




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Yoga Flow 10:30 Catholic Mass on iN2L 11:30 New Years photo booth 12:00 Lunch 1:00 Candy Bingo 2:15 Hydration Station 2:30 Service with Chaplain Joan 3:30 Tip Top Nails 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p> <p>New Year's Day</p>	<p>2</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Yoga Flow 10:00 Walking Club 11:30 Dancing with the Beat 12:00 Lunch 1:00 Drama Club 2:15 Hydration Station 2:30 Name that Instrument 3:30 Sips, Dips, and Chips New Years Get Together 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p>	<p>3</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Pump It Up 10:00 Service with Chaplain Joan 11:30 Book Club 12:00 Lunch 1:00 Outing: Cookie Crumble 2:15 Hydration Station 2:30 iN2L: Dogo News 3:30 New Year's Resolutions 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p>	<p>4</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Pump It Up 10:00 Praying the Rosary with St. Eleanor Catholic Church 11:30 iN2L: Dogo News 12:00 Lunch 1:00 Lucy Show 2:15 Hydration Station 2:30 Entertainer: Patrice Hawthorne 3:30 Brain Teasers 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p>	<p>5</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Club Pilates 9:45 Communion with St. Eleanor Catholic Church 11:30 Book Club 12:00 Lunch 1:00 Cooking Club: Strawberry Oatmeal Smoothie 2:15 Hydration Station 2:30 Name that Tune 3:30 Craft: Painting Flower Pots 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding</p>	<p>6</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Zumba 10:00 iN2L: Dogo News 11:30 Word Games 12:00 Lunch 1:00 Circle of Friends 2:15 Hydration Station 2:30 Resident Spot Light 3:30 Karaoke with Mocktails 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p>	<p>7</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Club Pilates 10:00 iN2L: Dogo News 11:30 Puzzles 12:00 Lunch 1:00 Movie Showing 2:15 Hydration Station 2:30 Snow Flake Designing 3:30 Gardening 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p>
<p>8</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Yoga Flow 10:30 Catholic Mass on iN2L 11:30 Hymn Sing 12:00 Lunch 1:00 Word Guessing Games 2:15 Hydration Station 2:30 Service with Chaplain Joan 3:30 Guess the Noise 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p>	<p>9</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Yoga Flow 10:00 Walking Club 11:30 Gardening 12:00 Lunch 1:00 Drama Club 2:15 Hydration Station 2:30 Charades 3:30 Animal Trivia 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p>	<p>10</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Pump It Up 10:00 Service with Chaplain Joan 11:30 Book Club 12:00 Lunch 1:00 Outing: Horse Farm 2:15 Hydration Station 2:30 Guess that Movie Quote 3:30 Travel through Paris 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p>	<p>11</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Pump It Up 10:00 Praying the Rosary with St. Eleanor Catholic Church 11:30 Family Feud 12:00 Lunch 1:00 Outing: Zimmer Pets 2:15 Hydration Station 2:30 Gardening 3:30 Charcuterie and Chat 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p>	<p>12</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Club Pilates 9:45 Communion with St. Eleanor Catholic Church 11:30 Book Club 12:00 Lunch 1:00 Peanut Butter Banana Smoothie 2:15 Hydration Station 2:30 Planting Flowers 3:30 Craft: Winter Bracelets 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p>	<p>13</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Zumba 10:00 Cookie Judging 11:30 iN2L: Dogo News 12:00 Lunch 1:00 Circle of Friends 2:15 Hydration Station 2:30 Knitting Club 3:30 iN2L: Find the Difference 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p>	<p>14</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Club Pilates 10:00 iN2L: Dogo News 11:30 Interactive Story Changing 12:00 Lunch 1:00 Family Feud 2:15 Hydration Station 2:30 Finish the lyrics 70's 3:30 History Trivia 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Yoga Flow 10:30 Catholic Mass on iN2L 11:30 Hymn Sing 12:00 Lunch 1:00 Checkers Education 2:15 Hydration Station 2:30 Service with Chaplain Joan 3:30 iN2L Dogo News 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Yoga Flow 10:00 Walking Club 11:30 iN2L: Dogo News 12:00 Lunch 1:00 Documentary: On Dolphins 2:15 Hydration Station 2:30 Candy Bingo 3:30 Race Car Education 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down Martin Luther King, Jr Day	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Pump It Up 10:00 Service with Chaplain Joan 11:30 Book Club 12:00 Lunch 1:00 Outing: Bowling in Limerick 2:15 Hydration Station 2:30 Painting on Canvas 3:30 TV: Classics 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Pump It Up 10:00 Praying the Rosary with St. Eleanor 11:30 Stencil Art 12:00 Lunch 1:00 Sing Along 2:15 Hydration Station 2:30 Tip Top Nails 3:30 Snow Flake Social 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Club Pilates 9:45 Communion with St. Eleanor Catholic Church 11:30 Book Club 12:00 Lunch 1:00 Baking Club: Banana Cookie 2:15 Hydration Station 2:30 Name the 70's Music 3:30 Craft: Snow Globe 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Zumba 10:00 Darts 11:30 Stencil Art 12:00 Lunch 1:00 Circle of Friends 2:15 Hydration Station 2:30 Bingo 3:30 Card Games 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Club Pilates 10:00 Kitting Club 11:00 Color Me Calm 12:00 Lunch 1:00 Games on iN2L 2:15 Hydration Station 2:30 iN2L: Dogo News 3:30 The Price is Right 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down		
22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Yoga Flow 10:30 Catholic Mass on iN2L 11:30 Hymn Sing 12:00 Lunch 1:00 iN2L: Dogo News 2:15 Hydration Station 2:30 Service with Chaplain Joan 3:30 Peaceful Meditation 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Yoga Flow 10:00 Walking Club 11:30 Color with Music 12:00 Lunch 1:00 Learn all about PIE 2:15 Hydration Station 2:30 Pie Tasting Social 3:30 Tip Top Nails 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Pump It Up 10:00 Service with Chaplain Joan 11:30 Book Club 12:00 Lunch 1:00 Visit with Jill and her Pup 2:15 Hydration Station 2:30 Movie Showing 3:30 Walking Club 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Pump It Up 10:00 Praying the Rosary with St. Eleanor Catholic Church 11:30 Stencil Art 12:00 Lunch 1:00 iN2L: Dogo News 2:15 Hydration Station 2:30 Brain Games 3:30 Ring Toss 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Club Pilates 9:45 Communion with St. Eleanor Catholic Church 11:30 Book Club 12:00 Lunch 1:00 Cooking Club: Avocado Toast 2:15 Hydration Station 2:30 Color with Music 3:30 Craft Fair 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Zumba 10:00 Muffins and Coffee 11:30 Stencil Art 12:00 Lunch 1:00 Circle of Friends 2:15 Hydration Station 2:30 Candy Bingo 3:30 Tip Top Nails 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Club Pilates 10:00 iN2L: Dogo News 11:30 Candy Bingo 12:00 Lunch 1:00 Unscramble the Words 2:15 Hydration Station 2:30 Color Me Calm 3:30 Movie Showing 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down		
29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Yoga Flow 10:30 Catholic Mass on iN2L 11:30 Hymn Sing 12:00 Lunch 1:00 iN2L: Dogo News 2:15 Hydration Station 2:30 Service with Chaplain Joan 3:30 Resident Spot Light 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Yoga Flow 10:00 Walking Club 11:30 Latter Ball 12:00 Lunch 1:00 iN2L: Dogo News 2:15 Hydration Station 2:30 Classic Shows 3:30 iN2L Exploration 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down	31 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle & Devotions 9:30 Exercise: Pump It Up 10:00 Service with Chaplain Joan 11:30 Book Club 12:00 Lunch 1:00 Knitting Club 2:15 Hydration Station 2:30 Color with Music 3:30 Pencil Art 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Household Chores: Folding 7:00 Evening Wind Down					<h1>JANUARY 2023</h1>	