


Chambersburg CONNECTIONS



MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 10:30 iN2L: Would You Rather 11:00 Lunch 12:00 Walking with Friends 1:15 Live Steam Mardi Gras Parade (CC) 2:30 Mardi Gras Cocktail Hour (CC) 3:00 Mardi Gras Color or Not? 4:00 Dinner 5:30 Classic Movies: Guest In The House 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing 10:30 iN2L: Train Your Brain 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: German Fasnacht fried Doughnuts (CC) 2:30 Sip and Taste (CC) 3:00 History Behind Fastnacht Day 4:00 Dinner 5:30 Travel to Croatia 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: St. Patrick Day Wreaths (CC) 2:30 Sip and Show 3:00 Let's Get Crafty Crossword 4:00 Dinner 5:30 Classic TV: Dick Van Dyke 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice w/ Rob 10:30 iN2L: Sing w/ Susie Q 11:00 Lunch 12:00 Walking with Friends 1:15 Pretty In Pink: Nail Care 2:00 Singing w/ Dave Powers 3:00 Sip and Dance 4:00 Dinner 5:30 Pandas Webcam 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 10:30 iN2L: Mind Fitness 11:00 Lunch 12:00 Walking with Friends 1:15 Memory Magic 2:30 Sip and Be Social 3:00 Mardi Gras Detective 4:00 Dinner 5:30 Broadway Musicals 7:00 Evening Wind Down
6	7	8	9	10	11	12
6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Cuisine Panel Meeting 2:30 Sip and Discuss 3:00 Worship Service 4:00 Dinner 5:30 TED Ed: Space Elevator 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Night Wonders of Astronomy Feat. Space Rendezvous 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study (CC) 2:30 Sip and Mingle 3:00 Mountain Men: Knock Em Down Can Toss 4:00 Dinner 5:30 Art History 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 iN2L: Pictionary 11:00 Lunch 12:00 Walking with Friends 1:15 Pretty in Pink: Edible Space Slime 2:30 Sip and Show (CC) 3:00 Truth Or Blarney? 4:00 Dinner 5:30 Classic Movie: The Joe Louis Story 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Rocket Fruit Skewers (CC) 2:30 Travel Through The Universe Social (CC) 3:00 Space Trivia (CC) 4:00 Dinner 5:30 Classic Radio: Grand Ole Opry 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Star and Stripes 10:30 iN2L: Balloon Burst 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: 3D Solar System (CC) 2:30 Sip and Taste 3:00 Mardi Gras Pass It On 4:00 Dinner 5:30 Classic TV: Robin Hood 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice w/ Rob 10:30 iN2L: Name that Tune 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Mikie's Ice Cream 2:30 Sip and Share 3:00 Lucky Charm Dominoes 4:00 Dinner 5:30 Farm Animals Webcam 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Stretch And Strengthen 10:30 iN2L: Music w/ Mary Sue 11:00 Lunch 12:00 Walking with Friends 1:00 Old Irish Music w/ Jay Smar 2:30 Sip and Dance 3:00 Sharpen Your Sense 4:00 Dinner 5:30 Funny Videos 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>13</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Mountain Men: Personal Care 2:30 Memory Cafe 3:00 Worship Service 4:00 Dinner 5:30 TED Talks: Electrify Transport 7:00 Evening Wind Down</p> <p>Daylight Savings Begins</p>	<p>14</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit and Celebrate 10:30 iN2L: Family Feud 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study (CC) 2:30 Sip and Be Social 3:00 Pretty In Pink: Lucky Charm Treats 4:00 Dinner 5:30 Painting w/ Bob Ross 7:00 Evening Wind Down</p>	<p>15</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light And Lively 10:30 iN2L: Tell Me A Joke 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Shamrock Door Hanger (CC) 2:30 Sip and Show (CC) 3:00 It's Not Easy Being GREEN 4:00 Dinner 5:30 Classic Movie: Uncertain Feeling 7:00 Evening Wind Down</p>	<p>16</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 iN2L: What's That Sound 10:30 Dance Class w/ Jess 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Irish Potato Bread (CC) 2:30 Sip and Taste (CC) 3:00 St. Patrick's Day Message 4:00 Dinner 5:30 Ray Durkee's Radio 7:00 Evening Wind Down</p>	<p>17</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:00 St. Patrick Day Concert w/Lester Hirsh (CC) 2:30 Irish Festival Social (CC) 3:00 Pot of Gold Coin Toss (CC) 4:00 Dinner 5:30 Classic TV: Beverly Hillbillies 7:00 Evening Wind Down</p> <p>St. Patrick's Day</p>	<p>18</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice w/ Rob 10:30 iN2L: Karaoke 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Norlo Park 2:30 Cotton Candy Station 3:00 March Trivia 4:00 Dinner 5:30 Kitten Rescue Webcam 7:00 Evening Wind Down</p>	<p>19</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit And Be Fit 10:30 iN2L: Word Boggle 11:00 Lunch 12:00 Walking with Friends 1:15 Scrapbooking Memories 2:30 Tea Time with Lois 3:00 St. Paddy's Day Riddle Jumble 4:00 Dinner 5:30 Surprise Funny Videos 7:00 Evening Wind Down</p>
<p>20</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit And Be Fit 10:30 iN2L: Word Boggle 11:00 Lunch 12:00 Walking with Friends 1:15 Scrapbooking Memories 2:30 Tea Time with Lois 3:00 St. Paddy's Day Riddle Jumble 4:00 Dinner 5:30 Surprise Funny Videos 7:00 Evening Wind Down</p>	<p>21</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Music In Motion 10:30 iN2L: Word Wheel 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study 2:30 March Birthday Celebration 3:00 Bingo 4:30 Forrest Feed CO Food Truck 5:30 Virtual Museums 7:00 Evening Wind Down</p>	<p>22</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 iN2L: Piggy Banker 11:00 Lunch 12:00 Walking with Friends 1:15 Pretty in Pink: Beaded Butterflies 2:30 Sip and Discuss (CC) 3:00 Mixed-Up Saint Patrick's Day 4:00 Dinner 5:30 Classic Movie: Meet John Doe 7:00 Evening Wind Down</p>	<p>23</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dancing Through The Decades 10:30 iN2L: Brain Aerobes 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nelly Fox Bowling 2:30 Sip and Mingle 3:00 Potato "Chip "Word Rhyme 4:00 Dinner 5:30 Classic Radio: Gene Autry 7:00 Evening Wind Down</p>	<p>24</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Pet Blanket (CC) 2:30 Tea Time with Friends 3:00 World Water Day Crossword 4:00 Dinner 5:30 Classic TV: Dragnet 7:00 Evening Wind Down</p>	<p>25</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice w/ Rob 10:30 iN2L: What's That Sound 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Banana Waffle 2:30 Sip and Taste 3:00 Brain Teasers 4:00 Dinner 5:30 Puppies Webcam 7:00 Evening Wind Down</p>	<p>26</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Toning Legs And ABS 10:30 iN2L: Mind Fitness 11:00 Lunch 12:00 Walking with Friends 1:15 Timeslips 2:30 Sip and Share 3:00 Mixed-Up Forest Flora 4:00 Dinner 5:30 Inspirational Videos 7:00 Evening Wind Down</p>
<p>27</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Fittersitter 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Shake Loose Memory 2:30 Sip and Share 3:00 Worship Service 4:00 Dinner 5:30 Ted Talks: Clean Electricity 7:00 Evening Wind Down</p>	<p>28</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Seatworks 10:30 iN2L: Word-A-Thon 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study (CC) 2:30 Sip and Taste 3:00 Kitchen Creation: Seeing Green Mint Chocolate Chip Cookies 4:00 Dinner 5:30 Behind The Scenes of Folk Art 7:00 Evening Wind Down</p>	<p>29</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Latin Soul 10:30 iN2L: Finish the Lyric 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Caledonia Park 2:30 Sip and Be Social 3:00 Visiting Bermuda Crossword 4:00 Dinner 5:30 Classic Movie: Jivin' In Be Bop 7:00 Evening Wind Down</p>	<p>30</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dancing Around the World 10:30 iN2L: Happy Neuron 11:00 Lunch 12:00 Walking with Friends 1:15 Julius Caesar Movie (CC) 2:30 Roman Breakfast Sampler Platter (CC) 3:00 Cranium Crunches 4:00 Dinner 5:30 Travel w/ Rick Steves 7:00 Evening Wind Down</p>	<p>31</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Top 6 Foods for Better Sleep (CC) 2:30 Sip and Mingle (CC) 3:00 How Sleep Is Important For Your Health, Body and Brain (CC) 4:00 Dinner 5:30 Classic TV: Carol Burnett 7:00 Evening Wind Down</p>	<p><i>Chambersburg</i> CONNECTIONS  MARCH 2022</p>	