


CONNECTIONS



JANUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Fit To The Core Club 10:00 Bingo & Bacon Bites 11:30 Lunch 1:00 iN2L: Sleight Of Hand 1:30 Church Service w/ Chaplain Shawn 2:00 Sunday Sundaes 2:30 Ladder Toss 3:30 Gardening Club: Planting Seeds 4:00 Gardening Trivia 4:30 Dinner 6:30 Relax & Unwind</p> <p>New Year's Day</p>	<p>2</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Monday Muscle Club 10:00 Craft Kitchen: No Bake Fudge 11:30 Lunch 1:00 Nerf Target Practice 2:15 Musical Melodies With Katie 3:15 Snack Break: Yellow Cake & Wine Sippers 4:00 Basic Temporal Trivia 4:30 Dinner 6:30 Movie Matinee</p>	<p>3</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Toned Tuesday Workout 10:00 Bible Study 10:30 Morning News & Weather Report 11:00 Zany Zoom In 11:30 Lunch 1:15 Create & Design w/Club: Epoxy Flower Press Art 1:15 iN2L: Verb Naming & Occupation Identification 2:00 Balloon Volleyball 2:45 Rehydration Station: Lemonade & Raspberry Tea 3:00 iN2L: Ready, Count!, Idioms 4:00 60's Sing Along 4:30 Dinner 6:30 Game Show Night</p>	<p>4</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Wednesday Workout 10:15 Memory Magic w/Club 11:30 Lunch 1:00 Animal Sounds Trivia 1:30 iN2L: Math Operations Trivia 2:00 Toad Toss, Net Toss, & Giant Cup Pong 3:00 Popcorn & Soda Sippers 3:00 Would You Rather 3:30 Tip Top Nail Spa 4:30 Dinner 6:30 Movie Marathon</p>	<p>5</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Morning Workout 10:00 Baking Chocolate Chip Cookies & Reminiscing Memories 11:30 Lunch 1:00 Painted Rocks Craft 1:00 iN2L: Name That Instrument 1:30 Ball Toss Discussion Starters 2:00 iN2L: Identifying Money Trivia 2:30 Devotions w/Chaplain Shawn 3:00 iN2L: Doesn't Belong Trivia 3:30 Mini Golf Mania 4:30 Dinner 6:30 A Film Affair: Romance Movies</p>	<p>6</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Friday Fitness Club 10:00 Bingo & Bacon 11:30 Lunch 1:30 Culinary Creation: Walking Taco's 2:30 iN2L: Two Choices Trivia 3:00 Fitness Frenzy w/Club 3:30 Casino Trivia 4:00 Afternoon Sing-Along 4:30 Dinner 6:30 Friday Flicks</p>	<p>7</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Morning Workout 10:00 Amazing News & Stories 10:30 Bible Study 11:00 Name That Flower 11:30 Lunch 1:00 Block Tree Craft 2:30 Family Feud 3:00 Hot Chocolate Bar 3:30 Pictionary 4:00 Common Sayings 4:30 Dinner 6:30 Evening Wind Down</p>
<p>8</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Weekend Workout 10:00 Reminiscing Memories & Baking Muffins 11:30 Lunch 1:00 Old Testament Trivia 1:30 Church Service w/Chaplain Shawn :Epiphany Service 2:00 Sunday Sundaes 2:30 Tools Trivia 3:00 Parachute Games 4:00 Veggie Gardening Trivia 4:30 Dinner 6:30 Movie Night</p>	<p>9</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Monday Muscle Club 10:00 Brownies & Bingo 11:30 Lunch 1:00 Pom-Pom Tree Craft 2:15 Musical Melodies With Katie 3:15 "Wine" About It 3:30 Giant Cup Pong 4:30 Dinner 6:30 Disney Movie Marathon</p>	<p>10</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Toned Tuesday Workout 10:00 Bingo & Bacon Bites 11:30 Lunch 1:15 Create & Design w/Club 1:15 Carnival Games 2:30 Soda Sippers 2:30 Accessory's & Gemstone Trivia 3:00 Tip Top Nail Spa 4:30 Dinner 6:30 Relax & Unwind</p>	<p>11</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Weekday Workout 10:15 Memory Magic w/Club 11:30 Lunch 1:00 Scratch Paper Craft 1:00 Common Sayings 1:30 Jokes & Riddles 2:00 Apple Cider Sippers 2:00 Swimming Trivia 2:30 Balloon Volleyball 3:30 iN2L: Fierce & Gentle Safari Trivia 4:00 Ball Toss Discussion Starters 4:30 Dinner 6:30 Rhythmic Relaxation</p>	<p>12</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Fit To The Core Club 10:00 Bible Study 10:30 Amazing News & Local Weather Report 11:00 Dog Breed Identification 11:30 Lunch 1:00 Group Sing-Along 1:15 Parachute Games 1:30 On The Farm Trivia 2:00 Stories Of The Bible Trivia 2:30 Devotions w/Chaplain Shawn 3:00 Learn About Hedgehogs! 4:30 Dinner 6:30 Evening Wind Down with Sound</p>	<p>13</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Friday Fitness Class 10:00 Fried Dough & Time Slips 11:30 Lunch 1:30 Culinary Creation: Crescent Roll Asparagus Spirals 3:00 Fitness Frenzy w/Club 3:30 Name That Bird Call 4:00 Horse Trivia 4:30 Dinner 6:30 Relax & Unwind</p>	<p>14</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Weekend Warriors Workout 10:00 Sports Highlights & Local News 10:30 Transportation Trivia 11:00 Saturday Sing-Along 11:30 Lunch 1:00 Indoor Bowling 2:00 Snack Break: Tasty Cakes 2:30 iN2L: Anagram & Homonym Trivia 3:00 Reminiscing The Past 4:30 Dinner 6:30 A Film Affair (Netflix)</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
15 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Morning Workout 10:00 Time Slips & Baking Thumb Print Cookies 11:30 Lunch 1:00 Sunday Sing Along 1:30 Church Service w/Chaplain Shawn 2:00 Sunday Sundaes 2:30 Celebration Of Life 3:00 iN2L: Around The House Trivia 3:30 Tip Top Nail Spa 4:30 Dinner	16 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Morning Muscle Club 10:00 Today In History: Martin Luther King Jr. 10:30 iN2L: Black History Trivia 11:00 Civil Rights Time Slips 11:30 Lunch 1:00 Giant Cup Pong 2:15 Musical Melodies With Katie 3:00 Glazing Sun Pottery 4:30 Dinner 6:30 Musical Movie Night Martin Luther King, Jr Day	17 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Toned Tuesday Workout 10:00 Bible Study 10:30 State Capital Trivia 11:00 Common Sayings 11:30 Lunch 1:15 Create & Design w/Club: Snow Dough 1:00 Balloon Baseball 2:00 Mini Doughnuts & Chocolate Milk 2:30 iN2L: Around The Town Trivia 3:00 Nerf Gun Target Practice 4:00 Western Movie Trivia 4:30 Dinner 6:30 Relax & Unwind	18 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Fit To The Core Club 10:15 Memory Magic w/Club 11:30 Lunch 1:00 Tie-Dye Creations 2:30 Ring Toss 2:30 iN2L: What Did It Cost: Food 3:00 Gardening Club: Planting Lemon Seeds 3:30 iN2L: Gardening Trivia 4:00 iN2L: Flower Identification 4:30 Dinner 6:30 Western Movie Matinee	19 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Weekday Workout 10:15 Memory Magic w/Club 11:30 Lunch 1:00 Seeing Eye Dog Visit 1:00 Table Games 1:00 Cornhole & Knock Down Cans 2:00 iN2L: Opposites Trivia 2:30 Devotions w/Chaplain Shawn 3:00 Caramel Apple Snack 3:30 Evening Sing-Along 4:00 iN2L: Winter Trivia 4:30 Dinner 6:00 Relax & Unwind	20 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Bible Study 10:00 Work Out With Sharmila 10:30 Finish That Lyric 11:00 iN2L: Always or Never 11:30 Lunch 1:30 Culinary Creation: Stuffed Bell Peppers 3:00 Fitness Frenzy w/Club 3:30 Conversation Starter: Ball Toss 4:30 Dinner 6:30 A Film Affair: Black & White Films	21 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Weekend Warriors Workout 10:00 Amazing News & Weather Report 10:30 Bible Study 11:00 Sport Team Logo Trivia 11:30 Lunch 1:00 Toad Toss 2:00 Nerf Gun Target Practice 3:00 Musical Entertainment w/Tom & Randy 4:30 Dinner 6:30 Evening Wind Down		
22 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Fit To The Core Club 10:00 Bingo & Bacon 11:30 Lunch 1:30 Church Service w/Chaplain Shawn 2:00 Sunday Sundaes 2:30 Ice Cream Fun Facts 3:00 iN2L: Easy Bible Trivia 3:30 Common Sayings 4:00 iN2L: Verb Naming 4:30 Dinner 6:00 Game Show Night	23 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Monday Muscle Club 10:00 Conversations & Cooking 11:30 Lunch 1:00 Balloon Volleyball 2:15 Musical Melodies With Katie 3:15 Hot Chocolate Bar 4:00 iN2L: Household Pet Trivia 4:30 Dinner 6:30 Nat Geo Documentaries	24 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Toned Tuesday Workout 10:00 Bible Study 10:30 Butterfly Trivia 11:00 iN2L: Wacky Words 11:30 Lunch 1:15 Create & Design w/Club 1:00 Yoga With Chris 1:30 Anatomy & Physiology Trivia 2:00 January Trivia 2:30 Pictionary 3:00 Conversation Starter: Ball Toss 4:30 Dinner 6:30 Relax & Unwind With Sound	25 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Wednesday Workout 10:15 Memory Magic w/Club 11:30 Lunch 1:00 Carmel Brownie Bake Off 1:30 iN2L: Sleight Of Hand 2:00 Wedding Trivia 2:30 Common Sayings 3:00 Tip Top Nail Spa 4:30 Dinner 6:30 A Film Affair: Comedy	26 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Fit To The Core Club 10:00 Snowflake Art & Bacon Bites 11:30 Lunch 1:15 Snowman Snowball Shooters 1:00 Wine O'clock 1:30 Wine Trivia 2:00 Popcorn Reading 2:30 Devotions w/Chaplain Shawn 3:00 Would You Rather 3:30 American History 4:00 Afternoon Sing-Along 4:30 Dinner 6:30 Pixar Movie Night	27 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Friday Fitness Class 10:00 Penguin Craft & Popcorn 11:30 Lunch 1:30 Culinary Creation: Buffalo Chicken Pizza 3:00 Fitness Frenzy w/Club 3:30 WW2 Trivia 4:00 Presidential Trivia 4:30 Dinner 6:30 Musical Movie Night	28 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Fit As A Fiddle Fitness 10:00 Bible Study 10:30 Morning News & Weather Report 11:00 Name That Sound 11:30 Lunch 1:00 Bingo 2:00 Rita's Snack 3:00 iN2L: Brain Teasers 1&2 3:30 Jokes & Riddles 4:00 Today In History 4:30 Dinner 6:30 Rhythmic Relaxation with Sound		
29 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Fit To The Core Club 10:00 Drumming Session: Shake, Rattle, & Roll 10:30 Amazing News Stories 11:00 Bible Study 11:30 Lunch 1:30 Church Service w/Chaplain Shawn 2:00 Sunday Sundaes 2:30 Jonah & The Whale Story & Trivia 3:00 Tip Top Nail Spa 4:30 Dinner 6:30 Movie Marathon	30 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Muscle Mania Workout 10:00 Amazing News & Stories 10:30 Bible Study 11:00 iN2L: Situational Temporal Trivia 11:30 Lunch 1:00 Rustic Wooden Block Snowman Craft 2:15 Musical Melodies With Katie 3:15 Wine & Beer Social 3:45 Family Feud 4:30 Dinner 6:30 A Film Affair: Animated Movies	31 7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Toned Tuesday Workout 10:00 Local News & Monthly Highlights 10:30 Bible Study 11:00 Cat Trivia 11:30 Lunch 1:15 Create & Design w/Club: Mod Podge Sand Art 1:00 Ladder Ball & Cornhole 2:00 Rehydration Station: Sweet Tea 2:30 Afternoon Sing-Along 3:00 Balloon Baseball 4:30 Dinner 6:30 Game Show Night					<h1>JANUARY 2023</h1>	