


CONNECTIONS



DECEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 10:30 Sing with Susie Q 11:00 Lunch 12:00 Walking with Friends 1:30 Crafty Creation: Design your own Stocking Stuffer (CC) 2:00 Sip and Show (CC) 3:00 iN2L: Balloon Burst 4:00 Dinner 5:30 A Lawrence Welk Family Christmas 7:00 Evening Wind Down	2 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Service (CC) 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Kitchen Creation: Apple Nachos 2:00 Sip and Taste 3:00 iN2L: Millionaire 4:00 Dinner 5:30 White Christmas 7:00 Evening Wind Down	3 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Name that Tune 11:00 Lunch 12:00 Walking with Friends 1:30 Mountain Men Club 2:30 Singing w/ Dave Powers (CC) 3:00 Sip and Sing (CC) 4:00 Dinner 5:30 The Christmas Blessing 7:00 Evening Wind Down	4 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing 10:30 iN2L: Word Wheel 11:00 Lunch 12:00 Walking with Friends 1:30 Scrapbook Memories 2:00 Sip and Share 3:00 Winter Secret Message 4:00 Dinner 5:30 National Lampoon's Christmas Vacation 7:00 Evening Wind Down
5 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Sip and Sing & Dance 2:00 Piano Playing w/ Bryan Herber 3:00 Church Service w/ Hymns 4:00 Dinner 5:30 Samantha An American Girl Holiday 7:00 Evening Wind Down	6 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 Word Boggle 11:00 Lunch 12:00 Walking with Friends 1:30 Pretty in Pink 2:00 Sip and Make a New Friend 3:00 Bible Study (CC) 4:00 Dinner 5:30 Holiday Inn 7:00 Evening Wind Down	7 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 KPETS 10:30 iN2L: Would You Rather 11:00 Lunch 12:00 Walking with Friends 1:30 Kitchen Creation: Chai Cupcakes 2:00 Hot Cocoa Hour 3:00 The History of Pearl Harbor 4:00 Dinner 5:30 Dr. Seuss How The Grinch Stole Christmas Feat: Jim Carrey 7:00 Evening Wind Down	8 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 10:30 Music with Mary Sue 11:00 Lunch 12:00 Walking with Friends 1:30 iN2L: Karaoke (CC) 2:00 December Birthday Celebration (CC) 3:00 Jessica Snyder Performs (CC) 4:00 Dinner 5:30 Miracle on 34th Street 7:00 Evening Wind Down	9 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Service (CC) 10:30 Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:30 Crafty Creation: Candy Cane Wreath (CC) 2:00 Sip and Show (CC) 3:00 Fun with a "Sled" Rhyme 4:00 Dinner 5:30 "Elf" Feat: Will Ferrell 7:00 Evening Wind Down	10 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Finish the Lyrics 11:00 Lunch 12:00 Walking with Friends 1:30 Mountain Men Club 2:00 Sip and Discuss 3:00 Playing Games Crossword 4:00 Dinner 5:30 It Happened on 5th Avenue 7:00 Evening Wind Down	11 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 Millionaire 11:00 Lunch 12:00 Walking with Friends 1:30 Memory Magic 2:00 Sip and Be Social 3:00 iN2L: Sing with Susie Q 4:00 Dinner 5:30 The Bishops Wife 7:00 Evening Wind Down

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Cuisine Panel 2:00 Memory Café 3:00 Church Service 4:00 Dinner 5:30 Christmas Story 7:00 Evening Wind Down	13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Traditional American Folk Music w/John Smar (CC) 11:00 Lunch 12:00 Walking with Friends 1:30 Pretty in Pink: Personal Self Care (CC) 2:00 Tea Time with Frances (CC) 3:00 Bible Study (CC) 4:00 Dinner 5:30 A Christmas Carol 7:00 Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Shop Till You Drop Crossword 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nellie Fox Bowling 2:00 Tea time with Friends 3:00 Sentimental Sing-Along: Christmas Hymns & Carols 4:00 Dinner 5:30 The Nativity Story	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 10:30 iN2L: Tell Me A Joke 11:00 Lunch 12:00 Walking with Friends 1:00 Kitchen Creation: Candy Cane Snowman (CC) 2:00 Sip and Taste 3:00 Music with Mary Sue 4:00 Dinner 5:30 Prancer A Reindeer Story 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Service (CC) 10:30 Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:30 Crafty Creation: Decorate your Holiday Character 2:00 Sip and Show 3:00 iN2L: Karaoke 4:00 Dinner 5:30 12 Pups of Christmas 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 What's that Sound 11:00 Lunch 12:00 Walking with Friends 1:30 Mountain Men Club 2:00 Sip and Make a New Friend 3:00 iN2L: Price is Right 4:00 Dinner 5:30 A Very Brady Christmas 7:00 Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dancing Though the Decades 10:30 Jeopardy 11:00 Lunch 12:00 Walking with Friends 1:30 Memories in the Making 2:00 Sip and Share 3:00 iN2L: Family Feud 4:00 Dinner 5:30 Dear Santa 7:00 Evening Wind Down
19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Shake Loose Memory 2:00 Cookies and Cocoa with Santa 3:00 Church Service 4:00 Dinner 5:30 A Christmas Wedding Tail 7:00 Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Fittersitter 10:30 Sharpen Your Senses 11:00 Lunch 12:00 Walking with Friends 1:30 Pretty in Pink 2:00 Iced tea Time 3:00 Bible Study (CC) 4:00 Dinner 5:30 A Puppy for Christmas 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 iN2L: Sit and Be Fit 10:30 The Game of Things 11:00 Lunch 12:00 Walking with Friends 1:30 Crafty Creation: Felt Angel Ornament (CC) 2:00 Sip and Show (CC) 3:00 Word Association: Winter Vacation 4:00 Dinner 5:30 Jingle All The Way 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 10:30 iN2L: Balloon Burst 11:00 Lunch 12:00 Walking with Friends 1:30 Kitchen Creation: German Fruit Flan (CC) 2:00 Sip and Taste 3:00 Circus Detective 4:00 Dinner 5:30 The Man Who Invented Christmas 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Service (CC) 10:30 Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:30 Reindeer Ring Toss Game (CC) 2:00 Holiday Social w/ Coquito (CC) 3:00 iN2L: December Trivia 4:00 Dinner 5:30 12 Dog Days Till Christmas 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Sing Holiday Carols 11:00 Lunch 12:00 Walking with Friends 1:30 Movie: It's a Wonderful Life 2:00 Hot Cocoa w/ Chocolate cookie 3:00 Reminiscing: Tradition Holiday 4:00 Dinner 5:30 Deck the Halls 7:00 Evening Wind Down Christmas Eve	25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 iN2L: Word-a-thon 11:00 Lunch 12:00 Walking with Friends 1:30 Mountain Men Club 2:00 Sip and Be Social 3:00 Under the Big Top Crossword 4:00 Dinner 5:30 A Dogwalker's Christmas Tale 7:00 Evening Wind Down Christmas Day
26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Timeslips 2:00 Tea Time With Caregiver 3:00 Church Service 4:00 Dinner 5:30 48 Christmas Wishes 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 Wheel of Fortune 11:00 Lunch 12:00 Walking with Friends 1:30 Pretty in Pink: New Year's Eve Party Poppers (CC) 2:00 Hot Cocoa Hour (CC) 3:00 Bible Study (CC) 4:00 Dinner 5:30 A Boy Called Christmas 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light and Lively 10:30 iN2L: Family Feud 11:00 Lunch 12:00 Walking with Friends 1:30 Crafty Creation: Herbal Sachet (CC) 2:00 Sip and Show (CC) 3:00 Happy New Year! Crossword 4:00 Dinner 5:30 The Christmas Chronicles 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 10:30 iN2L: Pictionary 11:00 Lunch 12:00 Walking with Friends 1:30 Kitchen Creation: Mexican Cornbread (CC) 2:00 Sip and Taste (CC) 3:00 Happy New "Year" Rhyme 4:00 Dinner 5:30 The Christmas Chronicles 2 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Church Service 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 1950's Music Countdown (CC) 2:00 New Year Social: Sip Sip Hooray (CC) 3:00 New Year Eve Secret 4:00 Dinner 5:30 Operation Christmas Drop 7:00 Evening Wind Down	31 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Ray Durkee's SATM 11:00 Lunch 12:00 Walking with Friends 1:30 Mountain Men Club 2:00 Sip and Mingle 3:00 Winter Detective 4:00 Dinner 5:30 The Polar Express 7:00 Evening Wind Down New Year's Eve	<p>CONNECTIONS</p>  <p>DECEMBER 2021</p>