

Focus on Wellness

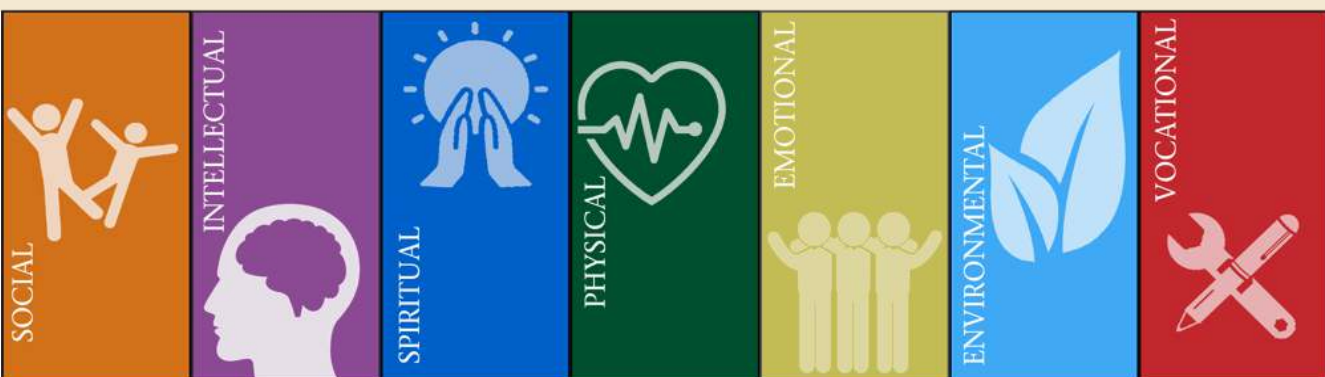
As we continue to navigate the COVID-19 pandemic, we must remain vigilant in our efforts to slow down the virus. To do this, vaccinations are crucial. For individuals that were fully-vaccinated more than 6 months ago, a booster is now available to ensure that our bodies remain able to fight the virus.

Each of our campuses will be hosting booster clinics for residents and co-workers that received the Pfizer or Moderna vaccine. Please contact your Executive Director or Director of Wellness for further details.

Cynthia Avant
Director of Clinical Services

Covid Booster Clinic (Pottsville)

Friday, November 19th
9am – 4pm



*Dimensions
of Wellness*

Resident Birthdays

November

Joyce Torpey
Carol Bernitsky
Joan Brazinsky
Joseph Stokus
Melina Capitanio
Tecla Garbarino

December

Ann Mohrman
Dorothy Schaeffer
Robert Long
Shirley Lerch
Warren Hassinger
1Barbara Higgins

Vera Chisick
Anneliese Hueske
Carol Seitzinger
Anna Mae Callan
Marion Barton
Nancy Krynack



Providence Place SENIOR LIVING News

Q4: November 2021

A Note from the Executive Director

Fall is finally here! I hear so many comments about how beautiful the weather is, and I must agree.

The autumn festivities are in full swing. Community Life and Dining have adorned the community with new fall decorations. Here are more changes coming in décor in our dining rooms also with new menus and activities. Please review the calendar of activities and menus for the upcoming weeks.

We have several new staff who have joined our team. Jean Waitkaitis joined us as Executive Chef/Dining Director, Rebecca Smith as Connections Club Coordinator, Nichole Mullins moved to Connections Activities Coordinator, and Melissa Melnick as Employment Specialist. They are all excited to get started.

We continue to monitor the COVID positivity rates in Schuylkill County and our facility. We have had recent cases of COVID with residents and staff, our thoughts and care goes out to all affected. We continue to follow CDC guidelines and need to be diligent in our prevention measures. Please always wear a mask when visiting and check in at the front desk for Department of Health required screening. If any new information is available, Providence Place will be certain to notify you.

Thankfully,

Tracy Mason, Executive Director

Highlighted Events

- 10 – **Harp Music by Linda**
@ 2pm
- 11 – **Veteran's Day Ceremony & Luncheon** @ 10:30am
- 15 – **EdU Presentation: "Life in Hollywood"** @ 2pm
- 18 – **Art Class with Kim**
@ 3pm
- 24 – **Birthday Celebration** with entertainment by Vic @ 2pm
Connections Club

Welcome New Residents

Helen Reigel
Edward Gleason
Marion Hughes
Betzy Guzick
Paul Hutira
Arlene Mack



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>November 2021</h1>	1 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:30 Memory Magic (CN) 11:30 Walk for Heart Health (ML) 1:30 Reminiscing: History of Women Rights to Vote (A) 2:00 Drama Club 3:00 Communion Service (C) 3:30 Pumpkin Latte Cocktail Hour (PUB) 6:30 Bridge Club (PUB)	2 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:30 Traveling Tune Tuesday (CN) 1:30 Garden Club: Watering Outside Pots (OOB) 2:00 iN2L Exploration: 7 Wonders of the World (A) 3:00 Finish My Line (ML) 6:15 Nickel Bingo \$\$ (PUB)	3 9:00 Breakfast Club (A) 9:00 Morning Meeting & Inspirations (P) 10:00 Lite & Lively (PUB) 10:30 Worship Service (C) 1:00 Hegins' Valley & Gelato Run (OOB) 3:30 Peanut Butter Lovers Cocktail Hour (PUB) 6:15 Nickle Po-Ke-No \$\$ (PUB)	4 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Dance Exercises (A) 10:30 Hydration & Small Bites (A) 1:30 Meditation for Inner Peace (P) 2:00 Wassail & Pumpkin Dip Social (A) 3:00 Wall Scrabble 3:30 Walk for Heart Health (ML) 6:15 Nickel Polish Bingo \$\$ (PUB)	5 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Thanksgiving Word Game (CN) 10:30 Hydration & Small Bites (CN) 1:30 Zumba with Michele (PUB) 3:00 Communion Service (C) 3:30 Nachos & Beer Cocktail Hour (PUB) 6:15 Board Games: Monopoly (PUB)	6 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 1:00 College Football Games (3FL) 2:00 Bingo for Prizes (A) 2:30 Hydration & Healthy Bites (P) 3:15 iN2L Discovery Earth: Iceland (PUB) 6:15 War (A)
Daylight Saving Ends 7 9:00 Morning Meeting & Inspirations (A) 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Fall Prevention Series: Tai Chi for Balance (A) 1:00 Video Chat with Families (1:1) 1:00 Movie: <i>You've Got Mail</i> (PUB) 3:00 Communion Service (C) 3:30 Walk for Heart Health (OOB) 6:15 Kings in the Corner (PUB)	8 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Memory Magic (CN) 1:30 Video Clips: Melbourne Cup (A) 2:00 Horse Races (A) 2:45 Winner's Circle (A) 3:00 Communion Service (C) 3:30 Almond Joy Cocktail Hour (PUB) 6:30 Bridge Club (PUB)	9 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Name That Tune (CN) 10:30 Hydration & Healthy Bites (CN) 1:30 Meditation for Inner Peace (A) 2:00 Begins With/ Name 5 Game (C) 3:00 iN2L Exploration (C) 6:15 Nickel Bingo \$\$ (PUB)	10 9:00 Morning Meeting & Inspirations (PUB) 9:30 Coffee, Donuts & Discussions (PUB) 10:30 Worship Service (C) 1:00 Leave for Autumn Nature Exploration (OOB) 2:00 Harp Music by Linda (PUB) 3:30 Marine Corp Theme Cocktail Hour (PUB) 4:00 Video Chat with Families (1:1) 6:15 Nickel Po-Ke-No \$\$ (PUB)	11 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Lite & Lively (A) 10:30 Veteran's Day Service (PL) 12:00 Veteran's Luncheon (A) 2:00 Craft Corner: Plaid Painting (A) 3:30 Hydration & Healthy Bites (A) 6:15 Nickel Polish Bingo \$\$ (PUB) Veteran's Day	12 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Table Top Ball to Polkas (CN) 10:30 Hydration & Healthy Bites (CN) 1:30 Zumba with Michele (A) 3:00 Communion Service (C) 3:30 Wine & Cheese Cocktail Hour (PUB) 6:15 Board Games: Monopoly (PUB)	13 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 1:00 College Football Games (3FL) 2:00 Bingo for Prizes (A) 2:30 Hydration & Healthy Bites (A) 3:15 iN2L Discovery Earth: Nova Scotia (PUB) 6:15 500 Rummy (A)
14 9:00 Morning Meeting & Inspirations (A) 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Fall Prevention Series: Tai Chi for Balance (A) 1:00 Video Chat with Families (1:1) 1:00 Movie: <i>Autumn in New York</i> (PUB) 3:00 Communion Service (C) 3:30 Walk for Heart Health (ML) 6:15 Kings in the Corner (PUB)	15 9:00 Morning Meeting & Inspirations (SL) 9:30 Daily Chronicle & Discussions (SL) 10:30 Memory Magic (CN) 1:30 Word Search (A) 2:00 Fireside Meet Up: Finish That Line (ML) 2:30 Hydration & Small Bites (A) 3:00 Communion Service (C) 3:30 Cocktail Hour (PUB) 6:35 Bridge Club (PUB)	16 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (A) 2:00 Entertainment by John Bauer (PUB) 3:00 Name That Capital (ML) 3:30 Walk for Heart Health (ML) 6:15 Nickel Bingo \$\$ (PUB)	17 9:00 Morning Meeting & Inspirations (A) 9:00 Breakfast Club (A) 10:00 Chair Exercises (PUB) 10:30 Worship Service (C) 11:00 Walk for Heart Health (ML) 2:00 Making of Mulled Cider in Crockpot (A) 3:00 Video Chat with Families (1:1) 6:15 Nickel Po-Ke-No \$\$ (PUB)	18 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Fittercise (A) 10:30 Hydration & Healthy Bites (A) 2:00 Drum Circle with Joe (PUB) 2:30 Helping Hands: Set Up (P) 3:00 Art Class with Kim (P) 4:00 Walk for Heart Health (OOB) 6:15 Nickel Polish Bingo \$\$ (PUB) Thanksgiving	19 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:30 Gobble Gobble Bingo (CN) 1:30 Zumba with Michele (PUB) 3:00 Communion Service (C) 3:30 Cocktail Hour (PUB) 6:00 Nickel Polish Bingo (PUB)	20 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Baking Club (A) 10:30 Talk & Taste (A) 11:00 Walk for Heart Health (ML) 2:00 Bingo for Prizes (A) 2:30 Hydration & Healthy Bites (A) 3:15 iN2L Discovery Earth (PUB) 6:15 Pinochle (A)
21 9:00 Morning Meeting & Inspirations (A) 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Fall Prevention Series: Tai Chi for Balance (A) 1:00 Video Chat with Families (1:1) 1:00 Movie: <i>Meet Me in St. Louis</i> (PUB) 3:00 Communion Service (C) 3:30 Walk for Heart Health (ML) 6:15 Kings in the Corner (PUB)	22 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Memory Magic (CN) 10:30 Hydration & Healthy Bites (CN) 1:30 Jigsaw Puzzle Competition (P) 2:00 Find the Turkey Trot (AF) 3:00 Communion Service (C) 3:30 Cocktail Hour (PUB) 6:30 Bridge Club (PUB)	23 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Name That Tune (CN) 10:30 Hydration & Small Bites (CN) 2:00 Appreciation Club: Thankful Cards to Staff (A) 2:30 Hydration & Small Bites (A) 3:00 Distribution of Cards (AF) 6:15 Nickel Bingo \$\$ (PUB)	24 9:00 Morning Meeting & Inspirations 9:30 Coffee, Donuts & Discussions (PUB) 10:00 Chair Exercises (PUB) 10:30 Worship Service (C) 2:00 Birthday Celebration with Entertainment by Vic Boris (CN) 3:00 Video Chat with Families (1:1) 3:30 Cocktail Hour (PUB) 6:15 Nickel Po-Ke-No \$\$ (PUB)	25 9:00 Macy's Thanksgiving Day Parade 9:30 Daily Chronicle & Discussions (A) 10:00 Chair Exercises (A) 10:30 Hydration & Small Bites (A) 2:00 Thanksgiving Trivia (A) 3:30 iN2L Exploration (A) 6:15 Nickel Polish Bingo \$\$ (PUB)	26 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Black Friday Sale with Club (CN) 11:00 Walk for Heart Health (ML) 1:30 Zumba with Michele (PUB) 3:00 Communion Service (C) 3:30 Cocktail Hour (PUB) 6:00 Nickel Polish Bingo (PUB)	27 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussion (A) 10:00 Bingo (A) 10:30 Talk & Taste (A) 11:00 Walk for Heart Health (ML) 2:00 One Man Band by John (PUB) 2:30 Hydration & Healthy Bites (A) 3:15 iN2L Discovery Earth (PUB) 6:15 Solitaire (A)
28 9:00 Morning Meeting & Inspirations (A) 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Fall Prevention Series: Tai Chi for Balance (A) 1:00 Video Chat with Families (1:1) 1:00 Movie: <i>Sweet Home Alabama</i> (PUB) 1:00 NFL Football Sunday (2FL) 3:00 Communion Service (C) 6:15 Kings in the Corner (A)	29 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Memory Magic (CN) 10:30 Hydration & Healthy Bites (CN) 1:30 Color Me Calm (A) 2:00 Celebration of Life Memorial Service (C) 3:00 Communion Service (C) 3:30 Cocktail Hour (PUB) 6:30 Bridge Club (PUB)	30 9:00 Morning Meeting & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:15 Sing-A-Long (CN) 10:30 Hydration & Small Bites (CN) 2:00 Poems by Gov. George Leader (A) 2:30 Helping Hands: Set Up (A) 3:00 Create with Watercolors (A) 6:15 Nickel Bingo \$\$ (PUB)	Calendar Key: (A) Activity Room (LIB) Library (1:1) 1 on 1 (C) Chapel (OOB) Out of Building (PUB) Pub (CN) Connections (FP) Front Porch (AF) All Floors (ML) Main Lobby (P) Patio (PL) Parking Lot (\$\$) Cost Involved ** Registration Required		<h1>THE Club</h1>	