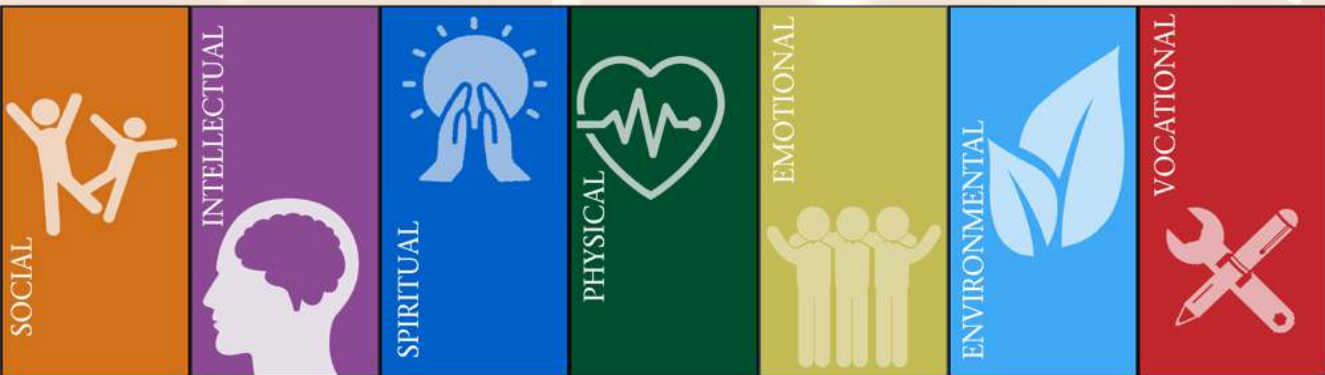


*"Tomorrow is the first blank page of a 365-page book.
Write a good one."*



*Dimensions
of Wellness*

Resident Birthdays

January

4 – James M.
6 – Sandella L.
7 – Rita N.
8 – Richard S.
26 – Eleanor Q.
30 – Kathleen S.

February

3 – Anna W.
16 – Pat P.
21 – Josephine M.
22 – James R.
27 – Helena W.
28 – Mary B.

March

1 – Joyce B.
6 – Josephine A.
7 – Marianne S.
27 – Ann K.



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com



Providence Place SENIOR LIVING *News*

Q1: January 2023

A Note from the Executive Director

Happy New Year! It has been a fantastic holiday season full of celebration and activity here in Collegeville. It was a joy to watch our residents and coworkers gathering with happiness. A special thank you to residents and families for the abundance of treats brought in over the holidays.

As we welcome the New Year, I also reflect and learn from 2022. We have made much progress, including completion of the secondary flood wall and our Connections Club kick off. The focus for 2023 is to continue providing phenomenal care to our residents and also using the resident satisfaction survey to continue to make improvements that are important to you.

As always, I am available anytime for discussions, not just once a year on a survey. I welcome your comments, concerns, and suggestions. We truly want to make a difference in the lives of our residents, families, and coworkers.

I wish you the best of luck, love, happiness, and success in the New Year.

Warmly,

Terri Sanelli

Executive Director

Highlighted Events

- 5 – **Lunch Outing:** My Friend's Tavern @ 10am
- 14 – **Philadelphia Youth Cricket Academy** @ 11am
- 18 – **British Luncheon** @ 11:30am
- 19 – **Bach's Lunch at Community Music School** @ 11am
- 28 – **The Morris English Folk Dancers** @ 2pm

Every Sunday: Movie Night in the Theater @ 6pm

Every Tuesday: Shopping outing @ 10am

Welcome New Residents

Mary Jane H.
Lyman L.
John "Jack" H.
Margot C.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 10:30 Catholic Mass (T) 11:00 Sit and Be Fit Exercise (P) 1:00 Dominoes (AR) 2:00 Games in the Pub: Racko/Checkers/Scrabble (P) 4:00 Manicures (AR) 6:00 Movie (T) New Year's Day	2 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:00 Weekly Weather & News (AR) 10:30 Woofs of Wisdom by Ellie Mae (AR) 1:00 Nickle Bingo (AR) 2:15 Nadine's Music & Meditation (P) 3:30 Sips, Dips, & Chips New Years Get Together (CN) 6:00 English Royal Trivia Happy Hour (P)	3 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:00 Jeopardy (P) 11:00 Crafty Art Project: Sock Snowmen (AR) 1:00 iN2L Trivia and Games (P) 2:00 Circle of Friends (T) 2:15 Book Mobile (OS) 3:00 Tic Tac Toe (AR) 4:00 Grief Share with Chaplain Joan (T)	4 9:15 Morning Meeting (AR) 9:30 Sit and Be Fit Exercise (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 Dominoes (P) 1:00 Outing: Dunkin Donuts ** (OOB) 3:00 Musical Entertainer Patrice Hawthorne (CN) 4:00 Walking Club to Dine (DR)	5 9:15 Morning Meeting (AR) 9:45 Communion with St. Eleanor Catholic Church (T) 10:00 Diners Caravan Lunch Out: Collegeville Diner **\$\$ (OOB) 1:00 Baking Club: Strawberry Oatmeal Smoothies (CN) 3:00 Ring Toss (AR) 4:00 Hydration and Conversation (P)	6 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:30 Meet & Greet Social with Community Life Director & Chaplain (AR) 1:30 Outing: Giving Back to the Community: Collegeville Police **(OOB) 3:00 Popcorn Social (OL)	7 9:30 Walking Club (L) 10:00 Green Thumbs Club (L) 10:15 Matinee: <i>Home Again</i> (T) 1:00 New Year's Bingo (AR) 3:00 Pinochle Club (AR) 4:00 Shuffle Board (P) 6:15 Community Puzzle (CR) 6:15 Res. Run: Billiards (GR)	
8 10:30 Catholic Mass (T) 11:00 Sit and Be Fit Exercise (P) 1:00 Dominoes (AR) 2:00 Games in the Pub: Racko/Checkers/Scrabble (P) 3:00 Worship Service (T) 4:00 Manicures (AR) 6:00 Movie (T)	9 9:15 Morning Meeting (AR) 9:30 Tea & Toast (AR) 10:00 Weekly Weather & News (AR) 11:00 Sit and Be Fit Exercise (P) 1:00 Nickle Bingo (AR) 2:15 Nadine's Music & Meditation (P) 3:30 Tea & Toast (P) 4:00 Service in Action: Homemade Dog Biscuits (AR)	10 9:15 Morning Meeting (AR) 9:30 Sit & Be Fit Exercise (P) 10:00 Coffee & Catching Up (AR) 11:00 Crafty Art Project: Service Gift Honoring Local Fire Department (AR) 1:00 iN2L Games (P) 1:30 Bible Study with Chaplain Joan (T) 2:00 Circle of Friends (T) 3:15 Ball Toss (CN) 4:00 Grief Share with Chaplain Joan (T)	11 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 Pool (OL) 1:00 Outing: Zimmer Pet Shop **(OOB) 3:30 Charcuterie & Chat (AR) 6:00 Res. Run Card Games (P)	12 9:15 Morning Meeting (AR) 9:45 Communion with St. Eleanor Catholic Church (T) 10:00 Chair Exercises (P) 10:30 Price Is Right 1960's (OL) 11:00 How Much Did It Cost? (AR) 1:00 Cooking Club: Bagel Pizza (AR) 2:30 Planting Flowers (CN) 3:30 Craft: Winter Bracelets (CN)	13 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:00 Cookie Judging (CN) 11:30 iN2L: Dogo News (CN) 1:30 Outing: Giving Back to the Community: Collegeville Fire ** (OOB) 3:00 Balloon Volleyball (CR) 4:00 Hand Massage & Aroma (CR) 6:00 Res. Run Billiard's (OL)	14 9:30 Chair Exercises (AR) 10:15 Community Drive Kickoff: <i>Restocking the Shelves</i> Daily Bread Community Food Pantry Food Drive (L) 10:30 Cards & Coffee (P) 1:00 Bingo in Beads (AR) 3:00 Pinochle Club (AR) 4:00 Shuffle Board Happy Hour (P)	
15 10:30 Catholic Mass (T) 11:00 Sit and Be Fit Exercise (P) 1:00 Dominoes (AR) 2:00 Games in the Pub: Racko/Checkers/Scrabble (P) 3:00 Worship Service (T) 4:00 Manicures (AR) 6:00 Movie (T)	16 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:00 Weekly Weather & News (AR) 10:30 Woofs of Wisdom by Ellie Mae (P) 11:00 Board Games (AR) 1:00 Bingo (AR) 2:15 Nadine's Music & Meditation (P) 3:30 History: Martin Luther King Day (T) 4:30 MLK Color Me Calm (P) Martin Luther King, Jr Day	17 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:00 Word Riddles (P) 11:00 Crafty Art Project: Book Markers (AR) 1:00 Bible Study with Chaplain Joan (P) 2:00 Circle of Friends (T) 3:15 Wii Games (CR) 4:00 Grief Share with Chaplain Joan (T)	18 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 Penny Ante (P) 1:00 Outing :Country Ride **(OOB) 3:00 Snowflake Social (CN) 6:00 Res. Run: Board Games (P)	19 9:15 Morning Meeting (AR) 9:45 Communion with St. Eleanor Catholic Church (T) 10:00 Chair Exercises (P) 10:30 Name That Tune 1960's (AR) 11:00 Manicures (AR) 1:00 Baking Club: Apple Cinnamon Bread (AR) 3:00 Basketball (AR) 4:00 Entertainer: Tony Lombardi (P)	20 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:00 Darts (AR) 11:00 Word Search (P) 1:30 Outing: Giving Back to the Community: Collegeville Library** (OOB) 3:30 Card Games (CN) 6:00 Res. Run Billiard's (OL)	21 9:30 Chair Exercises (AR) 10:00 Probing Science: Tornado in a Bottle (AR) 10:30 Cards & Coffee (P) 1:00 Bingo in Hats (AR) 3:00 Pinochle Club (AR) 4:00 Shuffle Board Happy Hour (P) 6:15 Community Puzzle (CR)	
22 10:30 Catholic Mass (T) 11:00 Sit and Be Fit Exercise (P) 1:00 Dominoes (AR) 2:00 Games in the Pub: Racko/Checkers/Scrabble (P) 3:00 Worship Service (T) 4:00 Manicures (AR) 6:00 Movie (T)	23 9:15 Morning Meeting (AR) 9:30 Tea & Toast (AR) 10:00 Hook Ring Toss Game (P) 10:30 Sweet Treat And Conversations (P) 11:00 Sit and Be Fit Exercise (P) 1:00 Bingo (AR) 2:15 Nadine's Music & Meditation (P) 3:30 Ladder Ball (CR) 4:00 Happy Hour (P)	24 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:00 Word Finds (P) 11:00 Crafty Art Project: Service Gifts Honoring Local EMS (AR) 1:00 Bible Study with Chaplain Joan (T) 2:00 Circle of Friends (T) 3:00 Chair Yoga with Aroma (CR) 4:00 Grief Share with Chaplain Joan (T)	25 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 Deal or No Deal (P) 1:00 Outing: Valley Forge **(OOB) 2:30 Brain Games (CN) 3:00 Mid-Week Worship Service (CR) 6:00 Res. Run: Board Games (P)	26 9:15 Morning Meeting (AR) 9:45 Communion with St. Eleanor Catholic Church (T) 10:00 Chair Exercises (P) 10:30 Groovy Cereal Q & A (OL) 11:00 Junk Drawer Detective (AR) 1:00 Cooking Club: Avocado & Toast (CN) 3:00 Table Tennis (CR)	27 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:00 Walk Down Memory Lane (P) 1:30 Outing: Giving Back to the Community: Trappe EMS** (OOB) 2:30 Candy Bingo (CN) 3:30 Tip Top Nails (CN) 6:00 Res. Run Billiard's (OL)	28 9:30 Chair Exercises (AR) 10:00 Probing Science: Pasta Rocket (AR) 10:30 Cards & Coffee (P) 1:00 Bingo in Colorful Scarves (AR) 3:00 Pinochle Club (AR) 4:00 Shuffle Board Happy Hour (P) 6:15 Community Puzzle (CR)	
29 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit Exercise (P) 1:00 Dominoes (AR) 2:00 Games in the Pub: Racko/Checkers/Scrabble (P) 3:00 Worship Service (T) 4:00 Manicures (AR) 6:00 Movie (T)	30 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:30 Woofs of Wisdom by Ellie Mae (P) 11:00 Weekly Weather & News (AR) 1:00 Bingo (AR) 2:15 Nadine's Music & Meditation (P) 3:30 Memory Magic (P) 4:00 Happy Hour (P)	31 9:15 Morning Meeting (AR) 9:30 Chair Exercise (P) 10:00 Table Top Hook & Ring Game (P) 11:00 Crafty Art Project: Shrinky Dinks (AR) 1:00 Bible Study with Chaplain Joan (T) 2:00 Circle of Friends (T) 2:30 Color to Music (CN) 3:30 Pencil Art (CN) 4:00 Grief Share with Chaplain Joan (T)	<p>THE</p> <h1>Club</h1>		<h1>January</h1> <h2>2023</h2>		<p>Calendar Key: ** Registration Required \$\$ Cost Involved (CR) Community Room, (AR) Activity Room (P) Pub, (C) Connections Neighborhood (DR) Dining Room, (OL) Old Lobby, (LIB) Library, (ML) Main Lobby, (OS) Outside</p>