

*"Tomorrow is the first blank page of a 365-page book.
Write a good one."*



Providence Place SENIOR LIVING News

Q1: January 2023

A Note from the Executive Director

Happy New Year! 2023 is going to be a new year with a fresh new start. I hope everyone had a wonderful holiday season. We had such a great time here at our community for the holidays: we had our first ever Santa Brunch with over 230 residents, families and staff that came and participated in eating a delicious meal, getting pictures with Santa and making gingerbread houses; our Connections Neighborhood had a delightful Christmas party; Community Life took residents to see Christmas lights and we had 20 days of Christmas here with a lot of activities for staff and residents to participate in. Pottsville looked like Santa's workshop many days, but it was such a joy to watch our residents and coworkers gather together with happiness.

As I reflect back on the last three months here, I can't help but appreciate how much progress we have made. I want to thank our coworkers and all of the residents and families who worked with us during some difficult times. We will be continuing our quarterly Department Manager Meetings with family members in the evenings so we can share the latest happenings in the community but also receive feedback to continue to grow our Pottsville community.

We all look forward to 2023 to be exciting and fulfilling for all. As always, the team remains available for any questions or needs you may have. Continue to stay safe, happy and healthy.

All the best,
Melissa Melnick

Executive Director

Highlighted Events

- 4 – **Acrylic Paint Class with Shannon** @ 2pm
- 9 – **Afternoon at the Ballet** @ 1pm
Kirov Ballet Company
- 11 – **EdU Excursion** @ 2pm
PA Farm Show
- 18 – **Fireside Chat** @ 2pm
- 26 – **Day Excursion** @ 11am
Hollywood Casino
- 31 – **Providence Place Pet Visit**
@ 10am

Welcome New Residents

Francis Q.
Patricia G.
Helen B.
Earl M.
Lawrence H.



*Dimensions
of Wellness*

Resident Birthdays

January

1 – Theresa Louise H.
1 – Gretchen U.
5 – Lois M.
14 – Ann S.
18 – Dean B.
23 – Florentina S.
28 – Lawrence H.
30 – Nancy C.
30 – Catherine J.
30 – Margaret A.

February

11 – Eileen D.
13 – Catherine B.
14 – Helen K.
14 – Janet M.
28 – Shirley B.
28 – Marcella R.

March

1 – Joan K.
2 – Sue W.
3 – Barbara A.
5 – Raymond L.
8 – Kathleen S.
8 – Joan S.
12 – Yvonne W.
12 – Ethel L.
13 – Richard H.
16 – Patricia G.
20 – Helen R.
22 – Ruth B.
24 – Helen B.
28 – Alberta S.



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at ProvidenceRetirement@gmail.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>New Year's Day 1</p> <p>9:00 Morning Meeting & Daily Chronicle (A)</p> <p>9:30 Trinity Lutheran Church: Live Stream (A)</p> <p>10:30 Morning Fitness (A)</p> <p>11:00 Reading Republican & Menu (A)</p> <p>1:30 New Years Traditions Social (CN)</p> <p>2:00 Snowball Toss (CN)</p> <p>3:00 Creative Expressions (CN)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>	<p>2</p> <p>9:00 Grace & Poise: Q&A? (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Yoga w/ Michelle (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Reminiscing w/ Music (CH)</p> <p>2:30 Winter Word Search (CH)</p> <p>3:00 Communion Service (CH)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>	<p>3</p> <p>9:00 Morning Fitness (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:00 Culinary Creations: Pudding Parfait (A)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>12:00 Souper Tuesday Luncheon (A)</p> <p>1:30 Pine Cone Bird Feeders (CN)</p> <p>2:30 iN2L: Birds of the Backyard (CN)</p> <p>3:00 Storytelling "Picture This" (CN)</p> <p>4:00 Walk for Heart Health (TB)</p>	<p>4</p> <p>9:00 Coffee, Donuts, & Discussion (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:30 Lite & Lively (A)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Yoga with Michele (CN)</p> <p>2:30 Art Expressions with Kim (CN)</p> <p>3:00 Reminiscing w/ Friends (CN)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>	<p>5</p> <p>9:00 Morning Fitness (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:00 Xbox Bowling (A)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Finish My Lyrics (P)</p> <p>2:00 Auto Racing (P)</p> <p>3:00 Craft: Wooden Snowman (A)</p> <p>3:30 Hydration & Humor (A)</p> <p>4:00 Walk for Heart Health (TB)</p>	<p>6</p> <p>9:00 Morning Fitness (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:30 Curls for Girls (3FSL)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Zumba w/ Michele (P)</p> <p>2:45 Discussions: Sherlock Holmes (CH)</p> <p>3:00 Worship Service (CH)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (FL)</p>	<p>7</p> <p>9:00 Morning Meeting & Daily Chronicle (P)</p> <p>9:30 Word Within a Word (P)</p> <p>10:00 Balloon Volley (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Bingo (CN)</p> <p>2:30 Puzzles & Ponderings (CN)</p> <p>3:00 Dancing to the Polkas (CN)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship</p>
<p>8</p> <p>9:00 Morning Meeting & Daily Chronicle (A)</p> <p>9:30 Trinity Lutheran Church: Live Stream (A)</p> <p>10:30 Morning Fitness (A)</p> <p>11:00 Reading Republican & Menu (A)</p> <p>1:30 Chair Soccer (CN)</p> <p>2:30 Hospitality Club (CN)</p> <p>3:00 Craft: Let it Snow Wreath (CN)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>	<p>9</p> <p>9:00 Birth of the Chocolate Cookie (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Yoga w/ Michelle (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:00 Afternoon at the Ballet: Swan Lake by Kirov Ballet Company (P)</p> <p>2:30 Name 5 Game (CH)</p> <p>3:00 Communion Service (CH)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>	<p>10</p> <p>9:00 Morning Fitness (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:00 Appreciation Club: Planting & Gifting of House Plants (A)</p> <p>12:00 Souper Tuesday Luncheon (A)</p> <p>1:30 Donuts & Coffee (CN)</p> <p>2:30 The Soothing Sounds of Kim Russell-Seibert (CN)</p> <p>3:00 Creative Expressions (CN)</p> <p>4:00 Walk for Heart Health (CN)</p> <p>6:00 Nickel Bingo \$\$ (P)</p>	<p>11</p> <p>9:00 Coffee, Donuts, & Discussion (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:00 Learn your Name in Morse Code (P)</p> <p>10:30 Strength Training (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Yoga w/ Michele</p> <p>2:30 Hydration & Small Bites (CN)</p> <p>3:00 iN2L: Daniel O'Donnell "Songs of Faith" (CN)</p> <p>4:00 Walk for Heart Health</p>	<p>12</p> <p>9:00 Morning Fitness (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:00 UNO (A)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 iN2L Exploration (A)</p> <p>2:30 Mind Joggers (A)</p> <p>3:00 Craft: Khokhoma (A)</p> <p>3:30 Hydration & Humor (A)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Bingo (P)</p>	<p>13</p> <p>9:00 Morning Fitness (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:00 Manicures (A)</p> <p>10:30 Kids Say the Funniest Things (A)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Zumba w/ Michele (P)</p> <p>2:45 Name Game (CH)</p> <p>3:00 Worship Service (CH)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (FL)</p>	<p>14</p> <p>9:00 Morning Meeting & Daily Chronicle (P)</p> <p>9:30 Time Slips (P)</p> <p>10:00 Gentle Stretching (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Balloon Volley (CN)</p> <p>2:30 Winter Social (CN)</p> <p>3:00 Creative Expressions (CN)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>
<p>15</p> <p>9:00 Morning Meeting & Daily Chronicle (A)</p> <p>9:30 Trinity Lutheran church: Live Stream (A)</p> <p>10:30 Morning Fitness (A)</p> <p>11:00 Reading Republican & Menu (A)</p> <p>1:30 Bingo (CN)</p> <p>2:30 Connections Friend Social (CN)</p> <p>3:00 Drum Stick Workout (CN)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>	<p>Martin Luther King, Jr Day 16</p> <p>9:00 Brain Games (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Yoga w/ Michelle (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Discussion: Remembering MLK (CH)</p> <p>2:30 Family Feud (CH)</p> <p>3:00 Communion Service (CH)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>	<p>17</p> <p>9:00 Morning Fitness (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:00 Culinary Creations: Fruit Salad (A)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>12:00 Souper Tuesday Luncheon (A)</p> <p>1:30 Craft: Sock Snowmen (CN)</p> <p>2:30 Apple Butter Social (CN)</p> <p>3:00 Easy Listening (CN)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Nickel Bingo \$\$ (P)</p>	<p>18</p> <p>9:00 Coffee, Donuts, & Discussion (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Lite & Lively (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:00 Trivia (CN)</p> <p>1:30 Yoga w/ Michele (CN)</p> <p>2:30 Hydration & Small Bites (CN)</p> <p>3:00 Games Galore (CN)</p> <p>4:00 Walk for Heart Health (TB)</p>	<p>19</p> <p>9:00 Mind Joggers (L)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Balance in Action with Powerback Rehab (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Garden Matching Game (P)</p> <p>2:00 Drum Circle w/ Joe (P)</p> <p>3:30 Hydration & Humor (A)</p> <p>4:00 Walk for Heart Health (TB)</p>	<p>20</p> <p>9:00 Morning Fitness (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:30 Curls for Girls (3FSL)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Zumba w/ Michele (P)</p> <p>2:30 You Be The Judge (CH)</p> <p>3:00 Worship Service (CH)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>	<p>21</p> <p>9:00 Morning Meeting & Daily Chronicle (P)</p> <p>9:30 History of Lunar New Year & Dragon Boat Races (P)</p> <p>10:00 Horse Racing (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 iN2L: Travel to England (CN)</p> <p>2:00 Making of Homemade Butter (CN)</p> <p>2:30 Tea & Crumpets Social (CN)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>
<p>22</p> <p>9:00 Morning Meeting & Daily Chronicle (A)</p> <p>9:30 Trinity Lutheran Church: Live Stream (A)</p> <p>10:30 Morning Fitness (A)</p> <p>11:00 Reading Republican & Menu (A)</p> <p>1:30 Bingo (CN)</p> <p>2:30 Happy Hour (CN)</p> <p>3:00 Puzzles & Ponderings (CN)</p> <p>3:30 Chinese New Year Animals?</p> <p>6:00 Fireside Fellowship (L)</p>	<p>23</p> <p>9:00 Happy Neurons (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Yoga w/ Michele (P)</p> <p>1:30 Name the Capitals (P)</p> <p>2:00 A day at the Theatre: Russian Folk Floating Dancers (P)</p> <p>3:00 Communion Service (CH)</p> <p>3:30 Card Games (P)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>	<p>24</p> <p>9:00 Morning Fitness (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:00 Culinary Creations: Fudge (A)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>12:00 Souper Tuesday Luncheon (A)</p> <p>1:30 Reminiscing: Coal Region (CN)</p> <p>2:30 Skook Snacks & Social (CN)</p> <p>3:00 Storytelling: "Picture This" (CN)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Nickel Bingo \$\$ (P)</p>	<p>25</p> <p>9:00 Coffee, Donuts, & Discussion (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Seated Tai Chi (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:00 Opposite Word Trivia (CN)</p> <p>1:30 Yoga w/ Michele (CN)</p> <p>2:30 Hydration & Small Bites (CN)</p> <p>3:00 Puzzles & Ponderings (CN)</p> <p>4:00 Walk for Heart Health (CN)</p> <p>6:00 Fireside Fellowship (L)</p>	<p>26</p> <p>9:00 Morning Fitness (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:30 Gardening Club: Planting of Windowsill Herbs (A)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 iN2L Exploration (A)</p> <p>2:30 Craft: Felt Snowmen (A)</p> <p>3:30 Hydration & Humor (A)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Bingo (P)</p>	<p>27</p> <p>9:00 Morning Fitness (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:00 Manicures (A)</p> <p>10:30 Remembering the Holocaust (A)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Zumba with Michele (P)</p> <p>2:30 Name the States (CH)</p> <p>3:00 Worship Service (CH)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (FL)</p>	<p>28</p> <p>9:00 Morning Meeting & Daily Chronicle (P)</p> <p>9:30 Matching Card Game (P)</p> <p>10:00 Balloon Volley (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Games Galore (CN)</p> <p>2:30 Cheese Charcuterie Board & Cracker Social: Guess the Cheese? (CN)</p> <p>3:00 Cornhole Tournament (CN)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship</p>
<p>29</p> <p>9:00 Morning Meeting & Daily Chronicle (A)</p> <p>9:30 Trinity Lutheran Church: Live Stream (A)</p> <p>10:30 Morning Fitness (A)</p> <p>11:00 Reading Republican & Menu (A)</p> <p>1:30 Bingo (CN)</p> <p>2:30 Fountain Soda Social (CN)</p> <p>3:30 Puzzles & Ponderings (CR)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>	<p>30</p> <p>9:00 Joggin' Your Noggin (L)</p> <p>9:30 Morning Meeting & Daily Chronicle (L)</p> <p>10:30 Yoga w/ Michelle (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Ring Toss (CH)</p> <p>2:30 Finish My Lines (CH)</p> <p>3:00 Communion Service (CH)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Fireside Fellowship (L)</p>	<p>31</p> <p>9:00 Morning Fitness (A)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:00 Culinary Creations: Choc. Drizzled Popcorn (A)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>12:00 Souper Tuesday Luncheon (A)</p> <p>1:30 Practice Golf Putting (CN)</p> <p>2:00 Hot Cocoa Bar (CN)</p> <p>3:00 "Year of Invention" Trivia (CN)</p> <p>6:00 Nickel Bingo \$\$ (P)</p>	<p>THE</p> <h1>Club</h1>		<p>January</p> <p>2023</p>	<p>Calendar Key:</p> <p>** Registration Required</p> <p>\$\$ Cost Involved</p> <p>Activity Room (A)</p> <p>Connections (CN)</p> <p>Throughout Building (TB)</p> <p>Lobby (L)</p> <p>Pub (P)</p> <p>Third Floor South Lounge (3FSL)</p> <p>Chapel (CH)</p>