

"Tomorrow is the first blank page of a 365-page book.

Write a good one."

- Brad Paisley

2022



Providence Place SENIOR LIVING News

Q1: January 2022

A Note from the Executive Director

Happy New Year! 2022 is going to be a new year with a fresh start.

COVID has affected many of our lives again this past year. Our Drums campus was fortunate to have only a few cases and everyone is healthy. We all had some great holiday celebrations. It was a joy to watch our residents and coworkers gathering together with happiness.

As I reflect on 2021, I am going to focus on better things ahead and not forget the memories we created. I would like to thank all of our coworkers who worked through the pandemic to be sure our residents were cared for, safe, and happy.

Special thanks to all of our residents and families who brought in cookies and homemade treats over the holidays. My New Year's wish for all is peace, happiness, and good health.

Kim Perchak

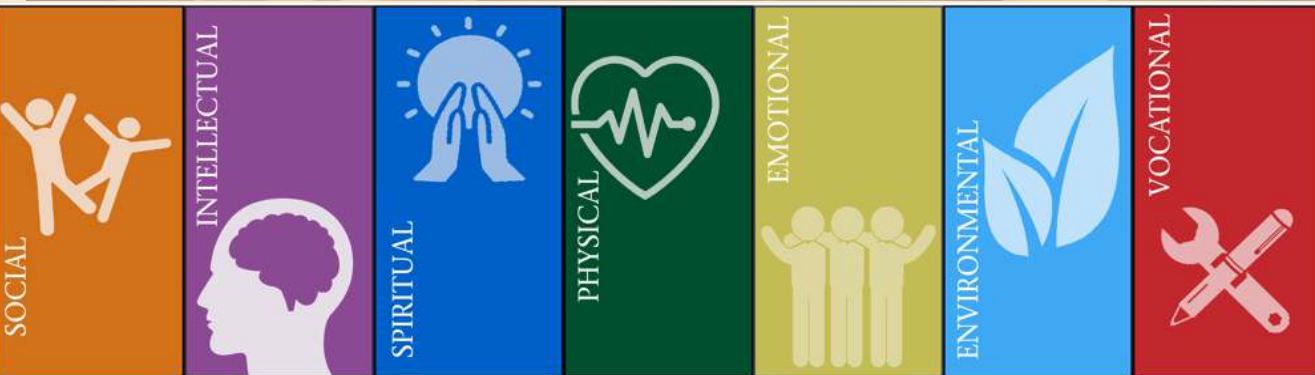
Executive Director

Highlighted Events

- 5 - **Twelfth Night Movie**
@ 1:30pm - *Connections Club*
- 6 - **EdU Presentation: Animals of NEPA** with Carbon County Environmental Center @ 2:30pm
- 8 - **Celebrate Elvis!** Super Social with Lori & James Duet @ 2pm
- 11 - **EdU Presentation: SpaceX Program** @ 2pm
- 12 - **SNOWFEST** @ 2pm
Connections Club
- 19 - **Musical Entertainment by Glenn Faul** @ 2:30pm
- 23 - **National Pie Day Social**
@ 2:30pm
- 25 - **Vesuvio's Pizza Lunch Outing**
@ 11am *Connections & Connections Club*

Welcome New Residents

Beverly Bradish
Violet Nicholas
Sandra Seymour



*Dimensions
of Wellness*

Resident Birthdays

January

6 - Francis Blahoski
7 - Bessie Blazeovich
8 - Letty Senger
10 - Rose Marie Gorski
13 - Linda Benson
14 - Joan Moff
15 - Rodney George
16 - Dolores Zukowski
16 - Martha Barletta
16 - Margaret Gallagher

February

18 - Dolores Casserella
18 - Dolores Cocco
20 - Martha Stark
22 - Catherine Costa
25 - James McNelis
29 - Doris Kavitski

March

3 - Dorothy Snear
5 - Merida Gallagher
14 - Mary Konschnik
15 - Elizabeth Gatti
15 - Leo Humenick
20 - John Ortiz
21 - Joan Gunzerath
27 - Conrad Amend
28 - Elizabeth Williams



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 9:00 TV Catholic Mass (3rd) 10:00 Companion K-9 Visits With Therapy Alliance (1st) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service (Ch) 2:45 Bingo (3rd) 4:00 iN2L: Snowflake Science (3rd) 6:30 Knit & Crochet Club (3rd)	31 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 Food For Thought: Pomegranates (C) 1:30 Circle of Life (SR) 2:00 Cooking Club: Cranberry Pomegranate Bruschetta (C) 2:30 Sunshine Committee (3rd) 3:30 X-Box Bowling (2nd) 6:30 Pinochle Players Club (3rd)	January 2022	Calendar Key: ** Registration Required \$\$ Cost Involved (OOB) Out of Building, (FP) Front Porch, (SR) Sunroom, (DR) Dining Room, (Ch) Chapel, (1st) First Floor, (2nd) Second Floor, (3rd) Third Floor, (ML) Meet in Lobby, Café (C)			1 9:30 Pedal Exercise (2nd) 10:00 Rosary (Ch) 10:30 What's New in 2022? (3rd) 11:00-1:00 New Year's Celebration (DR) 1:45 iN2L: New Year's Folklore, Facts & Traditions (3rd) 2:30 Scavenger Hunt (3rd) 3:30 "Good Luck" Foods Around the World (3rd) 6:30 Uno (1st) New Year's Day
2 9:00 TV Catholic Mass (3rd) 10:00 Companion K-9 Visits With Therapy Alliance (1st) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service (Ch) 2:45 Bingo (3rd) 4:00 iN2L: Pennsylvania Winter Berries (3rd) 6:30 Knit & Crochet Club (3rd)	3 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 Resident Birthday Committee Mtg. (3rd) 1:30 Circle of Life (SR) 2:30 Today in History (3rd) 3:30 X-Box Bowling (2nd) 4:00 Cocktails & Charades (1st) 6:30 Pinochle Players Club (3rd)	4 9:30 Breakfast Caravan: John's Family Restaurant*** (OOB) 10:00 Stretch Exercise (2nd) 10:30 Holistic Wellness Aromatherapy (2nd) 1:30 Focus on Health: Blood Pressure Checks (3rd) 2:30 Community Outreach: Kickoff to Pet Needs Drive For Hazleton Animal Shelter (3rd) 4:00 Oldies Singalong (1st) 6:30 Scrabble (1st)	5 9:30 Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Craft Club: DIY Snowflake Clings (3rd) 1:30 Holiday Celebration Planning Cmte. (3rd) 2:30 Ed-U Wellness Presentation: "Low Vision Activities" By Lori Lesante Of Community Services for Sight (3rd) 3:30 Winter Word Search Challenge (1st) 6:30 Dominoes (1st)	6 9:30 Balance in Action Exercise (2nd) 10:00 Mass with Father Mike (DR) 10:30 Finish the Lyrics (3rd) 1:30 Cooking Club: Mexican Hot Chocolate (C) 2:30 Ed-U Live Presentation: Animals of NEPA by Carbon County Environmental Education Center (1st) 3:30 TED Talk & Discussion: How To Make Better Choices (3rd) 6:30 Pinochle Players Club (3rd)	7 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study by Bayada Hospice (Ch) 10:30 Art Exploration: Ice Art: Ice Chalk Pictures (3rd) 1:30 Welcome Ambassador Cmte. Meeting (3rd) 2:30 Dessert & Discussion with Chef Jack (C) 3:30 Dealing with Loss Support Group (SR) 6:30 Boggle (1st)	8 9:30 Pedal Exercise (2nd) 10:00 Rosary (Ch) 10:30 Famous Birthdays: Elvis Presley (3rd) 1:30 Elvis Trivia (1st) 2:00 Musical Elvis Tribute Super Social: With Lori & James Duet (DR) 3:15 Community Life Planning Meeting (3rd) 6:30 Matinee: Viva Las Vegas (2nd)
9 9:00 TV Catholic Mass (3rd) 10:00 Companion K-9 Visits With Therapy Alliance (1st) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Hymn Sing (Ch) 2:45 Bingo (3rd) 4:00 iN2L: Winter in the Poconos (3rd) 6:30 Knit & Crochet Club (3rd)	10 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 Ed-U Wellness Trip: Northeast Hearing Solutions: "Hearing Aid Maintenance & Education" With Nevin Balliet, BC-HIS** (OOB) 1:30 Circle of Life (SR) 2:30 Chef's Pairings with Chef Jack (DR) 3:30 Sudoku Challenge (1st) 6:30 Pinochle Players Club (3rd)	11 9:30 Shopping Trip: Walmart*** (OOB) 10:00 Stretch Exercise (2nd) 10:30 Holistic Wellness Aromatherapy (2nd) 1:15 Interactive Music Class with Cynthia (2nd) 2:00 Ed-U Presentation: "Rendezvous in Space: SpaceX Program": By Night Wonders of Astronomy (3rd) 3:30 Thankful Club (3rd) 6:30 Scrabble (1st)	12 9:30 Men's Club Outing: Dunkin Donuts*** (OOB) 10:00 Rosary (Ch) 10:30 Sit & Be Fit Exercise (2nd) 1:30 Bible Study By Deacon Bob Roman (C) 2:00 TED Talk & Discussion: How To Make Stress Your Friend (3rd) 2:45 Bingo (3rd) 4:00 January Birthday Celebration Dinner (DR) 6:30 Dominoes (1st)	13 9:30 Balance in Action Exercise (2nd) 10:00 Saint of the Day: St. Hilary of Poitiers (C) 10:30 Craft Club: Winter Greens Snow Globes (3rd) 1:30 X-Box Bowling (2nd) 2:30 Celebration of Life Service (Ch) 3:30 Cocktail Hour: Manhattans & Movie Trivia (1st) 6:30 Pinochle Players Club (3rd)	14 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study by Bayada Hospice (Ch) 10:30 Art Exploration: Ice Art: Ice Wreaths (3rd) 1:30 Soul Club: Chicken Soup for the Soul (3rd) 2:00 Drum To Your Own Beat Drumming Class with Joe Ciarvella (2nd) 3:00 New Resident Java Mixer (1st) 3:30 Dealing with Loss Support Group (SR) 6:30 Boggle (1st)	15 9:30 Pedal Exercise (2nd) 10:00 Rosary (Ch) 10:30 Cooking Club: Smoked Salmon Dip with Veggies (C) 1:45 iN2L: Classic TV Commercials (3rd) 2:30 Matinee: The Bucket List (2nd) 3:30 Finish the Phrase (1st) 6:30 Uno (1st)
16 9:00 TV Catholic Mass (3rd) 10:00 Companion K-9 Visits With Therapy Alliance (1st) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Prayer Service (Ch) 2:45 Bingo (3rd) 4:00 iN2L: Travel: Top Winter Destinations (3rd) 6:30 Knit & Crochet Club (3rd)	17 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 Book Club: Stride Toward Freedom (2nd) 1:30 Circle of Life (SR) 2:30 iN2L: Dr. Martin Luther King Jr. Memorial (3rd) 3:30 Name That Tune (3rd) 6:30 Pinochle Players Club (3rd) Martin Luther King Day	18 9:30 Shopping Trip: Dollar Tree*** (OOB) 10:00 Stretch Exercise (2nd) 10:30 Holistic Wellness Aromatherapy (2nd) 1:30 Local History: Stockton Mine Disaster of 1869 (3rd) 2:30 Dining Service Committee Meeting (3rd) 3:30 Cooking Club: Cherry Bars (C) 6:30 Scrabble (1st)	19 9:30 Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Diner's Lunch Caravan: Pie-O-Near Pizza Place*** (OOB) 1:30 Manicures & Mocktails (3rd) 2:30 Musical Entertainment by Glenn Faul (DR) 3:30 Holiday Celebration Planning Cmte. (3rd) 6:30 Dominoes (1st)	20 9:30 Daily Prayer & Meditation (Ch) 10:00 Balance in Action Exercise By Genesis (2nd) 10:30 Craft Club: Mug Art (3rd) 1:30 Ed-U Presentation: "Family Life in Our Coal Region" By Mark Riccetti Of Luzerne County Historical Society (3rd) 2:45 Bingo (3rd) 3:30 Winter Crossword Challenge (1st) 6:30 Pinochle Players Club (3rd)	21 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study by Bayada Hospice (Ch) 10:30 Art Exploration: Ice Art: Ice & Salt Watercolors (3rd) 1:30 TED Talk & Discussion: The Power of Passion (3rd) 2:30 January Birthday Sundaes Social Hosted by Resident Birthday Cmte. (3rd) 3:30 Dealing with Loss Support Group (SR) 6:30 Boggle (1st)	22 9:30 Pedal Exercise (2nd) 10:00 Rosary (Ch) 10:30 Helping Hands Club: Make Peanut Butter Pet Treats For Hazleton Animal Shelter (C) 1:45 iN2L: History of the Snow Angel (3rd) 2:30 Matinee: Going My Way (2nd) 3:30 Karaoke Singalong (1st) 7:00 Westminster Kennel Club Dog Show On TV (3rd)
23 9:00 TV Catholic Mass (3rd) 10:00 Companion K-9 Visits With Therapy Alliance (1st) 10:30 Chair Zumba with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:30 Hymn Sing (Ch) 2:30 National Pie Day Social: Featuring Lemon Meringue Pie (3rd) 4:00 iN2L: PA Winter Birds (3rd) 6:30 Knit & Crochet Club (3rd)	24 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:30 Famous Birthdays Spotlight: Neil Diamond (3rd) 1:30 Circle of Life (SR) 2:45 Bingo (3rd) 3:30 Technology Committee (2nd) 6:30 Pinochle Players Club (3rd)	25 9:30 Retail Shopping: Boscov's*** (OOB) 10:00 Stretch Exercise (2nd) 10:30 Holistic Wellness Aromatherapy (2nd) 1:45 Interactive Music Class with Cynthia (2nd) 3:00 Fireside Chat (1st) 3:30 iN2L Tours: Yuengling Brewery (3rd) 6:30 Scrabble (1st)	26 9:30 Rosary (Ch) 10:00 Ed-U Presentation: Wyoming Tetons & Yellowstone By Photographer Terry Neumyer (3rd) 10:30 Sit & Be Fit Exercise (2nd) 1:30 Bible Study by Deacon Bob Roman (C) 2:45 Bingo (3rd) 4:00 PP Indoor Walking Club (ML) 6:30 Dominoes (1st)	27 9:30 Balance in Action Exercise (2nd) 10:00 Rosary (Ch) 10:30 iN2L: Animal World: Snowy Owl (3rd) 1:30 Cooking Club: Slow Cooker Minestrone (C) 2:30 Craft with ED Kim (2nd) 3:30 TED Talk & Discussion: Your Creative Genius (3rd) 6:30 Pinochle Players Club (3rd)	28 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study by Bayada Hospice (Ch) 10:30 Coffee & Tea 101: Featuring Starbucks Chai Tea Lattes (C) 1:30 Men's Club: Bean Bag Bullseye Challenge (3rd) 2:30 Dining Demo with Chef Jack: How To Make Halupki (DR) 3:30 Dealing with Loss Support Group (SR) 6:30 Boggle (1st)	29 9:30 Pedal Exercise (2nd) 10:00 Rosary (Ch) 10:30 Art Exploration: Ice Art: Ice Votives (3rd) 1:45 Community Outreach Trip: Deliver Pet Donations To Hazleton Animal Shelter** (OOB) 2:30 Matinee: The Odd Couple (2nd) 3:30 Yuengling Brews & "The Blues" (1st) 6:30 Uno (1st)