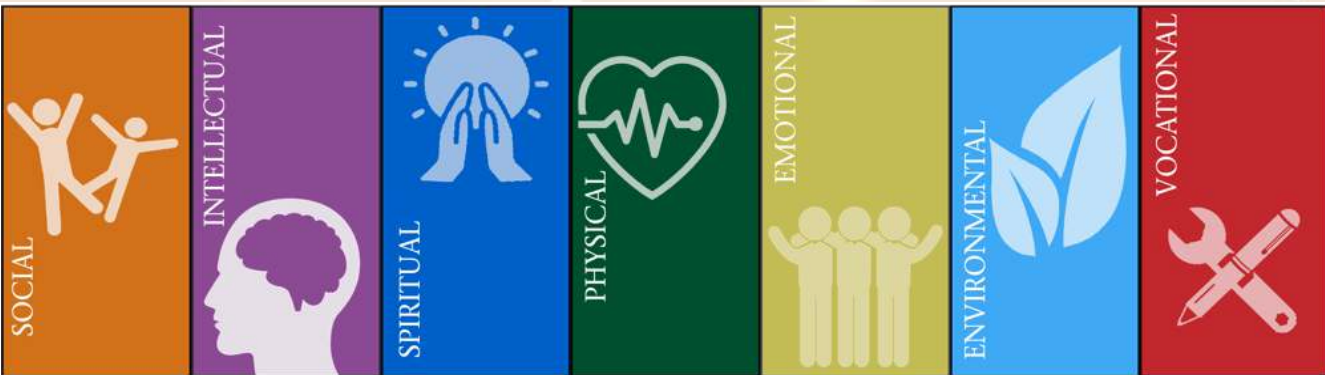


"Tomorrow is the first blank page of a 365-page book.

2023
Write a good one."



Dimensions
of Wellness

Resident Birthdays

January

9 – Susan L.
11 – Shirley E.
12 – Christine G.
13 – Dorothy G.
19 – Karen P.
20 – Rita R.
24 – Howard S.
29 – Dail S.

February

5 – Rose T.
7 – Lillian A.
18 – Roza C.
27 – Loretta M.

March

3 – Eleanor R.
7 – Stanley B.
29 – Sandra M.



Providence Place SENIOR LIVING News

Q1: January 2023

A Note from the Executive Director

Happy New Year! 2023 is going to be a new year with a fresh start. I hope everyone had a wonderful holiday season. We had such a great time here at our community for the holidays: we hope you had a chance to visit and celebrate with us.

We have welcomed in our promoted Director of Wellness, Candice Davis, and we encourage you to connect with Candace about the care for you or your loved one.

As we usher in 2023, please take the time to view our calendar of events and find ways to connect within our community even in the frigid weather! We will be hosting our Winter Musical Social on January 18th or check out our weekly Happy Hour, each Saturday at 2:30pm.

If you have any questions or concerns, please reach out to our team anytime.

Cheers to 2023,

Donna O'Leary

Executive Director

Highlighted Events

- 3 – Shop & Dine @ 10:30am
Boscov's & Cracker Barrel
- 9 – Discover Alaska on iN2L @ 10:30am
- 12 – Men's Group: Fishing in Alaska
@ 2pm
- 13 – EdU Presentation: Winter Wildlife
@ 2pm
- 18 – Winter Musical Social @ 2pm
Entertainment by Nick Viscuso
Families Welcome!
- 31 – California Wine & Cheese Social
@ 2pm

Welcome New Residents

Gerald S.
Marlene S.
Samuel "Barry" D.
Marie K.
Karen P.
Carol U.
Ron S.




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 10:00 Destination Trivia: Alabama (AR) 10:30 Destination Cooking Group: <i>Fried Okra in Alabama</i> (AR) 2:00 Destination Discovery Social: <i>Alabama - Discussion & Snacks</i> (GL) 3:00 Sunday Worship Service (CH) 6:00 Hallmark Movie Night (CH) New Year's Day	2 10:00 Stretch & Flex (CH) 10:30 Discover Alabama on iN2L (CH) 1:30 Writing Club: Community Story (AR) <i>The Mystery Continues!</i> 2:00 Artist in Us All: Pottery Works (AR) 3:15 Balloon Volley Ball Game (CH) 6:00 Bingo Night (CH)	3 10:00 Weights & Bands Fitness (CH) 10:30 Devotions & Hymn Sing (CH) 10:30 Shop & Dine: Bosco's & Cracker Barrel **\$\$ (OOB) 1:30 Community Life Planning Mtg. (AR) 2:15 Creative Cooking w/ Chef Dennis (AR) 3:00 Bingo Helpers in Connections (CN) 6:00 Scrabble Night (AR)	4 10:00 Movement & Music (CH) 10:30 Mid Week Worship Service (CH) 1:30 Who—What am I? Hope Visits (CH) 2:00 Drama Club: Drama Exercises & Short Skits (CH) 3:15 Bingo (CH) 6:00 Movie Night: <i>Descendants</i> , Netflix Documentary Production (CH)	5 10:00 Balance in Action (CH) 10:30 Greif Support Group (CH) 1:30 Getting to Know You Social (GL) 2:00 Ed-U Presentation <i>Birds of Florida</i> by Retired Educator, Terry Neumyer (CH) 3:15 LCR with Chaplain Jeff (AR) 6:00 Game Night !! (AR)	6 10:00 Fitness Fun Games (CH) 10:30 Journey Through the Bible (CH) 1:30 Jeopardy Challenge (AR) 2:30 Destination Discovery: Alabama <i>All Hail the Snail</i> (CH) 3:15 Word in Word with Floats (AR) 6:00 Evening Gather & Chat (L)	7 10:00 What's the Word (AR) 10:30 Saturday Morning Bingo (CH) 1:30 Games with Pat (AR) 2:30 Happy Hour: Drinks, Apps & Fun (GL) 3:30 Charades (GL) 6:00 Domino Dominators Meet (AR)	
8 10:00 Destination Trivia: Alaska (AR) 10:30 Team Cuisine Cooking Group: <i>Simple Salmon Spread</i> (AR) 2:00 Destination Discovery Social: <i>Alaska - Discussion & Snacks</i> (GL) 3:00 Sunday Worship Service (CH) 6:00 Hallmark Movie Night (CH)	9 10:00 Stretch & Flex (CH) 10:30 Discover Alaska on iN2L (CH) 1:30 Book Club: What I'm Reading (AR) <i>Discuss What You are Reading!</i> 2:00 Artist in Us All: Paint Alaska (AR) 3:15 Balloon Volley Ball Game (CH) 6:00 Bingo Night (CH)	10 10:00 Weights & Bands Fitness (CH) 10:30 Devotions & Hymn Sing (CH) 11:00 Lunch Trip: Bonefish Grill**\$\$ (OOB) 1:30 Welcome Ambassador Meeting (AR) 2:15 Thankful to You Committee: Assemble Gifts for the Team (AR) 3:00 Bingo Helpers in Connections (CN) 6:00 Scrabble Night (AR)	11 10:00 Movement & Music (CH) 10:30 Mid Week Worship Service (CH) 1:30 Wellness Presentation by Bayada Home Health Care (CH) 2:30 Who, What Am I? Hope Visits (CH) 3:15 Bingo (CH) 6:00 Movie Night: <i>Togo</i> Disney+ Production (CH)	12 10:00 Balance in Action (CH) 10:30 Greif Support Group (CH) 10:30 Grocery Run: Giant**\$\$ (OOB) 1:30 Nail Painting (S) 2:00 Men's Group : Fishing in Alaska (AR) 3:15 LCR with Chaplain Jeff (AR) 6:00 Game Night !! (AR)	13 10:00 Fitness Fun Games (CH) 10:30 Journey Through the Bible (CH) 1:30 Spelling Bee (CH) 2:00 Ed-U Presents: <i>Winter Wild Life</i> by Lisa Sanchez, Lancaster Co Park & Rec (CH) 3:15 Word in Word with Floats (AR) 6:00 Front Porch Sitters (L)	14 10:00 What's the Word (AR) 10:30 Saturday Morning Bingo (CH) 1:30 Crafts with Diana (AR) 2:30 Happy Hour: Drinks, Apps & Fun (GL) 3:30 Finish the Phrase Fun (GL) 6:00 Domino Dominators Meet (AR)	
15 10:00 Destination Trivia: Arizona (AR) 10:30 Team Cuisine Cooking Group: <i>Cobre Valley Casserole Dip</i> (AR) 2:00 Destination Discovery Social: <i>Arizona - Discussion & Snacks</i> (GL) 3:00 Sunday Worship Service (CH) 6:00 Hallmark Movie Night (CH)	16 10:00 Stretch & Flex (CH) 10:30 Discover Arizona on iN2L (CH) 11:00 Martin Luther King Jr Trivia (CH) 1:30 Writing Club: What's My Dream (AR) 2:00 Artist in Us All: Grand Canyon (AR) 3:15 Balloon Volley Ball Game (CH) 6:00 Bingo Night (CH) Martin Luther King, Jr Day	17 10:00 Weights & Bands Fitness (CH) 10:30 Devotions & Hymn Sing (CH) 10:30 Shopping: Community Aide **\$\$ (OOB) 1:30 Dining Committee Meeting (CH) 2:00 Drum Circle: Grateful Drumming (CH) 3:00 Bingo Helpers in Connections (CN) 6:00 Scrabble Night (AR)	18 10:00 Movement & Music (CH) 10:30 Mid Week Worship Service (CH) 1:30 Who, What Am I? Hope Visits (CH) 2:00 Winter Musical Social with Nick Viscuso (DR) 3:15 Bingo (CH) 6:00 Movie Night: <i>Little Miss Sunshine</i> (CH)	19 10:00 Balance in Action (CH) 10:30 Greif Support Group (CH) 10:30 Country Ride** (OOB) 2:00 Ed-U Trivia Talk with Retired Educator, Bob Reigh (CH) 3:15 LCR with Chaplain Jeff (AR) 6:00 Game Night !! (AR)	20 10:00 Fitness Fun Games (CH) 10:30 Journey Through the Bible (CH) 1:30 Spelling Bee (CH) 2:00 <i>Shine Like a Diamond</i> Social (CH) 3:15 Word in Word with Floats (AR) 6:00 Front Porch Sitters (L)	21 10:00 What's the Word (AR) 10:30 Saturday Morning Bingo (CH) 1:30 Games with Pat (AR) 2:30 Happy Hour: Drinks, Apps & Fun <i>Chinese New Year of the Rabbit</i> (GL) 3:30 Pictionary (GL) 6:00 Domino Dominators Meet (AR)	
22 10:00 Destination Trivia: Arkansas (AR) 10:30 Team Cuisine Cooking Group: <i>Slow Cooked Ribs</i> (AR) 2:00 Destination Discovery Social: <i>Arkansas - Discussion & Snacks</i> (GL) 3:00 Sunday Worship Service (CH) 6:00 Hallmark Movie Night (CH)	23 10:00 Stretch & Flex (CH) 10:30 Discover Arkansas on iN2L (CH) 1:30 Book Club: What I'm Reading (AR) <i>Discuss What You are Reading!</i> 2:00 Artist in Us All: Paint a Rabbit (AR) 3:15 Balloon Volley Ball Game (CH) 6:00 Bingo Night (CH)	24 10:00 Weights & Bands Fitness (CH) 10:30 Devotions & Hymn Sing (CH) 11:00 Scenic Drive: Lancaster County** (OOB) 1:30 Chef's Pairing w/ Chef Dennis (AR) 2:00 Music Moment: <i>Louis Jordan of</i> <i>Arkansas Father of R& B</i> (AR) 3:00 Bingo Helpers in Connections (CN) 6:00 Scrabble Night (AR)	25 10:00 Movement & Music (CH) 10:30 Mid Week Worship Service (CH) 1:30 Who, What Am I? Hope Visits (CH) 2:00 Jazz Music with Lee Moyer (DR) 3:15 Bingo (CH) 6:00 Movie Night: <i>The River Within</i> (CH)	26 10:00 Balance in Action (CH) 10:30 Greif Support Group (CH) 10:30 Grocery Run: Weis**\$\$ (OOB) 1:30 Nail Painting (S) 2:00 Horticulture Club (AR) 3:15 LCR with Chaplain Jeff (AR) 6:00 Game Night !! (AR)	27 10:00 Fitness Fun Games (CH) 10:30 Journey Through the Bible (CH) 1:30 Jeopardy Challenge (AR) 2:30 Destination to the Ozarks: Music, Culture and Landscape (CH) 3:15 Word in Word with Floats (AR) 6:00 Front Porch Sitters (L)	28 10:00 What's the Word (AR) 10:30 Saturday Morning Bingo (CH) 1:30 Crafts with Diana (AR) 2:30 Happy Hour: Drinks, Apps & Fun (GL) 3:15 Familiar Songs with Gary Collier on the Organ (CH) 6:00 Domino Dominators Meet (AR)	
29 10:00 Destination Trivia: California (AR) 10:30 Team Cuisine Cooking Group: <i>Delicious Orange Julius</i> (AR) 2:00 Destination Discovery Social: California- Discussion & Snacks (GL) 3:00 Sunday Worship Service (CH) 6:00 Hallmark Movie Night (CH)	30 10:00 Stretch & Flex (CH) 10:30 Discover California on iN2L (CH) 1:30 Writing Club: My Life Story (AR) <i>Lets Write, Share and Collect</i> <i>Short Stories!</i> 2:00 Artist in Us All: California Coasts (AR) 3:15 Balloon Volley Ball Game (CH) 6:00 Bingo Night (CH)	31 10:00 Weights & Bands Fitness (CH) 10:30 Devotions & Hymn Sing (CH) 10:30 Lunch Trip: California Tortilla**\$\$ (OOB) 1:30 Community Life Planning Mtg (CH) 2:00 California Wine & Cheese Social (GL) 3:00 Bingo Helpers in Connections (CN) 6:00 Scrabble Night (AR)			<h1>January</h1> <h1>2023</h1>		Calendar Key: (BR) Billiards Room (CH) Chapel (AR) Activity Room (S) Salon (GL) Governor's Lounge (LB) Library (DR) Dining Room (FL) Lobby (FP) Front Porch (OOB) Out of Building ** Registration Required \$\$ Cost Involved !! Resident Ran