

Chambersburg CONNECTIONS



MARCH 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 10:30 iN2L: Mind Fitness 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Rainbow Grapes (CC) 2:30 Sip and Taste (CC) 3:00 Birthday Committee Meeting 3:30 Mountain Men Club: Dominoes 4:00 Dinner 5:30 Broadway Musicals Videos 7:00 Evening Wind Down	2 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nelly Fox Bowling (CC) 2:30 Sip and Mingle (CC) 3:00 The Ungame Cards 3:30 Word Ladders 4:00 Dinner 5:30 The Dick Van Dyke Show 7:00 Evening Wind Down	3 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: What's That Sound? 11:00 Lunch 12:00 Walking with Friends 1:00 Old n New Irish Music featuring Jay Smar 2:30 Sip and Mingle 3:00 The History of Irish Dancing 3:30 EZ Does It Trivia 4:00 Dinner 5:30 Classic Cars 7:00 Evening Wind Down	4 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 iN2L: March IQ 11:00 Lunch 12:00 Walking with Friends 1:15 Shake Loose a Memory 2:30 Memory Café 3:00 Toss a Tune 3:30 Jeopardy Trivia 4:00 Dinner 5:30 Polar Bears Webcam 7:00 Evening Wind Down
5 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Brain Teasers 11:00 Lunch 12:00 Walking with Friends 1:30 Piano Playing w/ Bryan Herber 2:30 Cotton Candy Station 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 Funny Babies Video 7:00 Evening Wind Down	6 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Conductorcise 10:30 iN2L: Weekly Balloon Burst 11:00 Lunch 12:00 Walking with Friends 1:30 Grane Hospice Present Heidi 2:30 Sip and Be Social 3:00 Soccer Bingo 3:30 Pretty in Pink: Spa Day 4:00 Dinner 5:30 Classic Radio 7:00 Evening Wind Down	7 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing 10:30 iN2L: Piggy Banker 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: DYI Celtic Knot 2:30 Sip and Show 3:00 Bible Study 4:00 Dinner 5:30 Dine & Dish Nation 7:00 Evening Wind Down	8 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit & Celebration Dancing 10:30 iN2L: Cranium Crunches 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Potato Candy (CC) 2:30 Sip and Taste (CC) 3:00 8 Different Types of Celtic Knots 3:30 Mountain Men Club: Spa Day 4:00 Dinner 5:30 Pop Culture Videos 7:00 Evening Wind Down	9 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 9:45 Chair Yoga w/ Beth 10:15 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Mike's Ice Cream (CC) 2:30 Sip and Mingle (CC) 3:00 St. Patrick Day Message 3:30 Random Trivia 4:00 Dinner 5:30 Zoo Animal Antics 7:00 Evening Wind Down	10 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Name That Tune? 11:00 Lunch 12:00 Walking with Friends 1:30 Canvas Creativity with Detroit 2:30 Sip and Share 3:00 Cuisine Panel Meeting 3:30 Modern Jeopardy Trivia 4:00 Dinner 5:30 The Artists Gallery 7:00 Evening Wind Down	11 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light & Lively 10:30 iN2L: Dancing Fireflies 11:00 Lunch 12:00 Walking with Friends 1:15 Memories in the Making 2:30 Sip and Make a New Friend 3:00 Tales of the Irish 3:30 Celtic Fairy Tales 4:00 Dinner 5:30 Kitten Rescue Webcam 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Train Your Brain 11:00 Lunch 12:00 Walking with Friends 1:15 Popcorn Station 2:00 Barb & Friends Show 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 The Carol Burnett Show 7:00 Evening Wind Down Daylight Savings	13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Fittersitter 10:30 iN2L: Weekly Word Scramble 11:00 Lunch 12:00 Walking with Friends 1:15 Sharpen Your Sense 2:00 Kindly Canines 2:30 Sip and Be Social 3:00 Pretty in Pink: Nail Care 3:30 Crafty Detective 4:00 Dinner 5:30 Roy Durkee's SATM 7:00 Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Toning Legs & ABS 10:30 iN2L: Family Feud 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Rainbow Waldorf Stars (CC) 2:30 Sip and Show (CC) 3:00 Bible Study 4:00 Dinner 5:30 Cooking Videos 7:00 Evening Wind Down	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Latin Soul Dancing 10:30 iN2L: Tell me a Joke 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Irish Apple Cupcakes (CC) 2:30 Sip and Taste (CC) 3:00 Truth or Blarney? 3:30 Mountain Men Club: Checkers 4:00 Dinner 5:30 The Jack Benny Program 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nature Ride (CC) 2:30 Sip and Mingle (CC) 3:00 We're All Irish on St. Patrick's Day 3:30 St. Patrick Day Secret Quote 4:00 Dinner 5:30 The Lucy Show 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Finish The Lyrics 11:00 Lunch 12:00 Walking with Friends 1:00 Irish Music with Craig Johnson 2:30 St. Patrick Social 3:00 Pot of Gold Coin Toss 3:30 Having Fun With Limericks 4:00 Dinner 5:30 Painting with Bob Ross 7:00 Evening Wind Down St. Patrick's Day	18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dancing Through The Decades 10:30 iN2L: Tell me a Joke 11:00 Lunch 12:00 Walking with Friends 1:15 Remembering Iconic Outfits 2:30 Snow Cone Station 3:00 St. Patrick's Day Word Game 3:30 Can You Picture This? 4:00 Dinner 5:30 Pandas Webcam 7:00 Evening Wind Down
19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Happy Neuron 11:00 Lunch 12:00 Walking with Friends 1:15 Memory Magic 2:30 Iced Tea Time 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 Funny Animals Videos 7:00 Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 iN2L: Weekly Balloon Burst 11:00 Lunch 12:00 Walking with Friends 1:15 Storymatice Rememory 2:30 Sip and Be Social 3:00 Pretty in Pink: Pampering Day 3:30 Bottle Ring Toss 4:00 Dinner 5:30 Music with Mary Sue 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit & Celebration 10:30 iN2L: Wordscapes 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Chick and Bunny Terracotta Pots (CC) 2:30 Sip and Show (CC) 3:00 Bible Study 4:00 Dinner 5:30 Graham Kerr's Kitchen 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit & Stretch & Strengthen 10:30 iN2L: Wheel of Fortune 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Doughnut Easter Bunnies (CC) 2:30 Sip and Taste (CC) 3:00 Mister Rogers (CW) 3:30 Mountain Men Club: Nail Care 4:00 Dinner 5:30 Inspirational Seniors Videos 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Wendy's Frosty (CC) 2:30 Sip and Mingle (CC) 3:00 Waffle Maker Detective 3:30 Exposing the Secret Word 4:00 Dinner 5:30 Laughter in Paradise 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Who Sang That Tune 11:00 Lunch 12:00 Walking with Friends 1:15 Drama Club Presents: Cindi And The Stolen Shoes 2:30 Sip and Share 3:00 Wacky Wordies 3:30 More Jeopardy Trivia 4:00 Dinner 5:30 Art & Music Collection 7:00 Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Music In Motion 10:30 iN2L: Wordle 11:00 Lunch 12:00 Walking with Friends 1:15 Timeslips 2:00 Community Easter Celebration Building Wide 4:00 Dinner 5:30 Sea Otter Webcam 7:00 Evening Wind Down
26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Would You Rather 11:00 Lunch 12:00 Walking with Friends 1:15 Scrapbooking Memories 2:30 Hot Tea Time 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 Candid Camera 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Seatworks 10:30 iN2L: Weekly Crossword 11:00 Lunch 12:00 Walking with Friends 1:15 Talk & Toss Ball 2:30 Sip and Be Social 3:00 Pretty in Pink: Spa Day 3:30 Concentration Puzzles 4:00 Dinner 5:30 Sing with Susie Q 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Express Toning 10:30 iN2L: Word Guess 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: DIY Blarney Stone (CC) 2:30 Sip and Show (CC) 3:00 Bible Study 4:00 Dinner 5:30 Virtual Cooking 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Star & Stripes 10:30 iN2L: Pictionary 11:00 Lunch 11:00 Diners Caravan: Bonanza (CC) 12:00 Walking with Friends 1:15 Kitchen Creation: Irish Scones (CC) 2:30 Sip and Taste 3:00 One Man Band Featuring Nick DiSanto 4:00 Dinner 5:30 Stories Of Horses 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Caledonia Park Ride (CC) 2:30 Sip and Mingle 3:00 Money Matters 3:30 That's A Wrap Word Game 4:00 Dinner 5:30 You Bet Your Life 7:00 Evening Wind Down	31 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Karaoke 11:00 Lunch 12:00 Walking with Friends 1:15 Book Club: The Recipe 2:30 Sip and Share 3:00 The Big Three (CW) 3:30 Movie Memories 4:00 Dinner 5:30 Paint with Lovejoy 7:00 Evening Wind Down	<h1>MARCH</h1> <h1>2023</h1>