

Focus on Wellness

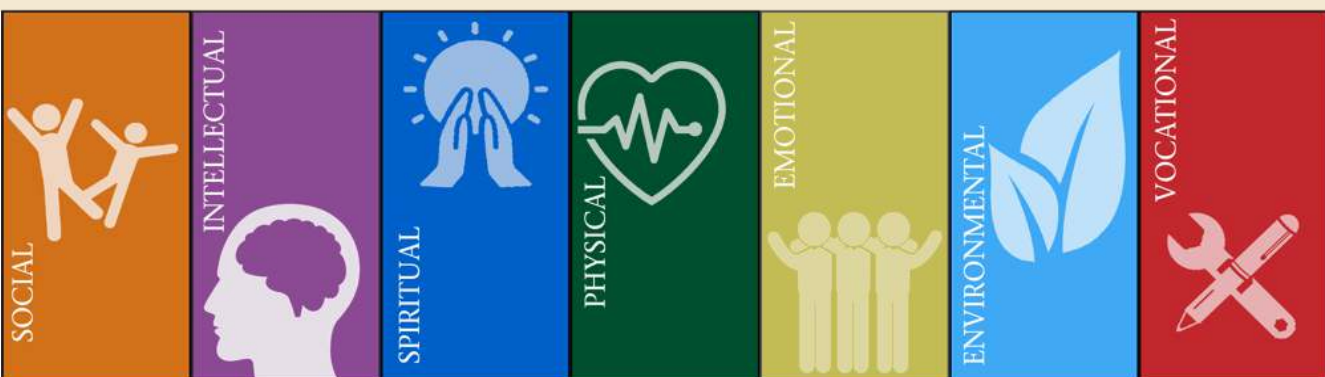
As we continue to navigate the COVID-19 pandemic, we must remain vigilant in our efforts to slow down the virus. To do this, vaccinations are crucial. For individuals that were fully-vaccinated more than 6 months ago, a booster is now available to ensure that our bodies remain able to fight the virus.

Each of our campuses will be hosting booster clinics for residents and co-workers that received the Pfizer or Moderna vaccine. Please contact your Executive Director or Director of Wellness for further details.

Cynthia Avant
Director of Clinical Services

Covid Booster Clinic (Pottsville)

Friday, November 19th
9am – 4pm



*Dimensions
of Wellness*

Resident Birthdays

November

Joyce Torpey
Carol Bernitsky
Joan Brazinsky
Joseph Stokus
Melina Capitanio
Tecla Garbarino

December

Ann Mohrman
Dorothy Schaeffer
Robert Long
Shirley Lerch
Warren Hassinger
1Barbara Higgins

Vera Chisick
Anneliese Hueske
Carol Seitzinger
Anna Mae Callan
Marion Barton
Nancy Kryneck



Providence Place SENIOR LIVING News

Q4: November 2021

A Note from the Executive Director

Fall is finally here! I hear so many comments about how beautiful the weather is, and I must agree.

The autumn festivities are in full swing. Community Life and Dining have adorned the community with new fall decorations. here are more changes coming in décor in our dining rooms also with new menus and activities. Please review the calendar of activities and menus for the upcoming weeks.

We have several new staff who have joined our team. Jean Waitkaitis joined us as Executive Chef/Dining Director, Rebecca Smith as Connections Club Coordinator, Nichole Mullins moved to Connections Activities Coordinator, and Melissa Melnick as Employment Specialist. They are all excited to get started.

We continue to monitor the COVID positivity rates in Schuylkill County and our facility. We have had recent cases of COVID with residents and staff, our thoughts and care goes out to all affected. We continue to follow CDC guidelines and need to be diligent in our prevention measures. Please always wear a mask when visiting and check in at the front desk for Department of Health required screening. If any new information is available, Providence Place will be certain to notify you.

Thankfully,

Tracy Mason, Executive Director

Highlighted Events

- 10 – **Harp Music by Linda**
@ 2pm
- 11 – **Veteran's Day Ceremony & Luncheon** @ 10:30am
- 15 – **EdU Presentation: "Life in Hollywood"** @ 2pm
- 18 – **Art Class with Kim**
@ 3pm
- 24 – **Birthday Celebration** with entertainment by Vic @ 2pm
Connections Club

Welcome New Residents

Helen Reigel
Edward Gleason
Marion Hughes
Betzy Guzick
Paul Hutira
Arlene Mack




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
November 2021	1	2	3	4	5	6	
	9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 TED Talk & Discussion: <i>Attitude of Gratitude</i> (PUB) 3:00 Communion Service (CH) 3:30 Pumpkin Latte Cocktail Hour (PUB) 6:30 Bridge Club (A)	9:00 Election Day Voting** (OOB) 10:00 Color Me Calm (A) 12:00 Election Day Luncheon (A) 2:00 Dining Committee Meeting (DR) 2:30 Card Games: War (2FL) 3:00 Brain Game: Name That Tune (ML) 6:15 Nickel Bingo\$\$ (A)	9:00 Breakfast Club: Southern Breakfast Special (A) 10:00 Lite & Lively Exercise (PUB) 10:30 Worship Service (CH) 2:00 Manicures & Mimosas** (ML) 2:00 Acrylic Paints with Shannon (A) 2:30 Puzzle Club (3F) 3:30 Peanut Butter Lovers Cocktail Hour (PUB) 6:30 Nickel Po-Ke-No\$\$ (A)	9:00 Walking Warriors (ML) 10:00 Color Me Calm (2FL) 10:30 Diner's Caravan: WHEEL Restaurant*** (OOB) 2:00 Craft Corner: Wycinanki Folk Art (A) 3:00 Community Life Planning Committee Meeting (PUB) 3:30 Brain Games: Early American Settlers Trivia (PUB) 6:15 Prize Bingo (A)	9:00 Green Thumbs: Tending to the Plants (1FP) 10:30 Balloon Volleyball (PUB) 10:30 Life Happens Support Group (CH) 1:30 Zumba with Michele (PUB) 2:00 Football Friday Winners Circle (PUB) 3:00 Communion Service (CH) 3:30 Nachos & Beer Cocktail Hour (PUB) 6:15 Nickel Polish Bingo\$\$ (DR)	9:00 Shopping Trip: Walmart*** (OOB) 10:00 Puzzle Club (3F) 1:00 College Football Saturday (2FL) 1:30 Helping Hands: Setting Up Bingo (PUB) 2:00 Nickel Bingo\$\$ (PUB) 3:30 Vagabond Travelers: <i>Iceland</i> (PUB) 6:15 Card Games: War (A)	
Daylight Saving Ends 7	8	9	10	Veteran's Day 11	12	13	
9:30 Live Stream Worship: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & Movie: <i>You've Got Mail</i> (PUB) 1:00 NFL Games: Vikings vs. Ravens (2FL) 2:00 Autumn Country Ride** (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:15 Kings in the Corner (A)	9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 Manicures & Mimosas** (ML) 3:00 Communion Service (CH) 3:30 Almond Joy Martini Cocktail Hour (PUB) 6:30 Bridge Club (A)	9:00 Walking Warriors (ML) 10:30 Guided Meditation & Essential Aromas (2FL) 10:30 Puzzle Club (3F) 11:00 P ² Foodies: Prep for Luncheon (A) 12:00 Souper Luncheon Social (A) 2:00 Brain Games: Name That Tune (ML) 2:30 Color Me Calm (2FL) 3:00 XBOX Bowling (A) 6:15 Nickel Bingo\$\$ (A)	9:00 Color Me Calm (A) 10:30 Worship Service (CH) 2:00 Musical Performance by Harpist Linda Ulmstead (PUB) 2:30 Board Games: Checkers (2FL) 3:30 U.S. Marine Corps Cocktail Hour (PUB) 6:30 Nickel Po-Ke-No\$\$ (A)	10:30 Honoring Our Veterans Ceremony (FL) 12:00 Veteran's Day Luncheon (A) 2:00 Craft Corner: Plaid Painting (A) 3:30 Brain Games: Thanksgiving Hangman (ML) 6:15 Prize Bingo (A)	9:00 Green Thumbs: Tending to the Plants (1FP) 10:30 Life Happens Support Group (CH) 10:30 Keep Kicking Kickball (PUB) 1:30 Zumba with Michele (PUB) 2:00 Board Games: Monopoly (PUB) 3:00 Communion Service (CH) 3:30 Autumn Sangria Cocktail Hour (PUB) 6:15 Nickel Polish Bingo\$\$ (DR)	9:00 Shopping Trip: Fairlane Village Mall*** (OOB) 10:00 Puzzle Club (3F) 1:00 College Football Saturday (2FL) 1:30 Helping Hands: Setting up Bingo (PUB) 2:00 Nickel Bingo\$\$ (PUB) 3:30 Vagabond Travelers: <i>Nova Scotia</i> (PUB) 6:15 Card Games: Pinochle (A)	
14	15	16	17	18	19	20	
9:30 Live Stream Worship: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & Movie: <i>Autumn in New York</i> (PUB) 1:00 NFL Games: Lions Vs. Steelers (2FL) 2:00 Autumn Country Ride** (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:15 Kings in the Corner (A)	9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 Ed-U Presentation by Motivational Speaker, Actress & Author, Carole Mallory <i>Life in Hollywood</i> (PUB) 3:00 Communion Service (CH) 3:30 Guacamole & Margaritas Hora del Cóctel y Fiesta! (PUB) 6:30 Bridge Club (A)	9:00 Walking Warriors (ML) 10:30 Guided Meditation & Essential Aromas (2FL) 10:30 Puzzle Club (3F) 11:00 P ² Foodies: Prep for Luncheon (A) 12:00 Souper Luncheon Social (A) 2:00 Musical Entertainment featuring John Bauer (PUB) 3:30 Brain Games: Finish My Line (ML) 6:15 Nickel Bingo\$\$ (A)	9:00 Breakfast Club: Banana Pecan Waffle (A) 10:30 Worship Service (CH) 2:00 Fireside Chat with E.D. Tracy (PUB) 2:30 Color Me Calm (3FL) 3:00 Wine & Cheese Cocktail Hour (PUB) 6:15 Nickel Po-KE-No\$\$ (A)	9:00 Walking Warriors (ML) 10:00 Board Games: Monopoly (2FL) 10:30 Diners Caravan: Palermo's Pizzeria*** (OOB) 2:00 Drumming with Joe (PUB) 2:30 Card Games: UNO (2FL) 3:30 Craft Corner: Card Making (A) 5:00 Happy November Birthday Celebration (PUB)	9:00 Green Thumbs: Tending to the Plants (1FP) 10:30 Life Happens Support Group (CH) 10:30 Balloon Volleyball (PUB) 1:30 Zumba with Michele (PUB) 2:00 Color Me Calm (3FL) 3:00 Communion Service (CH) 3:30 Rum & Coke Cocktail Hour (PUB) 6:15 Nickel Polish Bingo\$\$ (DR)	9:00 Shopping Trip: Fairlane Village Mall*** (OOB) 10:00 Puzzle Club (3F) 1:00 College Football Saturday (2FL) 1:30 Helping Hands: Setting up Bingo (PUB) 2:00 Nickel Bingo\$\$ (PUB) 3:30 Vagabond Travelers: <i>Greenland</i> (PUB) 6:15 Card Games: Rummy (A)	
21	22	23	24	Thanksgiving 25	26	27	
9:30 Live Stream Worship: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & Movie: <i>Meet Me In St. Louis</i> (PUB) 1:00 NFL Games: Saints vs. Eagles (2FL) 2:00 Autumn Country Ride** (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:15 Kings in the Corner (A)	9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 Manicures & Mimosas (ML) 3:00 Communion Service (CH) 3:30 Cranberry Cocktail Hour (PUB) 6:30 Bridge Club (A)	9:00 Walking Warriors (ML) 10:30 Guided Meditation & Essential Aromas (2FL) 10:30 Puzzle Club (3F) 11:00 P ² Foodies: Prep for Luncheon (A) 12:00 Souper Luncheon Social (A) 2:00 Brain Games: Thanksgiving Trivia (ML) 3:30 XBOX Bowling (A) 6:15 Nickel Bingo \$\$ (A)	9:00 Donuts, Coffee, & Discussion (A) 10:30 Worship Service (CH) 2:00 Tastes of the World: Nordic Flavors (PUB) 2:30 Board Games: Yahtzee (2FL) 3:30 Brain Games: Thanksgiving Word Within a Word (ML) 6:15 Nickel Po-Ke-No\$\$ (A)	9:00 Macy's Thanksgiving Day Parade and Pumpkin Desserts (PUB) 11:45 Thanksgiving Day Meal (DR) 2:00 Puzzle Club (3F) 4:30 NFL Games: Cowboys vs. Raiders (PUB)	9:00 Green Thumbs: Tending to the Plants (1FP) 10:30 Life Happens Support Group (CH) 10:30 Keep Kicking Kickball (PUB) 1:30 Zumba with Michele (PUB) 2:00 Color Me Calm (3FL) 3:00 Communion Service (CH) 3:30 Thanksgiving Leftovers Cocktail Hour (PUB) 6:15 Nickel Polish Bingo \$\$ (DR)	9:30 Helping Hands: Setting Up Bingo (PUB) 10:00 Christmas Door Décor Bingo (PUB) 2:00 One Man Band by John (PUB) 3:30 Vagabond Travelers: <i>Arctic Circle</i> (PUB) 6:15 Card Games: Solitaire (PUB)	
28	29	30	Calendar Key: ** Registration Required \$\$ Cost Involved (A) Activity Room (2FL) 2nd Floor Lounge by Beauty Shop (3FL) 3rd Floor Lounge by Business Office (L) Library (PUB) Pub (DR) Dining Room (CH) Chapel (ML) Main Lobby				
9:30 Live Stream Worship: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & Movie: <i>Sweet Home Alabama</i> (PUB) 1:00 NFL Games: Steelers vs. Bengals (2FL) 2:00 Autumn Country Ride ** (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:15 Kings in the Corner (A)	9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 2:00 Celebration of Life (CH) 3:00 Communion Service (CH) 3:30 Resident Wishes Celebration (PUB) 6:30 Bridge Club (A)	9:00 Walking Warriors (ML) 10:30 Guided Meditation & Essential Aromas (2FL) 10:30 Puzzle Club (3F) 11:00 P ² Foodies: Prep for Luncheon (A) 12:00 Souper Luncheon Social (A) 2:00 Brain Games: Scattergories (ML) 3:30 XBOX Bowling (A) 6:15 Nickel Bingo\$\$ (A)					