

"Tomorrow is the first blank page of a 365-page book.

Write a good one."

• Brad Paisley

2022



Providence Place SENIOR LIVING News

Q1: January 2022



Dimensions
of Wellness

A Note from the Executive Director

Wishing you all a Happy and Healthy New Year. As we continue to face new variants of the COVID virus, we are all working together to put safety first and keep our community a safe environment. We thank you for playing your part by continuing to comply with our masking requirements, sign in process and social distancing during visits. At this time, we continue with our community dining and an active Community Life schedule of events and programs -- we are hopeful that this will not change recognizing what an important role socialization and engagement play in the health and wellness of our residents.

Make sure to check your calendars from Community Life for the upcoming activities and events. Once again, thank you for being a part of our Providence Place family as we head into a fresh new year.

Cheers to a Joyful and Prosperous 2022 for us all!

Best,

Holly Townsend, Executive Director

Highlighted Events

- 11 – **Musical Entertainment**
with David King @ 3pm
- 18 – **Jeopardy Competition** @ 3pm
- 25 – **Seeing Eye Dogs:** Presented by
Franklin County 4H Club @ 2pm

Welcome New Residents

Bette Rosenberry
Dorothy Davis
Frances Kennedy
Arthur "Art" Ott
Patsy Peiffer

Resident Birthdays

January

2 – Robert Willhide
6 – Mary Jane Kauffman
6 – James Funk Jr.
15 – Frances Kennedy
15 – Dorothy Eslinger
20 – Delores Decker
22 – Sandra Myers
23 – Marlin Wagner
23 – Sandra Reed
25 – Dolerene Meyers
26 – Robert Morris
29 – Lucille Barkdoll

February

1 – Bette Rosenberry
3 – Richard Ludwick
4 – Barbara Britt
7 – Margaret Lawson
10 – William Koser
13 – E. Mae Dagenhart
18 – Johanna Spierenburg
18 – Betty Witkosky
18 – Ellen O'Shaughnessy
24 – Doris Liggon
25 – Janet Ervin
28 – Patricia Piper

March

3 – Willa Mae Heiser
7 – Jay Lightfoot
15 – Virginia Stouffer
21 – Virginia Horn
24 – Vivian Reilly
25 – Evelyn Scott




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 9:00 Minnie & Pearl Visit (FL) 9:30 Magazine Kiosks (L) 10:00 Aromatherapy and Nails (2A) 11:00 –12:30 Wine and Dine (DR) 11:00&12:30 Weekly Announcements (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes (C) 6:30 Song and Scripture (Ch.809)	31 9:00 Light & Lively Exercise (3E) 10:00 Circle of Friends with Chaplain Rick (PDR) 1:30 iN2L © Seated Chair Exercise (2A) 2:00 Root Beer Floats (P) 3:00 Get to Know You Neighbors: Table Topics 6:15 Game Club: Sequence (2A)	January 2022	Calendar Key: Pub (P), Café (C), 2nd Floor Activity Room (2A), 3rd Floor Activity Room (3A), 3rd Floor Exercise Room (3E), Front Lobby (FL), Dining Room (DR), Loading Dock (LD), Library (L), Private Dining Room (PDR), Out of Building (OOB), Hallway (HW), Connec- tions Chapel (CC) **Registration Required, \$\$ Cost Involved		1 8:00 Rose Parade Coverage (P) 9:30 House of Café & Current Events (P) 10:00 Stair Stepper Exercise (3E) 1:00 Football Bowl Games with Lorelei(P) 2:00 Horseshoes (3E) 3:00 Card Club: Dealer's Choice (2A) 6:15 Horseshoes (3E) New Year's Day	
2 9:00 Minnie & Pearl Visit (FL) 9:30 Trivia Handouts (L) 10:00 Aromatherapy and Nails (2A) 11:00 –12:30 Wine and Dine (DR) 11:00&12:30 Weekly Announcements (DR) 2:00 Worship Service (2A) 3:00 iN2L: Brain Games (2A) 6:30 Song and Scripture (Ch.809)	3 9:00 Light & Lively Exercise (3E) 10:00 Circle of Friends with Chaplain Rick (PDR) 1:30 iN2L © Seated Chair Exercise (2A) 2:00 Craft Corner: Delicate Carnations for January (C) 3:00 Goal Setting in the New Year (P) 6:15 Card Club: Pinochle (2A)	4 9:00 Light & Lively Exercise (3E) 9:30 Shopping Trip: Walmart **\$(OOB) 10:00 Walk and Roll Walking Club (FL) 1:30 Acrylic Canvas Paintings (C) 2:00 Ed-U: <i>How Gemstones are Formed (2A)</i> 2:30 Ed-U: <i>The Power of the Garnet (2A)</i> 3:00 Jewelry Cleaning Clinic (P) 6:15 Card Club: Rummy (2A)	5 9:00 Balloon Ball Exercise (3E) 9:30 Forever Fit: YMCA **\$(OOB) 10:00 Horseshoes (3E) 1:30 Genesis Workout with Vickie (3E) 2:00 Blood Pressure Clinic (2A) 3:00 Design Club: Holiday Hallway Tear Down (FL) 6:15 Wii Bowling League (3E)	6 9:00 Sit & Be Fit Exercise (3E) 9:00 <i>Grief Share</i> with Chaplain Rick (PDR) 10:00 Dance Class with Jess (FL) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media (C) 2:00 Nickel Bingo \$(2A) 3:00 Mid Week Worship Service (2A) 6:15 Horseshoes (3E)	7 9:00 Light & Lively Exercise (3E) 9:30 Wii Bowling League (3E) 10:00 Breakfast Club ** (C) 1:30 Magazine Kiosk (L) 2:00 January Birthday Celebration (P) 3:00 Social Hour: Garnet Cocktails (P) 6:15 Movie Night: <i>To Catch a Thief (3A)</i>	8 9:00 Light & Lively Exercise (3E) 9:30 House of Café & Current Events (P) 10:00 Horseshoes (3E) 1:30 Stair Stepper Exercise (3E) 2:00 Prize Bingo (2A) 3:00 Game Club: Scrabble (C) 6:15 Game Club: Sequence (2A)
9 9:00 Light & Lively Exercise (3E) 9:30 Magazine Kiosks (L) 10:00 Aromatherapy and Nails (2A) 11:00 –12:30 Wine and Dine (DR) 11:00&12:30 Weekly Announcements (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes (C) 6:30 Song and Scripture (Ch.809)	10 9:00 Light & Lively Exercise (3E) 10:00 Circle of Friends with Chaplain Rick (PDR) 1:30 iN2L © Seated Chair Exercise (2A) 2:00 Ed-U: <i>Elvis Presley Rebirth 2017</i> <i>Documentary of Elvis Presley (2A)</i> 3:00 Birthday Gang Committee Initial Meeting (C) 6:15 Horseshoes (3E)	11 9:00 Light & Lively Exercise (3E) 9:30 Shopping Trip: Kohl's **\$(OOB) 10:00 Prize Bingo (2A) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings (C) 3:00 Musical Entertainment with David King (2A) 6:15 Game Club: Sequence (2A)	12 9:00 Balloon Ball Exercise (3E) 9:30 Forever Fit: YMCA **\$(OOB) 10:00 Dining Committee Meeting (2A) 11:00 Lunch Out: Cracker Barrel **\$(OOB) 1:30 Musical Entertainment with Jessica Snyder (2A) 3:00 Coffee & Conversation (P) 6:15 Card Club: Rummy (2A)	13 9:00 Sit & Be Fit Exercise (3E) 9:00 <i>Grief Share</i> with Chaplain Rick (PDR) 10:00 Living a Day in Haiti with Joiny & Josiane Etienne (2A) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media (C) 2:00 Nickel Bingo \$(2A) 3:00 Mid Week Worship Service (2A) 6:15 Card Club: Pinochle (2A)	14 9:00 Light & Lively Exercise (3E) 10:00 Ed U Wellness: Hearing and Vision Wellness with Jaimie (2A) 10:00 Bible Study with Sharon (PDR) 1:30 Balance & Action (3E) 2:00 Community Life Planning Commit tee Meeting (P) 3:00 Social Hour: Cocktails with "The King" (P) 6:15 Movie Night: <i>Jail House Rock (3A)</i>	15 9:00 Light & Lively Exercise (3E) 9:30 House of Café & Current Events (P) 10:00 Helping Hands: Recycling Club (P) 1:30 Stair Stepper Exercise (3E) 2:00 Nellie Fox Bowling **\$(OOB) 3:00 Horseshoes (3E) 6:15 Blitz with Ruth (2A)
16 9:00 Minnie & Pearl Visit (FL) 9:30 Wacky Wordies Handouts (L) 10:00 Aromatherapy and Nails (2A) 11:00 –12:30 Wine and Dine (DR) 11:00&12:30 Weekly Announcements(DR) 2:00 Worship Service (2A) 3:00 Billiards with Lisa (3E) 6:30 Song and Scripture (Ch.809)	Martin Luther King Day 17 9:00 Light & Lively Exercise (3E) 10:00 Circle of Friends with Chaplain Rick (PDR) 1:30 iN2L: Seated Chair Exercise (2A) 2:00 Ed-U Presentation: <i>How Martin Luther King Jr. Changed the World (2A)</i> 3:00 Trivia with a side of MLK's Favorite Pecan Pie (P) 6:15 Game Club: Sequence (2A)	18 9:00 Light & Lively Exercise (3E) 9:30 Shopping Trip: Giant and/or Dollar Tree **\$(OOB) 10:00 Nickel Bingo \$(2A) 1:30 Acrylic Canvas Paintings (C) 2:00 Co-Worker Vs. Resident Jeopardy Game (2A) 3:00 Coffee & Conversation (P) 6:15 Blitz with Ruth (2A)	19 9:00 Balloon Ball Exercise (3E) 9:30 Forever Fit: YMCA**\$(OOB) 10:00 Ed-U Presentation: <i>A Peak at the Appalachian Mountains by</i> Retired Teacher Terry Neumyer (2A) 12:00 Strictly Vet Luncheon** (C) 2:00 Fireside Chat (2A) 3:00 Social Hour: Wind Down to the Oldies (P) 6:15 Horseshoes (3E)	20 9:00 Sit & Be Fit Exercise (3E) 9:00 <i>Grief Share</i> with Chaplain Rick (PDR) 10:00 Dance Class with Jess (FL) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media (C) 2:00 Men's Club: Snowball Fight! (2A) 3:00 Mid Week Worship Service (2A) 6:15 Card Club: Pinochle (2A)	21 9:00 Light & Lively Exercise (3E) 9:30 Wii Bowling League (3E) 10:00 Caring Card Committee (C) 1:30 Balance & Action (3E) 2:00 Ed-U: Storm of the Century– the Blizzard of '49 (2A) 3:00 Social Hour: Spiked Snow Cones or Not (P) 6:15 Movie Night: <i>Alive (3A)</i>	22 9:00 Light & Lively Exercise (3E) 9:30 House of Café & Current Events (P) 10:00 Wii Bowling League (3E) 1:30 Stair Stepper Exercise (3E) 2:00 Prize Bingo (2A) 3:00 Mexican Train Dominoes (C) 6:15 Card Club: Rummy (2A)
23 9:00 Light & Lively Exercise (3E) 9:30 Puzzling Puzzles Handout (L) 10:00 Aromatherapy and Nails (2A) 11:00 –12:30 Wine and Dine (DR) 11:00&12:30 Weekly Announcements (DR) 2:00 Worship Service (2A) 3:00 Scrabble (C) 6:30 Song and Scripture (Ch.809)	24 9:00 Light & Lively Exercise (3E) 10:00 Circle of Friends with Chaplain Rick (PDR) 1:30 iN2L: Seated Chair Exercise (2A) 2:00 Ed-U Presentation: <i>Core Exhibition</i> <i>Tour of the Holocaust Museum</i> & <i>Learning Center (2A)</i> 3:00 Get to Know Your Neighbors with Truth or Lie Game (P) 6:15 Wii Bowling League (3E)	25 9:00 Light & Lively Exercise (3E) 9:30 Shopping Trip: Target or 5 Below **\$(OOB) 10:00 Horseshoes (3E) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings (C) 2:00 Franklin County 4H Club Presents Seeing Eye Dogs (2A) 3:00 Sipping Tea & Solving Riddles (P) 6:15 Game Club: Sequence (2A)	26 9:00 Balloon Ball Exercise (3E) 9:30 Forever Fit: YMCA **\$(OOB) 10:00 Craft Creation: Recycling Paper Bags into Decorative Snow Flakes (C) 11:00-12:30 Call Bell Cleaning Clinic (DR) 2:00 Card Club: Rummy (2A) 3:00 Creative Crafting with Bobbi: Clay Art (C) 6:15 Blitz with Ruth (2A)	27 9:00 Sit & Be Fit Exercise (3E) 9:00 <i>Grief Share</i> with Chaplain Rick (PDR) 10:00 Dance Class with Jess (FL) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media (C) 2:00 Celebration of Life (2A) 3:00 Mid Week Worship Service (2A) 6:15 Horseshoes (3E)	28 9:00 Light & Lively Exercise (3E) 9:30 Wii Bowling League (3E) 10:00 Bible Study with Sharon (PDR) 10:00 Appreciate & Thank Club Valentines Day Surprises (C) 1:30 Prize Bingo (2A) 3:00 Social Hour: Soft Pretzels and Beer (P) 6:15 Movie Night: <i>Diary of Anne Frank (3A)</i>	29 9:00 Light & Lively Exercise (3E) 9:30 House of Café & Current Events (P) 10:00 Helping Hands: Recycling Club (P) 1:30 Stair Stepper Exercise (3E) 2:00 Nickel Bingo \$(2A) 3:00 Mexican Train Dominoes (C) 6:15 Card Club: Pinochle (2A)