

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>CONNECTIONS</h1>  <h2>JULY 2022</h2> <p><i>Chambersburg</i></p>					<p>1</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Name that Tune 11:00 Lunch 12:00 Walking with Friends 1:15 Pretty in Pink: Nail Care 2:30 Iced Tea Time 3:00 Spiritual Code Message 4:00 Dinner 5:30 Visit National Park: Montana 7:00 Evening Wind Down</p>	<p>2</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Seatworks 10:30 iN2L: Piggy Banker 11:00 Lunch 12:00 Walking with Friends 1:15 Memory Magic 2:30 Sip and Be Social 3:00 Ice Cream Detective 4:00 Dinner 5:30 London Bus Webcam 7:00 Evening Wind Down</p>
<p>3</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: R-W-B Yogurt Parfait 2:30 Sip and Discuss 3:00 Worship Service 4:00 Dinner 5:30 Funny Babies Videos 7:00 Evening Wind Down</p>	<p>4</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Star & Strips 10:30 iN2L: Balloon Burst 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study 2:30 4 of July Fireworks w/ R-W-B Snow Cone 3:00 Happy Independence Day Crossword 4:00 Dinner 5:30 Travel to New York 7:00 Evening Wind Down</p> <p style="text-align: center;">Independence Day</p>	<p>5</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 10:30 iN2L: Weekly Crossword 11:00 Lunch 12:00 Walking with Friends 1:15 Patriotic Balloon Ball (CC) 2:30 R-W-B Celebration Social (CC) 3:00 Star-Spangled Banner Word Search 4:00 Dinner 5:30 Classic TV Show: Finding America 7:00 Evening Wind Down</p>	<p>6</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 10:30 iN2L: Pictionary 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Patriotic Tie Dye Tote Bag (CC) 2:30 Sip and Show (CC) 3:00 Independence Day Secret Message 4:00 Dinner 5:30 Short Story: The Pet 7:00 Evening Wind Down</p>	<p>7</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Laurel Lake 2:30 Sip and Mingle 3:00 Giant UNO Cards 4:00 Dinner 5:30 Painting w/ Bob Ross 7:00 Evening Wind Down</p>	<p>8</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: What's that Sound? 11:00 Lunch 12:00 Walking with Friends 1:00 Traditional American Folk Music w/ Jay Smar 2:30 Sip and Dance 3:00 Backyard BBQ Detective 4:00 Dinner 5:30 Travel to Tonga 7:00 Evening Wind Down</p>	<p>9</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Stretch & Strengthen 10:30 iN2L: Millionaire 11:00 Lunch 12:00 Walking with Friends 1:15 Scrapbook Memories 2:30 Cotton Candy Station 3:00 Concentration Puzzles 4:00 Dinner 5:30 Alaska Bears Webcam 7:00 Evening Wind Down</p>

Chambersburg CONNECTIONS



JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Piano Playing w/ Bryan Herber 2:30 Sip and Dance 3:00 Worship Service 4:00 Dinner 5:30 Classic Movies: The Founders 7:00 Evening Wind Down	11 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 Tell Me a Joke 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study 2:30 Iced Tea Time 3:00 Dominoes 4:00 Dinner 5:30 Travel to Oregon 7:00 Evening Wind Down	12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing 10:30 Wheel of Fortune 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Frozen Hot Chocolate and Edible Cookie Dough (CC) 2:30 Sip and Taste (CC) 3:00 Reminiscing: Fireworks 4:00 Dinner 5:30 Classic Radio: Duke Ellington 7:00 Evening Wind Down	13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit & Be Fit 10:30 Train Brain 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Tropical Gingerbread Ornaments (CC) 2:30 Sip and Show 3:00 Jessica Snyder Performs 4:00 Dinner 5:30 TED Talks: Guardianship 7:00 Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Mikey's Ice Cream 2:30 Sip and Be Social 3:00 Bumblebee Crossword 4:00 Dinner 5:30 The Art of Woodworking 7:00 Evening Wind Down	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 Name That Song? 11:00 Lunch 12:00 Walking with Friends 1:15 Pretty in Pink: Spa Day 2:30 Sip and Make a New Friend 3:00 Wacky Wordies 4:00 Dinner 5:30 Visit National Parks: Jasper 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Music in Motion 10:30 Mind Fitness 11:00 Lunch 12:00 Walking with Friends 1:15 Timeslips 2:30 Sip and Discuss 3:00 Spelling Ice Cream Month Puzzle 4:00 Dinner 5:30 Japan Webcam 7:00 Evening Wind Down
17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Jeopardy Hour 2:30 Memory Café 3:00 Worship Service 4:00 Dinner 5:30 Inspirational Videos 7:00 Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dancing Though the Decades 10:30 Happy Neuron 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study 2:30 Sip and Discuss 3:00 Crafty Creation: Mountain Laurel Flower Art 4:00 Dinner 5:30 Travel to Utah 7:00 Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light & Lively 10:30 Family Feud 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Banana Split (CC) 2:30 Sip and Taste (CC) 3:00 Common Ending Word Game 4:00 Dinner 5:30 Broadway Musicals Videos 7:00 Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Express Toning 10:30 Brain Aerobes 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Gettysburg Heritage Center (CC) 2:30 Sip and Be Social (CC) 3:00 July IQ Trivia 4:00 Dinner 5:30 Short Story: The Last Lesson 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Bingo (CC) 2:30 July Birthday Celebration (CC) 3:00 Light Up The Night Sky Crossword 4:00 Dinner 5:30 The World of WOW Art 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 Finish The Lyric 11:00 Lunch 12:00 Walking with Friends 1:15 Pretty in Pink: Makeover 2:30 Sip and Mingle 3:00 Would You Rather 4:00 Dinner 5:30 Travel to South Korea 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Toning Legs & Abs 10:30 Hard Logic 11:00 Lunch 12:00 Walking with Friends 1:15 Memories in the Making 2:30 Sip and Discuss 3:00 Secret Campfire Quote 4:00 Dinner 5:30 Panda Webcam 7:00 Evening Wind Down
24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Sharpen Your Senses Cards 2:30 Popcorn Station 3:00 Worship Service 4:00 Dinner 5:30 Classic Movies: And Then There Were None 7:00 Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Fittersitter 10:30 Cranium Crunches 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study 2:30 Pretty in Pink: DIY Lip Stick (CC) 3:00 Sip and Show 4:00 Dinner 5:30 Travel to Guam 7:00 Evening Wind Down	26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Latin Soul 10:30 Price Is Right 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Surprise Raspberry Cupcakes (CC) 2:30 Sip and Taste 3:00 A Place In the "SUN" 4:00 Dinner 5:30 Classic Radio: Grand Ole Opry 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 Discuss & Recall 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Patriotic Jewelry 2:30 Sip and Share 3:00 Change the Word Game 4:00 Dinner 5:30 Ted ED: Moon Goddess 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nelly Fox Bowling (CC) 2:30 Sip and Be Social 3:00 Independence Day Add-up 4:00 Dinner 5:30 Visit a Virtual Museums 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 Who Sings That Tune? 11:00 Lunch 12:00 Walking with Friends 1:15 Pretty in Pink: Nail Care 2:30 Sip and Mingle 3:00 Parachute Game 4:00 Dinner 5:30 Visit National Park: Pacific Rim 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit & Celebration 10:30 Brain Teasers 11:00 Lunch 12:00 Walking with Friends 1:15 Shake Loose Memory 2:30 Sip and Discuss 3:00 Bottle Ring Toss 4:00 Dinner 5:30 Venice Webcam 7:00 Evening Wind Down