


Pottsville CONNECTIONS



FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Rosary 10:00 Balloon Volley 10:30 Trivia Time 11:00 Lunch 12:00 Games Galore 1:30 Zumba with Michelle 2:15 Hydration Station 2:30 Art Expressions with Kim 4:00 Dinner 5:00 iN2L Our National Parks 7:00 Snack & Evening Wind Down	2 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Morning Stretch 10:00 Crafting Valentine Suncatchers 11:00 Lunch 12:00 Spa Time & Manicures 1:00 Puzzles & Ponderings 2:00 Grateful Drumming with Joe 3:00 Hydration Station 3:30 iN2L Sing a Long with Georgina Rae 4:00 Dinner 5:00 Bible Study 7:00 Snack & Evening Wind Down	3 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Daily Mass 10:00 Gentle Yoga & Meditation 10:30 Memory Magic 11:00 Lunch 12:00 iN2L Travel to Niagara Falls 1:00 Balloon Volley 2:00 Ice Cream Cone Social 3:00 Memory Magic 4:00 Dinner 5:00 Gather Round-Classic TV	4 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 iN2L Spiritual Eldercare 10:00 Soapmaking with Kris 11:00 Lunch 12:00 Creative Expressions 1:00 Making Valentine Cards with Club 2:00 Snack & Social with Club 3:00 Cornhole Tournament 4:00 Dinner 5:00 Gather Round-Classic TV
5 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Live Stream-Trinity Lutheran Church Worship Services 10:30 iN2L Bubble Pop 11:00 Lunch 12:00 Chair Soccer 1:00 Bingo with Club 2:00 Making Hoagie Dip with Club 3:30 How Many Can You Name? 4:00 Dinner 5:00 Gather Round-Classic TV	6 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Chair Exercise 10:00 Snack & Social 10:30 Balloon Volley 11:00 Lunch 12:00 Reminiscing Household Chores 1:00 Monday Manicures 2:00 Eucharistic Service with Chaplain Deacon David 3:00 iN2L Travel to Italy 4:00 Dinner 5:00 Gather Round-Classic TV	7 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 iN2L Fitness Express 10:00 Hydration Station 10:30 Family Feud 11:00 Lunch 12:00 Puzzles & Ponderings 1:00 Craft Valentine Hearts with Club 2:00 Snack & Social with Club 3:00 Tuesday Tunes 4:00 Dinner 5:00 Trivia Time 7:00 Snack & Evening Wind Down	8 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Daily Mass 10:00 Morning Stretch 10:30 Parachute Fun 11:00 Lunch 12:00 Trivia Time 1:30 Zumba with Michele 2:30 Hydration Station 3:00 Puzzles & Ponderings 4:00 Dinner 5:00 Manicures & Meditation 7:00 Snack & Evening Wind Down	9 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Bible Study 10:00 Household Chores 10:30 Memory Magic 11:00 Lunch 12:00 Drum Stick Workout 1:00 Hydration Station 1:30 Music Engagement with Cynthia 3:30 Creative Expressions 4:00 Dinner 5:00 Snowball Toss 7:00 Snack & Evening Wind Down	10 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Worship Service 10:00 Chair Soccer 10:30 iN2L Google Earth 11:00 Lunch 12:00 Puzzles & Ponderings 1:00 Crafts Abstract Art 2:00 Snack & Social 3:00 Dancing to the Oldies 4:00 Dinner 5:00 Gather Round-Classic TV	11 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Rosary 10:15 Stretching & Meditation 10:30 Balloon Volley 11:00 Lunch 12:00 Famous Couples & Love Stories 1:00 iN2L Vacation to Iceland 2:00 Mocktails & Munchies w/ Club 3:00 Games Galore 4:00 Dinner 5:00 Gather Round-Classic TV

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Live Stream Trinity Lutheran Worship Service 10:30 Cornhole Toss 11:00 Lunch 12:00 iN2L Daniel O'Donnell "Songs Of Faith" 1:00 Bingo with Club 2:00 Sunday Sundaes with Club 3:00 Storytelling Can You Picture This? 4:00 Dinner 5:00 Gather Round-Classic TV	13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Morning Stretch 10:00 Parachute Fun 11:00 Lunch 12:00 Sing a Long with Suzy Q 1:00 Valentine Centerpieces 2:00 Eucharistic Service with Chaplain Deacon David 3:00 Snack & Social 3:30 Reminiscing Cabin Fever 4:00 Dinner 5:00 Gather Round-Classic TV	14 Valentine's Day 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 iN2L Worship Service 10:00 Morning Stretch 10:30 Reminiscing Love Songs 11:00 Lunch 12:00 iN2L Travel to Paris 1:00 Roses are Red Trivia 2:00 Love is in the Air Party w/ Club 3:00 Storytelling Can You Picture This? 3:30 Junk Drawer Detective 4:00 Dinner 5:00 Manicures 7:00 Snack & Evening Wind Down	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Fitness Express 10:00 Hydration Station 10:30 Balloon Volley 11:00 Lunch 12:00 Rosary 1:00 Family Feud 1:30 Zumba with Michele 2:30 Hydration Station 3:00 Puzzles & Ponderings 4:00 Dinner 5:00 Household Chores 7:00 Snack & Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Daily Mass 10:00 Gentle Stretches & Meditation 10:30 Hymn Sing 11:00 Lunch 12:00 Cornhole Toss 1:00 Science Experiment: Snow 2:30 Snack & Social 3:00 How Many Can You Name? 4:00 Dinner 5:00 iN2L Musical Memories 7:00 Snack & Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 iN2L Worship Service 10:00 Chair Exercises 10:30 Chair Soccer 11:00 Lunch 12:00 iN2L Life on the Farm 1:00 Farm to Table Honey Cornbread 2:00 Creative Expressions 3:00 Trivia Time 4:00 Dinner 5:00 Gather Round-Classic TV	18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Inspirational Hymns & Bible Study 10:15 Snack & Social 10:30 iN2L Bubble Pop 11:00 Lunch 12:00 Balloon Volley 1:00 Bingo with Club 2:00 Snack & Social 2:30 Puzzles & Ponderings 3:30 Guess the Letter Game 4:00 Dinner 5:00 Gather Round-Classic TV		
19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Live Stream Trinity Lutheran Worship Service 10:30 Hymn Sing 11:00 Lunch 12:00 Spa Time 1:00 iN2L Polka Time 2:00 Volunteer Appreciation Social 3:30 Games Galore 4:00 Dinner 5:00 Gather Round-Classic TV	20 President's Day 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Kitchen Corner-Cherry Crisp 10:30 Guess The President 11:00 Lunch 12:00 Presidential Facts & Trivia 1:00 Cherry Crisp Social 2:00 Eucharistic Service with Chaplain Deacon David 3:00 Balloon Volley 3:30 iN2L Bubble Pop 4:00 Dinner 5:00 Gather Round-Classic TV	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Morning Stretch 10:00 Parachute Fun 10:30 Hydration Station 11:00 Lunch 12:30 Spiritual Eldercare 1:00 Who Am I - First Ladies 1:30 Donut Day Social with Club 2:30 Think Spring Flower Arranging 3:30 Trivia Time 4:00 Dinner 5:00 Cornhole Toss 7:00 Snacks & Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 8:30-11 Glamour Shots by Virginia 9:00 Daily Devotion & Chronicles 9:30 Daily Mass 10:00 Creative Expressions 11:00 Lunch 12:30 Reminiscing Fashion Through the Decades 1:30 Zumba with Michele 2:30 Hydration Station 3:00 Sing a Long w/ Georgina Rae 4:00 Dinner 5:00 Trivia Time 7:00 Snack & Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Daily Mass 10:00 Kitchen Corner Marcia's Famous Banana Cake 11:00 Lunch 12:00 Cream Cheese Frosting 1:00 Drum Stick Workout 2:00 Beat The Winter Blues Social 3:00 Games Galore 3:30 iN2L Travel to Myrtle Beach 4:00 Dinner 5:00 Ring Toss 7:00 Snack & Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 iN2L Spiritual Eldercare 10:00 Morning Stretch 10:00 Chair Soccer 10:30 Memory Magic 11:00 Lunch 12:00 iN2L Northern Lights 1:00 Puzzles & Ponderings 2:00 Balloon Volley 3:00 Hydration Station 3:30 Dancing to the Oldies 4:00 Dinner 5:00 Gather Round-Classic TV	25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Daily Mass 10:00 Morning Stretch 10:30 iN2L Family Feud 11:00 Lunch 12:00 Manicures 1:00 Craft Corner Rustic Coasters with Club 2:30 Snack & Social with Club 3:00 Balloon Volley 4:00 Dinner 5:00 Gather Round-Classic TV		
26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Live Stream Trinity Lutheran Worship Service 10:30 Poetry Corner 11:00 Lunch 12:00 iN2L Daniel O'Donnell's Rock & Roll Show 1:00 Bingo with Club 2:30 Cornhole Tournament w/ Club 3:30 Guess the Letter Game 4:00 Dinner 5:00 Gather Round-Classic TV	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Household Chores 10:30 Timeslips 11:00 Lunch 12:00 Parachute Fun 1:00 Hydration Station 1:30 Trivia Time 2:00 Eucharistic Service with Chaplain Deacon David 3:00 Let's Chat 3:30 Chair Soccer 4:00 Dinner 5:00 Gather Round-Classic TV	28 6:00 Activities of Daily Living 8:00 Breakfast with Mimi 9:00 Daily Devotion & Chronicles 9:30 Rosary 10:15 Chair Exercises 11:00 Lunch 12:00 Spa Time 1:00 Horseracing 1:00 Country Ride for Frosties 2:00 Creative Expressions Mandalas 3:00 Dancing to the Oldies 3:30 iN2L Trivia Time 4:00 Dinner 5:00 Gather Round-Classic TV					<h1>FEBRUARY 2023</h1>	