

*"Tomorrow is the first blank page of a 365-page book.
Write a good one."*



*Dimensions
of Wellness*

Resident Birthdays

January

2 – Cynara M.
6 – Francis B.
7 – Bessie B.
10 – Rose Marie G.
13 – Linda B.
14 – Joan M.
16 – Dolores Z.
16 – Margaret G.
17 – Marie S.
20 – Martha S.
25 – James M.

February

6 – Charles C.
9 – Roy F.
14 – Mary K.
15 – Eric B.
16 – Marcella S.
22 – Joan L.
25 – Gloria Y.

March

1 - Irene H.
6 – Marian H.
10 – Bob N.
14 – Catherine Y.
16 – Anastasia G.
19 – Dorothy K.



Providence Place SENIOR LIVING *News*

Q1: January 2023

A Note from the Executive Director

Happy New Year! 2022 was filled with many great memories and some big changes for our campus. As you may know, Kim Perchak was promoted to VP of Operations for all Providence Place communities, and I was promoted to Executive Director here at Drums. I am pleased to announce that Danielle Schoonmaker is our new Director of Wellness and Hayley Hoffman was promoted to Connections Director. We are all very excited to start this new year together.

We had some wonderful holiday celebrations with staff and residents. Seeing the joy on everyone's face and hearing the laughter brought me such joy. In 2023, we are going to focus on all the wonderful things coming our way and creating more memories together.

Special thanks to all of our amazing staff, residents and families that brought in treats over the holidays. Nothing says happiness quite like a homemade cookie. I wish you all very healthy, happy 2023!

Melissa Jacoby

Executive Director

Highlighted Events

- 2 – **New Resident Milkshake Social:**
@ 2:30pm
- 9 – **Musical Entertainment @ 2:30pm**
Top Canadian Singer Spotlight by Lori Woodward
- 20 – **EdU Presentation @ 2:30pm**
Cookie Decorating with Chef Tiffany
- 22 – **Sunday Brunch @ 10:30a-12:30p**
Families Welcome! Call reception to reserve your table.
- 25 – **Diner's Lunch Caravan @ 10:30a**
Vesuvio's Pizzeria
- 31 – **EdU Presentation:**
The Age of Enlightenment by Guardians of our History

Welcome New Residents

Catherine T.
Janis S.
Charles C.



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>1</p> <p>9:00 TV Catholic Mass (3RD) 9:30 Daily Chronicle/Inspiration (2ND) 10:30 Sit & Be Fit Exercise (2ND) 1:30 Worship Service Ch. Beverly (Ch) 2:30 Welcome 2023 Photo Booth (2ND) 3:00 New Year's Calendar Bingo (3RD) 6:30 Boggle (2ND)</p> <p>New Year's Day</p>	<p>2</p> <p>9:00 Daily Chronicle/Inspiration 9:30 Rosary (CH) 10:00 Yoga Fitness by Bill Krings (CH) 1:30 iN2L: History of Butterfly Migration (T) 2:30 Craft: Tissue Paper Butterflies (T) 6:30 Pinochle Players Club (2ND)</p>	<p>3</p> <p>9:00 Daily Chronicle/ Inspiration (2ND) 10:00 Daily Prayer & Meditation (CH) 10:30 Stretch Exercise (2ND) 1:00 Prayer Service & Communion (CH) 1:30 Craft Club: Scarf & Mittens Wreath (3RD) 2:45 Bingo (3RD) 6:30 Dominoes (2ND)</p>	<p>4</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Balance in Action Exercise (2ND) 10:30 Garden Club: Post-Holiday Poinsettia Care (2ND) 1:30 iN2L: Tour of Italy (T) 2:30 Cooking Club: Taste of Italy (T) 6:30 Word Search (2ND)</p>	<p>5</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Sit & Be Fit (2ND) 10:00 Mass with Father Mike (DR) 1:45 Dancing with Tracey (2ND) 2:30 Dessert & Discussion with Chef Ashley: Sticky Toffee Pudding (DR) 6:30 Pinochle Players Club (3RD)</p>	<p>6</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Hand Weights Strength (2ND) 10:00 Bible Study with Chaplin Beverly (CH) 10:30 Cooking Club - Taste of Canada: Butter Tarts (C) 1:30 Dealing with Loss Support Group (SR) 2:30 Celebration of Life Service (CH) 6:30 Scrabble (2ND)</p>	<p>7</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Pedal Exercise (2ND) 10:00 Rosary (CH) 10:30 Hilarious Headlines (2ND) 1:30 Hymn Sing (CH) 2:30 Cooking Club: Sparkle Cupcakes (T) 6:30 Uno Card Game (2ND)</p>	
<p>8</p> <p>9:00 TV Catholic Mass (3RD) 9:30 Daily Chronicle/Inspiration (2ND) 10:00 Companion K-9 Visit with Harvey (1ST) 10:30 Chair Zumba with Alyson Cara (2ND) 1:30 Worship Service Ch. Beverly (CH) 2:30 Candy Bingo (T) 6:30 Boggle (2ND)</p>	<p>9</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Rosary (CH) 10:00 Yoga Fitness by Bill Krings (CH) 1:30 Bible Study with Deacon Bob (DR) 2:30 Musical Entertainment: <i>Top Canadian Singers Spotlight</i> Performed by Lori Woodward (DR) 6:30 Pinochle Players Club (2ND)</p>	<p>10</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 10:00 Daily Prayer & Meditation (CH) 10:30 Stretch Exercise (2ND) 1:00 Prayer Service & Communion (CH) 2:30 Interactive Music Class with Cynthia (T) 6:30 Dominoes (2nd)</p>	<p>11</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Men's Club Breakfast Caravan: Tom's Kitchen **\$\$ (OOB) 10:00 Prayer Service with Chaplin Beverly (CH) 10:30 Balance in Action Exercise (2ND) 1:30 Circle of Friends (SR) 2:30 Musical Entertainment featuring George Rittenhouse (T) 6:30 Word Search (2ND)</p>	<p>12</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Sit & Be Fit Exercise (2ND) 10:30 TED Talk & Discussion: <i>Brain Magic</i> by Magician, Keith Barry (3RD) 1:45 Dancing with Tracey (2ND) 2:30 Cooking Club: Soup Du Jour (T) 6:30 Pinochle Players Club (3RD)</p>	<p>13</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Hand Weights Strength (2ND) 10:00 Bible Study with Chaplin Beverly (CH) 10:30 Art Exploration: The Magic of Bob Ross <i>Winterscapes</i> (2ND) 1:30 Dealing with Loss Support Group (SR) 2:30 <i>Drum To Your Own Beat</i> Drumming Class by Joe Ciarvella (2ND) 6:30 Scrabble (2ND)</p>	<p>14</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Pedal Exercise (2ND) 10:00 Rosary (CH) 1:30 X-Box Bowling (2ND) 2:30 Matinee: <i>The Notebook</i> (2ND) 6:30 Uno Card Game (2ND)</p>	
<p>15</p> <p>9:00 TV Catholic Mass (3RD) 9:30 Daily Chronicle/Inspiration (2ND) 10:00 Finish the Lyrics (2ND) 10:30 Sit & Be Fit Exercise (2ND) 1:30 Worship Service Ch. Beverly (CH) 2:45 Bingo (3RD) 6:30 Boggle (2ND)</p>	<p>16</p> <p>9:00 Daily Chronicle/Inspiration (2nd) 9:30 Rosary (CH) 10:00 Yoga Fitness by Bill Krings (CH) 1:30 Finish the Lyrics (2ND) 2:30 Craft: Marshmallow Snowflake (T) 6:30 Pinochle Players Club (3RD)</p> <p>Martin Luther King, Jr Day</p>	<p>17</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 10:00 Daily Prayer & Meditation (CH) 10:30 Stretch Exercise (2nd) 1:00 Prayer & Communion (CH) 1:30 Blast from the Past: Dean Martin Variety Hour (2ND) 3:00 Chef's Pairing with Chef Ashley: Popcorn & Wine (DR) 6:30 Dominoes (2ND)</p>	<p>18</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 10:00 Prayer Service with Chaplain Beverly (CH) 11:00 Lunch Caravan: Vesuvio's Pizzeria (OOB) 1:30 Circle of Friends (SR) 2:45 Bingo (3RD) 6:30 Word Search (2nd)</p>	<p>19</p> <p>9:00 Daily Chronicle/inspiration (2ND) 9:30 Daily Prayer & Mediation (2ND) 10:00 Sit & Be Fit (2ND) 10:30 Cooking Club: Fudge Brownie (C) 1:30 Dancing with Tracey (2ND) 2:00 ED-U Presentation: History of Newfoundland, Canada by Retired Teacher, Terry Neumyer (3RD) 6:30 Pinochle Players Club (3RD)</p>	<p>20</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Hand Weights Strength (2ND) 10:00 Bible Study with Chaplin Beverly (CH) 10:30 Cooking Club - Taste of Canada: Nanaimo Bars (C) 1:30 Dealing with Loss Support Group (SR) 2:30 Ed-U Presentation & Demo: Snowman Cookie Decorating by Pastry Chef, Tiffany O'Donnell (DR) 6:30 Scrabble (2ND)</p>	<p>21</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Pedal Exercise (2ND) 10:00 Rosary (CH) 10:30 TED Talk & Discussion: <i>Why We Laugh</i> by Neuroscientist, Sophie Scott (3RD) 1:30 Hymn Sing (CH) 2:00 Cooking Club: Granola Bars (T) 6:30 Uno Card Game (2ND)</p>	
<p>22</p> <p>9:00 TV Catholic Mass (3RD) 9:30 Daily Chronicle/Inspiration (2ND) 10:00 Companion K-9 Visit with Harvey (1ST) 10:30 Chair Zumba with Alyson Cara (2ND) 1:30 Worship Service Ch. Beverly (CH) 2:00 Manicure & Hand Massage (T) 3:00 Color Me Calm (T) 6:30 Boggle (2ND)</p>	<p>23</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Rosary (CH) 10:00 Yoga Fitness By Bill Krings (CH) 1:30 Bible Study with Deacon Bob (DR) 2:30 Craft: Scrap Booking (2ND) 6:30 Pinochle Players Club (3RD)</p>	<p>24</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 10:00 Daily Prayer & Meditation (CH) 10:30 Stretch Exercise (2ND) 1:00 Prayer & Communion (CH) 1:30 Interactive Music Class with Cynthia (2ND) 3:00 Fireside Chat (1ST) 6:30 Dominoes (2ND)</p>	<p>25</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Balance in Action Exercise (2ND) 10:00 Prayer Service with Chaplin Beverly (CH) 1:00 Wish Excursion: Chacko's Bowling Center (OOB) 6:30 Word Search (2ND)</p>	<p>26</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Daily Prayer & Meditation (CH) 10:00 Sit & Be Fit Exercise (2ND) 1:45 Dancing with Tracey (2ND) 2:00 Musical Entertainment featuring Joe Stansky & Coal Miner (T) 6:30 Pinochle Players Club (3RD)</p>	<p>27</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Hand Weights Strength (2ND) 10:00 Bile Study with Chaplin Beverly (CH) 10:30 Cooking Club: Fries and Gravy (C) 1:30 Dealing with Loss Support Group (SR) 2:30 Dining Demo with Chef Ashely: Homemade Bread (DR) 6:30 Scrabble (2ND)</p>	<p>28</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Pedal Exercise (2ND) 10:00 Rosary (CH) 10:30 TED Talk & Discussion: <i>The Power of Vulnerability</i> by Professor & Author, Brené Brown (3RD) 1:30 Junk Drawer Detective (2ND) 2:30 Matinee: <i>The Odd Couple</i> (2ND) 6:30 Uno Card Game (2ND)</p>	
<p>29</p> <p>9:00 TV Catholic Mass (3RD) 9:30 Daily Chronicle/Inspiration (2ND) 10:30 Sit & Be Fit Exercise (2ND) 1:30 Worship Service Ch. Beverly (CH) 2:30 Men's Club: NFL Tail Gate Social (T) 6:30 Boggle (2ND)</p>	<p>30</p> <p>9:00 Daily Chronicle/Inspiration (2ND) 9:30 Rosary (CH) 10:00 Yoga Fitness by Bill Krings (CH) 1:30 Campus Store (2ND) 2:30 Ed-U Health Presentation: <i>Hearing & Vision Health Awareness</i> by Providence Place Drums DOW (3RD) 6:30 Pinochle Players Club (3RD)</p>	<p>31</p> <p>9:00 Daily Chronicle/Inspiration (CH) 10:00 Daily Prayer & Meditation (CH) 10:30 Stretch Exercise (2ND) 1:00 Prayer & Communion (CH) 2:00 Color Me Calm (T) 2:30 Taste of Hot Cocoa (T) 6:30 Dominoes (2ND)</p>	<p>THE</p> <h1>Club</h1>		<h1>January</h1> <h1>2023</h1>		<p>Calendar Key: ** Registration Required \$\$ Cost Involved (OOB) Out Of Building, (CH) Chapel (FP) Front Porch (SR) Sun Room, (1ST) Frist Floor (2ND) Second Floor, (3RD) Third Floor, (ML) Meet In Lobby, (C) Café (T) Terrance</p>