

Dover



CONNECTIONS



SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
				7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Working Up A Sweat 10:00 Golden Ages Movie Trivia 10:30 Common Sayings 4-6 11:00 Summer & Autumn Trivia 11:30 Lunch 1:00 Bingo 2:30 Devotions With Chaplain Shawn 3:00 Pictionary 3:30 Family Feud 4:00 Afternoon Stretch 4:30 Dinner 5:15 Tip Top Nail Spa 7:00 Relax & Unwind	7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Amazing News & Stories 10:00 Fitness Friday 10:30 Balloon Volleyball 11:30 Lunch 1:00 Culinary Creations: Chocolate Chip Pancakes & Fruit Smoothies 3:30 Elvis & Tennessee Trivia 4:00 American History Trivia 4:30 Dinner 7:00 Evening Snacks & Refreshments	7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Daily Devotional 10:00 Fit To The Core Club 10:30 Spot The Difference 11:00 Family Feud 11:30 Lunch 1:00 Bingo 2:30 Outdoor Time 3:30 Bowling 4:30 Dinner 5:30 Tip Top Nail Spa 7:00 Relax & Unwind
4	5	6	7	8	9	10
7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Bible Study 10:00 Fit To The Core Club 10:30 Bible Trivia 11:00 Reminiscing Family 11:30 Lunch 1:00 Hymn Sing-Along 1:30 Church Service 2:00 Falls & Medication Trivia 2:30 Trail Mix Treat 3:00 The Price Is Right 4:30 Dinner 5:30 Wildlife Documentary 7:00 Relax & Unwind	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Movie Matinee: The God Committee 11:30 Lunch 1:00 Relax & Unwind 2:15 York Music Therapy 3:15 Popsicle Social 4:30 Dinner 7:00 Evening Meditation & Relaxation Labor Day	7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 News & Daily Happenings 10:00 Toned Tuesday Workout 10:30 iN2L: Left Hand Right Hand 11:00 Occupation Trivia 11:30 Lunch 1:15 Create & Design With Friends 2:30 Target Practice With Nerf Guns 3:30 Name That Tune 1&2 4:00 Household Trivia 4:30 Dinner 5:30 Movie Matinee: Despicable Me 7:00 Relax & Unwind	7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Amazing News & Stories 10:00 Wednesday Workout 10:30 Common Sayings 1-3 11:00 iN2L: Basic Temporal Trivia 11:30 Lunch 1:00 What Did It Cost 1:30 Memory Magic 1:30 Midweek Worship Service 2:30 Critter Connection Petting Zoo Visit 3:45 Family Feud 4:30 Dinner 6:00 Evening Winddown with Sound	7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Local News & Weather Report 10:00 Muscle Mania Morning Workout 10:30 Country Music Trivia 11:00 Name That Logo Trivia: NFL & Companies 11:30 Lunch 1:00 Bible Study 1:30 Black History & Native American Trivia 2:30 Devotions With Chaplain Shawn 3:00 Popsicle Social 3:30 Tip Top Nail Spa 4:30 Dinner 5:30 Movie Matinee: Dodge City 7:00 Relax & Unwind	7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Daily Devotional 10:00 Fit To The Core Club 10:30 Brain Busters 11:30 Lunch 1:00 Movie Matinee 3:00 Drumming Class with Joe Ciarvella 4:00 Dinner 5:30 TV Time: Threes Company 7:00 Evening Snacks & Refreshments	7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Local News & Weather Report 10:00 Fitness Club 10:30 Farming Trivia 11:00 Wacky Words Trivia 11:30 Lunch 1:00 Outdoor Stroll In Courtyard 2:00 Brain Busters 3:00 Movie Premier: The Godfather 4:30 Dinner 7:00 Relax & Unwind

Events & Programs are Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Bible Study 10:00 Fit To The Core Club 10:30 Christian Sing-Along 11:00 Bible Trivia 11:30 Lunch 1:00 American Sing-Along 1:30 Church Service With Chaplain Shawn 2:00 Bingo 3:00 Sunday Sundaes 3:45 Riddles and Jokes 4:30 Dinner 7:00 Relax & Unwind Grandparents Day & Patriot Day	12 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Staff Appreciation 10:30 Law Trivia 11:00 Brain Busters: Items Around the House 11:30 Lunch 1:00 Stained Glass Craft 2:15 York Music Therapy 3:15 Flower Identification 4:00 Common Sayings 7-9 4:30 Dinner 6:00 Movie Night: Jungle Book 7:00 Evening Meditation & Relaxation	13 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Daily Devotional 10:00 Fit To The Core Club 10:30 American History 11:00 News Now 11:30 Lunch 1:00 Bingo 2:30 Sippers & Snacks 3:00 Hunting Trivia 3:30 Sing-Along 4:30 Dinner 7:00 Relax & Unwind	14 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Staff Appreciation: Gift Bag Creations 10:30 Wonders Of The World 11:00 Bible Study 11:30 Lunch 1:00 Bingo 2:30 Musical Entertainment with Holly A. 3:30 Pictionary 4:30 Dinner 5:30 Tip Top Nail Spa 7:00 Evening Winddown with Sound	15 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Local News & Weather Reports 10:00 Morning Fitness 10:30 Penn State Trivia 11:00 Bible Study 1:00 Wood Block Paintings 2:30 Devotions With Chaplain Shawn 3:00 Balloon Volleyball 4:30 Dinner 5:30 Tip Top Nail Spa 7:00 Relax & Unwind	16 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Bible Study 10:00 Amazing News & Stories 10:30 Friday Fitness Club 11:00 Common Sayings 10-12 11:30 Lunch 1:00 Culinary Creations: Peanut Butter & Banana Sandwiches 2:30 Bingo 3:30 Name That Bird Call 4:00 Golf Trivia 4:30 Dinner 7:00 Evening Snacks & Refreshments	17 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Daily Devotional 10:00 Fit To The Core Club 10:30 Learn About Gymnastics 11:00 Lunch 2:30 Nature Walk 3:30 Apple Treats 4:30 Dinner 5:30 Tip Top Nail Spa 7:00 Relax & Unwind
National Assisted Living Week						
18 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Daily Devotional 10:00 Fit To The Core Club 10:30 Old & New Testament Trivia 11:00 Discussion Starters 11:30 Lunch 1:00 Hymn Sing Along 1:30 Church Service with Chaplain Shawn 2:00 Air Force History & Trivia 2:30 Snacks & Drinks 3:00 Pictionary 4:30 Dinner 7:00 Relax & Unwind	19 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Local News & Weather Report 10:00 Monday Muscle Club 10:30 Bible Study 11:00 Always or Never 11:30 Lunch 1:00 Indoor Bowling & Snacks 2:15 York Music Therapy 3:15 Memory Magic 4:30 Dinner 7:00 Evening Meditation & Relaxation	20 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Amazing News & Stories 10:00 Toned Tuesday Workout 10:30 Pennsylvania Trivia 11:00 Bible Study 11:30 Lunch 1:00 Create & Design With Friends 2:30 Name That Celebrity 3:30 iN2L: 2 of a Kind & 3 of a Kind 4:00 Common Sayings 13-15 4:30 Dinner 7:00 Relax & Unwind	21 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Local News & Happenings 10:00 Fit To The Core Club 10:30 Medication Safety Trivia 11:00 Name That Sound 11:30 Lunch 1:00 Family Feud 1:30 Memory Magic 2:30 Balloon Volleyball 3:30 Drinks & Snacks 4:30 Dinner 5:30 Tip Top Nail Spa 7:00 Evening Winddown with Sound	22 6:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Amazing News & Stories 10:00 Prize Bingo 11:30 Lunch 1:00 Fit To The Core Club 1:30 iN2L: Left Hand Right Hand 2:00 Bologna Rollup Snacks 2:30 Devotions with Chaplain Shawn 3:00 Tip Top Nail Spa 4:00 - 6:30 Hawaiian Luau at the 100 Hall Patio 4:30 Dinner 7:00 Relax & Unwind	23 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Daily Devotions 10:00 Fit To The Core Club 10:30 World Travel Day: France 11:00 Classical Music Karaoke 11:30 Lunch 1:15 Culinary Creation: French Cuisine 3:15 Family feud 4:30 Dinner 7:00 Evening Snacks & Refreshments Native American Day	24 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Local News & Weather Report 10:00 Fitness Club 10:30 Farming Trivia 11:00 Wacky Words Trivia 11:30 Lunch 1:00 Mini Golf Course in Activity Room 2:30 Popcorn and Soda Social 3:00 Beer & Cocktail Trivia 3:30 70's Food Trivia 4:00 Name That Location 4:30 Dinner 6:00 Movie Matinee: A Walk In the Woods 7:00 Relax & Unwind
25 7:00 Activities of Daily Living 8:00 Breakfast & Café Espresso 9:30 Bible Study 10:00 Morning Fitness 10:30 Dog & Cat Trivia 11:00 Famous Poet Trivia 11:30 Lunch 1:00 Christian Sing-Along 1:30 Church Service with Chaplain Shawn 2:00 Afternoon Tea w/Snacks 4:30 Dinner 7:00 Relax & Unwind	26 7:00 Activities of Daily Living 8:00 Breakfast & Café Espresso 9:30 Local News & Weather Report 10:00 Superhero Trivia 10:30 iN2L: Basic Temporal Trivia 11:00 Monday Morning Workout 11:30 Lunch 1:00 Bingo 2:15 York Music Therapy 3:15 Balloon Volleyball 4:30 Dinner 7:00 Evening Meditation & Relaxation	27 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Daily Devotional 10:00 Fit To The Core Club 10:30 Finishing Lines 11:00 Brain Busters 11:30 Lunch 1:00 Create & Design: Jewelry 2:30 Jewelry Show Off 3:30 Chocolate Milk & Graham Crackers 4:30 Dinner 5:30 Relax & Unwind	28 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Morning News & Weather Report 10:00 Crossword Puzzle 10:30 Fit To The Core Club 11:00 Name That Jingle 11:30 Lunch 1:00 Tip Top Nail Spa 2:15 Musical Engagement With Holly A. 3:15 iN2L: Around The House Identification 4:00 Name That Instrument 4:30 Dinner 7:00 Evening Winddown with Sound	29 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Morning News & Weather Report 10:00 Fitness Class 10:30 Presidential Trivia 11:00 Wildlife Trivia 11:00 Greers Burger Outing with Club 11:30 Lunch 1:00 Balloon Volleyball 2:00 Snacks & Sippers 3:00 Tip Top Nail Spa 4:30 Dinner 7:00 Relax & Unwind	30 7:00 Activities of Daily Living 8:00 Breakfast & Cafe Espresso 9:30 Morning News & Weather Report 10:00 Fitness Class 10:30 Fact or Fiction 11:00 Idioms Trivia 11:30 Lunch 1:00 Culinary Creations 3:00 Afternoons Stroll In Courtyard 4:30 Dinner 7:00 Evening Snacks & Refreshments	  SEPTEMBER 2022