

*"Tomorrow is the first blank page of a 365-page book.*

*Write a good one."*

• Brad Paisley

2022



*Dimensions  
of Wellness*

## *Resident Birthdays*

### *January*

2 – Nevin Schrock  
6 – Sandella Lapps  
8 – Richard Schneible  
19 – Albert Schofield  
22 – Barbara Scully  
26 – Eleanor Quinn  
30 – Kathleen Sherwood

### *February*

3 – Anna Walchonski  
13 – Harry Conaway  
16 – Pat Peeples  
25 – Luigi Balestra  
27 – Barbara Wilson  
27 – Helena Winn  
28 – Mary Balestra

### *March*

1 – Joyce Burkey  
3 – Thomas McCaffrey  
6 – Josephine Adams



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [ProvidenceRetirement@gmail.com](mailto:ProvidenceRetirement@gmail.com).



[www.Providence-Place.com](http://www.Providence-Place.com)



# Providence Place SENIOR LIVING News

Q1: January 2022

## *A Note from the Executive Director*

Wishing you all a Happy & Healthy New Year. As we continue to face new variants of the COVID virus, we are all working together to put safety first and keep our community COVID-free. We thank you for playing your part by continuing to comply with our masking requirements, sign-in process and social distancing during visits.

At this time, we continue with our community dining and an active Community Life schedule of events and programs. We are hopeful that this will not change recognizing what an important role socialization and engagement play in the health and wellness of our residents.

We have been very fortunate to bring in some new members to our team. Please join me in welcoming Tymika Coleman as our Director of Wellness and Donna Fireoved as our Business Office Manager. Please stop in to see them on your next visit.

Cheers to a Joyful and Prosperous New Year for all!

*Francie Hoch*

*Executive Director*

## *Highlighted Events*

- 6 – **Atlantic City Poker Night**  
@ 6:30pm
- 12 – **EdU Presentation: The Many**  
Shades of Sage (Show Dog) @ 1pm
- 20 – **Community Music School Show**  
Bach's Lunch Concert @ 11:30am
- 27 – **EdU Presentation: Life as Miss**  
Wildwood in Hawaii by *Barbara Scully* @ 1pm

## *Welcome New Residents*

Joyce Burkey  
Marion Bush  
Eleanor Quinn  
Inge Blob

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 9:30 Communion (CR) 10:00 Make It Epicurious: Soup (AR) 10:30 Soup-er Soul Sunday: <i>How to Free Yourself of Negative Thoughts</i> (CR) 1:00 Fresh Popcorn & Matinee: <i>Blue Miracle</i> (T) 1:15 Wii Bowling (CR) 2:00 Worship Service (CR) 3:00 Card Club (AR) 6:00 Games & Potluck Snacks (P)	31 9:30 Chair Exercises (CR) 10:00 Nickel Bingo \$\$ (AR) 1:00 Cranium Crunches (P) 2:15 Music & Meditation with Nadine (CR) 3:15 TED Talk: <i>Nature. Beauty. Gratitude.</i> by Louie Schwartzberg, Donuts & Coffee (CR) 4:00 Happy Hour (P) 6:00 Res. Run: Card Games (P)	January 2022	<b>Calendar Key:</b> ** Registration Required \$\$ Cost Involved (AR) Activity Room (CR) Community Room (DR) Dining Room (GR) 2nd Floor Game Room (L) Lobby, (LIB) Library 2nd Floor (T) Theater (OL) Old Lobby (OOB) Out of Building			New Year's Day 1 9:30 Walking Club (L) 10:00 Green Thumbs Club (L) 10:15 Matinee: <i>Home Again</i> (T) 1:00 New Year's Bingo (AR) 3:00 Pinochle Club (AR) 4:00 Shuffle Board (P) 6:15 Community Puzzle (CR) 6:15 Res. Run: Billiards (GR)
2 9:30 Communion (CR) 10:00 Make It Epicurious: Soup (AR) 10:30 Soup-er Soul Sunday: <i>Intuition, Power and Grace</i> (CR) 1:00 Fresh Popcorn & Matinee: <i>A Week Away, A Musical</i> (T) 1:15 Making PP 2021 Time Capsule (AR) 2:00 Open Jam Music Band (CR) 3:00 Card Club (AR) 6:00 Games & Potluck Snacks (P)	3 9:30 Walking Club (L) 10:00 Nickel Bingo \$\$ (AR) 11:00 Woofs of Wisdom by Ellie Mae (AR) 1:00 TED Talk: <i>How Vultures Can Help Solve Crimes</i> by Lauren Pharr, Donuts & Coffee (CR) 2:15 Music & Meditation with Nadine (CR) 3:15 Games, Puzzles & Word Finds (P) 4:00 Shuffle Board (P) 6:00 Res. Run: Card Games (P)	4 9:30 Chair Exercises (AR) 10:15 Grocery Run: Goodwill**\$\$ (OOB) 10:30 Community Puzzle (CR) 1:00 Welcome Ambassadors Cmte (AR) 2:00 Grateful Drumming Session by Joe Ciarvella (CR) 3:30 Afternoon Tea Social (AR) 6:00 Movie: <i>Titanic</i> (T)	5 9:30 Chair Exercises (AR) 10:00 Praying the Rosary by St. Eleanor's Legion of Mary (T) 10:30 Busy Bees Custom Creations with Local Artist, Brenda Gallo (CR) 1:00 Dining Services Committee Mtg (AR) 2:00 Men's Club: Woodburning (P) 3:00 New Year's Resolutions (CR) 6:00 Res. Run: Board Games (P)	6 9:30 Chair Exercises (AR) 10:00 Knitting & Crochet Club (AR) 10:30 Diners Caravan Lunch Out: Ye Olde Ale House**\$\$ (OOB) 10:45 iN2L: Worship Service (CR) 1:00 Community Life Planning Cmte (AR) 2:15 Balance Class with Nadine (CR) 3:30 Giant Crossword Challenge (CR) 4:00 Happy Hour (P) 6:30 Atlantic City Poker Night with Casino Entertainer Kevin Crombie (P)	7 9:30 Chair Exercises (AR) 10:30 Baking It Easy: Hazelnut Meringues (AR) 10:30 Meet & Greet Social with Community Life Director & Chaplain (AR) 1:00 Green Thumbs Club (AR) 2:00 Tech 101: Tablet Support (CR) 3:15 Short Stories & Poetry (LIB) 6:00 Res. Run: Cornhole (P)	8 9:30 Chair Exercises (AR) 10:15 CommUNITY Drive Kickoff: <i>Restocking the Shelves</i> Daily Bread Community Food Pantry Food Drive (L) 10:30 Cards & Coffee (P) 1:00 Bingo in Beads (AR) 2:15 Universal Yums & Trivia (AR) 3:00 Pinochle Club (AR) 4:00 Shuffle Board Happy Hour (P) 6:15 Community Puzzle (CR) 6:15 Res. Run: Billiards (GR)
9 9:30 Communion (CR) 10:00 Make It Epicurious: Soup (AR) 10:30 Soup-er Soul Sunday: <i>How to Maintain Faith When Life Seems Unfair</i> (CR) 1:00 Fresh Popcorn & Matinee: <i>Full Count</i> (T) 1:15 Wii Bowling (CR) 2:00 Worship Service (CR) 3:00 Card Club (AR) 6:00 Games & Potluck Snacks (P)	10 9:30 Chair Exercises (CR) 10:00 Nickel Bingo \$\$ (AR) 1:00 Cranium Crunches (P) 2:15 Music & Meditation with Nadine (CR) 3:15 TED Talk: <i>Photos of a Storm Chaser</i> by Camille Seaman, Donuts & Coffee (CR) 4:00 Happy Hour (P) 6:00 Res. Run: Card Games (P)	11 9:30 Chair Exercises (AR) 10:15 Shopping Trip: Boscov's**\$\$ (OOB) 10:30 Community Puzzle (CR) 1:00 Happy Birthday Committee (AR) 2:00 Tasteful History: All Things Hershey & Dipped in Chocolate Social (AR) 3:30 Circle of Friends (T) 6:00 Movie: <i>Beethoven</i> (T)	12 9:30 Chair Exercises (AR) 10:00 Praying the Rosary by St. Eleanor's Legion of Mary (T) 10:30 Baking It Easy: Zopf Swiss Bread (AR) 1:00 Ed-U Presentation: <i>The Many Shades of Sage the Dog</i> by GoldenSoul Dogs Owner Jenny Cochran (CR) 2:00 Men's Club: Sling Shooting (P) 3:00 Mid-Week Worship Service (CR) 6:00 Res. Run: Board Games (P)	13 9:30 Chair Exercises (AR) 10:00 Knitting & Crochet Club (AR) 10:15 Diners Caravan Lunch Out: Eagleville Tavern**\$\$ (OOB) 1:00 Fireside Chat with Francie, E.D. (AR) 2:15 Balance Class with Nadine (CR) 3:15 iN2L: Songs of the Heart (CR) 4:00 Happy Hour (P) 6:00 Poker Club (P)	14 9:30 Chair Exercises (AR) 10:00 General Store Club (AR) 10:30 Bible Study & Hymn Sing with Chaplain Daniel (CR) 11:30 Ladies Lunch In: Italian Bakery Pizzeria Napoletana**\$\$ (P) 1:00 Green Thumbs Club (AR) 2:00 Pokeno Party (AR) 3:15 Short Stories & Poetry (LIB) 6:00 Res. Run: Cornhole (P)	15 9:30 Chair Exercises (AR) 10:00 Probing Science: Tornado in a Bottle (AR) 10:30 Cards & Coffee (P) 1:00 Bingo in Hats (AR) 2:15 Universal Yums & Trivia (AR) 3:00 Pinochle Club (AR) 4:00 Shuffle Board Happy Hour (P) 6:15 Community Puzzle (CR) 6:15 Res. Run: Billiards (GR)
16 9:30 Communion (CR) 10:00 Make It Epicurious: Soup (AR) 10:30 Soup-er Soul Sunday: <i>When Life Breaks You Open</i> (CR) 1:00 Fresh Popcorn & Matinee: <i>Greater</i> (T) 1:15 Wii Bowling (CR) 2:00 Worship Service (CR) 3:00 Card Club (AR) 6:00 Games & Potluck Snacks (P)	Martin Luther King Day 17 9:30 Chair Exercises (CR) 10:00 Nickel Bingo \$\$ (AR) 11:00 Woofs of Wisdom by Ellie Mae (AR) 1:00 Brain Games (P) 2:15 Music & Meditation with Nadine (CR) 3:15 TED Talk: <i>Unsung Hero of the Civil Rights Movement</i> by Christina Greer, Donuts & Coffee (CR) 4:00 Happy Hour (P) 6:00 Res. Run: Card Games (P)	18 9:30 Chair Exercises (AR) 10:15 Grocery Run: Walmart**\$\$ (OOB) 10:30 Community Puzzle (CR) 1:00 Thankful to You Committee (AR) 2:00 Ed-U Presentation <i>The History of Folk Music</i> by Award Winning Musician, Jay Smar (CR) 3:30 Circle of Friends (T) 6:00 Movie: <i>My Girl</i> (T)	19 9:30 Chair Exercises (AR) 10:00 Praying the Rosary by St. Eleanor's Legion of Mary (T) 10:30 Baking It Easy: Lemon Blueberry Bars (AR) 1:00 Legacy Crafts: Friends or Family (AR) 2:00 Ed-U Wellness: <i>Hearing &amp; Vision Health</i> by Ty, DOW (CR) 3:00 Mid-Week Worship Service (CR) 6:00 Res. Run: Board Games (P)	20 9:30 Chair Exercises (AR) 10:00 Knitting & Crochet Club (AR) 10:15 iN2L: Armchair Travels (CR) 11:30 Community Music School <i>Bach's Lunch Concert</i> featuring Student Brad Rau on Classical Guitar** (OOB) 1:00 iN2L: Songs of the Heart (CR) 2:15 Balance Class with Nadine (CR) 3:30 Celebration of Life Service (T)	21 9:30 Chair Exercises (AR) 10:00 Crafting: Jewelry Art (AR) 10:30 Bible Study & Hymn Sing with Chaplain Daniel (CR) 1:00 Green Thumbs Club (AR) 2:00 Welcoming New Residents Mixer (P) 3:00 Short Stories & Poetry (LIB) 4:00 Musical Entertainment featuring Live Pianist Jerry Trecroce (P) 6:00 Res. Run: Cornhole (P)	22 9:30 Chair Exercises (AR) 10:00 Probing Science: Rainbow in a Glass (AR) 10:30 Cards & Coffee (P) 1:00 Bingo in Funny Glasses (AR) 2:15 Universal Yums & Trivia (AR) 3:00 Pinochle Club (AR) 4:00 Shuffle Board Happy Hour (P) 6:15 Community Puzzle (CR) 6:15 Res. Run: Billiards (GR)
23 9:30 Communion (CR) 10:00 Make It Epicurious: Soup (AR) 10:30 Soup-er Soul Sunday: <i>Dr. B.J. Miller on the Moment After We Die - There is a Lingering</i> (CR) 1:00 Fresh Popcorn & Matinee: <i>Penguin Bloom</i> (T) 1:15 Wii Bowling (CR) 2:00 Worship Service (CR) 3:00 Card Club (AR) 6:00 Games & Potluck Snacks (P)	24 9:30 Chair Exercises (CR) 10:00 Nickel Bingo \$\$ (AR) 1:00 Cranium Crunches (P) 2:15 Music & Meditation with Nadine (CR) 3:15 TED Talk: <i>Let's End Ageism</i> by Ashton Applewhite, Donuts & Coffee (CR) 4:00 Happy Hour (P) 6:00 Res. Run: Card Games (P)	25 9:30 Chair Exercises (AR) 10:15 Shopping Trip: Target**\$\$ (OOB) 10:30 Community Puzzle (CR) 1:00 Sunshine Committee (AR) 2:00 Meet & Greet Mixer with Providence Place Mgmt. Team (P) 3:30 Circle of Friends (T) 6:00 Movie: <i>Stepmom</i> (T)	26 9:30 Chair Exercises (AR) 10:00 Praying the Rosary by St. Eleanor's Legion of Mary (T) 10:30 Baking It Easy: Three Ingredient Butter Cookies (AR) 1:00 Chef's Demo by Chef Chad (AR) 2:00 Men's Club: Donut Holes & Holes in One Golf (P) 3:00 Mid-Week Worship Service (CR) 6:00 Res. Run: Board Games (P)	27 9:30 Chair Exercises (AR) 10:00 Knitting & Crochet Club (AR) 10:15 iN2L: Google Earth (AR) 11:00 Green Thumbs Club (AR) 1:00 Ed-U Presentation <i>Life as Miss Wildwood in Hawaii</i> by Resident Barbara Scully (CR) 2:15 Balance Class with Nadine (CR) 3:00 ProvPlace Trade & Antique Show (AR) 6:00 Happy January Birthday Hawaiian Happy Hour (P)	28 9:30 Chair Exercises (AR) 10:00 Helping Hands: Packing Up Food (P) 10:30 Bible Study & Hymn Sing with Chaplain Daniel (CR) 11:30 Men's Lunch In: Italian Bakery Pizzeria Napoletana**\$\$ (P) 1:00 Ed-U Wellness <i>Laughter as the Best Medicine</i> by Bayada Home Health & Rehab (CR) 2:00 CommUNITY Support: Weigh-In of Donations & Delivery Daily Bread** (OOB) 6:00 Res. Run: Cornhole (P)	29 9:30 Chair Exercises (AR) 10:00 Probing Science: Pasta Rocket (AR) 10:30 Cards & Coffee (P) 1:00 Bingo in Colorful Scarves (AR) 2:15 Universal Yums & Trivia (AR) 3:00 Pinochle Club (AR) 4:00 Shuffle Board Happy Hour (P) 6:15 Community Puzzle (CR) 6:15 Res. Run: Billiards (GR)