


Chambersburg

CONNECTIONS



SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Caledonia Park 2:30 Sip and Discuss 3:00 Near " Bear" Word Rhyme 4:00 Dinner 5:30 Classic Movies: The Princess and the Pirate 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Finish The Lyrics 11:00 Lunch 12:00 Walking with Friends 1:15 Gardening Club 2:00 Singing w/ Dave Powers (CC) 3:00 Sip and Play Giant UNO 4:00 Dinner 5:30 Painting w/ Bob Ross 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light & Lively 10:30 iN2L: Hard Logic 11:00 Lunch 12:00 Walking with Friends 1:15 Memory Magic 2:30 Sip and Mingle 3:00 Cute Little Koala Crossword 4:00 Dinner 5:30 Ted Talks 7:00 Evening Wind Down
4	5	6	7	8	9	10
6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mediation Time 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:30 Piano Playing w/ Bryan Herber 2:30 Popcorn Station 3:00 Worship Service 4:00 Dinner 5:30 Hummingbird Webcam 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 10:30 iN2L: Brain Teasers 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study 2:30 Labor Day Social 3:00 Pretty in Pink: Nail Care 4:00 Dinner 5:30 Travel w/ Rick Steves 7:00 Evening Wind Down Labor Day	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit & Be Fit 10:30 iN2L: Happy Neuron 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Octopus Beach Magic Jell-O Cups (CC) 2:30 Sip and Taste (CC) 3:00 September IQ 4:00 Dinner 5:30 Classic Radio: Paul Harvey 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretch & Strengthen 10:30 iN2L: Cranium Crunches 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Shark Puppets (CC) 2:30 Great Mystery of the Deep Social (CC) 3:00 Wacky Wordies 4:00 Dinner 5:30 Travel to Georgia 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Mikies Ice Cream 2:30 Sip and Mingle 3:00 The Golden Age of Piracy Crossword 4:00 Dinner 5:30 Classic Movies: Raiders of the Seven Seas 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: What's That Sound! 11:00 Lunch 12:00 Walking with Friends 1:15 Gardening Club 2:30 Iced Tea Time 3:00 School Lunch Detective 4:00 Dinner 5:30 Art of Woodworking 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 iN2L: Brain Aerobics 11:00 Lunch 12:00 Walking with Friends 1:15 Scrapbooking Memories 2:30 Sip and Share 3:00 Jeopardy 4:00 Dinner 5:30 Ted ED 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>11</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Sharpen Your Senses 2:30 Sip and Share 3:00 Worship Service 4:00 Dinner 5:30 Kitten Rescue Webcam 7:00 Evening Wind Down</p> <p>Grandparents Day & Patriot Day</p>	<p>12</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Fittersitter 10:30 iN2L: Weekly Balloon Burst 11:00 Lunch 12:00 Walking with Friends 1:30 Bible Study 2:30 Sip and Discuss 3:00 Mountain Men: Spa Day 4:00 Dinner 5:30 Visit National Park: Canada Fundy 7:00 Evening Wind Down</p>	<p>13</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Latin Soul 10:30 iN2L: Mind Fitness 11:00 Lunch 12:00 Walking with Friends 1:15 Helping Hands: Staff Appreciation Bracelet (CC) 2:30 Sip and Show (CC) 3:00 Analogies Word Game 4:00 Dinner 5:30 Classic Radio: Grand Ole Opry 7:00 Evening Wind Down</p>	<p>14</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Star & Stripes 10:30 iN2L: Pictionary 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Red Velvet Apple Frosted Cupcakes (CC) 2:30 Sip and Share (CC) 3:00 Modern Jeopardy 4:00 Dinner 5:30 Travel to Australia 7:00 Evening Wind Down</p>	<p>15</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Sunflower Field (CC) 2:30 Sip and Discuss (CC) 3:00 Five – Clue What Am I ? 4:00 Dinner 5:30 Classic Movies: Captain Kidd 7:00 Evening Wind Down</p>	<p>16</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Name That Song 11:00 Lunch 12:00 Walking with Friends 1:15 Gardening Club 2:30 Snow Cone Station 3:00 Spelling Service Dog Month Word Game 4:00 Dinner 5:30 Great Art Explained 7:00 Evening Wind Down</p>	<p>17</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Walk to End Alzheimer's In Gettysburg 10:30 Sing w/ Susie Q 11:00 Lunch 12:00 Walking with Friends 1:15 Shake Loose Memory 2:30 Sip and Make a New Friend 3:00 Exposing The Secret Word 4:00 Dinner 5:30 Let's Make Art 7:00 Evening Wind Down</p>
<p>18</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Timeslips 2:30 Sip and Share 3:00 Worship Service 4:00 Dinner 5:30 Panda Webcam 7:00 Evening Wind Down</p>	<p>19</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Music Motion 10:30 iN2L: Weekly Crossword 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study 2:30 Sip and Discuss 3:00 Pretty In Pink: Spa Day 4:00 Dinner 5:30 Short Story: The Quicksand 7:00 Evening Wind Down</p>	<p>20</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Conductorcise 10:30 iN2L: Word Scramble 11:00 Lunch 12:00 Walking with Friends 1:15 Pirate Bingo 2:30 September Birthday Committee Meeting 3:00 Senior Center Crossword 4:00 Dinner 5:30 Classic Radio: Gene Autry 7:00 Evening Wind Down</p>	<p>21</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 iN2L: Balloon Burst 10:30 Dance Class w/ Jess 11:00 Lunch 12:00 Walking with Friends 1:00 Musical Entertainment Featuring Pianist Robert Earp (CC) 2:00 Iced Tea Time (CC) 3:00 Picture a Word Game 4:00 Dinner 5:30 Travel to Florida 7:00 Evening Wind Down</p>	<p>22</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Martin's Potato Roll Museum (CC) 2:30 Sip and Mingle (CC) 3:00 EZ Does It Trivia 4:00 Dinner 5:30 Classic Movies: Robinson Crusoe 7:00 Evening Wind Down</p>	<p>23</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Who Sang That Tune 11:00 Lunch 12:00 Walking with Friends 1:15 Gardening Club 2:30 Milkshake Station 3:00 Pirate Detective 4:00 Dinner 5:30 Art of Folk Art 7:00 Evening Wind Down</p> <p>Native American Day</p>	<p>24</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Tai Chi 10:30 iN2L: Train Your Brain 11:00 Lunch 12:00 Walking with Friends 1:15 Memories in the Making 2:30 Sip and Be Social 3:00 Random Trivia 4:00 Dinner 5:30 Virtual Museums 7:00 Evening Wind Down</p>
<p>25</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Reminiscing Pastime Cards 2:30 Sip and Share 3:00 Worship Service 4:00 Dinner 5:30 Polar Bear Webcam 7:00 Evening Wind Down</p>	<p>26</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 iN2L: Piggy Banker 11:00 Lunch 12:00 Walking with Friends 1:15 Bible Study 2:30 Sip and Discuss 3:00 Mountain Men: Pampered Day 4:00 Dinner 5:30 Visit National Park: Florida 7:00 Evening Wind Down</p>	<p>27</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dancing Around The World 10:30 iN2L: Word Wheel 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Sunflower Wreath (CC) 2:30 Sip and Show (CC) 3:00 Jeopardy 4:00 Dinner 5:30 Classic Radio: Bob Hope 7:00 Evening Wind Down</p>	<p>28</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Express Toning 10:30 iN2L: Word-A-Thon 11:00 Lunch 12:00 Walking with Friends 1:15 Gardening Club 2:30 Cotton Candy Station 3:00 Pirate Trivia 4:00 Dinner 5:00 Family Fall Festival Event 7:00 Evening Wind Down</p>	<p>29</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nelly Fox Bowling (CC) 2:30 Sip and Be Social (CC) 3:00 Concentration Puzzles 4:00 Dinner 5:30 Documentary: For Love & Country 7:00 Evening Wind Down</p>	<p>30</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Name That Tune 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Frozen Green Grape Bites (CC) 2:30 Sip and Taste (CC) 3:00 "Line " Dance Word Rhyme 4:00 Dinner 5:30 The Art of Watercolor 7:00 Evening Wind Down</p>	<p><i>Chambersburg</i></p> <p>CONNECTIONS</p>  <p>SEPTEMBER</p> <p>2022</p>