

# Focus on Wellness

As we continue to navigate the COVID-19 pandemic, we must remain vigilant in our efforts to slow down the virus. To do this, vaccinations are crucial. For individuals that were fully-vaccinated more than 6 months ago, a booster is now available to ensure that our bodies remain able to fight the virus.

Each of our campuses will be hosting booster clinics for residents and co-workers that received the Pfizer or Moderna vaccine. Please contact your Executive Director or Director of Wellness for further details.

*Cynthia Avant*  
Director of Clinical Services

*Covid Booster Clinic*  
(Dover)

Thursday, November 11<sup>th</sup>  
2pm – 5pm



# Providence Place SENIOR LIVING News

Q4: November 2021

## A Note from the Executive Director

We can now see the fall colors on the trees and feel the cool refreshing air. There is a lot of planning going on to celebrate the season with new menus and activities. Please review the calendar for the upcoming weeks!

We have been monitoring the COVID positivity rates in York County. We continue to see a rise in the rates so we need to be diligent in our prevention measures. Please always wear a mask when visiting and check in at the front desk for required screening questions. We continue to follow all COVID guidelines. If any new information is available, Providence Place will be certain to notify you.

There are plenty of opportunities to celebrate in the coming weeks and we look forward to Thanksgiving & December holidays. Stay tuned for details for residents, families and team members.

Best,

*Howard Holben*

*Executive Director*

## Highlighted Events

- 3 – **T-Birds Men's Lunch Outing**  
@ 12pm
- 5 – **EdU Presentation: Millie Becker And being a Judge** @ 2pm
- 10 – **Pink Ladies Lunch Outing**  
@ 12pm
- 10 – **EdU Presentation: Studio Era Films** with Rich Santel @ 2pm
- 18 – **Chinese Thanksgiving Luncheon** @ 10am  
*Connections Club*
- 23 – **Dutch Apple Theatre Outing**  
*Miracle on 34<sup>th</sup> Street* @ 10am

## Welcome New Residents

Mary Rodgers  
Eleanor Gingerich  
Fred Miller  
Syrene Kuhn



*Dimensions  
of Wellness*

## Resident Birthdays

### November

Budd Lookingbill  
Eugene Hilt  
Frances Callahan  
Joan Miller  
Gloria Hively  
Janet Stine  
Robert Hughlett  
Nancy Brunk  
Carol Figdore

### December

Virginia Maloy  
Marjorie Zinn  
Grayson Starner  
Verna Wentz  
Betty Gingerich  
Dorothy Hartman  
Norma Malsky

Sharon Warnecke  
Christine Koehnlein  
Lois Smith  
Mary Lou Rowlands



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [ProvidenceRetirement@gmail.com](mailto:ProvidenceRetirement@gmail.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
November 2021	1 9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:20 Themed Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Bingo with Friends (CN) 3:15 Afternoon Exercise (CR/CH) 6:00 Socialize in the Lobby (LB)	2 9:00 CommUNITY Drive Kickoff: York County Toys for Tots (FL) 9:30 Daily Reading (CR/CH) 9:45 Imagery Fitness (CR/CH) 10:00 Memory Magic (CR/CH) 10:45 Menu Review (CR/CH) 1:00 Prayer & Praise Worship (CR/CH) 2:00 Social Hour (P) 6:00 Socialize in the Lobby (LB)	3 9:30 Daily Reading (CR/H) 9:45 Working with Words (CR/CH) 10:00 Exercise Routine (CR/CH) 10:30 Menu Review (CR/CH) 12:00 Greaser Gang T-Birds Men's Lunch: Fox's Pizza Den **(AR) 12:45 Men's T-Bird Racing Game (AR) 1:30 Pianist Justin Adams (P) 2:30 iN2L Rock n' Roll Bingo (AR) 6:00 Socialize in the Lobby (LB)	4 9:30 Daily Reading (CR/CH) 10:00 Bible Study with Chaplain Bob (P) 10:00 Culinary Creation: Cinnamon Sugar Pretzels (AR) 10:30 Praying the Rosary (CR) 10:45 Exercise & Menu Review (AR) 1:15 Staff Snack Station (P) 2:00 Musical Entertainment: Dan Martin (P) 3:00 Hymns with Chaplain Bob (CR/CH) 6:00 Socialize in the Lobby (LB)	5 9:30 Daily Reading (CR/CH) 9:45 Golfing Greats (CR/CH) 10:15 Fitness Dice (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Music Therapy with Lindsay (AR) 2:00 Create & Design: Autumn Window Decorations (CR/CH) 6:00 Popcorn & Movie: Grease (CR/CH)	6 9:30 Daily Reading (CR/CH) 9:45 Morning Stretch (CR/CH) 10:00 Donut Mind if I Do & Coffee (AR) 1:15 Themed Trivia (P) 1:30 Create & Design: Cornucopia (AR) 2:30 Spiced Cider Social Hour (P) 6:00 Socialize in the Lobby (LB)	
	7 9:30 Daily Reading and Drinks (P) 9:45 Song and Scripture (P) 10:20 Five minute Exercise (P) 10:30 Menu Review & Joke of the Day (P) 1:00 Helping Hands: Social Prep (P) 2:00 Root Beer Float Social (P) 3:00 Worship Service (CR) 6:00 Socialize in in the Lobby (LB)  Daylight Saving Ends	8 9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:20 Themed Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Bingo with Friends (CN) 3:15 Afternoon Exercise (CR/CH) 6:00 Socialize in the Lobby (LB)	9 9:30 Daily Reading (CR/CH) 9:45 Imagery Fitness (CR/CH) 10:00 Finish the Phrase (CR/CH) 10:45 Menu Review (CR/CH) 1:00 Prayer & Praise Worship (CR/CH) 2:00 Social Hour (P) 6:00 Socialize in the Lobby (LB)	10 9:30 Daily Reading (CR/H) 9:45 Working with Words (CR/CH) 10:00 Exercise Routine (CR/CH) 10:30 Menu Review (CR/CH) 12:00 Pink Ladies Luncheon: Stella's Café **(AR) 1:30 iN2L Karaoke : Grease (AR) 2:30 iN2L Vinyl Records Bingo (AR) 6:00 Socialize in the Lobby (LB)	11 9:30 Daily Reading (CR/CH) 10:00 Bible Study with Chaplain Bob (P) 10:00 Culinary Creation: Lemon Bars (AR) 10:30 Praying the Rosary (CR) 10:45 Exercise & Menu Review (AR) 1:15 Staff Snack Station (P) 2:00 Veteran's Day Ceremony (CR/CH) 3:00 Hymns with Chaplain Bob (CR/CH) 6:00 Socialize in the Lobby (LB)  Veteran's Day	12 9:30 Daily Reading (CR/CH) 9:45 Friday Fashions (CR/CH) 10:15 Fitness Dice (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Create & Design: Leaves of Fall Door Décor (CR/CH) 2:30 Wall Jeopardy & Mini Floats (AR) 6:00 Movie: Same Kind of Different as Me (CR/CH)	13 9:30 Daily Reading (CR/CH) 9:45 Morning Stretch (CR/CH) 10:00 Donut Mind if I Do & Coffee (AR) 1:15 Themed Trivia (P) 1:30 Create & Design: Pinecone Turkeys (CR/CH) 2:30 Sparkling Apple Pie Social (P) 6:00 Socialize in the Lobby (LB)
14 9:30 Daily Reading and Drinks (P) 9:45 Song and Scripture (P) 10:20 Five minute Exercise (P) 10:30 Menu Review & Joke of the Day (P) 1:00 Helping Hands: Social Prep (P) 2:00 Ice Cream Social (P) 3:00 Worship Service (CR) 6:00 Socialize in in the Lobby (LB)	15 9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:20 Themed Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Bingo with Friends (CN) 3:15 Afternoon Exercise (CR/CH) 6:00 Socialize in the Lobby (LB)	16 9:30 Daily Reading (CR/CH) 9:45 Imagery Fitness (CR/CH) 10:00 Junk Drawer Detective (CR/CH) 10:45 Menu Review (CR/CH) 1:00 Prayer & Praise Worship (CR/CH) 2:00 Social Hour (P) 6:00 Socialize in the Lobby (LB)	17 9:30 Daily Reading (CR/H) 9:45 Working with Words (CR/CH) 10:00 Exercise Routine (CR/CH) 10:30 Menu Review (CR/CH) 10:30 Diners Lunch & Shop Caravan: Cracker Barrel Old Country Store **\$\$ (OOB) 1:30 Pianist Justin Adams (P) 2:30 iN2L Plant Bingo (AR) 6:00 Socialize in the Lobby (LB)	18 9:30 Daily Reading (CR/CH) 10:00 Bible Study with Chaplain Bob (P) 10:00 Club Chinese Thanksgiving Dessert Prep & Luncheon (AR) 10:30 Praying the Rosary (CR) 1:00 Trip Out: Nixon Park Nature Center **(OOB) 1:00 Sight & Sound Production (AR) 3:00 Hymns with Chaplain Bob (CR/CH) 6:00 Socialize in the Lobby (LB)	19 9:30 Daily Reading (CR/CH) 9:45 History of Shaving (CR/CH) 10:15 Fitness Dice (CR/CH) 10:45 Menu Review (CR/CH) 1:15 Music Therapy with Lindsay (AR) 2:00 Musical Entertainment featuring Thomas Shultz (P) 3:30 Matinee & Popcorn: Penguin Bloom (CR/CH)	20 9:30 Daily Reading (CR/CH) 9:45 Morning Stretch (CR/CH) 10:00 Donut Mind if I Do & Coffee (AR) 1:15 Themed Trivia (P) 1:30 Create & Design: Gift for Family (AR) 2:30 Honey Roasted Pear Social (P) 6:00 Socialize in the Lobby (LB)	
21 9:30 Daily Reading and Drinks (P) 9:45 Song and Scripture (P) 10:20 Five minute Exercise (P) 10:30 Menu Review & Joke of the Day (P) 1:00 Helping Hands: Social Prep (P) 2:00 Hot Chocolate Social (P) 3:00 Worship Service (CR) 6:00 Socialize in in the Lobby (LB)	22 9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:20 Themed Trivia (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Bingo with Friends (CN) 3:15 Afternoon Exercise (CR/CH) 6:00 Socialize in the Lobby (LB)	23 9:30 Daily Reading (CR/CH) 9:45 Imagery Fitness (CR/CH) 10:00 Read Around the Table (CR/H) 10:00 Lunch Out & Theatre Production: Dutch Apple Theatre presents Miracle on 34th Street **(OOB) 10:45 Menu Review (CR/CH) 1:00 Prayer & Praise Worship (CR/CH) 2:00 Social Hour (P) 6:00 Socialize in the Lobby (LB)	24 9:30 Daily Reading (CR/H) 9:45 Working with Words (CR/CH) 10:00 Exercise Routine (CR/CH) 10:30 Menu Review (CR/CH) Special Birthday Lunch for Residents & Team Members (AR) 1:30 November Birthday Celebration (AR) 2:30 iN2L Bingo Blast (AR) 6:00 Socialize in the Lobby (LB)	25 9:30 Chair Fitness (AR) 10:00 Stuffed Bingo (AR) 10:45 Menu Review (AR) 1:30 Create and Design: Individual Crafting 2:30 Movie: An Old Fashioned Thanksgiving (AR) 6:00 Thanksgiving Word Puzzles (AR)  Thanksgiving	26 9:30 Daily Reading (CR/CH) 9:45 Fitness Dice (CR/CH) 10:00 Meeting with the Chef (AR) 10:30 Create & Design: Deck the Halls (AR) 1:15 Create & Design : Deck the Walls (AR) 2:30 Cadillac Chat (P) 6:00 Movie: The Night Before Christmas (CR/CH)	27 9:30 Daily Reading (CR/CH) 9:45 Morning Stretch (CR/CH) 10:00 Donut Mind if I Do & Coffee (AR) 1:15 Themed Trivia (P) 1:15 Create & Design: Pinecone Bouquets (AR) 2:00 Musical Entertainment : Dan Martin (P) 6:00 Socialize in the Lobby (LB)	
28 9:30 Daily Reading and Drinks (P) 9:45 Song and Scripture (P) 10:20 Five minute Exercise (P) 10:30 Menu Review & Joke of the Day (P) 1:00 Helping Hands: Social Prep (P) 2:00 S'more Social (P) 3:00 Worship Service (CR) 6:00 Socialize in in the Lobby (LB)	29 9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:20 Monday Matinee Movie Prep (CR/CH) 10:45 Menu Review (CR/CH) 1:30 Monday Matinee: Planes, Trains and Automobiles (CR) 3:15 Afternoon Exercise (CR/CH) 6:00 Socialize in the Lobby (LB)	30 9:30 Daily Reading (CR/CH) 9:45 Imagery Fitness (CR/CH) 10:00 Memories in the Making (CR/CH) 10:45 Menu Review (CR/CH) 1:00 Prayer & Praise Worship (CR/CH) 2:00 Social Hour (P) 6:00 Socialize in the Lobby (LB)	Calendar Key: ** Registration Required \$\$ Cost Involved (CR/CH) Community Room/Chapel (CN )Connections Neighborhood (P )Pub (AR) Activity Room (LB) Lobby (FL) Front Lobby (OOB) Out Of the Building			<div style="text-align: center;"> <h1>THE Club</h1> </div>	