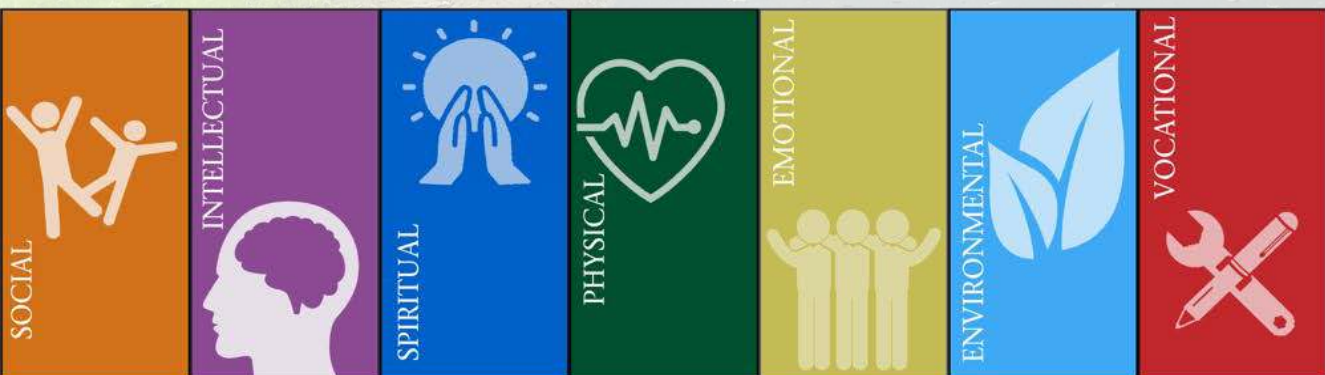


Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings!



*Dimensions
of Wellness*

Resident Birthdays

July

- 5 – Robert P.
- 7 – Noreen C.
- 8 – Mary B.
- 9 – Marie I.
- 29 – Andrew M.

August

- 11 – William P.
- 16 – Joseph F.
- 25 – Lillian D.
- 26 – Beverly B.
- 27 – Randi S.
- 30 – Grace S.

September

- 19 – Lorri A.



Providence Place SENIOR LIVING News

Q3: July 2022

A Note from the Executive Director

Our Collegeville Inn has been booming with summer activity. It has been great to see so many smiles on the front porch and also on the back deck over the past several weeks. The flowers our residents have been planting look beautiful. We are so fortunate to have such amazing outdoor spaces and walking paths to enjoy the gorgeous weather. Please enjoy fresh beverages in the lobby on warm days to stay hydrated and do not forget the sunscreen!

Pardon our dust! Thank you for your understanding and patience during the flood wall construction. We still have a few more weeks of construction expected. I would like to remind everyone that the emergency exits in the dining room and next to the theater are closed currently due to construction. Please use the loading dock exit outside the kitchen and the front door in the main living room as an alternative until further notice.

It has been wonderful watching all the activity over the past few weeks. Phillies game, ice cream trips, the drum circle and multiple entertainers. Thank you to Noelle and Sarah for keeping the activities lively and vibrant.

Please feel free to have family and friends join us for entertainment and special events. We welcome you to join us for our next brunch on Sunday July 24th, please make a reservation. It is truly my honor to work with such an amazing group of coworkers and residents.

Terri Sanelli

Executive Director

Highlighted Events

4 – July 4th Celebration @ 3:30pm

Entertainment by Joe Parker

18 – Happy Hour @ 3:30pm

Entertainment by Courtney Colletti

21 – Elmwood Zoo Outing @ 9am

24 – Sunday Brunch

28 – Center Point Pond Outing

@ 9am

Welcome New Residents

Catherine Delco B.

Howard W.

Helen M.




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>July</h1> <h2>2022</h2>			Calendar Key: ** Registration Required \$\$ Cost Involved Calendar Key: (CR) Community Room (AR) Activity Room (P) Pub, (C) Connections Neighborhood (DR) Dining Room, (OL) Old Lobby (GR) Game Room, (LIB) Library (ML) Main Lobby, (OS) Outside		1	2
3	4	5	6	7	8	9
10:00 Traditional Service with Chaplain Tia (T) 10:30 Mass Service on Screen (T) 11:00 Knitting & Crochet Club (P) 1:00 Gardening Club (Outside) 2:00 Bocce / Corn Hole (Outside) 3:30 Decorating Committee (P) 6:00 Movie / TV Series (P)	Independence Day 9:30 Chair Exercises (CH) 10:30 Games in the Pub (P) 11:00 Woofs of Wisdom by Ellie Mae (CR) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:30 July 4th Celebration with Performer: Joe Parker (P) 6:00 Movie (T)	8:00 Coffee & Current Events (P) 9:30 Chair Exercises (CH) 10:00 Shopping Trip: Dollar Store**\$(OOB) 11:00 Games at the Pub (P) 1:00 Out Front Friends (OS) 2:00 Grateful Drumming (P) 3:30 iN2L Trivia and Games (P) 6:15 Community Board Games (P)	9:30 Chair Exercises (CR) 10:00 Praying the Rosary (T) 11:00 Games on the Porch (OS) 1:00 Balloon Volleyball (P) 2:00 Men's Club: Billiards (P) 3:00 Gardening Club (OS) 4:00 Aerobic Exercise Class by Look Who's Dancing (P) 6:00 Res. Run Card Games (P)	9:30 Chair Exercises (P) 9:45 Communion with St. Eleanor's Legion of Mary (T) 10:30 Diners Caravan Lunch Out Collegeville Diner**\$(OOB) 11:00 Games on the Porch (OS) 1:00 Thankful to You Committee (P) 2:15 Nadine's Balance Class (P) 3:30 Games in the Pub/Outside (P/OS) 4:00 Trivia Happy Hour (P) 6:00 Card Games Club (P)	9:30 Chair Exercises (P) 10:30 Creative Crafting (P) 1:00 Bingo Bucks Bingo (AR) 2:00 Games Outside/Pub (OS/P) 3:30 Short Stories: Listen & Discuss (CR) 6:00 Res. Run: Billiards (OL)	9:30 Walking Club (L) 10:30 Cooking Group (AR) 1:00 Bingo in Beads (AR) 2:00 Trivia & Games (Outside/Pub) 4:00 Happy Hour (P) 6:15 Dominoes (AR)
10	11	12	13	14	15	16
10:00 Worship with Chaplain Tia (T) 11:00 Knitting & Crochet Club (P) 11:30 Learn & Laugh with Chaplain Tia (T) 1:00 Gardening Club (Outside) 2:00 Bocce / Corn Hole (Outside) 3:30 Cards Club (P) 6:00 Movie / TV Series (P)	9:30 Chair Exercises (P) 10:30 Games in the Pub (P) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:30 Name That Movie Happy Hour (P) 6:00 Movie (T)	8:00 Coffee & Current Events with Chaplain Tia (P) 9:30 Chair Exercises (CH) 10:00 Shopping Trip: Target**\$(OOB) 11:00 Games at the Pub (P) 1:00 Aerobic Drumming (P) 2:00 Circle of Friends with Chaplain Tia (T) 3:30 iN2L Trivia and Games (P) 6:15 Community Board Games (P)	9:30 Chair Exercises (CR) 10:00 Praying the Rosary (T) 11:00 Balloon Volleyball (P) 1:00 Activities Committee Mtg (P) 2:00 Ed-U Wellness: How to keep the Brain Sharp by Beth Pope, PT from Genesis Health & Rehab (CR/T) 3:30 Aerobic Drumming (P) 5:30-7pm Family Night with Bassett's Ice Cream (P)	9:30 Chair Exercises (P) 9:45 Communion with St. Eleanor's Legion of Mary (T) 10:30 Racko (P) 12:00 Ordering Lunch In: Wame**\$(P) 1:00 Ed-U Presentation: Art History with Steve Pollack (CR) 2:15 Nadine's Balance Class (P) 3:30 Games in the Pub/Outside (P/OS) 4:00 Trivia Happy Hour (P) 6:00 Card Games Club (P)	9:30 Chair Exercises (P) 10:30 Creative Crafting (P) 1:00 Bingo Bucks Bingo (AR) 2:00 Out Front Friends (OS) 3:30 Short Stories: Listen & Discuss (CR) 6:00 Res. Run: Billiards (OL)	9:30 Walking Club (L) 10:30 Cooking Group (AR) 1:00 Bingo in Hats (AR) 2:00 Trivia & Games (OS/Pub) 3:00 Gardening Club (OS) 4:00 AC Poker Happy Hour (P) 6:15 Dominoes (AR)
17	18	19	20	21	22	23
10:00 Worship with Chaplain Tia (T) 11:00 Knitting & Crochet Club (P) 11:30 Learn & Laugh with Chaplain Tia (T) 1:00 Gardening Club (Outside) 2:00 Bocce / Corn Hole (Outside) 3:30 Cards Club (P) 6:00 Movie / TV Series (P)	9:30 Chair Exercises (P) 10:30 Racko (P) 11:00 Woofs of Wisdom by Ellie Mae (P) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:30 Happy Hour with Courtney Colletti: Singer & Keyboard Player (P) 6:00 Movie (T)	8:00 Coffee & Current Events with Chaplain Tia (P) 9:30 Chair Exercises (CH) 10:00 Shopping Trip: Walmart**\$(OOB) 11:00 Games at the Pub (P) 1:00 Balance in Action Class by Genesis (P) 2:00 Bible Study with Chaplain Tia (T) 3:30 iN2L Trivia and Games (P) 6:15 Community Board Games (P)	9:30 Chair Exercises (CR) 10:00 Praying the Rosary (T) 11:00 Games on the Porch—Corn Hole/Horse shoes (OS) 1:00 Balloon Volleyball (P) 2:00 Ed-U Wellness: How to keep the Brain Sharp by Beth Pope, PT at Genesis (P/T) 4:00 Aerobic Exercise Class by Look Who's Dancing © 6:00 Res. Run Card Games (P)	9:00 Trip to Elmwood Zoo**\$(OOB) 9:30 Chair Exercises (P) 9:45 Communion with St. Eleanor's Legion of Mary (T) 11:00 Games in the Pub 1:00 Billiards (OL) 2:15 Nadine's Balance Class (P) 3:30 Photo Sharing (P/OS) 4:00 Trivia Happy Hour (P) 6:00 Card Games Club (P)	9:30 Chair Exercises (P) 10:30 Creative Crafting (P) 1:00 Bingo Bucks Bingo (AR) 2:00 Games Outside/Pub (L) 3:30 Short Stories: Listen & Discuss (CR) 6:00 Res. Run: Billiards (OL)	9:30 Walking Club (L) 10:30 Cooking Group (AR) 1:00 Bingo in Glasses (AR) 2:00 Trivia & Games (Outside/Pub) 3:00 Gardening Club (OS) 4:00 Happy Hour (P) 6:15 Dominoes (AR)
24	25	26	27	28	29	30
10:00 Worship with Chaplain Tia (T) 11:00 Knitting & Crochet Club (P) 11:30 Learn & Laugh with Chaplain Tia (T) 1:00 Gardening Club (Outside) 2:00 Bocce / Corn Hole (Outside) 3:30 Cards Club (P) 6:00 Movie / TV Series (P)	9:30 Chair Exercises (P) 10:30 Games in the Pub (P) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:30 Name That Movie Happy Hour (P) 6:00 Movie (T)	8:00 Coffee & Current Events with Chaplain Tia (P) 9:30 Chair Exercises (CH) 10:00 Shopping Trip: Giant**\$(OOB) 11:00 Games at the Pub (P) 1:00 Aerobic Drumming (P) 2:00 Circle of Friends with Chaplain Tia (T) 3:30 iN2L Trivia and Games (P) 6:15 Community Board Games (P)	9:30 Chair Exercises (CR) 10:00 Praying the Rosary (T) 11:00 Games on the Porch (OS) 1:00 Ed-U Presentation: Golden Soul Dogs By Sage & Jenny Cochran 2:00 Men's Club: Billiards (P) 3:00 Gardening Club (OS) 4:00 Bocce (OS) 6:00 Res. Run Card Games (P)	9:00 Trip to Center Point Pond**\$(OOB) 9:30 Chair Exercises (P) 9:45 Communion with St. Eleanor's Legion of Mary (T) 11:00 Games in the Pub (P) 1:00 Billiards (OL) 2:15 Nadine's Balance Class (P) 3:30 Photo Sharing (P/OS) 4:00 Trivia Happy Hour (P) 6:00 Card Games Club (P)	9:30 Chair Exercises (P) 10:30 Creative Crafting (P) 1:00 Bingo Bucks Bingo (AR) 2:00 Games Outside/Pub (L) 3:30 Short Stories: Listen & Discuss (CR) 6:00 Res. Run: Billiards (OL)	9:30 Walking Club (L) 10:30 Cooking Group (AR) 1:00 Bingo in Beads (AR) 2:00 Trivia & Games (Outside/Pub) 3:00 Gardening Club (OS) 4:00 Happy Hour (P) 6:15 Dominoes (AR)