

Focus on Wellness

Centers for Disease Control (CDC) recommends everyone 6 months and older receive a yearly flu vaccine as the first and most important step for protection. While there are many different flu strands, the flu vaccine protects against the viruses that research suggests will circulate the most this season. Even healthy people can get the flu, and it can be serious. Let's each do our part.

Each Providence Place campus will be hosting vaccination clinics to make it easy for our residents and co-workers to participate. Please feel free to reach out to your Executive Director or Director of Wellness for specific details regarding your clinic & upcoming booster opportunities.

Cynthia Avant, RN
Director of Clinical Services

Flu Clinic (Lancaster)

Tuesday, October 26th
2pm - 4pm



Resident Birthdays

October

Martin Wlazlak
Donald Good
Vivian Loucks
Dorothy Bender
Ruth Peek
Michael Miller
Douglas Nutt
Elma Kepner
Peggy Troop

November

Martha Winship
Laura Green
Tae Hwan Song
Abram Rhoads
Patricia Fath
Louise Wingate
Charles Brubaker
Anne Adams
Doris Casady
Barbara Garretson
J Roger Drolet
Marian Moore

December

Opal MacDurmon
Sheldon Hall
Barbara Good
Beverly Spencer
Gail Schroeder
Dorothy George



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com



Providence Place SENIOR LIVING News

Q4: October 2021

A Note from the Executive Director

Fall has arrived! The leaves are changing and cooler temperatures are on the way. It's the perfect time of year to enjoy a walk around the community. Our calendar is full of many events, so be sure to check it out for some fall fun.

Please also join us for our Community Harvest Festival on October 21st. The flyer invitation will be posted and sent to all residents & families.

COVID-19 cases are increasing in Pennsylvania, therefore, please continue to wear masks throughout our community. We will communicate any changes in reference to procedures and the safety of our community.

Wishing you health and safety,

Donna O'Leary


Executive Director

Highlighted Events

- 11 – Musical Entertainment by JazzMe Duo @ 3pm
- 21 – Community Harvest Festival @ 2pm – families welcome!
- 27 – EdU Presentation: Raven Ridge Wildlife Center @ 2pm

Welcome New Residents

Gary Buckwalter
Mary Buckwalter
Patricia Fath
Barbara Garretson

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>31</p> <p>9:30 Spiritual Hymns (CH) 10:30 Cornhole League (CH) 1:00 Steelers vs. Browns Football Game (PT) 2:00 Super Sundae Halloween Bar (AR) 3:00 Worship Service (CH) 4:15 & 5:30 Table Mate Trivia (DR) 6:15 Community Puzzle (AR)</p> <p>Halloween</p>			<p>Calendar Key: (CH) Chapel, (AR) Activity Room, (GL) Governor's Lounge, (2FL) 2nd Floor, (PT) Pool Table, (FP) Fireplace Room (NHP) North Hall Porch, (L) Lobby, (LIB) Library, (S) Salon 3rd Floor, (CY) 1st Floor Court Yard (OOB) Out Of Building, (OPL) Outside Parking Lot ** Registration Required \$\$ Cost Involved</p>	<p>October 2021</p>	<p>1</p> <p>9:30 Sit & B-Fit Exercise (CH) 10:00 Retail Shopping: Park City Center**\$\$ (OOB) 10:00 Matinee: <i>Hocus Pocus</i> (CH) 1:00 Super Rummikub Club (AR) 1:30 Examining Bible Prayers (CH) 2:00 Halloween Hijinks (CH) 3:00 The Dime Store (L) 6:15 Sip n' Listen: Classic Blues (GL)</p>	<p>2</p> <p>9:30 Puzzles & Riddles (CH) 10:00 Bingo in Hats (CH) 1:00 Super Rummikub Club (AR) 2:00 Social Hour & Hors d'oeuvres (GL) 3:15 Paints on Canvas (CH) 6:15 Adult Coloring (AR) 7:30 Penn State vs. Indiana Football Game (PT)</p>
<p>3</p> <p>9:30 Spiritual Hymns (CH) 10:30 Cornhole League (CH) 2:00 Super Sundae Bar (AR) 3:00 Worship Service (CH) 4:15 & 5:30 Table Mate Trivia (DR) 4:25 Steelers vs. Packers Football Game (PT) 6:00 Community Puzzle (AR) 6:15 Movie Night: <i>Hubie Halloween</i> (CH)</p>	<p>4</p> <p>9:30 Chair Exercises (CH) 10:00 iN2L Travel Experience: <i>Let's Taco-bout It!</i> (CH) 1:30 Balloon Volleyball Competition (CH) 2:45 Fall Foliage Countryside Ride** (OOB) 3:00 Cranium Crunches (AR) 6:15 Horse Racing Game (AR)</p>	<p>5</p> <p>9:00 CommUNITY Drive Kickoff: 2-week Drive for Local KPETS (FP) 9:30 Free Weights Exercise (CH) 10:00 Spiritual Devotions (CH) 10:30 Hymn Sing (CH) 11:30 Diners Caravan Lunch Out**\$\$ (OOB) 1:30 Finish the Lines (AR) 2:00 Circle of Friends (CH) 3:15 World Travels to Prague (CH) 6:15 Movie Night: <i>A Fistful of Dollars</i> (CH)</p>	<p>6</p> <p>9:30 Armchair Exercises (CH) 10:00 Midweek Worship Service (CH) 1:30 Dining Services Committee (PT) 2:00 Ed-U Presentation <i>American Owls</i> By Local Retired Educator Terry Neumyer (CH) 3:00 iN2L Bingo (CH) 4:15 iN2L Google Earth (CH) 6:15 Coupons for Troops (AR)</p>	<p>7</p> <p>9:30 Balance in Action (CH) 10:00 Spirituality with Chaplin (CH) 1:30 Tai Chi Fitness with Laura (CH) 2:15 LCR with Chaplain Jeff (CH) 3:15 Community Life Planning Committee (AR) 4:00 Indoor Green Thumbs Club (AR) 6:15 Card Games (AR)</p>	<p>8</p> <p>9:30 Sit & B-Fit Exercise (CH) 10:30 Fall Foliage Country Ride** (OOB) 1:00 Super Rummikub Club (AR) 1:30 Examining Bible Prayers (CH) 2:00 Moral Dilemma & Discussion: <i>What Would You Do?</i> (CH) 3:00 Welcome Ambassador Cmte Mtg (AR) 3:00 The Dime Store (L) 3:30 Sunshine Committee Mtg (AR) 6:15 Sip n' Listen: Best of Elvis (GL)</p>	<p>9</p> <p>9:30 Puzzles & Riddles (CH) 10:00 Bingo in Beads (CH) 1:00 Super Rummikub Club (AR) 2:00 Social Hour with Hors d'oeuvres (GL) 3:15 Thankful For Pumpkin (CH) 4:00 Penn State vs. Iowa Football Game (PT) 6:15 Adult Coloring (AR)</p>
<p>10</p> <p>9:30 Spiritual Hymns (CH) 10:30 Cornhole League (CH) 1:00 Steelers vs. Broncos Football Game (PT) 2:00 Super Sundae Bar (AR) 3:00 Worship Service (CH) 4:15 & 5:30 Table Mate Trivia (DR) 6:00 Community Puzzle (AR) 6:15 Movie Night: <i>Green Lantern</i> (CH)</p>	<p>11</p> <p>9:30 Chair Exercises (CH) 10:00 iN2L Heritage, Culture & History: <i>Native American Experience</i> (CH) 1:30 Balloon Volleyball Competition (CH) 2:00 Art Exploration: Pottery Works (AR) 3:00 Musical Entertainment featuring JazzMe Duo (DR) 6:15 Horse Racing Game (AR)</p>	<p>12</p> <p>9:30 Free Weights Exercise (CH) 10:00 Spiritual Devotions (CH) 10:30 Hymn Sing (CH) 11:30 Movie Buffs: Movie Planning (AR) 1:30 Finish the Lines (AR) 2:00 Circle of Friends (CH) 3:00 Jeopardy & Mini-floats (CH) 6:15 Movie Night: <i>Free State of Jones</i> (CH)</p>	<p>13</p> <p>9:30 Armchair Exercises (CH) 10:00 Midweek Worship Service (CH) 2:00 Happy 101st Birthday Celebration for Dot Bender with Musical Entertainment featuring Frankie Widder (DR) 3:30 iN2: Bingo (CH) 4:15 iN2L: Travels to Scotland (CH) 6:15 Coupons for Troops (AR)</p>	<p>14</p> <p>9:30 Balance in Action (CH) 10:00 Spirituality with Chaplin (CH) 1:30 Tai Chi Fitness with Laura (CH) 2:00 LCR with Chaplain Jeff (CH) 3:00 Meet and Greet with New Director Of Wellness (DOW) Natalie Green (CH) 6:15 Card Games (AR)</p>	<p>15</p> <p>9:30 Sit & B-Fit Exercise (CH) 10:00 Community Outing: Kitchen Kettle Village**\$\$ (OOB) 10:00 Matinee: <i>Stagecoach</i> (CH) 1:00 Super Rummikub Club (AR) 1:30 Examining Bible Prayers (CH) 2:00 Fireside Chat with E.D. Donna O'Leary (CH) 3:00 The Dime Store (L) 3:30 Wood Working & Burning (AR) 6:15 Sip n' Listen: Best of Elvis (GL)</p>	<p>16</p> <p>9:30 Puzzles & Riddles (CH) 10:00 Bingo in Unique Socks (CH) 1:00 Super Rummikub Club (AR) 2:00 Social Hour with Hors d'oeuvres (GL) 3:15 Paints on Canvas (CH) 6:15 Adult Coloring (AR)</p>
<p>17</p> <p>9:30 Spiritual Hymns (CH) 10:30 Cornhole League (CH) 2:00 Super Sundae Bar (AR) 3:00 Worship Service (CH) 4:15 & 5:30 Table Mate Trivia (DR) 6:00 Community Puzzle (AR) 6:15 Movie Night: <i>Angels & Demons</i> (CH) 8:20 Steelers vs. Seahawks Football Game (PT)</p>	<p>18</p> <p>9:30 Chair Exercises (CH) 10:00 Ed-U Wellness Presentation <i>Emotional Health Awareness</i> By Natasha Miller, Bayada Home Health (CH) 1:30 Balloon Volleyball Competition (CH) 2:00 Art Exploration: The Beadworks (AR) 3:30 Manicures & MockMosas (AR) 6:15 Horse Racing Game (AR)</p>	<p>19</p> <p>9:30 Free Weights Exercise (CH) 10:00 Spiritual Devotions (CH) 10:30 Hymn Sing (CH) 2:00 Circle of Friends (CH) 3:15 World Travels to Egypt (CH) 3:45 CommUNITY: Homemade Dog Treats for KPETS (AR) 6:15 Movie Night: <i>Thunder Force</i> (CH)</p>	<p>20</p> <p>9:30 Armchair Exercises (CH) 10:00 Midweek Worship Service (CH) 11:00 Indoor Green Thumbs Club (AR) 12:00 Men's Lunch (CH) 2:00 Musical Entertainment featuring Bonnie Koons Fall Fest Music (DR) 3:00 iN2L Bingo (CH) 4:15 iN2L Brain Games (CH) 6:15 Coupons for Troops (AR)</p>	<p>21</p> <p>9:30 Balance in Action with Genesis Health and Rehab (CH) 10:00 Spirituality with Chaplin (CH) 1:30 Tai Chi Fitness with Laura (CH) 2:00 Community Harvest Festival (OPL) • Festival Games • Live Interactive Animals • Lancaster Cupcake Food Truck 6:15 Card Games (AR)</p>	<p>22</p> <p>9:30 Sit & B-Fit Exercise (CH) 10:00 Christmas Choir Rehearsal (CH) 1:00 Super Rummikub Club (AR) 1:30 Examining Bible Prayers (CH) 2:00 Ed-U Presentation <i>Creatures of the Night</i> by Naturalist Lisa Sanchez from Lancaster Parks and Rec (CH) 3:00 The Dime Store (L) 6:15 Sip n' Listen: Best of Elvis (GL)</p>	<p>23</p> <p>9:30 Puzzles & Riddles (CH) 10:00 Bingo in Pumpkin Orange (CH) 12:00 Penn State vs. Illinois Football Game (PT) 1:00 Super Rummikub Club (AR) 2:00 Social Hour with Hors d'oeuvres (GL) 3:15 Art Exploration: Fall Wreath (CH) 6:15 Adult Coloring (AR)</p>
<p>24</p> <p>9:30 Spiritual Hymns (CH) 10:30 Cornhole League (CH) 2:00 Super Sundae Bar (AR) 3:00 Worship Service (CH) 4:15 & 5:30 Table Mate Trivia (DR) 6:00 Community Puzzle (AR) 6:15 Movie Night: <i>The Woman in the Window</i> (CH)</p>	<p>25</p> <p>9:30 Chair Exercises (CH) 10:00 Pumpkin Designing for Competition (CH) 1:30 Balloon Volleyball Competition (CH) 2:30 Crosswords & Word Finds (AR) 3:00 Fall Foliage Countryside Ride** (OOB) 6:15 Horse Racing Game (AR)</p>	<p>26</p> <p>9:30 Free Weights Exercise (CH) 10:00 Spiritual Devotions (CH) 10:30 Hymn Sing (CH) 12:00 Ladies Lunch Pizza Social (CH) 1:30 Finish the Lines (AR) 2:00 Circle of Friends (CH) 3:00 Jeopardy & Mini-floats (CH) 6:15 Movie Night: <i>Murder Mystery</i> (CH)</p>	<p>27</p> <p>9:30 Armchair Exercises (CH) 10:00 Midweek Worship Service (CH) 1:30 Pumpkin Design Award Ceremony (L) 2:00 Ed-U Presentation: Raven Ridge Wildlife Center (CH) 3:00 iN2L Bingo (CH) 4:15 iN2L: Paint & Guess (CH) 6:15 Coupons for Troops (AR)</p>	<p>28</p> <p>9:30 Balance in Action (CH) 10:00 Spirituality with Chaplin (CH) 1:30 Tai Chi Fitness with Laura (CH) 2:15 LCR with Chaplain Jeff (CH) 4:15 Night of Mystery Dinner Party (DR) 5:30 Night of Mystery Dinner Party 2 (DR) 6:15 Card Games (AR)</p>	<p>29</p> <p>9:30 Sit & B-Fit Exercise (CH) 10:00 Christmas Choir Rehearsal (CH) 11:00 Musical Entertainment featuring Cindy McGrath (DR) 1:00 Super Rummikub Club (AR) 1:30 Halloween Costume Parade (L) 2:00 Halloween Costume Awards & Social (CH) 3:00 The Dime Store (L) 6:15 Sip n' Listen: Best of Elvis (GL)</p>	<p>30</p> <p>9:30 Puzzles & Riddles (CH) 10:00 Bingo in Halloween Décor (CH) 1:00 Super Rummikub Club (AR) 2:00 Social Hour with Hors d'oeuvres (GL) 3:15 Paints on Canvas (CH) 6:15 Adult Coloring (AR) TBD Penn State vs. Ohio State Football Game (PT)</p>