



Chambersburg CONNECTIONS



FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Stretch & Strengthen 10:30 iN2L: Mind Fitness 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Edible Groundhog (CC) 2:30 Sip and Taste (CC) 3:00 Predict before Phil 3:30 Punxsutawney Phil's Retirement Plan 4:00 Dinner 5:30 Candid Camera Videos 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History Watch Phil Furry Forecaster 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nelly Fox Bowling (CC) 2:30 Sip and Mingle (CC) 3:00 All Things Red (CW) 3:30 Birthday Committee Meeting 4:00 Dinner 5:30 Guided Tours around the World 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Name That Tune 11:00 Lunch 12:00 Walking with Friends 1:15 Drama Club Presents: Thanks for The Memories 2:30 Sip and Share 3:00 February IQ 3:30 Groundhog Day Trivia 4:00 Dinner 5:30 Movie: Runaway Bride 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Music in Motion 10:30 iN2L: Train Your Brain 11:00 Lunch 12:00 Walking with Friends 1:15 Shake Loose a Memory 2:30 Memory Café 3:00 Secret Pie Quote 3:30 Giant UNO Cards 4:00 Dinner 5:30 TED Talks 7:00 Evening Wind Down
5	6	7	8	9	10	11
6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Happy Neuron 11:00 Lunch 12:00 Walking with Friends 1:30 Piano Playing w/ Bryan Herber 2:30 Sip and Dance 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 Funny Babies Videos 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Conductorcise 10:30 iN2L: Weekly Balloon Burst 11:00 Lunch 12:00 Walking with Friends 1:15 Pretty in Pink: Nail Care 2:30 Sip and Discuss 3:00 Mountain Men Club: Spa Day 3:30 Signed, Sealed, Sent Where? 4:00 Dinner 5:30 Classic Radio: You Bet Your Life 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 10:30 iN2L: Would You Rather 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Clay Conversation Heart (CC) 2:30 Sip and Show (CC) 3:00 Bible Study (CC) 4:00 Dinner 5:30 SATM Radio Show 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 iN2L: Cranium Crunches 10:30 Dance Class w/ Jess 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Potatoes Dauphin Oise (CC) 2:30 Sip and Taste (CC) 3:00 Book Club: Famous Love Letters 3:30 Appreciate & Thank Club 4:00 Dinner 5:30 Inspirational Videos 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 9:45 Chair Yoga w/ Beth 10:15 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Wendy Frosty (CC) 2:30 Sip and Mingle (CC) 3:00 Love is in the Air Trivia 3:30 Which Word Doesn't Belong? 4:00 Dinner 5:30 Visit a Virtual Museum 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: What's That Sound 11:00 Lunch 12:00 Walking with Friends 1:15 Canvas Creativity with Detroit 2:30 Sip and Show 3:00 Wacky Wordies 3:30 Cuisine Panel Meeting 4:00 Dinner 5:30 Movie: Rosaline 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Star & Stripes 10:30 iN2L: Tell a Joke 11:00 Lunch 12:00 Walking with Friends 1:15 Memories in the Making 2:30 Popcorn Station 3:00 Love Letter Detective 3:30 Shutterbug Lovebugs 4:00 Dinner 5:30 The History of Wow Art 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Dancing Fireflies 11:00 Lunch 12:00 Walking with Friends 1:15 Puppy Bowl 2023 2:30 Sip and Be Social 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 Kitten Rescue Webcam 7:00 Evening Wind Down	13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 iN2L: Weekly Crossword 11:00 Lunch 12:00 Walking with Friends 1:15 Pretty in Pink: Spa Day 2:30 Sip and Discuss 3:00 Reminiscing Card Game 3:30 Mountain Men Club: Checkers 4:00 Dinner 5:30 Classic Radio: Paul Harvey 7:00 Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit & Be Fit 10:30 iN2L: Have You Ever 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Ham & Swiss Sticky Bun (CC) 2:30 Valentine's Day Bingo Social (CC) 3:00 Bible Study 4:00 Dinner 5:30 Sing With Susie Q 7:00 Evening Wind Down Valentine's Day	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dancing Through the Decades 10:30 iN2L: Wordle 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Mardi Gras Mask (CC) 2:30 Sip and Show (CC) 3:00 The Entire History of France 3:30 Can You See the Big Picture? 4:00 Dinner 4:00 Je T'aime Pour Toujours 5:30 Virtual Cooking 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Gettysburg Battlefield (CC) 2:30 Sip and Mingle 3:00 French Art of the 18th Century 3:30 Postal Love Songs 4:00 Dinner 5:30 Paint with Bob Ross 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Name That Song 11:00 Lunch 12:00 Walking with Friends 1:15 Drama Club Presents: A Job for Cupid 2:30 Sip and Share 3:00 Bingo 3:30 Concentration Puzzles 4:00 Dinner 5:30 Movie: Marcel the Shell with Shoes on 7:00 Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light & Lively 10:30 iN2L: Family Feud 11:00 Lunch 12:00 Walking with Friends 1:15 Memory Magic 2:30 Snow Cone Station 3:00 Mardi Gras Secret Message 3:30 February Trivia 4:00 Dinner 5:30 TED –Ed Talks 7:00 Evening Wind Down	
19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Piggy Bankers 11:00 Lunch 12:00 Walking with Friends 1:15 Sharpen Your Senses 2:30 Sip and Be Social 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 Funny Animal Videos 7:00 Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Fittersitter 10:30 iN2L: Weekly Word Scramble 11:00 Lunch 12:00 Walking with Friends 1:15 Pretty in Pink: Pampering Day 2:30 Sip and Discuss 3:00 Mountain Men Club: Nail Care 3:30 Presidents Trivia 4:00 Dinner 5:30 Classic Radio: The Bickersons 7:00 Evening Wind Down President's Day	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing 10:30 iN2L: Brain Teasers 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Air Fried Donuts (CC) 2:00 Live Stream Mardi Gras Parade Social (CC) 3:00 Bible Study 4:00 Dinner 5:30 Music with Mary Sue 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 iN2L: Wordscapes 10:30 Dance Class w/ Jess 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Tissue Paper Monet Painting (CC) 2:30 Sip and Show (CC) 3:00 Friends Hosting Friends (CL,CC) 4:00 Dinner 5:30 Broadway Musicals Videos 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Gettysburg Baking Company 2:30 Sip and Mingle (CC) 3:00 Puzzles & Ponderings 3:30 Postal Trivia 4:00 Dinner 5:30 Travel with Rick Steves 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Who Sang that Tune 11:00 Lunch 12:00 Walking with Friends 1:15 Book Club: Being Truthful with Jack & Jill 2:30 Sip and Share 3:00 Influenza Detective 3:30 Dominoes 4:00 Dinner 5:30 Movie: Mack & Rita 7:00 Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 iN2L: Karaoke 11:00 Lunch 12:00 Walking with Friends 1:15 Timeslips 2:30 Cotton Candy Station 3:00 Famous Duos 3:30 Short Story: A Birthday Surprise 4:00 Dinner 5:30 The Art of Woodworking 7:00 Evening Wind Down	
26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Jeopardy 11:00 Lunch 12:00 Walking with Friends 1:15 Storymatice Rememory 2:30 Sip and Be Social 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 Puppies Webcam 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Yoga 10:30 iN2L: Weekly Word Search 11:00 Lunch 12:00 Walking with Friends 1:15 Pretty in Pink: Nail Care 2:30 Sip and Discuss 3:00 Mountain Men Club: Tic-Tac-Toe 3:30 Spelling Bird – Watching (CW) 4:00 Dinner 5:30 Classic Radio: Duke Ellington 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Seatworks 10:30 iN2L: Brain Aerobics 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Eiffel Tower w/ Wafer Cookies (CC) 2:30 Sip and Taste (CC) 3:00 Bible Study (CC) 4:00 Dinner 5:30 Radio Garden 7:00 Evening Wind Down	 <p><i>Chambersburg</i> CONNECTIONS  FEBRUARY 2023</p>				