

Focus on Wellness

Centers for Disease Control (CDC) recommends everyone 6 months and older receive a yearly flu vaccine as the first and most important step for protection. While there are many different flu strands, the flu vaccine protects against the viruses that research suggests will circulate the most this season. Even healthy people can get the flu, and it can be serious. Let's each do our part.

Each Providence Place campus will be hosting vaccination clinics to make it easy for our residents and co-workers to participate. Please feel free to reach out to your Executive Director or Director of Wellness for specific details regarding your clinic & upcoming booster opportunities.

Cynthia Avant, RN
Director of Clinical Services

Flu Clinic (Pottsville)

Thursday, October 21st
10am – 12pm &
1:30pm – 3pm



Providence Place SENIOR LIVING News

Q4: October 2021

A Note from the Executive Director

Soon we will see the beautiful fall colors adorning the trees and feel the cool refreshing air. It is hard to believe it's only 92 days until Christmas! My, how the time flies!

There is a lot of planning going on to celebrate autumn with new menus and activities. Please review the calendar of activities and menus for the upcoming weeks!

We have been monitoring the COVID positivity rates in Schuylkill County. We continue to see a rise in the rates so we need to be diligent in our prevention measures. Please always wear a mask when visiting and check in at the front desk for Department of Health required screening. We continue to follow all COVID guidelines. If any new information is available, Providence Place will be certain to notify you.

Many of our residents participated in some fun activities for National Assisted Living Week from September 12th through September 18th. They participated in a breakfast, prepared by our very own Community Life staff, and played with the staff in a cornhole tournament. Our Community Life staff continue to do an outstanding job with the entertainers and programs. I look forward to continued events for our residents and families. There is so much upcoming! Please get out and join in the fun!

Thankfully,
Tracy Mason, Executive Director

Highlighted Events

- 2 – **Walk to End Alzheimers** @ 9am
- 9 – **Trick or Treat Bingo** with the Pioneer Girls @ 2pm
- 13 – **Outing to Hart's Farm** @ 1:30pm - *Connections Club*
- 13 – **Variety Show** @ 2pm
- 20 – **St. Clair Halloween Parade**
Come see our festive bus!
- 21 – **Outing to Weaver's Orchard** @ 10am – *Connections Club*
- 25 – **Schuylkill County Ghost Stories** by Historical Society @ 2pm
- 31 – **Halloween Party** @ 2pm

Welcome New Residents

Catherine Hoffman
Kenneth Frie
Dean Brauer
Helen Reigel



*Dimensions
of Wellness*

October

Galen Clouser
Lillie Kauffman
Theresa Zegarski
Frank Trasatt
William Thompson
Jean Twardzik
Anna Neumeister
Patricia Chess
Mildred Gabardi
Constance Hafer
Lorraine Campion
Nancy Palamar
Elizabeth Lawson

Resident Birthdays

November

Joyce Torpey
Carol Bernitsky
Joan Brazinsky
Joseph Stokus
Jane Carroll
Melina Capitanio
Tecla Garbarino

December

Ann Mohrman
Dorothy Schaeffer
Robert Long
Shirley Lerch
Warren Hassinger
Jean Weist
Barbara Higgins
Vera Chisick
Anneliese Hueske
Carol Seitzinger
Anna Mae Callan
Marion Barton
Nancy Krynack



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>31</p> <p>9:30 Live Stream: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 NFL Football Sunday (3FL) 1:30 Helping Hands: Setting Up Halloween Party (PUB) 2:00 Halloween Party (PUB) 3:00 Communion Service (CH) 6:15 Kings in the Corner (A)</p> <p>Halloween</p>			<p>Calendar Key: ** Registration Required \$\$ Cost Involved (OOB) Out of Building (A) Activity Room (PUB) Pub (2FL) Second Floor Lounge by Beauty Shop (3F) Third Floor by South Hall (ML) Main Lobby (CH) Chapel (1FP) First Floor Patio (DR) Dining Room</p>	<p>October 2021</p>	<p>1</p> <p>9:00 Green Thumbs: Watering & Tending Plants (1FP) 10:30 Balloon Volleyball (A) 10:30 Life Happens Support Group (CH) 1:30 Zumba with Michele (A) 2:30 Football Friday Afternoon (PUB) 3:00 Communion Service with Deacon (CH) 3:30 Penn State Cocktail Hour (PUB) 6:15 Board Games: Monopoly (PUB)</p>	<p>2</p> <p>9:00 Alzheimer's Association Walk (OOB) 10:00 Puzzle Club (3F) 1:00 College Football Saturday (3FL) 1:30 Helping Hands: Setting Up Bingo (A) 2:00 Nickel Bingo \$\$ (A) 3:30 Vagabond Travelers: Argentina (PUB) 6:15 Card Games: War (A)</p>
<p>3</p> <p>9:30 Live Stream: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & a Movie: <i>Hocus Pocus</i> (PUB) 1:00 NFL Football Sunday (3FL) 2:00 Autumn Country Ride (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:15 Kings in the Corner (A)</p>	<p>4</p> <p>9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 TED Talk: <i>Positivity: The Power of Choice</i> (PUB) 3:00 Communion Service (CH) 3:30 Oktoberfest Cocktail Hour (PUB) 6:30 Bridge Club (A)</p>	<p>5</p> <p>9:00 Walking Warriors (ML) 10:30 Meditation (2FL) 10:30 Puzzle Club (3F) 11:00 P² Foodies Prep for Luncheon (A) 12:00 Souper Luncheon (A) 2:00 Brain Game: Name that Tune (ML) 2:00 Dining Committee Meeting (DR) 3:00 XBOX Bowling (A) 6:15 Nickel Bingo (A)</p>	<p>6</p> <p>9:00 Breakfast Club: Quiche Lorraine (A) 10:00 Lite & Lively Exercise (PUB) 10:30 Worship Service in the Chapel (CH) 1:30 Manicures & Mimosas ** (ML) 2:00 Painting with Shannon (A) 2:00 Board Games : Monopoly (2FL) 3:30 Mad Hatter Cocktail Hour (PUB) 6:30 Nickel Po-Ke-No \$\$ (A)</p>	<p>7</p> <p>9:00 Walking Warriors (ML) 10:00 Board Games Checkers (A) 10:30 Day Excursion: Hollywood Casino **\$\$ (OOB) 1:30 Color Me Calm (PUB) 2:00 Craft Corner: Wycinanki Art (A) 3:30 Brain Games: Autumn Trivia (PUB) 6:15 Prize Bingo (A)</p>	<p>8</p> <p>9:00 Green Thumbs: Watering the Plants (ML) 10:30 Ed-U Presentation: History of the Pottsville Maroons (PUB) 10:30 Life Happens Support Group (CH) 1:30 Zumba with Michele (A) 2:30 Football Friday Afternoon (PUB) 3:00 Communion Service (CH) 3:30 Notre Dame Cocktail Hour (PUB) 6:00 Nickel Polish Bingo</p>	<p>9</p> <p>9:00 Shopping at the Fairlane Village Mall **\$\$ (OOB) 10:00 Puzzle Club (3F) 1:00 College Football Saturday (3FL) 1:30 Helping Hands: Setting Up Bingo (A) 2:00 Trick or Treat Bingo (A) 3:30 Vagabond Travelers: Peru (PUB) 6:15 Card Games: 500 Rummy (A)</p>
<p>10</p> <p>9:30 Live Stream: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & a Movie: <i>Young Frankenstein</i> (PUB) 1:00 NFL Football Sunday (3FL) 2:00 Autumn Country Ride (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:15 Kings in the Corner (A)</p>	<p>11</p> <p>9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 Manicures & Mimosas (ML) 3:00 Communion Service (CH) 3:30 Cider Cocktail Hour (PUB) 6:30 Bridge Club (A)</p>	<p>12</p> <p>9:00 Walking Warriors (ML) 10:30 Meditation (2FL) 10:30 Puzzle Club (3F) 11:00 P² Foodies Prep for Luncheon (A) 12:00 Souper Luncheon (A) 2:00 Brain Game: Name 10 (ML) 2:30 Color Me Calm (2FL) 3:00 Resident Wishes Celebration (PUB) 6:15 Nickel Bingo (A)</p>	<p>13</p> <p>9:00 Coffee, Donuts, & Discussion (A) 10:00 Cheer Exercise (A) 10:30 Worship Service in the Chapel (CH) 1:30 Manicures & Mimosas (ML) 2:00 Variety Show (PUB) 2:30 Board Games: Checkers 3:30 Autumn Sunset Cocktail Hour (PUB) 6:30 Nickel Po-Ke-No (A)</p>	<p>14</p> <p>9:00 Walking Warriors (ML) 10:00 Color Me Calm (2FL) 10:30 Drum Exercise (PUB) 11:00 Diners Caravan: Mt. Fuji Hibachi **\$\$ (OOB) 2:00 Board Games : Checkers (PUBR) 2:30 Craft Corner: Halloween Mason Jars (A) 3:00 Community Life Planning Meeting (ML) 3:30 Brain Games: Halloween Word Within a Word (PUB) 6:15 Prize Bingo (A)</p>	<p>15</p> <p>9:00 Green Thumbs: Watering the Plants (ML) 10:30 Keep Kicking Kickball (PUB) 10:30 Life Happens Support Group (CH) 1:30 Zumba with Michele (PUB) 2:30 Football Friday Afternoon (PUB) 3:00 Communion Service (CH) 3:30 Ohio State Cocktail Hour (PUB) 6:00 Nickel Polish Bingo (PUB)</p>	<p>16</p> <p>9:00 Shopping at the Fairlane Village Mall **\$\$ (OOB) 10:00 Puzzle Club (3F) 1:00 College Football Saturday (3FL) 1:30 Helping Hands: Setting Up Bingo (PUB) 2:00 Nickel Bingo (PUB) 3:30 Vagabond Travelers: Chile (PUB) 6:15 Card Games: Pinochle (A)</p>
<p>17</p> <p>9:30 Live Stream: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & a Movie: <i>Practical Magic</i> (PUB) 1:00 NFL Football Sunday (3FL) 2:00 Autumn Country Ride (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:15 Kings in the Corner (A)</p>	<p>18</p> <p>9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 TED Talk: <i>The Unstoppable Power of Letting Go</i> (PUB) 3:00 Communion Service (CH) 3:30 Pumpkin Cocktail Hour (PUB) 6:30 Bridge Club (A)</p>	<p>19</p> <p>9:00 Walking Warriors (ML) 10:30 Meditation (2FL) 10:30 Puzzle Club (3F) 11:00 P² Foodies Prep for Luncheon (A) 12:00 Souper Luncheon (A) 2:00 Magician Eddy Ray (PUB) 2:30 Color Me Calm (2FL) 3:30 Keep Kicking Kickball (PUB) 6:15 Nickel Bingo (PUB)</p>	<p>20</p> <p>9:00 Breakfast Club: Pumpkin Pancakes (A) 10:00 Lite & Lively Exercise (PUB) 10:30 Worship Service in the Chapel (CH) 1:30 Manicures & Mimosas (ML) 2:00 Decorating the Bus for Halloween St. Clair Halloween Parade (PL) 2:30 Puzzle Club (3F) 3:00 Cuisine & Cocktail Parings (PUB) 6:30 Leave for St. Clair Halloween Parade (OOB)</p>	<p>21</p> <p>9:00 Walking Warriors (ML) 10:00 Puzzle Club (3F) 10:30 Day Excursion: Weaver's Orchard to Pick Apples **\$\$ (OOB) 2:00 Drumming with Joe (PUB) 2:30 Craft Corner: String Pumpkins (A) 3:30 Brain Games: Candy Trivia (ML) 6:15 Prize Bingo (PUB)</p>	<p>22</p> <p>9:00 Green Thumbs: Watering the Plants (ML) 10:30 Balloon Volleyball (PUB) 10:30 Life Happens Support Group (CH) 1:30 Zumba with Michele (PUB) 2:30 Football Friday Afternoon (PUB) 3:00 Communion Service (CH) 3:30 Harvard Cocktail Hour (PUB) 6:00 Nickel Polish Bingo (PUB)</p>	<p>23</p> <p>9:00 Shopping at Walmart **\$\$ (OOB) 10:00 Puzzle Club (3F) 1:00 College Football Saturday (3FL) 1:30 Helping Hands: Setting Up Bingo (PUB) 2:00 Nickel Bingo (PUB) 3:30 Vagabond Travelers: Brazil (PUB) 6:15 Card Games: Solitaire (A)</p>
<p>24</p> <p>9:30 Live Stream: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & a Movie: <i>Dracula</i> (PUB) 2:00 Autumn Country Ride (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:15 Kings in the Corner (A)</p>	<p>25</p> <p>9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 Ed-U Presentation: Schuylkill County Ghost Stories by the Historical Society (PUB) 3:00 Communion Service (CH) 3:30 Witches Brew Cocktail Hour (PUB) 6:30 Bridge Club (A)</p>	<p>26</p> <p>9:00 Walking Warriors (ML) 10:30 Meditation (2FL) 10:30 Board Games: Yahtzee (PUBR) 11:00 P² Foodies Prep for Luncheon (A) 12:00 Souper Luncheon (A) 2:00 Schlitz Allen Pugh Presentation on <i>Civil War Grave Tours</i> (PUB) 2:30 Color Me Calm (2FL) 3:30 Balloon Volleyball (PUB) 6:15 Nickel Bingo (PUB)</p>	<p>27</p> <p>9:00 Coffee, Donuts, & Discussion (PUB) 10:00 Cheer Exercise (PUB) 10:30 Worship in the Chapel (CH) 1:30 Manicures & Mimosas (ML) 2:00 Tastes of the World: South American Cuisine (A) 2:30 Fireside Chats with Tracy (A) 3:00 Brain Games: Halloween Trivia (PUB) 6:30 Nickel Po-Ke-No (PUB)</p>	<p>28</p> <p>9:00 Walking Warriors (ML) 10:30 Drum Stick Exercise (PUB) 10:30 Board Games : Checkers (PUBR) 11:00 Diners Caravan: Pottsville Diner **\$\$ (OOB) 2:00 John Steven's Polka Band (PUB) 2:30 Craft Corner: Decorate a Foam Pumpkin (A) 3:30 Brain Games: Fact or Fiction (ML) 5:00 Resident Birthday Party (PUB) 6:15 Prize Bingo (PUB)</p>	<p>29</p> <p>9:00 Green Thumbs: Watering the Plants (ML) 10:30 XBOX Bowling (A) 10:30 Life Happens Support Group (CH) 1:30 Zumba with Michele (PUB) 2:30 Football Friday Afternoon (PUB) 3:00 Communion Service (CH) 3:30 Georgia Tech Cocktail Hour (PUB) 6:00 Nickel Polish Bingo (PUB)</p>	<p>30</p> <p>9:00 Shopping Heim's Farmers Market **\$\$ (OOB) 10:00 Puzzle Club (3F) 1:00 College Football Saturday (3FL) 1:30 Helping Hands: Setting Up Bingo (PUB) 2:00 Nickel Bingo (PUB) 3:30 Vagabond Travelers: Columbia (PUB) 6:15 Card Games: War (A)</p>