


Dover

CONNECTIONS



MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Sing A Long with Suzie Q 1:15 Yoga with Ali 2:00 Mardi Gras Themed Bingo 3:00 Mardi Gras Social Hour 4:30 Dinner 5:15 Tabletop Games 5:15 Wild Life Nature Documentary	2 6:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Chair Exercise 11:30 Lunch 12:30 Movie Matinee 1:30 Memory Magic 2:30 Hymns with Holly Aughenbough 3:30 Move & Groove 4:30 Dinner 5:15 Nice Nails	3 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercises 11:30 Lunch 12:30 Memory Lane: <i>I Love Lucy</i> 1:30 March Madness: Basketball Competition 2:00 How Much Did It Cost? 3:00 Helping Hands: Sock Assorting 4:30 Dinner 5:15 Game Of Prize Bingo	4 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Color Me Calm 1:30 Culinary Creation: Fluffy Angel Busquets 2:30 Social: Fluffy Angel Busquets 3:30 Helping Hands: Clean Up 4:30 Dinner	5 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Neighborhood Stroll & Conversations 1:30 Ring Toss 2:00 Prize Game Bingo 3:00 Cranium Crunches 4:30 Dinner 5:15 Sound Of Music
6 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 10:30 Catholic Mass 11:30 Lunch 12:30 Praise & Worship by Elevation Church 1:30 Church Service 2:30 Cranium Crunches & Hydration Wain 3:30 Tunes & Conversations 4:30 Dinner 5:15 Helping Hands: Towel Folding	7 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Neighborhood Stroll 1:30 Music Trivia 2:15 Musical Engagement with Lindsay Amspacher 3:00 Refreshments & Conversations 4:30 Dinner 5:15 Household Chores: Towels	8 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Sing A Long with Mary Sue 1:15 Yoga with Ali 2:00 Create & Design: 3:00 Jewelry Making 4:30 Dinner 5:15 Hallmark Movie	9 6:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Chair Exercise 11:30 Lunch 12:30 Movie Matinee 1:30 Memory Magic 2:30 Hymns with Holly Aughenbough 3:30 Karaoke Night 4:30 Dinner 5:15 Nice Nails	10 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercises 11:30 Lunch 12:30 Memory Lane: <i>Good Times</i> 1:30 Create & Design: St. Patty's Self Portrait 2:30 This Or That 3:00 Helping Hands: Towel Folding 4:30 Dinner 5:15 Game Of Prize Bingo	11 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Color Me Calm 1:30 Culinary Creation: Homemade Puppy Chow 2:30 Puppy Chow Social 3:30 Helping Hands: Clean Up 4:30 Dinner	12 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Neighborhood Stroll & Conversations 1:30 Bean Bag Toss 2:00 Prize Game Bingo 3:00 Cranium Crunches 4:30 Dinner 5:15 Comedy Night: <i>I love Lucy</i>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daylight Savings Begins 13 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 10:30 Catholic Mass 11:30 Lunch 12:30 Praise & Worship by Elevation Church 1:30 Church Service 2:30 Cranium Crunches & Hydration Wain 3:30 Tunes & Conversations 4:30 Dinner 5:15 Helping Hands: Sock Assorting	14 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Neighborhood Stroll with Maracas 1:30 Music Trivia 2:15 Musical Engagement with Lindsay Amspacher 3:00 Memory Magic & Refreshments 4:30 Dinner 5:15 Tunes & Conversations Daylight Savings Begins	15 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Sing A Long with Mary Sue 1:15 Yoga with Ali 2:00 Create & Design: Pompom Cacti 3:00 Cranium Crunches & Mocktails 4:30 Dinner 5:15 Tabletop Games 5:15 Wild Life Nature Documentary	16 6:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Chair Exercise 11:30 Lunch 12:30 Movie Matinee 1:30 Memory Magic 2:30 Hymns with Holly Aughenbough 3:30 Simon Says 4:30 Dinner 5:15 Nice Nails	17 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercises 11:30 Lunch 12:30 Memory Lane: <i>Three Stooges</i> 1:30 World Travels Trivia: Ireland 2:00 St. Patty's Sweet Treats 3:30 Conversation Cards 4:30 Dinner 5:15 Lucky Prize Bingo St. Patrick's Day	18 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Color Me Calm 1:30 Culinary Creation: Mini Pancakes 2:30 Mini Pancakes Social 3:30 Helping Hands: Clean Up 4:30 Dinner St. Patrick's Day	19 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Neighborhood Stroll & Conversations 1:30 Indoor Basketball 2:00 Prize Game Bingo 3:00 Cranium Crunches 4:30 Dinner 5:15 Movie Cinema: Romance
6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 10:30 Catholic Mass 11:30 Lunch 12:30 Praise & Worship by Elevation Church 1:30 Church Service 2:30 Cranium Crunches & Hydration Wain 3:30 Tunes & Conversations 4:30 Dinner 5:15 Helping Hands: Towel Folding	21 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 10:00 Cranium Crunches 11:30 Lunch 12:30 Neighborhood Stroll & Conversations 1:30 Music Trivia 2:15 Musical Engagement with Lindsay Amspacher 3:00 Memory Magic & Refreshments 4:30 Dinner 5:15 Tunes & Conversations	22 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Sing A Long with Mary Sue 1:15 Yoga with Ali 2:00 Create & Design: Fairy House Painted Rocks 3:00 Spelling Game 4:30 Dinner 5:15 Hallmark Movie 5:15 Bean Bag Toss	23 6:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Chair Exercise 11:30 Lunch 12:30 Movie Matinee 1:30 Memory Magic 2:30 Hymns with Holly Aughenbough 3:30 Spelling Game 4:30 Dinner 5:15 Nice Nails	24 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercises 11:30 Lunch 12:30 Memory Lane: Charlie Chaplain 1:30 March Madness: Basketball Competition 2:00 Cranium Crunches 3:00 Helping Hands: Towel Folding 4:30 Dinner 5:15 Nice Nails 5:15 Game Of Prize Bingo	25 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Color Me Calm 1:30 Culinary Creation: Homemade Pigs In A Blanket 2:30 Pigs In A Blanket Social 3:30 Helping Hands: Clean Up 4:30 Dinner	26 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Neighborhood Stroll & Conversations 1:30 Indoor Volley Ball 2:00 Prize Game Bingo 3:00 Cranium Crunches 4:30 Dinner 5:15 Comedy Night: <i>Shirley Temple</i>
27 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 10:30 Catholic Mass 11:30 Lunch 12:30 Praise & Worship by Elevation Church 1:30 Church Service 2:30 Cranium Crunches & Hydration Wain 3:30 Tunes & Conversations 4:30 Dinner 5:15 Helping Hands: Sock Assorting	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Movie & Music Matinee 1:30 Music Trivia 2:15 Musical Engagement with Lindsay Amspacher 3:00 Memory Magic & Refreshments 4:30 Dinner 5:15 Tunes & Conversations	29 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Café Espresso 10:30 Chair Exercise 11:30 Lunch 12:30 Sing A Long with Mary Sue 1:15 Yoga with Ali 2:00 Create & Design: Fruit Print Painting 3:00 Bullseye with iN2L 4:30 Dinner 5:15 Tabletop Games 5:15 Wild Life Nature Documentary	30 6:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Chair Exercise 11:30 Lunch 12:30 Movie Matinee 1:30 Memory Magic 2:30 Hymns with Holly Aughenbough 3:30 Game Of Prize Bingo 4:30 Dinner 5:15 Nice Nails	<div style="text-align: center;">  <h1>MARCH 2022</h1> </div>		