

*"Tomorrow is the first blank page of a 365-page book.*

*Write a good one."*

• Brad Paisley

2022



# Providence Place SENIOR LIVING News

Q1: January 2022

## A Note from the Executive Director

Wishing you all a Happy and Healthy New Year. As we continue to face new variants of the COVID virus, we are all working together to put safety first and keep our community a safe environment. We thank you for playing your part by continuing to comply with our masking requirements, sign-in process and social distancing during visits. At this time, we continue with our community dining and an active Community Life schedule of events and programs -- we are hopeful that this will not change recognizing what an important role socialization and engagement play in the health and wellness of our residents.

Make sure to check your calendars from Community Life for the upcoming activities and events. Once again, thank you for your understanding and patience during our ongoing carpet replacement.

Cheers to a Joyful and Prosperous New Year for us all!

Best,

*Howard Holben*

*Executive Director*

## Highlighted Events

- 4 – **Stroll Down Memory Lane**  
with Budd Lookingbill @ 2pm
- 7 – **Manchester Café Lunch Outing**  
@ 11am  
*Connections & Connections Club*
- 11 – **Gentlemen's Stress & Tension Release** @ 3pm
- 12 – **Ladies' Tea** @ 1:30pm  
*Connections & Connections Club*
- 13 – **Winter Social Hour** @ 2pm
- 17 – **Martin Luther King Day**
- 24 – **Monday Matinee**  
Roman Holiday @ 1:30pm  
*Connections & Connections Club*
- 27 – **Black Tie Gala** @ 11am

## Welcome New Residents

Glenn Krysher  
Ron Toomey  
Dale Landis  
Ruth Weaver  
Millie Byerts



*Dimensions  
of Wellness*

## Resident Birthdays

### January

2 – Loretta Deller  
5 – Fred Harbold  
8 – Verna Peterson  
8 – Ronald Reigle  
13 – Lois Knold  
14 – Mary Sloan  
23 – Faith Smith  
25 – Edith Shroyer  
29 – Delores Beshore

### February

3 – Anna Mae Meyers  
6 – Bob Dovey  
7 – Glenn Krysher  
7 – Lucille Long  
10 – Joan Schanck  
11 – Joan Rauhauser  
12 – Velma Dellinger  
13 – Dona Grimm  
15 – Gloria Witmer  
19 – Dolores Griffin  
20 – Mary Carolyn Marsh  
21 – Leroy Crone  
26 – Carolyn Rishel  
27 – Katie Haas

### March

1 – Irene Zinn  
4 – Mary Haver  
4 – Gaye Shields  
4 – Barry Grimm  
7 – Ruth Weaver  
8 – Sarah Senft  
11 – Barbara Densel  
17 – Patricia White  
18 – James Detzel  
20 – Michael Krout  
20 – Mary Ward  
23 – James Strongin  
24 – Faye Breeden  
24 – Sally Kursar



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [ProvidenceRetirement@gmail.com](mailto:ProvidenceRetirement@gmail.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 9:30 Daily Reading & Hot Beverages (P) 9:45 Song & Scripture (P) 10:20 Five Minutes of Exercise (P) 10:30 Menu Review & Joke of the Day (P) 1:15 Who Am I ? (P) 2:00 Movie & Theatre Treats (AR) 3:00 Church Service (CR) 6:00 Socialize in the Lobby (LB)	31 9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:15 Themed Trivia (CR/H) 10:30 Menu Review (CR/CH) 1:00 Catholic Communion (CR/CH) 1:30 Bingo & Balloon Volleyball with Friends followed by Mocktails Social Hour (CN) 2:30 Manicures & Hand Massages (FR) 3:00 Afternoon Exercise (CR/CH)	January 2022	<b>Calendar Key:</b> ** Registration Required \$\$ Cost Involved (AR) Activities Room (FR) Fitness Room (CR) Community Room (LB) Lobby (CN) Connections Neighborhood (OOB) Out Of Building	THE Club	New Year's Day 1 9:30 Daily Reading (CR/CH) 9:45 Morning Stretch (CR/CH) 10:00 Donut Mind if I Do & Coffee (AR) 1:15 Helping Hands; Social Prep (AR) 2:30 The Nutcracker (CR) 3:30 Menu Review (CR/CH) 6:00 Socialize in the Lobby (LB)	
2 9:30 Daily Reading & Hot Beverages (P) 9:45 Song & Scripture (P) 10:20 Five Minutes of Exercise (P) 10:30 Menu Review & Joke of the Day (P) 2:00 Mocktails & I Love Lucy (AR) 3:00 Church Service (CR/CH) 6:00 Socialize in the Lobby (LB)	3 9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:15 Themed Trivia (CR/H) 10:30 Menu Review (CR/CH) 1:00 Catholic Communion (CR/CH) 1:30 Bingo & Balloon Volleyball with Friends followed by Mocktails Social Hour (CN) 2:30 Manicures & Hand Massages (FR) 3:00 Afternoon Exercise (CR/CH)	4 9:30 Exercise with Adam (AR) 10:00 Grief Share with Chaplain (CR/CH) 10:00 Daily Reading (AR) 10:15 Who AM I ? (AR) 10:30 Menu Review (AR) 1:00 Prayer & Praise Worship (CR/CH) 1:00 Coloring to the Classics (AR) 2:00 Educational Presentation: History of Budd Lookingbil (AR) 3:00 Themed Trivia (AR)	5 9:30 Daily Reading (CR/CH) 9:45 Working with Words (CR/CH) 10:00 Exercise Routine (CR/CH) 10:30 Menu Review (CR/CH) 1:30 Piano Music by Justin (P) 2:30 Yellow Bingo (AR) 3:00 Hydration & Humor (P) 3:30 Menu Review (P) 6:00 Socialize in the Lobby (LB)	6 9:30 Exercise with Adam (AR) 9:30 Exercise & Memory Magic with Friends (CN) 10:00 Culinary Creation: Simple Trail Mix (AR) 10:15 Around the World on IN2L (AR) 10:30 Menu Review (AR) 1:15 Staff Snack Station (P) 1:30 Culinary Creations with Friends (CN) 2:00 Music with Dan Martin (P)	7 9:30 Daily Reading (CR/CH) 9:45 Friday Fact of the Day & Discussion (CR/CH) 10:15 Fitness Dice (CR/CH) 10:30 Menu Review (CR/CH) 11:00 Lunch to Manchester Café with Friends (OOB) & \$\$ 1:15 Junk Drawer Detective (CR/CH) 2:30 Create & Design: Canvas Painting with Bob Ross & IN2L (AR)	8 9:30 Daily Reading (CR/CH) 9:45 Morning Stretch (CR/CH) 10:00 Donut Mind if I Do & Coffee (AR) 1:15 Themed Trivia (P) 2:30 Social Hour; Root Beer Floats (P) 3:30 Menu Review (P) 6:00 Socialize in the Lobby (LB)
9 9:30 Daily Reading & Hot Beverages (P) 9:45 Song & Scripture (P) 10:20 Five Minutes of Exercise (P) 10:30 Menu Review & Joke of the Day (P) 2:00 Popcorn & Movie (AR) 3:00 Church Service (CR/CH) 6:00 Socialize in the Lobby (LB)	10 9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:15 Themed Trivia (CR/H) 10:30 Menu Review (CR/CH) 1:00 Catholic Communion (CR/CH) 1:30 Bingo & Balloon Volleyball with Friends followed by Mocktails Social Hour (CN) 2:30 Manicures & hand Massages (FR) 3:30 Menu Review (CR/CH)	11 9:30 Exercise with Adam (AR) 10:00 Grief Share with Chaplain (CR/CH) 10:00 Daily Reading (AR) 10:15 Finish the Phrase (AR) 10:30 Menu Review (AR) 1:00 Prayer & Praise Worship (CR/CH) 1:00 Themed Trivia (P) 1:30 Music with Joe Crispell (P) 3:00 Table top Game (P) 3:30 Socialize in the Lobby (LB)	12 9:30 Daily Reading (CR/CH) 9:45 Working with Words (CR/CH) 10:00 Exercise Routine (CR/CH) 10:30 Menu Review (CR/CH) 12:00 January Birthday Luncheon (AR) 1:30 Education Talk : Two Unique Brothers 1:30 Ladies Tea with Friends (CN) 2:30 Prize Bingo with IN2L (AR) 3:00 Hydration & Humor (P) 3:30 Menu Review (P)	13 9:30 Exercise with Adam (AR) 9:30 Exercise & Memory Magic with Friends (CN) 10:00 Culinary Creation: Banana Bites Dipped in Chocolate (AR) 10:20 Word game with IN2L (AR) 10:30 Menu Review (AR) 1:15 Staff Snack Station (P) 1:30 Culinary Creations with Friends (CN) 2:30 A Golden Social Hour (P)	14 9:30 Daily Reading (CR/CH) 10:00 Chefs Demonstration (AR) 10:30 Menu Review (CR/CH) 12:00 Gentlemen's Western Themed Luncheon (P) 1:15 Junk Drawer Detective (CR/CH) 2:30 Culinary Creation; Homemade French Onion Soup (AR) 6:00 Socialize in the Lobby (LB)	15 9:30 Daily Reading (CR/CH) 9:45 Morning Stretch (CR/CH) 10:00 Donut Mind if I Do & Coffee (AR) 1:15 Themed Trivia (P) 2:00 Music with Tom & Randi (P) 3:30 Menu Review (P) 6:00 Socialize in the Lobby (LB)
16 9:30 Daily Reading & Hot Beverages (P) 9:45 Song & Scripture (P) 10:20 Five Minutes of Exercise (P) 10:30 Menu Review & Joke of the Day (P) 2:00 Circus Act & Charcuterie Board (AR) 3:00 Church Service (CR/CH) 6:00 Socialize in the Lobby (LB)	Martin Luther King Day 17 9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:15 Themed Trivia (CR/H) 10:30 Menu Review (CR/CH) 1:00 Catholic Communion (CR/CH) 1:30 Bingo & Balloon Volleyball with Friends followed by Mocktails Social Hour (CN) 2:30 Manicures & Hand Massages (FR) 3:30 Menu Review (CR/CH)	18 9:30 Exercise with Adam (AR) 10:00 Grief Share with Chaplain (CR/CH) 10:00 Daily Reading (AR) 10:15 Read Round the Table (AR) 10:30 Menu Review (AR) 1:00 Prayer & Praise Worship (CR/CH) 1:30 Music with Joe Crispell (P) 2:30 Prize Bingo (AR) 3:00 Table top Game (P) 3:30 Socialize in the Lobby (LB)	19 9:30 Daily Reading (CR/CH) 9:45 Working with Words (CR/CH) 10:00 Exercise Routine (CR/CH) 10:30 Menu Review (CR/CH) 1:30 Piano Music by Justin (P) 2:30 Ed- Presentation: Militaria Cody Mccauley (AR) 3:00 Hydration & Humor (P) 3:30 Menu Review (P) 6:00 Socialize in the Lobby (LB)	20 9:30 Exercise with Adam (AR) 9:30 Exercise & Memory Magic with Friends (CN) 10:00 Culinary Creation: Graham Cracker Surprise (AR) 10:00 Lunch Outing to Shady Maple (OOB & \$\$) 10:20 Language Learning with IN2L (AR) 10:30 Menu Review (AR) 1:15 Staff Snack Station (P)	21 9:30 Daily Reading (CR/CH) 10:00 Chefs Pairing (AR) 10:30 Menu Review (CR/CH) 12:00 Ladies Luncheon (P) 1:00 Junk Drawer Detective (CR/CH) 2:00 Music with Tom Shultz (AR) 3:00 Create & Design: DIY Sparkles with Joy (AR) 3:30 Menu Review (AR) 6:00 Socialize in the Lobby (LB)	22 9:30 Daily Reading (CR/CH) 9:45 Morning Stretch (CR/CH) 10:00 Donut Mind if I Do & Coffee (AR) 1:15 Themed Trivia (P) 2:30 Social Hour; Frozen Hot Chocolate (P) 3:30 Menu Review (P) 6:00 Socialize in the Lobby (LB)
23 9:30 Daily Reading & Hot Beverages (P) 9:45 Song & Scripture (P) 10:20 Five Minutes of Exercise (P) 10:30 Menu Review & Joke of the Day (P) 2:00 Comedy Show & Pop (AR) 3:00 Church Service (CR/CH) 6:00 Socialize in the Lobby (LB)	24 9:30 Daily Reading (CR/CH) 9:45 Card Crunch Fitness (CR/CH) 10:15 Themed Trivia (CR/H) 10:30 Menu Review (CR/CH) 1:00 Catholic Communion (CR/CH) 1:30 Monday Matinee: Roman Holiday Starring Gregory Peck & Audrey Hepburn 2:30 Manicures & Hand Massages (FR) 3:00 Afternoon Exercise (CR/CH) 3:30 Menu Review (CR/CH) 6:00 Socialize in the Lobby (LB)	25 9:30 Daily Reading (CR/CH) 10:00 Grief Share with Chaplain (CR/CH) 10:00 Daily Reading (AR) 10:15 Memories in the Making (CR/CH) 10:30 Menu Review (CR/CH) 1:00 Prayer & Praise Worship (CR/CH) 1:30 Create & Design: Valentines Cards 3:00 Table top Game (P) 3:30 Socialize in the Lobby (LB)	26 9:30 Daily Reading (CR/CH) 9:45 Working with Words (CR/CH) 10:00 Exercise Routine (CR/CH) 10:30 Menu Review (CR/CH) 1:30 Create & Design: Crafting with Connection Friends (CN) 2:30 Bingo Blast (AR) 3:00 Hydration & Humor (P) 3:30 Menu Review (P) 6:00 Socialize in the Lobby (LB)	27 9:30 Exercise with Adam (AR) 9:30 Exercise & Memory Magic with Friends (CN) 10:00 Culinary Creation: Vegetable Pizza Bites (AR) 10:20 Club Choice on IN2L (AR) 10:30 Menu Review (AR) 11:00 Special Event; Black Tie Gala (DR & P) 1:15 Staff Snack Station (P) 1:30 Culinary Creations with Friends (CN)	28 9:30 Daily Reading (CR/CH) 9:45 Friday Fact of the Day & Discussion (CR/CH) 10:15 Fitness Dice (CR/CH) 10:30 Menu Review (CR/CH) 1:15 Junk Drawer Detective (CR/CH) 2:00 Culinary Creation: Homemade Pizza Bagels (AR) 2:30 Afternoon Fitness (CR/CH) 6:00 Socialize in the Lobby (LB)	29 9:30 Daily Reading (CR/CH) 9:45 Morning Stretch (CR/CH) 10:00 Donut Mind if I Do & Coffee (AR) 1:15 Themed Trivia (P) 2:30 Social Hour; Banana Splits (P) 3:30 Menu Review (P) 6:00 Socialize in the Lobby (LB)