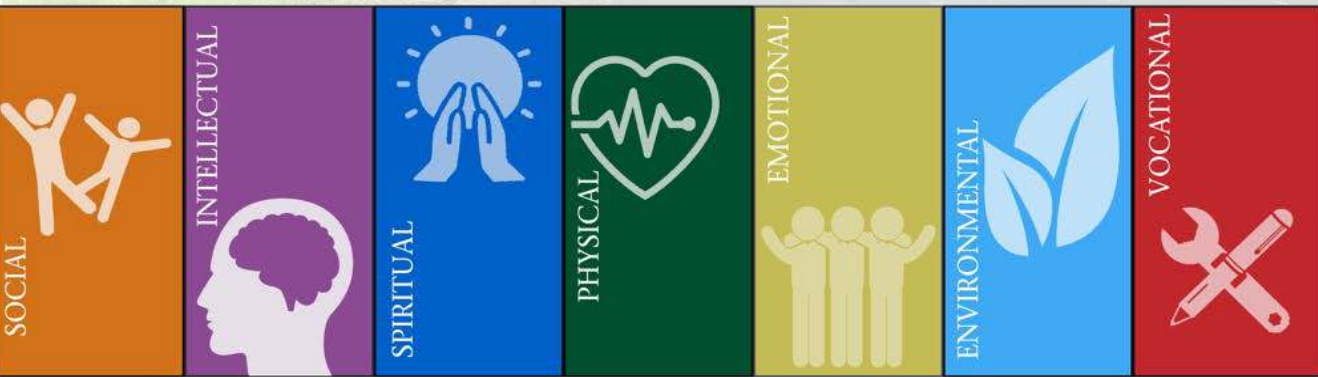


Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings!



Dimensions
of Wellness

Resident Birthdays

August

7 – Irene M.
7 – Josephine B.
8 – Raymond M.
13 – Gerald B.
15 – Geraldine M.
16 – Olga M.
21 – Susan M.
25 – Jean S.

September

6 – Anita M.
8 – Joseph Z.
11 – David N.
12 – Edward W.
17 – Danae R.
20 – Helen Z.
24 – Dorothy S.
24 – Virginia S.
25 – Barbara R.
26 – Patricia G.



Providence Place SENIOR LIVING News

Q3: August 2022

A Note from the Executive Director

Sunny summer days are finally here. Our residents are enjoying sitting out on our porches and decks, walking around our beautiful walking path, and breathing some fresh air. I really enjoyed making delicious homemade waffles and ice cream for everyone. Since I had many requests, I will do it again!

In June, we hosted a fun Beach Party event. The weather, food, entertainment and company made for an amazing day. I always enjoy these times we all get to spend with our residents, co-workers and families. I'm so overwhelmed with the love our home has brought to our residents.

At Providence Place of Drums, my entire team is committed to be sure our residents are treated like family and we will go above and beyond to find ways to say "YES".

Thank you to all the staff, residents, and families who have supported us to build a strong compassionate team. As always, I am available for comments, ideas, and concerns.

Stay healthy and think happy,

Kim Perchak

Executive Director

Highlighted Events

- 4 – **EdU Presentation:** The World of Reptiles @ 2:30pm
- 8 – **Cooking Club:** "Coffee Can" Ice Cream @ 3pm
- 10 – **EdU Presentation:** Diabetes & Healthy Eating @ 6:30pm
- 11 – **Eckley Coal Miner's Village Tour** @ 1pm
- 22 – **Second Mountain Sunflower Farm Outing** @ 12:30pm
- 30 – **Musical Entertainment by "Windfall"** @ 2:30pm
- 31 – **Outdoor Concert** @ 6:30pm
Frank Balon & St. Ann's Band

Welcome New Residents

Lillian R.
Barbara R.
Joyce B.



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<h1>August 2022</h1>	1 9:00 Daily Chronicle/Inspirations (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:00 Bridge Club (3rd) 1:30 World Lung Cancer Day Ribbon Craft (2nd) 2:30 National Ice Cream Sandwich Day: Waffles and Ice Cream (T) 3:30 Red & White Card Game (2nd) 6:30 Pinochle Players Club (3rd)	2 9:00 Daily Chronicle/Inspirations (2nd) 9:30 Shopping Trip: Walmart \$\$ (OOB) 10:30 Stretch Leg Exercise: Beach Ball (2nd) 1:00 Prayer Service & Communion (CH) 1:30 Manicures & Mocktails (2nd) 2:30 Craft Club: Jar of Fireflies (T) 3:30 Hymn Sing (Ch) 6:30 Summer Word Puzzle (2nd)	3 9:00 Daily Chronicle/Inspirations (2nd) 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Under the Sea Trivia (2nd) 1:30 Sit & Be Fit Exercise (2nd) 2:00 Musical Entertainment By John Stevens Polka Band (DR) 3:00 National Watermelon Day (2nd) 6:30 Scrabble (2nd)	4 9:00 Daily Chronicle/Inspirations (2nd) 9:30 Prayer and Meditation (CH) 10:00 Mass with Father Mike (DR) 10:30 Finish the Lyric (3rd) 1:30 Reptile Craft & Hidden Pictures (2nd) 2:30 Ed-U Live Demo/ Presentation: <i>The World of Reptiles</i> (1st) 3:30 Providence Place Walking Club (ML) 6:30 Pinochle Players club (3rd)	5 9:00 Daily Chronicle / Inspiration (2nd) 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study (Ch) 1:30 Excursion: Sunflower Picking at Burgers Farm Market**\$\$ (OOB) 2:30 Dessert & Discussion with Chef Ashley (DR) 3:00 Live Longer in the Blue Zones (2nd) 6:00 Cross Word Puzzle (2d)	6 9:00 Daily Chronicle / Inspiration (2nd) 09:30 Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Cooking Club: Breaded Zucchini Chips (2nd) 1:30 Hymn Sing (Ch) 2:30 Matinee: <i>In The Good Old Summertime</i> (2nd) 3:30 Porch Talk (3rd) 6:30 Uno Card Game (2nd)	
7 9:00 TV Catholic Mass (3rd) 9:30 Daily Chronicle / Inspirations (2nd) 10:00 Companion K-9 Visits with Therapy Alliance (1st) 1:30 Worship Service with Chaplain Bev (CH) 2:45 Bingo (3rd) 6:30 Music Club: Elvis Presley (1st)	8 9:00 Daily Chronicle / Inspirations (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:00 Bridge Club (3rd) 1:30 Bible Study with Dn. Bob Roman (C) 2:30 Musical Entertainment by George Rittenhouse (T) 3:30 Fresh Flower Arranging (2nd) 6:30 Pinochle Players Club (3rd)	9 9:00 Daily Chronicle/Inspirations (2nd) 9:30 Shopping Trip: Dollar Tree/Aldi's \$\$ (OOB) 10:30 Stretch Exercise (2nd) 1:00 Prayer Service & Communion (CH) 1:30 Interactive Music Class with Cynthia (2nd) 2:30 Bingo (3rd) 3:30 Book Lovers Day: Reading Club (2nd) 6:30 Color Me Calm (2nd)	10 9:00 Daily Chronicle/Inspirations (2nd) 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Sit & Be Fit Exercise (2nd) 1:00 Manicures & Mocktails (2nd) 2:30 Cooking Club: Chocolate Chip Cookies with Resident Carol Kubitz (T) 4:00 August Birthday Celebration (DR) 6:30 Scrabble (2nd)	11 9:00 Daily Chronicle Inspirations (2nd) 9:30 Prayer and Mediation (Ch) 10:30 Balance and Action Exercise (2nd) 1:30 Providence Place Walking Club (ML) 2:00 Chef's Paring with Chief 3:30 Providence Place Walking Club (ML) 6:30 Pinochle Players Club (3rd)	12 9:00 Daily Chronicle / Inspiration (2nd) 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study with Chaplin Bev (CH) 1:00 Lunch Out: Honey Hole Winery \$\$ (OOB) 3:00 Drumming Class with Joe Ciavella (T) 4:30 Read Around the Table (2nd) 6:00 Cross Word Puzzle (2nd)	13 9:00 Daily Chronicle / Inspiration (2nd) 09:30 Sit & Be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 EZ Does It: Finish the Drawing (2nd) 1:30 Hymn Sing (Ch) 2:30 Matinee: <i>A Beautiful Day in the Neighborhood</i> (2nd) 3:30 Porch Talk (3rd) 6:30 Uno Card Game (2nd)	
14 9:00 TV Catholic Mass (3rd) 9:30 Daily Chronicle/ Inspirations (2nd) 10:30 Chair Zumba with Alyson (2nd) 1:30 Worship Service with Chaplin Bev (CH) 2:45 Bingo (3rd) 6:30 Music Club: Elvis Presley (1st)	15 9:00 Daily Chronicle / Inspirations (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:00 Bridge Club (3rd) 1:30 Color Me Clam (T) 2:00 Taste of Hazleton 3:00 X-Box Bowling: Residents vs. PP Team Members (2nd) 6:30 Pinochle Players Club (3rd)	16 9:00 Daily Chronicle/Inspirations (2nd) 9:30 Shopping Trip: Walmart \$\$ (OOB) 10:30 Stretch Exercise (2nd) 1:00 Prayer Service & Communion (CH) 2:30 Arts and Crafts: Lady Bug Golf Ball with Resident Carol Kubitz (T) 3:30 National Bratwurst Day (2nd) 6:30 Summer Word Search Puzzle (2nd)	17 9:00 Daily Chronicle/Inspirations (2nd) 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Golden Trivia (2nd) 1:30 Sit & Be Fit Exercise (2nd) 2:00 Craft: Summertime Snow Globes (2nd) 2:45 Bingo (3rd) 6:30 Scrabble (2nd)	18 9:00 Daily Chronicle Inspirations (2nd) 9:30 Prayer and Mediation (Ch) 10:30 Balance and Action Exercise (2nd) 1:30 Providence Place Walking Club (ML) 2:30 Cooking Club: Mr. Bird Cake with Nicole Dudeck (3rd) 3:30 Providence Place Walking Club (ML) 6:30 Pinochle Players Club (3rd)	19 9:00 Daily Chronicle / Inspiration (2nd) 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study with Chaplain Bev (CH) 1:30 Dealing with Loss Support Group (SR) 2:30 Traveling the World with Universal Yums (T) 6:00 Cross Word Puzzle: Animals (2nd)	20 9:00 Daily Chronicle / Inspiration (2nd) 09:30 Sit & be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Salted Caramel Apple Nachos (C) 1:30 Hymn Sing (Ch) 2:30 Matinee: Quartet (2nd) 3:30 Porch Talk (3rd) 6:30 Uno Card Game (2nd)	
21 9:00 TV Catholic Mass (3rd) 9:30 Daily Chronicle / Inspirations (2nd) 10:30 Chair Zumba with Alyson (2nd) 1:30 Worship Service with Chaplin Bev (CH) 2:30 Starbucks Coffee Social (2nd) 4:30 Day of Remembrance & Tribute to the Victims of Terrorism (2nd) 6:30 Music Club: Frankie Valli (1st)	22 9:00 Daily Chronicle / Inspirations (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:00 Bridge Club (3rd) 1:30 Bible Study with Dn. Bob Roman (C) 2:00 Decorating Flower Pots for Sunflower with Carol Kubitz (T) 6:30 Pinochle Players Club (3rd)	23 9:00 Daily Chronicle/Inspirations (2nd) 9:30 Shopping Trip: Walmart \$\$ (OOB) 10:30 Stretch Exercise (2nd) 1:00 Prayer Service & Communion (Ch) 1:30 Interactive Music Class with Cynthia (2nd) 2:30 Bingo (3rd) 3:30 Fireside Chat (1st) 6:30 Word Search (2nd)	24 9:00 Daily Chronicle/Inspirations (2nd) 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Random Trivia (2nd) 1:30 Sit & Be Fit Exercise (2nd) 2:00 Pure Gold Jokes & Puns (2nd) 2:45 Bingo (3rd) 3:30 All About August Trivia (2nd) 6:30 Scrabble (2nd)	25 9:00 Daily Chronicle Inspirations (2nd) 9:30 Prayer and Mediation (Ch) 10:30 Balance and Action Exercise (2nd) 1:30 Providence Place Walking Club (ML) 2:00 Ed-U Presentation <i>Live Animals</i> by CDE Exotics (2nd) 3:30 Providence Place Walking Club (ML) 6:30 Pinochle Players Club (3rd)	26 9:00 Daily Chronicle / Inspiration (2nd) 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study with Chaplain Bev (CH) 1:00 Reading Round Table (2nd) 2:30 Sip and Paint (T) 3:30 Karaoke Singalong (3rd) 6:00 Cross Word Puzzle (2nd)	27 9:00 Daily Chronicle / Inspiration (2nd) 09:30 Sit & be Fit Exercise (2nd) 10:00 Rosary (Ch) 10:30 Garden Club: (ML) 1:30 Hymn Sing (CH) 2:30 <i>Bee My Honey</i> Super Happy Hour (1st) 3:30 Porch Talk (3rd) 6:30 Uno Card Game (2nd)	
28 9:00 TV Catholic Mass (3rd) 9:30 Daily Chronicle / Inspirations (2nd) 10:00 Companion K-9 Visits with Therapy Alliance (1st) 10:30 Sit & Be Fit Exercise (2nd) 1:30 Worship Service with Chaplin Bev (CH) 2:45 Bingo (3rd) 4:00 Name 10 Trivia Challenge (2nd) 6:30 Music Club: Frank Sinatra (1st)	29 9:00 Daily Chronicle / Inspirations (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill (Ch) 10:00 Bridge Club (3rd) 1:30 Bible Study with Dn. Bob Roman (C) 2:30 Ed-U Health Presentation: <i>Hair, Skin & Nails Health</i> By DOW Melissa (3rd) 3:30 X-Box Bowling (2nd) 6:30 Pinochle Players Club (3rd)	30 9:00 Daily Chronicle/Inspirations (2nd) 9:30 Shopping Trip: Walmart \$\$ (OOB) 10:30 Stretch Exercise (2nd) 1:00 Prayer Service & Communion (CH) 1:30 Brain Game (2nd) 2:30 Musical Entertainment by Windfall (Dr) 3:30 X-Box Bowling (2nd) 6:30 Cross word Puzzle (2nd)	31 9:00 Daily Chronicle/Inspirations (2nd) 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Apple Pie Brownies (C) 1:30 Sit & Be Fit Exercise (2nd) 2:00 Who Am I? Trivia (2nd) 2:45 Bingo (3rd) 3:30 Scrabble 6:30 Community Outdoor Concert: Frank Balon & St. Ann's Ban (FP)	Calendar Key: ** Registration Required \$\$ Cost Involved (OOB) Out of Building (FP) Front Porch (SR) Sun Room (DR) Dining Room (Ch) Chapel (1st) First Floor, (2nd) Second Floor, (3rd) Third Floor ((ML) Main Lobby (C) Café		<h1>THE Club</h1>	