




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Morning Stretch 10:00 Snacks & Social 10:30 Trivia Time 11:00 Lunch 12:00 Movie Matinee "Enchanted" 1:30 Bingo 2:30 liN2L-Balloon Pop 3:00 Ring Toss 4:00 Dinner 5:00 Reminiscing-The Good Old Days 7:00 Snack & Evening Wind Down	2 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Chair Exercise 10:00 Snacks & Social 10:30 Sing a Long to the Broadway Tunes 11:00 Lunch 12:00 Spa Time 1:00 Brain Games 1:30 Yoga with Michelle 2:30 Art Expressions with Kim 4:00 Dinner 5:00 iN2L-Travel Time 7:00 Snack & Evening Wind Down	3 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Balloon Volley 10:00 Snacks & Social 10:30 Brain Games 11:00 Lunch 12:00 iN2L -Songs of the Heart 1:00 Puzzles & Ponderings 2:00 Grateful Drumming with Joe 3:00 Happy Hour 4:00 Dinner 5:00 Table Ball & Table Talk 7:00 Snack & Evening Wind Down	4 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Morning Stretch 10:00 Snacks & Social 10:30 Creative Expressions 11:00 Lunch 12:00 Music Memories 1:00 Kitchen Korner "Pumpkin Dip" 2:30 Ring Toss 3:30 liN2L -Guess The Word Game 4:00 Dinner 5:00 Gather Round-Classic TV 7:00 Snack & Evening Wind Down	5 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Gentle Stretching & Meditation 10:00 Snacks & Social 10:30 Table Ball & Table Talk 11:00 Lunch 12:00 Crafting Corner "Fall & Friends" 1:00 Bowling 2:00 Movie Matinee with Refreshments 4:00 Dinner 5:00 Music Memories 7:00 Snack & Evening Wind Down
6 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Live Stream Worship: Trinity Lutheran Worship 10:30 Daily Devotional & Hymns 11:00 Lunch 12:00 Sunday Spa Time 1:00 iN2L- Music & Movement 2:00 Mocktail Social 3:00 Creative Expressions 4:00 Dinner 5:00 Gather Round "Classic TV" 7:00 Snack & Evening Wind Down	7 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Balloon Volley 10:00 Snacks & Social 10:30 How Many Can You Name? 11:00 Lunch 12:00 Musical Memories 1:00 Name That Star 2:00 Church Service with Deacon David 3:00 Arts & Crafts "Fall Wreaths" 4:00 Dinner 5:00 iN2L-Travel to Maine 7:00 Snacks & Evening Wind Down	8 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Morning Stretch 10:00 Kitchen Korner -Pumpkin Bread 11:00 Lunch 12:00 Memory Magic 1:00 Horseshoes 2:00 We Are Thankful Social 3:00 iN2L -Dancing to the Oldies 4:00 Dinner 5:00 Gather Round "Classic TV" 6:00 Creative Expressions 7:00 Snacks & Evening Wind Down	9 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Music & Movement 10:00 Snacks & Social 10:30 A Walk Down Memory Lane 11:00 Lunch 12:00 Daniel O'Donnell "Songs Of Faith" 1:30 Yoga with Michele 2:30 Snack & Social 3:00 Ring Toss 4:00 Dinner 5:00 liN2L- Bubble Pop 7:00 Snacks & Evening Wind Down	10 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Sittercize 10:00 Snacks & Social 10:30 Creative Expressions 11:00 Lunch 12:00 Arts & Crafts-Clothespin Wreath 1:30 Music Engagement with Cindy 3:00 Snacks & Social 4:00 Dinner 5:00 Timeslips 7:00 Snacks & Evening Wind Down	11 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Exercise & Ball of Fun 10:00 Snacks & Social 10:30 Music Memories 11:00 Lunch 12:00 Puzzles & Ponderings 1:00 Parachute Fun 2:00 Salute to Our Veterans Social 3:00 iN2L-Patriotic Tunes 4:00 Dinner 5:00 iN2L Rosary 7:00 Snacks & Evening Wind Down	12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Gentle Stretching & Meditation 10:00 Snacks & Social 10:30 Brain Games 11:00 Lunch 12:00 Creative Expression 1:00 Kitchen Korner-Rice Krispie Treats 2:15 Corn Hole Toss 3:00 iN2L-Peace & Prayer 4:00 Dinner 5:00 Gather Round "Classic TV" 7:00 Snack & Evening Wind Down
Daylight Saving Ends					Veteran's Day	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Live Stream– Trinity Lutheran Church 10:30 Trivia Time 11:00 Lunch 12:00 Movie Matinee “The Parent Trap” 1:30 Chair Exercises 2:30 Snacks & Social 3:00 Creative Expressions 4:00 Dinner 5:00 Gather Round-Classic TV” 7:00 Snacks & Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Morning Stretch 10:00 Crafting Corner–Circle Printing 11:00 Lunch 12:00 Reminiscing “The Good Old Days” 1:00 Ice Cream Cone Social 2:00 Church Service with Deacon David 3:00 Balloon Volley 4:00 Dinner 5:00 Gather Round –Classic TV 7:00 Snacks & Evening Wind Down	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Chair Exercises 10:00 Musical Memories 11:00 Lunch 12:00 Gather Round “Lawrence Welk” 1:00 Autumnal Arrangements 2:00 Snacks & Social 3:00 IN2L Bubble Pop 4:00 Dinner 5:00 Creative Expressions 7:00 Snacks & Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Gentle Stretching & Meditation 10:00 iN2L-Name That Tune 11:00 Lunch 12:00 Table Ball & Table Talk 1:45 Memory Magic 1:30 Yoga with Michelle 2:30 Hydration Station 3:00 Easy Listening & Manicures 4:00 Dinner 5:00 Open Hearts Club 7:00 Snacks & Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Morning Stretch 10:00 iN2L -Worship Service 11:00 Lunch 12:00 Puzzles & Ponderings 1:00 Kitchen Korner -Snickerdoodles 2:30 Ring Toss 3:30 Time Slips 4:00 Dinner 5:00 How Many Can You Name? 7:00 Snacks & Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Parachute Fun 10:30 Trivia Time 11:00 Lunch 12:00 Movie Matinee “Grumpy Old Men” 1:30 Basket ball Tournament 2:30 Snack & Social 3:30 Musical Memories 4:00 Dinner 5:00 Gather Round-Classic TV 7:00 Snacks & Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicle 9:30 Chair Exercises 10:00 Creative Expressions 11:00 Lunch 12:00 iN2L –Travel to the National Parks 1:00 Crafting Corner –Watercolors 2:00 Snack & Social 3:00 Balloon Volley 4:00 Dinner 5:00 Gather Round-Classic TV 7:00 Snacks & Evening Wind Down
20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicles 9:30 Live Stream-Trinity Lutheran Church 10:30 Music Memories 11:00 Lunch 12:00 Movie Matinee “The Sound of Music” 1:30 Chair Exercise-Grow Young 2:30 Puzzles & Ponderings 3:30 Time Slips 4:00 Dinner 5:00 Gather Round-Classic TV 7:00 Snacks & Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicles 9:30 Reminiscing-Household Chores 10:00 Gentle Stretching & Yoga 11:00 Lunch 12:00 Monday Manicures 1:00 Price is Right “Thanksgiving Dinner” 2:00 Snack & Social 3:00 Church service with Deacon David 4:00 Dinner 5:00 Gather Round-Classic TV 7:00 Snacks & Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Morning Stretch 10:00 Tuesday Tunes 11:00 Lunch 12:00 Creative Expressions 1:00 Crafting Corner -Autumn Art 2:00 Snack & Social 3:00 Corn Hole Tournament 4:00 Dinner 5:00 Trivia Time 7:00 Snacks & Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Chair Exercises 10:00 Snacks & Social 10:30 Balloon Volley 11:00 Lunch 12:00 iN2L-Inspirational Service 1:00 Trivia Time 1:30 Yoga with Michelle 2:30 Hydration Station 3:00 Poetry & Rhyme Time 4:00 Dinner 5:00 Basketball 7:00 Snacks & Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicles 9:30 Macy’s Thanksgiving Day Parade & Hot Chocolate 11:00 Lunch 12:00 Creative Expressions 1:00 Thanksgiving Day Memories & Social 2:00 Movie Matinee “The Apple Dumpling Gang” 4:00 Dinner 5:00 Gather Round “Classic TV” 7:00 Snacks & Evening Wind Down Thanksgiving Day	25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicles 9:30 iN2LZumba 10:00 Snacks & Social 10:30 Timeslips 11:00 Lunch 12:00 Silver Belles Club 1:00 Creative Expressions 2:00 Apple Cider Social 3:00 Ring Toss 4:00 Dinner 5:00 Gather Round –Classic TV 7:00 Snacks & Evening Wind Down	26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Morning Stretch 10:00 Snack & Social 10:30 Trivia Time 11:00 Lunch 12:00 Movie Matinee “It’s A Wonderful Life” 1:30 Kitchen Korner– Ambrosia 3:00 Puzzles & Ponderings 4:00 Dinner 5:00 Gather Round-Classic TV 7:00 Snacks & Evening Wind Down
27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotional & Chronicles 9:30 Live Stream– Trinity Lutheran Church Worship Services 10:30 Trivia Time 11:00 Lunch 12:00 Balloon Volley 1:00 Sing a Long with Suzie Q 2:00 Snacks & Social 3:00 Color Our World 4:00 Dinner 5:00 Gather Round-Classic TV 7:00 Snacks & Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Sittercize 10:00 iN2L–Hymn Sing 11:00 Lunch 12:00 Movie Matinee “Jungle Cruise” 2:00 Worship Service with Deacon David 3:00 Happy Hour with Cranberry Spritzers 2:30 Bowling 4:00 Dinner 5:00 Gather Round “Classic TV” 7:00 Snacks & Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Chair Aerobics 10:00 Snack & Social 10:30 Memory Magic 11:00 Lunch 12:00 iN2L- Imagination Vacation 1:30 BINGO 3:00 Creative Expressions 4:00 Dinner 5:00 Ring Toss 7:00 Snacks & Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Morning Stretch 10:00 Guess A Letter Game 11:00 Lunch 12:00 Oh Christmas Tree! 1:30 Yoga with Michelle 2:30 Hydration Station 3:00 Christmas Caroling 4:00 Dinner 5:00 Wheel Of Fortune– Holiday Edition 7:00 Snacks & Evening Wind Down	<p><i>Pottsville</i></p> <h1>CONNECTIONS</h1>  <h1>NOVEMBER 2022</h1>		