

"Tomorrow is the first blank page of a 365-page book.

Write a good one."

• Brad Paisley

2022



Providence Place

SENIOR LIVING

News

Q1: January 2022

A Note from the Executive Director

I hope everyone had a joyous holiday season. It was so nice to see the cheer throughout all we did here at Providence Place. We had Elvis come in and play at our Holiday Party. Our Connections Neighborhood had a "Grinch Party". Community Life took residents on the bus several times to see the Christmas light displays, including a trip to Hershey Sweet Lights! Many residents were also out with family over the holidays, which was a joy to see.

We continue to monitor the transmission rate of COVID in our area. Although the rates remain in the high level, Providence Place has been doing everything we can to maintain a safe environment. We continue to follow CDC guidelines and are especially attentive to keeping the residents healthy. Our January calendar has been put together to keep the safeguards in mind.

This year, 2022, will be exciting and fulfilling for all. We can't wait to see all that is to come. As always, the team remains available for any questions or needs you may have. We look forward to speaking with you.

Continue to stay safe, happy and healthy!

Tracy Mason, Executive Director

Highlighted Events

5 – **Art Expressions by Kim**

@ 1:30pm - *Connections*

11 – **EdU Presentation:** Vision

Health & Services @ 2pm

14 – **Entertainment by Lester**

Hirsch @ 3pm

18 – **EdU Presentation:** History of the

Pottsville Winter Carnival @ 2pm

19 – **EdU Presentation:** PA Dutch

Pow Wow by Porcupine Pat

@ 2pm

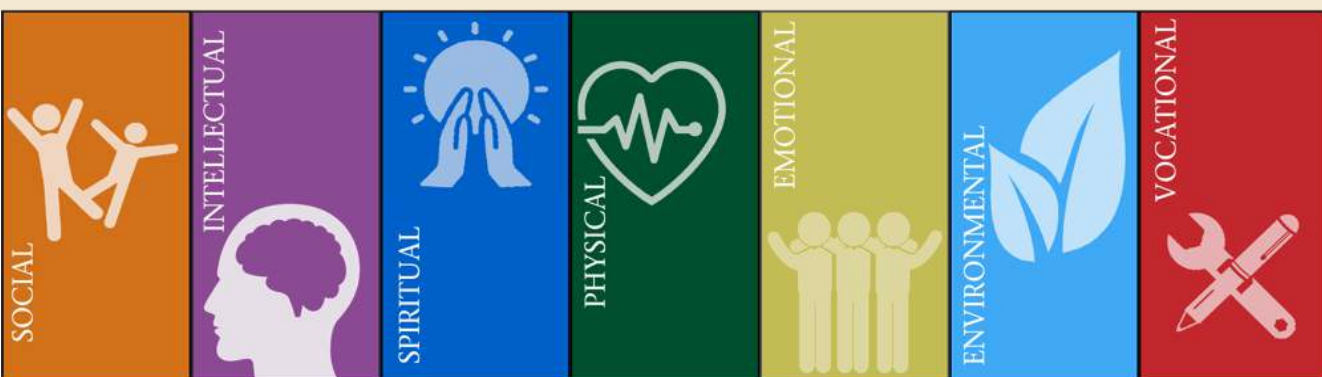
20 – **Hollywood Casino Outing**

@ 10am

25 – **Men's Club Outing** @ 11am

27 – **Birthday Celebrations**

Entertainment by Vic Boris @ 2pm



Dimensions
of Wellness

2

January

- 1 – Theresa Hardnock
- 1 – Gretchen Ulmer
- 5 – Larry Reber
- 18 – Dean Brauer
- 23 – Florentina Solanich
- 30 – Dorothy Major
- 30 – Nancy Centra
- 30 – Margaret Angelozzi
- 30 – Catherine Jenkins
- 31 – James Scheuren

Resident Birthdays

February

- 3 – Edward Gleason
- 11 – Eileen Dunchick
- 14 – Helen Kuzma
- 23 – John Centra
- 26 – Patricia Gangemi
- 28 – Shirley Bauser

March

- 1 – Joan Koehler
- 2 – Sue Wartella
- 3 – Anita Fisher
- 3 – Barbara Arnold
- 5 – Raymond Lavenberg
- 7 – Joan Dewald
- 12 – Yvonne Wiscount
- 13 – Richard Harvey
- 20 – Helen Reigel
- 22 – Nellie Terefinko
- 23 – Janet Ruch
- 28 – Alberta Spina



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.




www.Providence-Place.com

Welcome New Residents

Delphine Reed

Lois Fehr

Carole Pittman

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|---|---|--|---|
| 30 9:30 Live Stream Worship: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & a Movie: <i>Grumpy Old Men</i> (PUB) 2:00 Beat the Winter Blues Country Ride** (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:30 Kings in the Corner (A) | 31 9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 Centenarian Birthday Celebration Social (PUB) 3:00 Communion Service (CH) 3:30 Coffee Bar Social Hour (PUB) 6:30 Bridge Club (A) | January 2022 | Calendar Key: ** Registration Required \$\$ Cost Involved (A) Activity Room (CH) Chapel (PUB) Pub (L) Library (ML) Main Lobby (3FSL) 3rd Floor South Lounge (2FL) 2nd Floor Lounge by Beauty Shop (PUBR) Rear Room of the Pub by Store |  | 1 9:00 Philadelphia Mummers Parade on TV with Coffee & Danishes (2FL) 10:00 Board Games: Checkers (PUBR) 1:00 Fiesta Bowl on TV (2FL) 2:00 Puzzle Club (3F) 2:30 New Year's Resolutions (PUB) 3:30 iN2L: New Year Traditions Around the World (PUB) 6:15 Card Games: War (3FSL) New Year's Day | |
| 2 9:30 Live Stream Worship: Trinity Lutheran Church(PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & a Movie: <i>Last Holiday</i> (PUB) 2:00 Beat the Winter Blues Country Ride** (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:30 Kings in the Corner (A) | 3 9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:15 Circle of Friends (CH) 1:00 Manicures & Mimosas** (PUB) 2:00 TED Talk: <i>Forget Big Changes, Start with a Tiny Habit</i> (PUB) 3:00 Communion Service (CH) 3:30 Snowflake Social Hour (PUB) 6:30 Bridge Club (A) | 4 9:00 Walking Warriors (ML) 10:30 Providence Place Club Fair (PUB) 10:30 Puzzle Club (3F) 11:00 P² Foodies: Prep for Luncheon (A) 12:00 Souper Tuesday Luncheon** (A) 2:00 Dining Committee Meeting (DR) 3:00 Brain Games: Jeopardy (PUB) 6:15 Nickel Bingo\$\$ (A) | 5 9:00 Breakfast Club: Fried Egg on Avocado Toast with Turkey Bacon & Fruit Cup** (A) 10:30 Worship Service (CH) 10:30 Ed-U Wellness: Safety in the Bathroom by Genesis Health & Rehab (PUB) 2:00 Acrylic Paints with Shannon (A) 3:00 Dumbbell Exercise (CH) 6:15 Nickel Po-Ke-No Club \$(A) | 6 9:00 Walking Warriors (ML) 11:00 Diners' Caravan: The Wheel **\$(OOB) 2:00 Craft Corner: Scratch Bird Feeders (A) 2:30 Color Me Calm (A) 3:00 Community Life Planning Cmte (PUB) 6:15 Prize Bingo (A) | 7 9:00 Green Thumbs: Tending to the Plants (TB) 10:30 Snowball Toss (PUB) 10:30 Life Happens Support Group (CH) 1:30 Zumba with Michele (PUB) 3:00 Communion Service (CH) 3:30 Fond of You Fondue Social Hour (PUB) 6:15 Nickel Polish Bingo Club\$(DR) | 8 9:00 Shopping Trip: Walmart**\$(OOB) 10:00 Board Games: Connect 4 (3FSL) 1:30 Helping Hands: Set Up Bingo (PUB) 2:00 Nickel Bingo\$(PUB) 3:00 Vagabond Travelers: British Virgin Island (PUB) 6:30 Card Games: Solitaire (3FSL) |
| 9 9:30 Live Stream Worship: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & a Movie: <i>The Holiday</i> (PUB) 2:00 Beat the Winter Blues Country Ride** (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:30 Kings in the Corner (A) | 10 9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:00 Manicures & Mimosas** (PUB) 1:15 Circle of Friends (CH) 2:00 Welcoming Committee (PUB) 3:00 Communion Service (CH) 3:30 Hot Apple Cider Social Hour (PUB) 6:30 Bridge Club (A) | 11 9:00 Walking Warriors (ML) 10:00 Sunshine Committee Meeting (PUB) 10:30 Color Me Calm (PUBR) 11:00 P² Foodies: Prep for Luncheon (A) 12:00 Souper Tuesday Luncheon** (A) 2:00 Ed-U Wellness: <i>Vision Health & Services</i> with Lori Lesante (PUB) 3:00 Gratitude Club Meeting (A) 6:15 Nickel Bingo\$(A) | 12 9:00 Donuts, Coffee, & Discussion (PUB) 10:30 Worship Service (CH) 10:30 Lite & Lively Exercise (PUB) 2:00 Hallway Bowling (A) 3:00 Coffee Talk featuring Anneliese Hueske (A) 6:15 Nickel Po-Ke-No Club \$(A) | 13 9:00 Walking Warriors (ML) 10:00 Day Excursion: Reading Public Museum**\$(OOB) 2:00 Craft Corner: Mug Art (A) 2:30 Board Games: Connect 4 (3FSL) 3:00 Virtual Hunting with XBOX (A) 6:15 Prize Bingo (A) | 14 9:00 Green Thumbs: Tending to the Plants (TB) 10:30 Balloon Volleyball (PUB) 10:30 Life Happens Support Group (CH) 1:30 Zumba with Michele (PUB) 3:00 Communion Service (CH) 3:00 Musical Entertainment featuring Lester Hirsch (PUB) 6:15 Nickel Polish Bingo Club\$(DR) | 15 9:00 Shopping Trip: Fairlane Village Mall**\$(OOB) 10:00 Board Games: Chinese Checkers (3FSL) 1:30 Helping Hands: Set Up Bingo (PUB) 2:00 Nickel Bingo (PUB) 3:00 Vagabond Travelers: Moldova (PUB) 6:30 Card Games: UNO (3FSL) |
| 16 9:30 Live Stream Worship: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & a Movie: <i>The Bishop's Wife</i> (PUB) 2:00 Beat the Winter Blues Country Ride** (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:30 Kings in the Corner (A) | 17 9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:15 Circle of Friends (CH) 2:00 iN2L: Martin Luther King Memorial Tour & What is Your Life's Blueprint? (PUB) 3:00 Communion Service (CH) 3:30 Hot Cocoa Social Hour (PUB) 6:30 Bridge Club (A) Martin Luther King Day | 18 9:00 Walking Warriors (ML) 10:30 Guided Meditation & Essential Aromas (2FL) 10:30 Puzzle Club (3F) 11:00 P² Foodies: Prep for Luncheon (A) 12:00 Souper Tuesday Luncheon** (A) 2:00 Ed-U Presentation: History of the Pottsville Winter Carnival (PUB) 3:00 Presentation of Gratitude (PUB) 6:15 Nickel Bingo\$(A) | 19 9:00 Breakfast Club: French Toast with Yogurt Fruit Parfait** (A) 10:30 Worship Service (CH) 10:30 Dumbbell Exercise (CH) 2:00 Ed-U Presentation: <i>PA Dutch Pow Wow</i> by Porcupine Pat (PUB) 3:00 Fireside Chat with E.D. Tracy (PUB) 6:15 Nickel Po-Ke-No Club\$(A) | 20 9:00 Walking Warriors (ML) 10:00 Day Excursion: Hollywood Casino**\$(OOB) 10:30 Balance in Action by Genesis Health & Rehab (PUB) 2:00 Grateful Drumming with Joe (PUB) 2:30 Easy Listening (A) 3:00 Craft Corner: Indoor Snowflakes (A) 6:15 Prize Bingo (A) | 21 9:00 Green Thumbs: Tending to the Plants (TB) 10:30 Keep Kicking Kickball (PUB) 10:30 Life Happens Support Group (CH) 1:30 Zumba with Michele (PUB) 3:00 Communion Service (CH) 3:30 Blondies Want to Have Fun Social Hour (PUB) 6:15 Nickel Polish Bingo Club\$(DR) | 22 9:00 Shopping Trip: Fairlane Village Mall**\$(OOB) 10:00 Board Games: Monopoly (3FSL) 1:30 Helping Hands: Set Up Bingo (PUB) 2:00 Nickel Bingo \$(PUB) 3:00 Vagabond Travelers: Kyrgyzstan (PUB) 6:30 Card Games: 500 Rummy (3FSL) |
| 23 9:30 Live Stream Worship: Trinity Lutheran Church (PUB) 10:00 Balance in Action (CH) 1:00 Popcorn & a Movie: <i>Serendipity</i> (PUB) 2:00 Beat the Winter Blues Country Ride** (OOB) 3:00 Communion Service (CH) 3:30 Short Stories Book Club (L) 6:30 Kings in the Corner (A) | 24 9:00 Walking Warriors (ML) 10:30 Yoga with Michele (PUB) 1:00 Manicures & Mimosas** (PUB) 1:15 Circle of Friends (CH) 2:00 Birthday Club (A) 3:00 Communion Service (CH) 3:30 Winter Tea Social (PUB) 6:30 Bridge Club (A) | 25 9:00 Walking Warriors (ML) 10:30 Furry Friends Visit (A) 10:30 Color Me Calm (PUBR) 11:00 Men's Club Outing**\$(OOB) 2:00 XBOX Hunting & Fishing (A) 3:00 Meet & Greet Social (PUB) 6:15 Nickel Bingo\$(A) | 26 9:00 Donuts, Coffee, & Discussion (PUB) 10:30 Lite & Lively (PUB) 10:30 Worship Service (CH) 2:00 Wishes Celebration (PUB) 3:30 Brain Games: Joggin' Your Noggin (ML) 6:15 Nickel Po-Ke-No Club\$(A) | 27 9:00 Walking Warriors (ML) 10:30 Ed-U Wellness: <i>Importance of Hearing Awareness</i> with Marcia Bowman-Gilbert (PUB) 11:30 Diners' Caravan: Friedensburg Country Restaurant **\$(OOB) 2:00 Drumstick Exercise (PUB) 2:30 Board Games: Yahtzee (3FSL) 3:00 Craft Corner: Winter Wreath (A) 5:00 Resident Birthday Celebration (PUB) | 28 9:00 Green Thumbs: Tending to the Plants (TB) 10:30 Snowball Toss (PUB) 10:30 Life Happens Support Group (CH) 1:30 Zumba with Michele (PUB) 3:00 Communion Service (CH) 3:30 I Don't Mean to Be Corny Social Hour (PUB) 6:15 Nickel Polish Bingo Club\$(DR) | 29 9:00 Shopping Trip: Walmart **\$(OOB) 10:00 Board Games: Yahtzee (3FSL) 1:30 Helping Hands: Set Up Bingo (PUB) 2:00 Pamper Yourself Bingo (PUB) 3:00 Vagabond Travelers: Jordan (PUB) 6:30 Card Games: Pinochle (3FSL) |