


# Pottsville CONNECTIONS



# JANUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 Trinity Lutheran Worship Service 10:30 Corn Hole Toss 11:00 Lunch 12:00 Puzzles &amp; Ponderings 1:00 New Year Traditions &amp; Social 2:00 Snowball Toss 3:00 Creative Expressions 4:00 Dinner 5:00 Gather Round-Classic TV</p> <p>New Year's Day</p>	<p>2</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 Morning Stretch 10:00 Parachute Fun 11:00 Lunch 12:00 Movie Matinee &amp; Popcorn 1:00 Crafting Corner –Snowman Scene 2:00 Eucharistic Service with Deacon David 3:00 IN2L-Sing A Long with Suzy Q 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>3</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 Chair Soccer 10:00 Snack &amp; Social 10:30 Creative Expressions 11:00 Lunch 12:00 Name That Bird 1:00 Pine Cone Bird Feeders with Club 2:00 IN2L-Birds of the Backyard 3:00 Storytelling "Picture This" 4:00 Dinner 5:00 Corn Hole Toss 7:00 Snacks &amp; Evening Wind Down</p>	<p>4</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 Balloon Volley 10:00 Hydration Station 10:30 IN2L-Triva Time 11:00 Lunch 12:00 Aromatherapy &amp; Manicures 1:00 Games Galore 1:30 Yoga with Michelle 2:30 Art Expressions with Kim 4:00 Dinner 5:00 Inspirational Sing a Long 7:00 Snacks &amp; Evening Wind Down</p>	<p>5</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 IN2L- Daily Mass 10:00 Kitchen Korner " Snow Pie" 11:00 Lunch 12:00 Reminiscing- Sledding &amp; Skating 1:00 Snow Time Social 2:00 Grateful Drumming with Joe 3:00 Hydration Station 3:30 IN2L- Travel to Branson 4:00 Dinner 5:00 Creative Expressions 7:00 Snacks &amp; Evening Wind Down</p>	<p>6</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 Chair Exercises 10:00 Snack &amp; Social 10:30 Memory Magic 11:00 Lunch 12:00 Craft Corner-Bubble Collage 1:00 Hot Cocoa Bar &amp; Trivia 2:30 Movie Matinee 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>7</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 Gentle Stretching &amp; Meditation 10:00 Undecorating Social 11:00 Lunch 12:00 Cornhole Tournament with Club 1:00 Bingo with Club 2:30 Puzzles &amp; Ponderings 3:30 Dancing to the Polkas 4:00 Dinner 5:00 Gather Round-Classic TV</p>
<p>8</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 Trinity Lutheran Worship Service 10:30 Time Slips 11:00 Lunch 12:00 Movie Matinee- 1:30 Chair Soccer with Club 2:30 Hydration Station 3:00 Craft Corner with Club Let It Snow Wreath 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>9</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 Fitness Express 10:00 Snack &amp; Social 10:30 Balloon Volley 11:00 Lunch 12:00 Reminiscing Hairstyles Through the Decades 1:00 Games Galore 2:00 Eucharistic Service with Deacon David 3:00 Charades 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>10</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 Worship Service 10:00 Snowball "Fight" 11:00 Lunch 12:00 Name 5 1:00 Donuts &amp; Coffee with Club 2:00 The Soothing Sounds Of Kim Russell-Seibert 3:00 Creative Expressions 4:00 Dinner 5:00 Manicures 7:00 Snacks &amp; Evening Wind Down</p>	<p>11</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 Morning Stretch 10:00 Snack &amp; Social 10:30 IN2L-The Price is Right 11:00 Lunch 12:00 Puzzles &amp; Ponderings 1:30 Yoga with Michele 2:30 Hydration Station 3:00 IN2L-Daniel O'Donnell "Songs of Faith" 4:00 Dinner 5:00 Sing a Long with Georgina Rae 7:00 Snacks &amp; Evening Wind Down</p>	<p>12</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 Daily Mass 10:00 Parachute Fun 10:30 Memory Magic 11:00 Lunch 12:00 Popcorn &amp; A Movie 1:30 Music Engagement with Cynthia 3:30 Reminiscing-Dancing Through the Decades 4:00 Dinner 5:00 Ring Toss 7:00 Snacks &amp; Evening Wind Down</p>	<p>13</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 Chair Exercises 10:00 Snack &amp; Social 10:30 Creative Expressions 11:00 Lunch 12:00 Spa Time 1:00 Craft Corner-Snowflake Art 2:00 Happy Hour "Mocktails" &amp; Munchies" 3:00 Inspirational Songs &amp; Trivia 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>14</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions &amp; Chronicles 9:30 IN2L-Spiritual Elder Care 10:30 Trivia Time 11:00 Lunch 12:00 IN2L-Travel to Hawaii 1:00 Balloon Volley 2:00 Snack &amp; Social 3:00 Creative Expressions 4:00 Dinner 5:00 Gather Round-Classic TV</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Trinity Lutheran Worship Service 10:30 Hymn Sing 11:00 Lunch 12:00 Creative Expressions 1:00 Bingo with Club 2:30 Snack & Social 3:00 Drum Stick Workout 4:00 Dinner 5:00 Gather Round-Classic TV	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Fitness Express 10:00 Snack & Social 10:30 Parachute Game 11:00 Lunch 12:00 Discussion Group-Martin Luther King 12:30 Puzzles & Ponderings 2:00 Eucharistic Service with Deacon David 3:00 iN2L-Wheel of Fortune 4:00 Dinner 5:00 Gather Round-Classic TV  Martin Luther King, Jr Day	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Morning Stretch 10:00 Kitchen Korner: Apple Butter 11:00 Lunch 12:00 iN2L-Music Memories 1:00 Craft Corner-Sock Snowmen with Club 2:30 Apple Butter Social with Club 4:00 Dinner 5:00 Spa Night 7:00 Snack & Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Daily Mass 10:00 Snack & Social 10:30 Name That Star 11:00 Lunch 12:00 iN2L-Broadway Musicals 1:00 Trivia Time with Club 1:30 Yoga with Michelle 2:30 Hydration Station 3:00 Games Galore 4:00 Dinner 5:00 Cornhole Toss 7:00 Snack & Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Spiritual Elder Care-Hymn Sing 10:00 Chair Exercises 10:30 Balloon Volley 11:00 Lunch 12:00 Movie Matinee 1:00 Minute To Win It Games 2:00 Ice Cream Cone Social 3:00 Creative Expressions 4:00 Dinner 5:00 iN2L Bubble Pop 7:00 Snack & Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 iN2L-Worship Service 10:00 Snowball Toss 10:30 Memory Magic 11:00 Lunch 12:00 Name That Flower Trivia 1:00 Flower Arranging 2:00 Manicures & Mocktails 3:00 Family Feud 4:00 Dinner 5:00 Gather Round-Classic TV	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Morning Stretch 10:00 Snack & Social 10:30 Chair Soccer 11:00 Lunch 12:00 Rosary 1:00 iN2L-Travel to England 2:00 Kitchen Korner: Homemade Butter 2:30 Tea & Crumpets Social 4:00 Dinner 5:00 Gather Round-Classic TV		
22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Trinity Lutheran Worship Service 10:30 Balloon Volley 11:00 Lunch 12:00 Creative Expressions 1:00 Bingo with Club 2:30 Happy Hour 3:30 Puzzles & Ponderings 4:00 Dinner 5:00 Gather Round-Classic TV	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Chair Exercises 10:00 Hydration Station 10:30 Parachute Fun 11:00 Lunch 12:00 iN2L -Grumpy Old Men 2:00 Eucharistic Service with Deacon David 3:00 Snowball Toss 4:00 Dinner 5:00 Gather Round-Classic TV	24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Bible Study 10:00 Balloon Volley 10:30 Trivia Time 11:00 Lunch 12:00 iN2L-Google Earth 1:00 Reminiscing Growing Up in the Coal Region 2:00 Skook Snacks & Social with Club 3:00 Storytelling-Picture This 4:00 Dinner 5:00 Cornhole Toss 7:00 Snack & Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Daily Mass 10:00 Chair Soccer 10:30 Memory Magic 11:00 Lunch 12:00 Kitchen Korner: Black Bottom Cupcakes 1:00 Trivia Time with Club 1:30 Yoga with Michele 2:30 Hydration Station 3:00 Puzzles & Ponderings 4:00 Dinner 5:00 Manicures 7:00 Snack & Evening Wind Down	26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 iN2L-Bible Study 10:00 Morning Stretch 10:30 Trivia A-Z 11:00 Lunch 12:00 iN2L Movie Matinee 1:30 Scrapbooking Memories 2:30 Snack & Social 3:00 Balloon Volley 4:00 Dinner 5:00 iN2L- Sing a Long to the Oldies 7:00 Snack & Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 iN2L-Worship Service 10:00 Zumba Workout 10:30 Name 5 11:00 Lunch 12:00 Creative Expressions 1:00 Balloon Volley 2:00 Snack & Social 2:30 Abstract Art 4:00 Dinner 5:00 Gather Round-Classic TV	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Rosary 10:15 Parachute Fun 11:00 Lunch 12:00 iN2L- Movie Matinee 1:30 Games Galore with Club 2:30 Cheese & Cracker Social with Club 3:30 Cornhole Tournament 4:00 Dinner 5:00 Gather Round-Classic TV		
29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicle 9:30 Trinity Lutheran Worship Service 10:30 Meditation & Gentle Yoga 11:00 Lunch 12:00 iN2L- The Price is Right 1:00 Bingo with Club 2:30 Soda Fountain Social with Club 3:30 Puzzles & Ponderings 4:00 Dinner 5:00 Gather Round-Classic TV	30 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Bible Study 10:00 Fitness Express 10:30 Snowball Toss 11:00 Lunch 12:00 iN2L Imagination Vacation Disney World 1:00 Monday Manicures 2:00 Eucharistic Service with Deacon David 3:00 Creative Expressions 4:00 Dinner 5:00 Gather Round-Classic TV	31 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Spiritual Eldercare Service 10:00 Chair Soccer 10:30 Memory Magic 11:00 Lunch 12:00 iN2L-Bubble Pop 1:00 Practicing Our Putting with Club 2:00 Hot Cocoa Bar with Club 3:00 Year of Invention Trivia 4:00 Dinner 5:00 Gather Round-Classic TV 7:00 Snack & Evening Wind Down					<h1>JANUARY 2023</h1>	