

"Tomorrow is the first blank page of a 365-page book.

Write a good one."

• Brad Paisley

2022



Providence Place SENIOR LIVING News

Q1: January 2022

A Note from the Executive Director

I hope everyone had a joyous holiday season. It was so nice to see the cheer throughout all we did here at Providence Place. We had Elvis come in and play at our Holiday Party. Our Connections Neighborhood had a "Grinch Party". Community Life took residents on the bus several times to see the Christmas light displays, including a trip to Hershey Sweet Lights! Many residents were also out with family over the holidays, which was a joy to see.

We continue to monitor the transmission rate of COVID in our area. Although the rates remain in the high level, Providence Place has been doing everything we can to maintain a safe environment. We continue to follow CDC guidelines and are especially attentive to keeping the residents healthy. Our January calendar has been put together to keep the safeguards in mind.

This year, 2022, will be exciting and fulfilling for all. We can't wait to see all that is to come. As always, the team remains available for any questions or needs you may have. We look forward to speaking with you.

Continue to stay safe, happy and healthy!

Tracy Mason, Executive Director

Highlighted Events

5 – **Art Expressions by Kim**

@ 1:30pm - *Connections*

11 – **EdU Presentation:** Vision

Health & Services @ 2pm

14 – **Entertainment by Lester**

Hirsch @ 3pm

18 – **EdU Presentation:** History of the

Pottsville Winter Carnival @ 2pm

19 – **EdU Presentation:** PA Dutch

Pow Wow by Porcupine Pat

@ 2pm

20 – **Hollywood Casino Outing**

@ 10am

25 – **Men's Club Outing** @ 11am

27 – **Birthday Celebrations**

Entertainment by Vic Boris @ 2pm



Dimensions
of Wellness

2

January

- 1 – Theresa Hardnock
- 1 – Gretchen Ulmer
- 5 – Larry Reber
- 18 – Dean Brauer
- 23 – Florentina Solanich
- 30 – Dorothy Major
- 30 – Nancy Centra
- 30 – Margaret Angelozzi
- 30 – Catherine Jenkins
- 31 – James Scheuren

Resident Birthdays

February

- 3 – Edward Gleason
- 11 – Eileen Dunchick
- 14 – Helen Kuzma
- 23 – John Centra
- 26 – Patricia Gangemi
- 28 – Shirley Bauser

March

- 1 – Joan Koehler
- 2 – Sue Wartella
- 3 – Anita Fisher
- 3 – Barbara Arnold
- 5 – Raymond Lavenberg
- 7 – Joan Dewald
- 12 – Yvonne Wiscount
- 13 – Richard Harvey
- 20 – Helen Reigel
- 22 – Nellie Terefinko
- 23 – Janet Ruch
- 28 – Alberta Spina



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

Welcome New Residents

Delphine Reed

Lois Fehr

Carole Pittman

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 9:00 Praise Songs & Inspirations (A) 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Morning Meeting (A) 10:30 Name 5 to Stay Alive Exercise (A) 11:00 Human Anatomy Trivia (A) 1:00 Movie: <i>Grumpy Old Men</i> (PUB) 1:30 Video Chat with Families (1:1) 3:00 Communion Service (C) 3:30 Short Stories Book Club (L)	31 9:00 Search a Word & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Hospitality Club (CN) 10:15 Memory Magic (CN) 11:00 Name 5 in 5 Steps (CN) 1:30 Reminisce: Where are You From? (A) 2:00 Centennial Birthday Celebration(PUB) 3:00 Communion Service (C) 3:30 Bible Study (C) 4:00 Discuss Donation Project (C)	January 2022	Calendar Key: Activity Room (A) Chapel (C) Pub (PUB) Main Lobby (ML)	THE Club		1 9:00 Humanity Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Baking Club: Hot Coca Dip (A) 10:45 Talk and Taste (Edu. on) (A) 11:30 Walk It Off (A) 1:30 Fiesta Bowl Football Game (2nd FL) 2:00 Tail Gate Bites (A) 2:15 Mindful Exercises (A) 2:45 Bingo (A) 3:30 New Year Traditions in the World (PUB)
2 9:00 Praise Songs & Inspirations (A) 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Morning Meeting (A) 10:30 Name 5 to Stay Alive Exercise (A) 11:00 Food Trivia (A) 1:00 Movie: <i>The Last Holiday</i> (PUB) 1:30 Video Chat with Families (1:1) 3:00 Communion Service (C) 3:30 Short Stories Book Club (L)	3 9:00 Search a Word & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Hospitality Club (CN) 10:15 Memory Magic (CN) 11:00 Walk and Stretch (CN) 1:30 Craft: Aromatherapy Shower Melts (A) 2:30 Manicures and Hand Message (A) 3:00 Communion Service (C) 3:30 Snowflake Social Hour (PUB)	4 9:00 Seasonal Music & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Hospitality Club (CN) 10:15 Movin' & Groovin' (CN) 12:00 Souper Tuesday Luncheon (A) 1:30 Painting Project: Emotions Tree (A) 2:30 Stress Busting Exercise (C) 3:00 <i>Let's Talk It Out</i> Recognizing Self (C) 3:30 Peaceful Relaxation: Manicures and Hand Messages (C)	5 9:00 Breakfast Club with Missy (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Walk-N-Worship (A) 10:30 Worship Service (C) 11:00 Occupation Conversation (C) 1:30 Countryside Ride with Trivia (OOB) 1:30 Movie Matinée: (A) 3:00 Dumb Bell Exercise (C) 3:30 Bingo (A)	6 9:00 Word Search & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Table Top Roll Ball (PUB) 11:00 The Importance of Hydration (PUB) 1:30 Garden Club: Gourds (PUB) 2:00 Gourd Trivia (PUB) 2:30 Noggin Workshop (PUB) 3:00 Sneak a Snack (A) 3:30 YouTube: Discovering the Tundra (A)	7 9:00 Seasonal Music & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Hospitality Club (CN) 10:15 Acrylics on Canvas (CN) 11:00 Walk for Health (ML) 1:30 Zumba with Michele (PUB) 2:30 Sing Along (PUB) 3:00 Communion Service (C) 3:30 "Fond of You" Fondue Social (PUB)	8 9:00 Humanity Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Baking Club: Up-Side Down Banana Cake (A) 11:30 Walk It Off (A) 1:30 Family Feud Game (A) 2:00 "Who are You" Discovery (A) 3:00 Vagabond Travelers: British Virgin Island (PUB) 3:30 Bingo (A)
9 9:00 Praise Songs & Inspirations (A) 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Morning Meeting & Bible Study (A) 10:30 Roll to Fitness (A) 11:00 Joggin your Noggin Game (A) 1:00 Movie: <i>The Holiday</i> (PUB) 1:30 Video Chat with Families (1:1) 3:00 Communion Service (C) 3:30 Short Stories Book Club (L)	10 9:00 Search a Word & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Hospitality Club (CN) 10:15 Memory Magic (CN) 11:00 Walk and Stretch (CN) 1:30 Craft: Plushy (A) 2:30 What Am I? Trivia Game (A) 3:00 Communion Service (C) 3:30 Learning the Books of the Bible (C) 4:00 Donation Project Meeting (C) Martin Luther King Day	11 9:00 Seasonal Music & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Hospitality Club (CN) 10:15 Movin' & Groovin'(CN) 12:00 Souper Tuesday Luncheon (A) 1:30 Multi-Media Art Project: I Am (A) 2:45 Stress Releasing Exercise (C) 3:00 Mindfulness: A Positive Outlook (C) 3:30 Peaceful Relaxation: Manicures and Hand Messages (C)	12 9:00 Breakfast Club (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Walk-N-Worship (A) 10:30 Worship Service (C) 11:00 Finish my Bible Verse Game (C) 1:30 Countryside Ride with Trivia (OOB) 1:30 Matinée (PUB) 3:00 Coffee Talk Featuring Anneliese Hueske (A) 3:30 Bingo (PUB)	13 9:00 Word Search & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Fuzion Fitness (A) 11:00 The Importance of Hydration (A) 1:30 Garden Club: Watering House Plants (ML) 2:30 Name That Bird Trivia (PUB) 3:00 Sneak a Snack (PUB) 3:30 YouTube: Discovering Colorado (PUB)	14 9:00 Color Art (Chestnuts) (A) 9:30 Chestnut Trivia (A) 10:00 Hospitality Club (CN) 10:15 Wear a Hat Social (CN) 11:00 Walk for Health (ML) 1:30 Zumba with Michele (PUB) 2:30 Sing Along (A) 3:00 Entertainment by Lester Hirsch (PUB) 4:00 Helping Hands: Help Clean Up (PUB)	15 9:00 Humanity Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Baking Club: Easy Cheese Pizza Pockets (A) 10:45 Talk and Taste (Edu. on) (A) 11:30 Walk and Talk Trivia (A) 1:30 Am I a Fruit or Veggie Game (A) 2:00 Flavor Detection Game (A) 2:30 Mindful Exercises (A) 3:30 Bingo (A)
16 9:00 Praise Songs & Inspirations (A) 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Morning Meeting & Bible Study (A) 10:30 Name 5 to Stay Alive Exercise (A) 11:00 Finish my Line Game (A) 1:00 Movie: <i>The Bishop's Wife</i> (PUB) 1:30 Video Chat with Families (1:1) 3:00 Communion Service (C) 3:30 Short Stories Book Club (L)	17 9:00 MLK Discussion (ML) 10:00 Hospitality Club (CN) 10:15 Memory Magic (CN) 11:00 Walk the Line: Finish my Line (CN) 1:30 Craft: Love All Door Plaque (A) 2:30 A-B-C Dream Game (A) 3:00 Communion Service (C) 3:30 Hot Cocoa Social Hour (PUB)	18 9:00 Seasonal Music & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Hospitality Club(CN) 10:15 Movin' & Groovin' (CN) 12:00 Souper Tuesday Luncheon (A) 1:30 Painting Project: Rain Clouds (A) 2:45 Stress Reduction Exercise (C) 3:00 <i>Let's Talk About It</i> Recognizing Self (C) 3:30 Peaceful Relaxation: Manicures and Hand Messages (C)	19 9:00 Breakfast Club (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Walk-N-Worship (A) 10:30 Worship Service (C) 11:00 Joggin' your Noggin' (C) 1:30 Countryside Ride with Trivia (ML) 1:30 Vintage Game Shows (A) 3:00 Communion Service (C) 3:30 Bingo (PUB)	20 9:00 Word Search & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Strength Building Exercises (A) 10:30 The Importance of Hydration (A) 11:00 Native American Flute Music (A) 1:30 Garden Club: Plant Guide (A) 2:00 Grateful Drumming with Joe (PUB) 3:00 Sneak a Snack (PUB) 3:30 Watch & Discuss: How Native Tribes Survived the Winters (PUB)	21 9:00 Seasonal Music & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Hospitality Club (CN) 10:15 Seed Swap (CN) 11:00 Walk for Health (ML) 1:30 Zumba with Michele (PUB) 2:30 Sing Along (A) 3:00 Communion Service (C) 3:30 Blondies Want to Have Fun Social (PUB)	22 9:00 Humanity Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Baking Club: Healthy Blueberry Rice Pudding (A) 10:45 Talk and Taste (Edu. On Berries) (A) 11:30 Walk It Off (A) 1:30 String Art (A) 2:30 <i>Write Your Story</i> Self Discovery (A) 3:30 Bingo (A)
23 9:00 Praise Songs & Inspirations (A) 9:30 Trinity Lutheran Church: Live Stream (PUB) 10:00 Bible Study (A) 10:30 Roll to Fitness (A) 11:00 Family Feud Game (A) 1:00 Movie: <i>Serendipity</i> (PUB) 1:30 Video Chat with Families (1:1) 3:00 Communion Service (C) 3:30 Short Stories Book Club (L)	24 9:00 Search a Word & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Hospitality Club (CN) 10:15 Memory Magic (CN) 11:00 Riddle Roaming (CN) 1:30 Craft: Cutting Board Picture Display (A) 2:30 A-B-C Game (A) 3:00 Communion Service (C) 3:30 Learning the Books of the Bible (C) 4:00 Donation Project Meeting (C)	25 9:00 Seasonal Music & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Hospitality Club (CN) 10:15 Movin' & Groovin' (CN) 12:00 Souper Tuesday Luncheon (A) 1:30 Painting Project: Inner Animal (A) 2:30 Kicking Stress Exercise (C) 3:00 Mindfulness: A Positive Outlook (C) 3:30 Peaceful Relaxation: Manicures and Hand Messages (C)	26 9:00 Breakfast Club (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Walk-N-Worship (A) 10:30 Worship Service (C) 11:00 Finish my Line (C) 1:30 Reminiscing: Snow Stories (A) 2:00 Wish Celebration: Joan Koehler (PUB) 3:00 Communion Service (C) 3:30 Bingo (PUB)	27 9:00 Word Search & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Grammar Grabber Game (A) 11:00 The Importance of Hydration (A) 1:30 Garden Club: Watering All Plants (ML) 2:30 Appreciation Project (A) 3:00 Craft Corner: Winter Wreath (A) 3:30 YouTube: Discovering Winter Birds	28 9:00 Seasonal Music & Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Hospitality Club (CN) 10:15 Winter Sowing (CN) 11:00 Walk for Health (ML) 1:30 Zumba with Michele (PUB) 2:30 Sing Along (A) 3:00 Communion Service (C) 3:30 <i>I Don't Mean to Be Corny</i> Social (PUB)	29 9:00 Humanity Inspirations (A) 9:30 Daily Chronicle & Discussions (A) 10:00 Baking Club: Cinnamon Donut Holes (A) 10:45 Talk and Taste (Edu. on) (A) 11:30 Walk and Talk Trivia (A) 1:30 DIY Puzzle Project (A) 2:30 Mindful Exercises (A) 3:30 Bingo (A)