




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 10:30 iN2L: Pictionary 11:00 Lunch 12:00 Walking with Friends 1:15 S.T.E.M : Walking Rainbow (CC) 2:30 Sip and Show (CC) 3:00 June IQ 4:00 Dinner 5:30 Movie Memories 7:00 Evening Wind Down	2 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Mikies Ice Cream 2:30 Sip and Mingle 3:00 Wacky Wordies 4:00 Dinner 5:30 Visit a National Park: Southern California 7:00 Evening Wind Down	3 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Finish the Lyrics 11:00 Lunch 12:00 Walking with Friends 1:15 Sharpen Your Senses 2:00 Singing w/ Dave Powers 3:00 Gardening Club 4:00 Dinner 5:30 Watch Great Art Explained 7:00 Evening Wind Down	4 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 10:30 iN2L: Balloon Burst 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Blueberry Basil Lemonade Pops 2:30 Popcorn Station 3:00 Word Pyramid 4:00 Dinner 5:30 Travel With Rick Steves 7:00 Evening Wind Down
5 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 5 Days All About Our Senses 2:00 Piano Playing w/ Bryan Herber 3:15 Worship Service 4:00 Dinner 5:30 Broadway Musicals Videos 7:00 Evening Wind Down Pentecost	6 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit & Be Fit 10:30 iN2L: Piggy Banker 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study 2:30 Iced Tea Hour 3:00 Sense of Hearing: Name That Sound? 4:00 Dinner 5:30 Salt TV: Graham Kerr's Kitchen 7:00 Evening Wind Down	7 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Stretch & Strengthen 10:30 iN2L: List It 11:00 Lunch 12:00 Walking with Friends 1:15 Sense of Taste: Cheese Tasting (CC) 2:30 Sip and Taste (CC) 3:00 EZ Does It Trivia 4:00 Dinner 5:30 Today in History 7:00 Evening Wind Down	8 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dance Through The Decades 10:30 iN2L: Word-A-Thon 11:00 Lunch 12:00 Walking with Friends 1:15 Senses of Smell: Mindscents (CC) 2:30 Sip and Be Social (CC) 3:00 Cows and Dairy Farms Crossword 4:00 Dinner 5:30 Times Square Webcam 7:00 Evening Wind Down	9 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:30 Musical Entertainment w/ Robert Twine 2:30 Cocktail Hour 3:00 Senses of Sight: Optical Illusion 4:00 Dinner 5:30 Travel to American Samoa 7:00 Evening Wind Down	10 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Name That Tune 11:00 Lunch 12:00 Walking with Friends 1:15 Sense of Touch: Mystery Boxes (CC) 2:30 Sip and Discuss (CC) 3:00 The Cow Says "Moo" Rhyme 4:00 Dinner 5:30 The Story of Folk Art 7:00 Evening Wind Down	11 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit and Celebrate 10:30 iN2L: Mind Fitness 11:00 Lunch 12:00 Walking with Friends 1:15 Gardening Club 2:30 Sip and Make a New Friend 3:00 Meryl Streep Code Message 4:00 Dinner 5:30 Alaska Bears Webcam 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Scrapbooking Memories 2:30 Sip and Share 3:00 Worship Service 4:00 Dinner 5:30 Babies Funny Videos 7:00 Evening Wind Down	13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 iN2L: Brain Teasers 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study 2:30 Sip and Discuss 3:00 Flag Day Trivia 4:00 Dinner 5:30 Salt TV: The Girls in the Band 7:00 Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light and Lively 10:30 iN2L: Word Wheel 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Watermelon Star Fruit Sparklers (CC) 2:30 Flag Day Ceremony (CC) 3:00 Flag Day Pass It On 4:00 Dinner 5:30 Classic Radio: Bob Hope 7:00 Evening Wind Down Flag Day	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Star & Stripes 10:30 iN2L: Happy Neuron 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Betsy Five Point Star Door Hanger (CC) 2:30 Sip and Show 3:00 Flag Day Jumble 4:00 Dinner 5:30 Classic TV Show: Bonanza 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Pretty in Pink: Spa Day 2:30 Tea Time with Caregivers 3:00 Flag Day Secret Quote 4:00 Dinner 5:30 Visit a National Park: Maine 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: What's That Sound 11:00 Lunch 12:00 Walking with Friends 1:15 Gardening Club 2:30 Iced Tea Hour 3:00 Flag Day Crossword 4:00 Dinner 5:30 The World of Woodworking 7:00 Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Music in Motion 10:30 iN2L: Brain Aerobes 11:00 Lunch 12:00 Walking with Friends 1:15 Bingo (CC) 2:30 June B-Day Celebration (CC) 3:00 Spelling Fishing Month (WG) 4:00 Dinner 5:30 DC Airport Webcam 7:00 Evening Wind Down
19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Decorate Dad Secret Box 1:15 Juneteenth True Or False 2:30 Root Beer Floats 3:00 Worship Service 4:00 Dinner 5:30 Short Story: The Untouchable 7:00 Evening Wind Down Father's Day	20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Tai Chi 10:30 iN2L: Cranium Crunches 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study 2:30 Sip and Discuss 3:00 Father's Day IQ 4:00 Dinner 5:30 Salt TV: The Beatles Parting Ways 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Express Toning 10:30 iN2L: Hard Logic 11:00 Lunch 12:00 Walking with Friends 1:15 Memory Magic 2:30 Bingo 3:00 Longest Day Social (CC) 4:00 Dinner 5:30 SATM Radio Show 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Toning Legs & ABS 10:30 iN2L: Millionaire 11:00 Lunch 12:00 Walking with Friends 1:15 Father Day Golfing Trip 1:15 Crafty Creation: Mason Jar Suncatcher 2:30 Snow Cone Station 3:00 Secret Cat Message 4:00 Dinner 5:30 Ted Talk: Self-Driving Taxi 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nelly Fox Bowling (CC) 2:30 Sip and Be Social (CC) 3:00 Fatherly Wit and Wisdom 4:00 Dinner 5:30 Travel to Washington 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 Name that Song 11:00 Lunch 12:00 Walking with Friends 1:15 Gardening Club (CC) 2:30 Iced Tea Hour (CC) 3:00 Father's Day Word Pairs 4:00 Dinner 5:30 The World of Wow Art 7:00 Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Latin Soul 10:30 iN2L: Family Feud 11:00 Lunch 12:00 Walking with Friends 1:15 Memories in the Making 2:30 Sip and Share 3:00 Father's Day Message 4:00 Dinner 5:30 Panda Webcam 7:00 Evening Wind Down
26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Timeslips 2:30 Memory Café 3:00 Worship Service 4:00 Dinner 5:30 Inspirational Videos 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dance Around The World 10:30 iN2L: Tell me a Joke 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study 2:30 Kitchen Creation: Applesauce Cake 3:00 Funny Cow Message 4:00 Dinner 5:30 Salt TV: A Star is Born 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 iN2L: Clockwork Brain Games 11:00 Lunch 12:00 Walking with Friends 1:30 Musical Entertainment w/ Lester Hirsh (CC) 2:30 Sip and Dance (CC) 3:00 Concentration Puzzle 4:00 Dinner 5:30 Classic Radio: Paul Harvey 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Fittersitter 10:30 iN2L: Left Vs Right Game 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Satin Ribbon Rose Flowers (CC) 2:00 Sip and Show (CC) 3:00 Rainbow Detective 4:00 Dinner 5:30 London Bus Webcam 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Windy Knoll Ice Cream (CC) 2:30 Sip and Mingle (CC) 3:00 Food Additives Good or Bad 4:00 Dinner 5:30 Visit a National Park: Hawaii 7:00 Evening Wind Down	 JUNE 2022	