





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Exercise: Step Up! And Stretch 10:30 Live Morning Mass: St. Eleanor's Parish 12:00 Lunch 12:30 Matinee: <i>Jurassic Park</i> 2:00 Candy Bingo 3:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Organizing Living Space 7:00 Evening Winddown	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News And Happenings 9:30 Exercise: Silver Strength with Weights 10:30 Daily Devotions and Worship 11:30 iN2L: Who Wants to be a Millionaire 12:00 Lunch 12:30 Crafters Club: Clay 3:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Folding Laundry 7:00 Evening Refreshments	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 The Pacesetters: Walking Club 10:30 Daily Devotions and Worship 11:30 iN2L: TED Talk <i>The Skill of Humor</i> 12:00 Lunch 12:30 Theatrical Production: <i>The Sound of Music</i> 2:00 Popcorn Cart 3:00 Hydration Station 5:00 Dinner 5:30 Peaceful Meditation 7:00 Evening Winddown
4	5	6	7	8	9	10
6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Exercise: Active Alliance 10:30 Catholic Mass on Screen 11:30 iN2L: Trivia Challenge with Prizes 12:00 Lunch 12:30 Memory Magic 2:00 Cinema Shorts: <i>Seinfeld</i> 5:00 Dinner 5:30 Engagement Boards and Activities 7:00 Evening Winddown	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Set up Labor Day Decorations 10:30 Labor Day: Treats and Trivia 11:30 iN2L: Singing with Susie Q. 12:00 Lunch 12:30 Cooking Corner: Fruit Salad 2:00 Labor Day: Crosswords & Tabletop Games 3:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Folding Linens 7:00 Evening Winddown	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 That's a Stretch: Chair Yoga 10:30 Outing: Picnic at Manderach Park 11:30 iN2L: What Did It Cost? 12:00 Lunch 12:30 Calming Coloring 2:00 Sitcom Classic: <i>Carol Burnett Show</i> 3:00 Rosary with Chaplin Tia 5:00 Dinner 5:30 Helping Hands: Folding Laundry 7:00 Evening Winddown	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Hymn Sing with Chaplin Tia 11:00 Daily Devotions and Worship 11:30 iN2L: TED Talk <i>The Skill of Humor</i> 12:00 Lunch 12:30 Theatrical Production: <i>The Sound of Music</i> 2:00 Popcorn Cart 3:00 Hydration Station 5:00 Dinner 5:30 Peaceful Meditation 7:00 Evening Winddown	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Exercise: Step Up! & Stretch 10:30 Live Morning Mass: St. Eleanor's Parish 11:30 iN2L: Wordle 12:00 Lunch 12:30 Matinee: <i>The God Father</i> 2:00 Popcorn and Refreshments 3:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Organizing Living Spaces 7:00 Evening Winddown	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Exercise: Silver Strength with Weights 10:30 Daily Devotions and Worship 11:30 iN2L: <i>Friendly Feud</i> 12:00 Lunch 12:30 Crafters Club: Message Rocks 2:00 Walkers Club to the Community Sunroom 3:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Folding Laundry 7:00 Evening Winddown	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Exercise: Band Together Resistance Bands 10:30 Daily Devotions and Worship 11:30 iN2L: Armchair Travel Driving Differences in Countries 12:00 Lunch 1:00 Connections Caravan: Upper Schuylkill Valley Park 3:30 Happy Hour in the Pub with Violinist, Gus Spector 5:00 Dinner 5:30 Helping Hands: Dining Room Clean Up 7:00 Evening Winddown
	Labor Day					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Exercise: Active Alliance 10:30 Catholic Mass on Screen 11:30 iN2L: Remember When 12:00 Lunch 12:30 Memory Magic 2:00 Cinema Shorts: <i>Sanford and Sons</i> 3:00 Hydration Station 5:00 Dinner 5:30 Engagement Boards 7:00 Evening Winddown Grandparents Day & Patriot Day	12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Pep in Our Step: A Scavenger Hunt 10:30 Daily Devotions and Worship 11:30 iN2L: Singing with Mary Sue 12:00 Lunch 1:30 - 3:30 AL Week Joyful Moments Celebration 3:30 Hydration Station 5:00 Dinner 5:30 Helping Hands: Folding Linens 7:00 Evening Winddown	13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 That's a Stretch: Chair Yoga 10:30 Daily Devotions & Worship 11:30 iN2L: Brain Aerobics 12:00 Lunch 12:30 Painting with Acrylic Paints 1:30 - 3:30 AL Week Joyful Moments Celebration 4:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Folding Laundry 7:00 Evening Winddown	14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Hymn Sing with Chaplin Tia 11:30 iN2L: TED Talk <i>Laughter is the Best Medicine</i> 12:00 Lunch 12:30 Matinee: <i>Chicago</i> 1:30 - 3:30 AL Week Joyful Moments Celebration 4:00 Hydration Station 5:00 Dinner 5:30 Peaceful Meditation 7:00 Evening Winddown	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Step Up! And Stretch 10:30 Live Morning Mass: St. Eleanor's Parish 11:30 iN2L: Piggy Bankers 12:00 Lunch 12:30 Matinee: <i>Rescued by Ruby</i> 1:30 - 3:30 AL Week Joyful Moments Celebration 4:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Organizing 7:00 Evening Winddown	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Silver Strength with Weights 10:30 Daily Devotions & Worship 11:30 iN2L: The Price Is Right 12:00 Lunch 12:30 Crafters Club: Autumn 1:30 - 3:30 AL Week Joyful Moments Celebration 4:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Folding 7:00 Evening Winddown	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Band Together Resistance Bands 10:30 Daily Devotions & Worship 11:30 iN2L: Armchair Travel Flying through Europe 12:00 Lunch 1:00 Connections Caravan: Perk Valley Firehouse 3:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: DR Clean Up 7:00 Evening Winddown
18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Exercise with Active Alliance 10:30 Catholic Mass on Screen 11:30 iN2L: Trivia Challenge 12:00 Lunch 12:30 Memory Magic 2:00 Cinema Shorts: <i>The Bob Newhart Show</i> 3:00 Hydration Station 5:00 Dinner 5:30 Engagement Boards 7:00 Evening Winddown	19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Pep in Our Step: A Scavenger Hunt 10:30 Daily Devotions and Worship 11:30 iN2L: Singing with Susie Q. 12:00 Lunch 12:30 Cooking Corner: Devils Cake 2:00 Puzzled: Crosswords 3:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Folding Linens 7:00 Evening Winddown	20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 That's a Stretch: Chair Yoga 10:30 Daily Devotions & Worship 11:00 Gentleman's Club: Pizza Stop 11:30 iN2L: What Did It Cost? 12:00 Lunch 12:30 Field Day Games in CY 2:00 Have a Laugh 3:00 Rosary with Chaplin Tia 5:00 Dinner 5:30 Helping Hands: Folding 7:00 Evening Winddown	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Hymn Sing with Chaplin Tia 11:30 iN2L: TED Talk <i>Wisdom From Great Writers On Every Year of Life</i> 12:00 Lunch 12:30 Matinee: <i>Guys and Dolls</i> on Broadway 2:00 Popcorn Cart 3:00 Hydration Station 5:00 Dinner 5:30 Peaceful Meditation 7:00 Evening Winddown	22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Step Up! And Stretch 10:30 Live Morning Mass: St. Eleanor's Parish 11:30 iN2L: Crossword Puzzles 12:00 Lunch 12:30 Matinee: <i>Casino Royale</i> 2:00 Candy Bingo 3:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Organizing 7:00 Evening Winddown	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Silver Strength with Weights 10:30 Daily Devotions & Worship 11:30 iN2L: Deal or No Deal 12:00 Lunch 12:30 Crafters Club: Origami 2:00 Walkers Club: Perkiomen Trail 3:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Folding 7:00 Evening Winddown	24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Band Together Resistance Bands 10:30 Daily Devotions & Worship 11:30 iN2L: Armchair Travel International Monuments 12:00 Lunch 1:00 Connections Caravan: Merrymead Farms 3:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: DR Clean Up 7:00 Evening Winddown
25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Exercise with Active Alliance 10:30 Catholic Mass on Screen 11:30 iN2L: Today in History 12:00 Lunch 12:30 Memory Magic 2:00 Cinema Shorts: <i>The Lucy Show</i> 3:00 Hydration Station 5:00 Dinner 5:30 Engagement Boards 7:00 Evening Winddown	26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Pep in Our Step: Scavenger Hunt 10:30 Daily Devotions and Worship 11:30 iN2L: Singing with Mary Sue 12:00 Lunch 12:30 Cooking Corner: Blueberry Cheesecake 2:00 Puzzled: Crosswords 3:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Folding Linens 7:00 Evening Winddown	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 That's a Stretch: Chair Yoga 10:30 Daily Devotions & Worship 11:30 iN2L: Brain Aerobics 12:00 Lunch 12:30 Candid Camera 3:00 Rosary with Chaplin Tia 5:00 Dinner 5:30 Helping Hands: Folding 7:00 Evening Winddown	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Hymn Sing with Chaplin Tia 11:30 iN2L: TED Talk <i>How to Live to be 100+</i> 12:00 Lunch 12:30 Matinee: <i>Fiddler On The Roof</i> 2:00 Popcorn Cart 3:00 Hydration Station 5:00 Dinner 5:30 Peaceful Meditation 7:00 Evening Winddown	29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Step Up! And Stretch 10:30 Live Morning Mass: St. Eleanor's Parish 11:30 iN2L: Balloon Burst 12:00 Lunch 12:30 Matinee: <i>Paddington</i> 2:00 Candy Bingo 3:00 Hydration Station 5:00 Dinner 6:00-7:00 Family Bingo Night Cocktails and Prizes	30 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and Happenings 9:30 Silver Strength with Weights 10:30 Daily Devotions & Worship 11:30 iN2L: History of Memorial Day 12:00 Lunch 12:30 Walking Club with Music 3:00 Hydration Station 5:00 Dinner 5:30 Helping Hands: Folding 7:00 Evening Winddown	  SEPTEMBER 2022