (Ch) 2:30 Ed-U Demo/Presentation: Apple Cider Press by Quiver Farm Projects (FP) 3:30 Sit & Be Fit (2nd) 6:30 Dominoes (1st)	28 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Breakfast @ Mary's Restaurant**\$(OOB) 9:30 Balance in Action Exercise (2nd) 10:30 Cooking Club: "Mummy" Calzone(Café) 1:45 Craft with ED Kim (2nd) 2:00 Paint 'N Sip with Megan & Sue (T) 2:45 Bingo (3rd) 3:30 iN2L: Sing Along '40's Hits (2nd) 6:30 Pinochle Players Club (3rd)	29 9:00 Morning Meeting & Daily Chronicle (2nd) 9:30 Hand Weights Exercise (2nd) 10:00 Bible Study by Bayada Hospice (Ch) 10:30 Art: Watercolor bookmarks(3rd) 2:00 Halloween Super Social: Musical Event by Craig Ellis (DR) 3:30 Dealing with Loss Support Group (SR) 6:30 Boggle (1st)	30 9:00 Morning Meeting & Daily Chronicle(2nd) 9:30 Pedal Exercise (2nd) 10:00 Rosary (Ch) 1:30- 4:00 Damon's Sports Bar **\$\$ (OOB) 2:00 Movie Matinee: Hocus Pocus (2nd) 3:30 Hymn sing (Ch) TBA Football & Fixings: Penn State & Ohio State