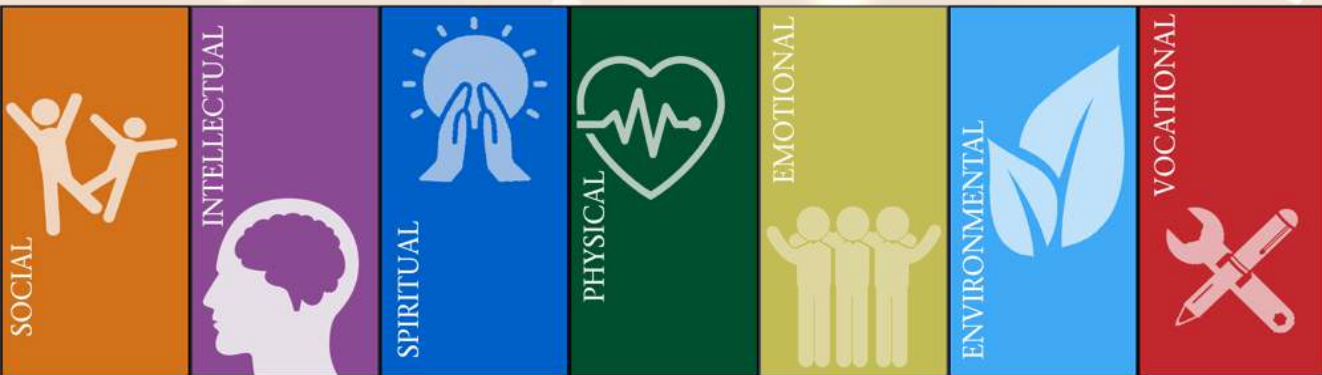


*"Tomorrow is the first blank page of a 365-page book.
Write a good one."*



*Dimensions
of Wellness*

Resident Birthdays

January

- 4 – James M.
- 6 – Sandella L.
- 7 – Rita N.
- 8 – Richard S.
- 26 – Eleanor Q.
- 30 – Kathleen S.

February

- 3 – Anna W.
- 16 – Pat P.
- 21 – Josephine M.
- 22 – James R.
- 27 – Helena W.
- 28 – Mary B.

March

- 1 – Joyce B.
- 6 – Josephine A.
- 7 – Marianne S.
- 27 – Ann K.

A Note from the Executive Director

Happy New Year! It has been a fantastic holiday season full of celebration and activity here in Collegeville. It was a joy to watch our residents and coworkers gathering with happiness. A special thank you to residents and families for the abundance of treats brought in over the holidays.

As we welcome the New Year, I also reflect and learn from 2022. We have made much progress, including completion of the secondary flood wall and our Connections Club kick off. The focus for 2023 is to continue providing phenomenal care to our residents and also using the resident satisfaction survey to continue to make improvements that are important to you.

As always, I am available anytime for discussions, not just once a year on a survey. I welcome your comments, concerns, and suggestions. We truly want to make a difference in the lives of our residents, families, and coworkers.

I wish you the best of luck, love, happiness, and success in the New Year.

Warmly,

Terri Sanelli

Executive Director

Highlighted Events

- 5 – **Lunch Outing:** My Friend's Tavern @ 10am
- 14 – **Philadelphia Youth Cricket Academy** @ 11am
- 18 – **British Luncheon** @ 11:30am
- 19 – **Bach's Lunch at Community Music School** @ 11am
- 28 – **The Morris English Folk Dancers** @ 2pm

Every Sunday: Movie Night in the Theater @ 6pm

Every Tuesday: Shopping outing @ 10am

Welcome New Residents

- Mary Jane H.
- Lyman L.
- John "Jack" H.
- Margot C.



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Dominoes (AR) 2:00 Games in the Pub: Racko/Checkers/Scrabble (P) 3:00 Worship Service (T) 4:00 Manicures (AR) 6:00 Movie: Sherlock Holmes The Hound of the Baskervilles (T) New Year's Day	2 10:30 Woofs of Wisdom with Ellie Mae (P) 11:00 Sit and Be Fit (P) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Creative Crafting (CR) 4:00 Wii Bowling (CR) 6:00 English Royal Trivia Happy Hour (P)	3 9:30 Sit and Be Fit (P) 10:00 Shopping Trip: Boscov's***\$ (OOB) 11:00 Games at the Pub (P) 1:00 Precious Memories with Chaplain Joan (T) 2:00 Circle of Friends (T) 2:15 Book Mobile (OS) 3:00 Aerobic Drumming (P) 4:00 Balloon Volleyball (CR) 6:00 Community Board Games (P)	4 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 iN2L Tour England: Stonehenge, Buckingham Palace, Tower of London (P) 1:30 <i>Look Who's Dancing</i> Dancercise (C) 2:30 Balloon Volleyball (P) 6:00 Res. Run Billiards (OL)	5 9:45 Catholic Communion St. Eleanor (T) 10:00 Diners Caravan Lunch Out: My Friend's Tavern***\$ (OOB) 1:00 Activities Committee Meeting (AR) 1:30 Bible Study with Chaplain Joan (T) 2:00 Midweek Worship & Hymn Sing (T) 3:30 Karaoke Happy Hour (P) 6:00 Nighttime Nickel BINGO (AR)	6 10:30 Sit and Be Fit (P) 11:00 Gin Rummy / Racko (P) 1:00 Bingo Bucks Bingo (AR) 2:15 Balloon Volleyball (P) 3:30 Entertainer: Lori Woodward (P) 6:00 Res. Run: Billiards (OL)	7 10:00 Sit and Be Fit (P) 11:00 Bake Scones (AR) 1:00 Bingo in Hats (AR) 2:00 Aerobic Drumming (P) 3:30 Black Jack Happy Hour (P) 6:15 Res. Run Dominoes (AR)	
8 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Racko (AR) 2:00 Games in the Pub: Racko/Checkers/Scrabble (P) 3:00 Worship Service (T) 4:00 Manicures (AR) 6:00 Movie: Sherlock Holmes (T)	9 11:00 Sit and Be Fit (P) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Creative Crafting (CR) 4:00 Wii Bowling & Other Wii Sports (CR) 6:00 English Music Trivia Happy Hour (P)	10 9:30 Sit and Be Fit (P) 10:00 Shopping Trip: Target***\$ (OOB) 11:00 Games at the Pub (P) 1:00 Precious Memories with Chaplain Joan (T) 2:00 Circle of Friends (T) 3:00 Aerobic Drumming (P) 4:00 Ed-U: Learn All about Guy Fawkes & Bonfire Night (T) 6:15 Community Board Games (P)	11 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 Community Crossword Puzzle (P) 1:00 Balloon Volleyball (CR) 2:00 Tea and Cookies (AR) 3:00 Thankful To You Committee (AR) 4:00 TED Talk: Prince William The Duke of Cambridge (T) 6:00 Res. Run Card Games (P)	12 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 11:00 Community Crossword (P) 12:00 Lunch In: Speck's with Chicken & Mash***\$ (P) 1:00 Balance In Action Class by Powerback Rehab (P) 1:30 Bible Study with Chaplain Joan (T) 2:00 Midweek Worship & Hymn Sing (T) 3:30 British Music Happy Hour (P) 6:00 Nighttime Nickel BINGO (AR)	13 10:30 Sit and Be Fit (P) 11:00 Knitting & Crocheting Club (P) 1:00 Bingo Bucks Bingo (AR) 2:00 Dinning Room Committee Meeting (AR) 3:00 Balloon Volleyball (P) 4:00 Shakespeare in the Pub (P) 6:00 Res. Run: Billiards (OL)	14 10:00 Sit and Be Fit (P) 11:00 Philadelphia Youth Cricket Academy (P) 1:00 Bingo in Hats (AR) 2:00 Book Club with Tea & Crumpets (T) 3:00 Aromatherapy & Hand Massage(AR) 3:30 Finish That Lyric Happy Hour (P) 6:15 Res. Run Dominoes (P)	
15 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Dominoes (AR) 2:00 Games in the Pub: Racko/Checkers/Scrabble (P) 3:00 Worship Service (T) 4:00 Manicures (AR) 6:00 Movie: <i>The Darkest Hour</i> (T)	16 10:30 Woofs of Wisdom with Ellie Mae (P) 11:00 Sit and Be Fit (P) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 TED Talk: <i>Unsung Hero of the Civil Rights Movement</i> by Christina Greer (T) 6:00 British Movies/TV Trivia Happy Hour (P) Martin Luther King, Jr Day	17 9:30 Sit and Be Fit (P) 10:00 Shopping: Dollar Store***\$ (OOB) 11:00 Games at the Pub (P) 1:00 Precious Memories with Chaplain Joan (T) 2:00 Circle of Friends (T) 3:00 Aerobic Drumming (P) 4:00 Balloon Volleyball (CR) 6:15 Community Board Games (P)	18 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 10:30 Rummikub (P) 11:30-1 British Luncheon with Tea and English Beer (DR) 1:30 <i>Look Who's Dancing</i> Dancercise (P) 2:00 Balloon Volleyball (P) 3:30 TED Talk: Brexit How, When & What (T) 6:00 Res. Run Card Games (P)	19 10:00 Sit and Be Fit (P) 11:00-1:00 CMS Bach's Lunch: Tereasa D'Andrea, Mezzosoprano & Thad Shirey, Baritone (OOB) 1:30 Bible Study with Chaplain Joan (T) 2:00 Midweek Worship & Hymn Sing (T) 3:00 Catholic Mass St. Eleanor (T) 3:30 Musical Entertainment Featuring Jerry Trecroce, vocalist (P) 6:00 Nighttime Nickel BINGO (AR)	20 10:30 Sit and Be Fit (P) 11:00 Rummikub / Racko (P) 1:00 Bingo Bucks Bingo (AR) 2:00 Ed-U: <i>Processing Sensory Information</i> by Beth Pope, PT from Powerback Rehab (T) 2:30 Balloon Volleyball (CR) 3:30 Shakespeare in the Pub (P) 6:00 Res. Run: Billiards (OL)	21 10:00 Sit and Be Fit (P) 10:30 Bake English Muffins (AR) 11:00 Community Crossword (P) 1:00 Bingo in Hats (AR) 2:00 Book Club and Tea (T) 3:00 Shakespeare in the Pub (P) 4:00 Roulette Happy Hour (P) 6:15 Res. Run Dominoes (AR)	
22 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Dominoes (AR) 2:00 Games in the Pub: Racko/Checkers/Scrabble (P) 3:00 Worship Service (T) 4:00 Manicures (AR) 6:00 Movie: <i>Pride and Prejudice Part 1</i> (T)	23 11:00 Sit and Be Fit (P) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Creative Crafting (AR) 4:00 Service in Action: Making Dog Biscuits for SPCA (AR) 6:00 Movie: <i>Pride and Prejudice Part 2</i> (T)	24 9:30 Sit and Be Fit (P) 10:00 Shopping: Redner's***\$ (OOB) 11:00 Games at the Pub (P) 1:00 Precious Memories with Chaplain Joan (T) 2:00 Circle of Friends (T) 3:00 Aerobic Drumming (P) 4:00 Balloon Volleyball (CR) 6:15 Community Board Games (P)	25 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 Artful Coloring to Music (P) 1:00 iN2L British Sites and Holidays (P) 2:00 Ed-U: A Tale of 2 British Soldiers By Joe McDevitt (T) 3:00 Balloon Volleyball (P) 4:00 Happy Birthdays Happy Hour (P) 6:00 Res. Run Card Games (P)	26 9:45 Communion with St. Eleanor Catholic Church (T) 10:00 Sit and Be Fit (P) 10:30 Wii Bowling (CR) 10:30 Service in Action Trip: Montgomery County SPCA**(OOB) 1:30 Bible Study with Chaplain Joan (T) 2:00 Midweek Worship & Hymn Sing (T) 3:30 British Games: Pass the Parcel & The Chocolate Game Happy Hour (P) 6:00 Nighttime Nickel BINGO (AR)	27 10:30 Sit and Be Fit (P) 11:00 Knitting & Crocheting Club (P) 1:00 Bingo Bucks Bingo (AR) 2:00 Balloon Volleyball (P) 3:30 Theatrical Performance: Shakespeare's HENRY II Performed by Providence Place Players (T) 6:00 Res. Run: Billiards (OL)	28 10:00 Sit and Be Fit (P) 10:30 Bake Biscuits (AR) 11:00 Community Crossword (P) 1:00 Bingo in Hats (AR) 2:00 Morris English Folk Dancers (P) 3:00 Dressage Unwrapped - 2019 Olympia, The London International Horse Show (T) 4:00 Roulette Happy Hour (P) 6:15 Res. Run Dominoes (AR)	
29 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Dominoes (AR) 2:00 Games in the Pub: Racko/Checkers/Scrabble (P) 3:00 Worship Service (T) 4:00 Manicures (AR) 6:00 Movie: <i>Shakespeare: Hamlet</i> (T)	30 10:30 Woofs of Wisdom with Ellie Mae (P) 11:00 Sit and Be Fit (P) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Creative Crafting (AR) 4:00 Wii Bowling (CR) 6:00 British Trivia Happy Hour (P)	31 9:30 Sit and Be Fit (P) 10:00 Shopping: Walmart***\$ (OOB) 11:00 Games at the Pub (P) 1:00 Precious Memories (T) 2:00 Circle of Friends (T) 3:00 Aerobic Drumming (P) 4:00 Balloon Volleyball (CR) 6:15 Community Board Games (P)			<h1>January</h1> <h1>2023</h1>		Calendar Key: ** Registration Required \$\$ Cost Involved (CR) Community Room (AR) Activity Room (P) Pub, (C) Connections Neighborhood (DR) Dining Room, (OL) Old Lobby, (LIB) Library, (ML) Main Lobby, (OS) Outside, (T) Theater