

*"Tomorrow is the first blank page of a 365-page book.*

*Write a good one."*

• Brad Paisley

2022



Dimensions  
of Wellness

## Resident Birthdays

### January

7 - James Lile  
9 - Susan Laskoske  
11 - Jean Schaum  
11 - Shirley Eckert  
13 - Dorothy Good  
24 - Howard Shuffelbottom  
29 - Dail Steinman

### February

5 - Rose Turnowchyk  
7 - Lillian Astaria  
18 - Nancy Berlot  
27 - Loretta Martin

### March

3 - Eleanor Rohlf  
7 - Stanley Butler  
10 - Mary Buckwalter  
17 - Mina Lois Rostolsky  
21 - Evelyn Rhoads  
25 - Nicolas Shauley  
29 - Sandra McCann

## A Note from the Executive Director

I hope your New Year is off to a wonderful start and you are happy and healthy! Our community life teams have planned some fun events and exciting entertainment to kick off 2022. Please browse the calendars over and join us when you can!

The Omicron variant has proven to be highly transmissible and accounts for 73% of COVID-19 cases in the United States now. Moving forward, we will continue to closely monitor the pandemic and remain nimble and flexible with regard to precautions. Our top priority is the health and safety of your loved ones. Please continue to wear your mask *at all times* when visiting the community.

Wishing you peace and good health,

*Donna O'Leary*  
Executive Director

## Highlighted Events

- 3 - Pottery Works @ 2:30pm - Connections
- 5 - Shopping Trip to Community Aid @ 9:30am
- 6 - Pat Kocen Concert @ 2pm - Connections
- 11 - Musical Entertainment: Pianist Cindy McGraph @ 11:15am
- 13 - 103<sup>rd</sup> Birthday Celebration for Dorothy Good @ 2pm
- 14 - LP&R Presentation @ 3pm Connections
- 20 - Musical Entertainment: Frankie Widder @ 3pm
- 22 - Matilda Jr. Theater Outing @ 3pm Connections
- 24 - EdU Presentation: A Day in the life at Wheatland @ 10:30am

## Welcome New Residents

Virginia Stefanoni  
Pamela Good  
Mark Good




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [ProvidenceRetirement@gmail.com](mailto:ProvidenceRetirement@gmail.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>30</p> <p>9:30 Dunkin n' Discussions (CH) 10:00 Sunshine Committee (AR) 10:30 Team Cuisine Cooking Club: 7 Layer Taco Dip (AR) 1:15 Jewelry Making (AR) 2:00 Hot Cocoa Bar Social (GL) 3:00 Virtual Worship Service (CH) 6:15 Movie Night: <i>Lawless</i> (CH)</p>	<p>31</p> <p>9:30 Chair Yoga (AR) 10:00 iN2L Armchair Travels (CH) 10:30 Indoor Garden Club (AR) 1:15 Wii Games (CH) 2:00 Balloon Volleyball Competition (CH) 3:15 Helping Hands (AR) 6:15 Horse Racing Game (AR)</p>	<p>January 2022</p>	<p>Calendar Key: ** Registration Required \$\$ Cost Involved (CH) Chapel (DR) Dining Room (PT) Pool Table Room (AR) Activity Room (L) Lobby (OOB) Out of Building (GL) Governors Lounge (S) Salon</p>			<p>1</p> <p>9:30 Puzzles and Riddles (AR) 10:00 Bingo (CH) 1:00 Crafting: Woodburning (AR) 2:00 Super Social Hour 3:15 New Years Trivia (CH) 6:15 Dominoes (AR)</p> <p style="text-align: center;">New Year's Day</p>
<p>2</p> <p>9:30 Dunkin n' Discussions (CH) 10:00 Manicure and Mocktails** (S) 10:30 Team Cuisine Cooking Club: Overnight Oats (AR) 1:15 Jewelry Making (AR) 2:00 Hot Cocoa Bar Social (GL) 3:00 Worship Service and Communion (CH) 6:15 Movie Night: <i>Premonition</i> (CH)</p>	<p>3</p> <p>9:30 Chair Yoga (AR) 10:00 iN2L (CH) 10:30 Book Club (CH) 1:15 Wii Games (CH) 2:00 Art Exploration: Pottery Works (AR) 3:15 Balloon Volleyball Competition (CH) 6:15 Horse Racing Game (AR)</p>	<p>4</p> <p>9:30 Free Weights Exercises (CH) 10:00 Spiritual Devotions (CH) 10:30 Hymn Sing (CH) 1:15 Residents Corner Crafting with Anne Adams (AR) 2:00 Circle of Friends (CH) 3:15 Movie Prep: Snacks-N-Stuff (AR) 6:15 Movie Night: Hallmark Movie (CH)</p>	<p>5</p> <p>9:30 Shopping Trip: Community Aid**\$\$ (OOB) 10:00 Midweek Worship Service (CH) 1:30 Dining Service Committee Meeting (CH) 2:00 iN2L Jukebox (CH) 3:00 iN2L Bingo (CH) 6:15 Coupons for the Troops (AR)</p>	<p>6</p> <p>9:30 Sit n Be Fit (CH) 10:00 Spirituality with Chaplin (CH) 1:30 Tia Chi Fitness with Laura (CH) 2:00 Community Life Planning Committee (CH) 3:00 LCR with Chaplain (CH) 6:15 Cards, Coloring or Crafting (AR)</p>	<p>7</p> <p>9:30 Sit 'N Be Fit (CH) 10:00 Welcome Ambassador Committee Meeting (CH) 1:15 Examining Bible Prayers (CH) 2:00 Floats and Trivia (AR) 2:00 The Dime Store (L) 6:15 Community Puzzle (AR)</p>	<p>8</p> <p>9:30 Puzzles and Riddles (AR) 10:00 Bingo (CH) 1:00 Crafting: Intro to Calligraphy (AR) 2:00 Super Social Hour (GL) 3:15 Finish the Lines (CH) 6:15 Dominoes (AR)</p>
<p>9</p> <p>9:30 Faith Studies (CH) 10:30 Team Cuisine Cooking Club: Mini Bites (AR) 1:15 Jewelry Making (AR) 2:00 Hot Cocoa Bar Social (GL) 3:00 Worship Service (CH) 6:15 Movie Night: <i>Red Notice</i> (CH)</p>	<p>10</p> <p>9:30 Chair Yoga (AR) 10:00 iN2L Games What Did It Cost (CH) 10:30 Indoor Garden Club (AR) 1:15 Wii Games (CH) 2:00 Balloon Volleyball Competition (CH) 3:15 Helping Hands (AR) 6:15 Horse Racing Game (AR)</p>	<p>11</p> <p>9:30 Free Weights Exercises (CH) 10:00 Spiritual Devotions (CH) 10:30 Hymn Sing (CH) 11:15 Musical Entertainment by Pianist Cindy McGraph (DR) 1:15 Movie Prep: Snacks-N-Stuff (AR) 2:00 Circle of Friends (CH) 3:15 Jeopardy (CH) 6:15 Movie Night: Hallmark Movie (CH)</p>	<p>12</p> <p>9:00 Shopping Trip: Stauffers of Kissel Hill**\$\$ (OOB) 9:30 Chair Exercises (CH) 10:00 Midweek Worship Service (CH) 1:15 Rummikub (AR) 2:00 Ed-U Presentation: <i>Yellowstone</i> by Local Retired Educator, Terry Neumyer (CH) 3:00 iN2L Bingo (CH) 6:15 Coupons for the Troops (AR)</p>	<p>13</p> <p>9:30 Sit n Be Fit (CH) 10:00 Spirituality with Chaplin (CH) 1:30 Tia Chi Fitness with Laura (CH) 2:00 Happy 103<sup>rd</sup> Birthday Celebration Honoring Resident Dorothy Good (DR) 3:00 LCR with Chaplain (CH) 6:15 Cards, Coloring or Crafting (AR)</p>	<p>14</p> <p>9:30 Sit 'N Be Fit (CH) 10:30 Matinee: Residents Pick (CH) 11:00 Lunch Out: Olive Garden**\$\$ (OOB) 1:15 Examining Bible Prayers (CH) 2:00 Ed-U Presentation <i>Feeding Winter Birds</i> by Lisa Sanchez, Naturalist from Lancaster Parks and Rec. (CH) 2:00 The Dime Store (L) 6:15 Community Puzzle (AR)</p>	<p>15</p> <p>9:30 Puzzles and Riddles (AR) 10:00 Bingo (CH) 1:00 Crafting: Winter Snow Globes (AR) 2:00 Super Social Hour (GL) 3:15 Finish the Lines (CH) 6:15 Dominoes (AR)</p>
<p>16</p> <p>9:30 Dunkin n' Discussions (CH) 10:00 Manicures and Mocktails** (S) 10:30 Team Cuisine Cooking Club: Savory Pasta Salad (AR) 1:15 Jewelry Making (AR) 2:00 Hot Cocoa Bar Social (GL) 3:00 Worship Service (CH) 6:15 Movie Night: <i>King Arthur</i> (CH)</p>	<p>17</p> <p>9:30 Chair Yoga (AR) 10:00 iN2L: Martin Luther King (CH) 10:30 Book Club (AR) 1:15 Wii Games (CH) 2:00 Balloon Volleyball Competition (CH) 3:15 Helping Hands (AR) 6:15 Horse Racing Game (AR)</p> <p style="text-align: center;">Martin Luther King Day</p>	<p>18</p> <p>9:30 Free Weights Exercises (CH) 10:00 Spiritual Devotions (CH) 10:30 Hymn Sing (CH) 1:15 Cooking with Chef Jermel (CH) 2:00 Catch Phrase (CH) 3:15 Movie Prep: Snacks-N-Stuff (AR) 6:15 Movie Night: Hallmark Movie (CH)</p>	<p>19</p> <p>9:00 Shopping Trip: Boscov's**\$\$ (OOB) 9:30 Chair Exercises (CH) 10:00 Midweek Worship Service (CH) 1:15 Rummikub (AR) 2:00 iN2L:Jukebox (CH) 3:00 iN2L Bingo (CH) 6:15 Coupons for the Troops (AR)</p>	<p>20</p> <p>9:30 Sit n Be Fit (CH) 10:00 Greif Share (CH) 1:30 Tia Chi Fitness with Laura (CH) 2:00 LCR with Chaplain (CH) 3:00 Musical Entertainment featuring Frankie Widder (DR) 6:15 Cards, Coloring or Crafting (AR)</p>	<p>21</p> <p>9:30 Sit 'N Be Fit (CH) 10:30 Matinee: Residents Pick (CH) 1:15 Examining Bible Prayers (CH) 2:00 Fireside Chat with E.D Donna O'Leary (CH) 2:00 The Dime Store (L) 6:15 Community Puzzle (AR)</p>	<p>22</p> <p>9:30 Puzzles and Riddles (AR) 10:00 Bingo (CH) 1:00 Crafting: Decorative Door Hangers (AR) 2:00 Super Social Hour (GL) 3:15 Finish the Lines (CH) 6:15 Dominoes (AR)</p>
<p>23</p> <p>9:30 Faith Studies (CH) 10:30 Team Cuisine Cooking Club: Classic Potato and Bacon Soup (AR) 1:15 Jewelry Making (AR) 2:00 Hot Cocoa Bar Social (GL) 3:00 Virtual Worship Service (CH) 6:15 Movie Night: <i>Ghost</i> (CH)</p>	<p>24</p> <p>9:30 Chair Yoga (AR) 10:30 Ed-U Presentation "A Day In the Life at Wheatland" By: Stephanie Celiberti From: Lancaster History Museum (CH) 2:00 Balloon Volleyball Competition (CH) 3:15 Helping Hands (AR) 6:15 Horse Racing Game (AR)</p>	<p>25</p> <p>9:30 Free Weights Exercises (CH) 10:00 Spiritual Devotions (CH) 10:30 Hymn Sing (CH) 12:00 Men's Lunch/Speed Friending (CH) 1:15 Chef Pairing with Executive Chef Jermel (CH) 2:00 Celebration of Life Service (CH) 3:15 Jeopardy (CH) 6:15 Movie Night: Hallmark Movie (CH)</p>	<p>26</p> <p>9:00 Shopping Trip: Ollies Bargain Outlet**\$\$ (OOB) 9:30 Chair Exercises (CH) 10:00 Midweek Worship Service (CH) 12:00 Ladies Hat Luncheon (CH) 1:15 Rummikub (AR) 2:00 iN2L:Jukebox (CH) 3:00 iN2L Bingo (CH) 6:15 Coupons for the Troops (AR)</p>	<p>27</p> <p>9:30 Sit n Be Fit (CH) 10:00 Faith Studies (CH) 1:30 Tia Chi Fitness with Laura (CH) 2:00 Valentines Day Crafts (AR) 3:00 LCR with Chaplain (CH) 6:15 Cards, Coloring or Crafting (AR)</p>	<p>28</p> <p>9:30 Sit 'N Be Fit (CH) 10:30 Matinee: Residents Pick (CH) 11:00 Lunch Out: Park City Diner**\$\$ (OOB) 1:15 Examining Bible Prayers (CH) 2:00 Floats and Trivia (AR) 2:00 The Dime Store (L) 4:15 &amp; 5:30 January <i>Winter Wonderland</i> Birthday Celebration (DR) 6:15 Community Puzzle (AR)</p>	<p>29</p> <p>9:30 Puzzles and Riddles (AR) 10:00 Bingo (CH) 1:00 Crafting: Canvas Painting (AR) 2:00 Super Social Hour (GL) 3:15 Finish the Lines (CH) 6:15 Dominoes (AR)</p>